Sanskriti INTERNATIONAL SCHOOL

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SANSKRITI INTERNATIONAL SCHOOL

MONTHLY

NEWSLETTER

OCTOBER 2026



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MESSAGE FROM THE PRINCIPAL

Dear Parents,

Greetings and Namaste!

I hope you and your families had a memorable Dashain. The festive spirit was very much part of our school days too, and it was a pleasure to see the children bring the excitement of the season into their celebrations. With the festive holidays, this has been a relatively short academic month, but one that has offered plenty of opportunities to appreciate the many ways in which our learners continue to grow and find their feet.

Our Grade 6 and 7 learners recently shared their experiences from China with parents and guests at the China Exhibition. Taking learners beyond familiar surroundings and exposing them to different cultures and ways of life is an important part of the education we strive to provide. Equally important is what they do with those experiences when they return. Seeing our learners speak with such confidence, share their observations and respond to questions showed how much they had taken from the trip. I hope they carry that curiosity into future encounters with the world and remain open to perspectives beyond their own.

Our EY Grandparents' and Open Day was a lovely coming together of generations, with parents and grandparents taking their seats to watch our youngest learners perform. The children's willingness to step onto the stage, enjoy themselves and share their talents with such enthusiasm made for a delightful occasion. I particularly value the opportunity these gatherings give grandparents to take an active part in their grandchildren's school lives, sharing in experiences and milestones that become part of a family's collective memories. My warmest thanks to all the parents and grandparents who joined us and made the occasion so special for our young learners.

We also have reason to celebrate on the sporting front. Congratulations to our Grade 10 learners, Avighna Shrestha and Shreyash Ram Shrestha, on their selection for the pathway to national basketball representation following their performances at the NSBL Under-16 Basketball Tournament. Reaching this stage is a significant milestone, and we are proud to see their sporting ambitions take them towards national representation. We wish them every success in the opportunities that lie ahead.

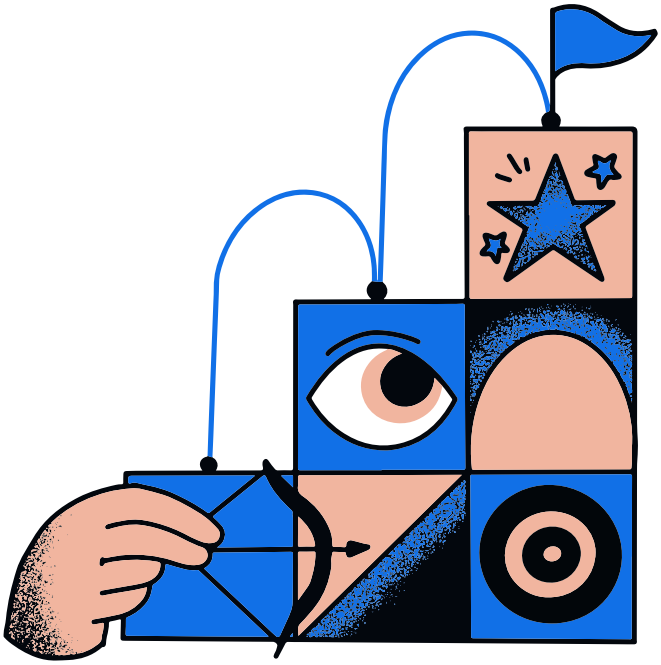
As we enter the third semester, we have much to build on and plenty to look forward to. I hope we continue to give our learners the encouragement and room to pursue their interests, challenge themselves and make the most of the opportunities before them. I am excited to see what the coming month will bring for our school community.

Warm Regards,

Timila Shrestha

MISSION

To enable a growing number of individuals to achieve balanced success in learning and life by consistently delivering innovative and quality education



VISION

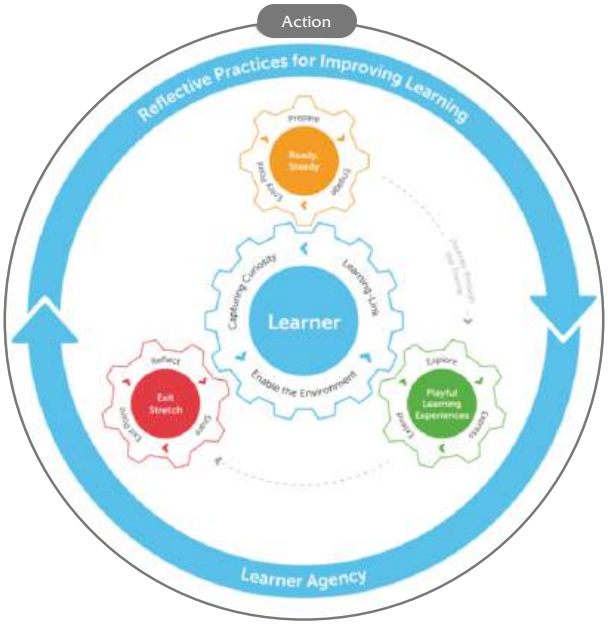
Our shared vision is to provide a happy, caring and stimulating learning environment where learners can achieve their fullest potential by embracing respect and international mindedness to contribute to the ever changing world.

IPC GOALS



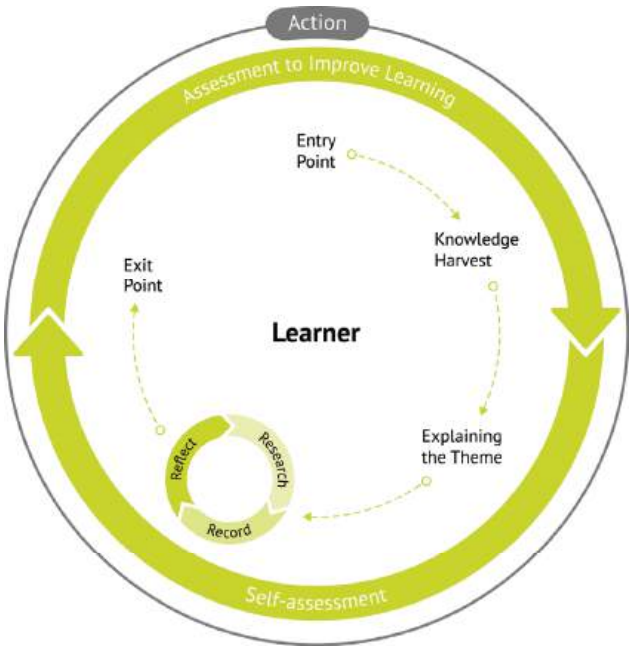
INTERNATIONAL EARLY YEARS CURRICULUM (IEYC)

The IEYC uses international best practices, holistic enquiry and play-based approaches that cover all curriculum areas including personal, social and emotional development for children aged 2 to 5 years old.



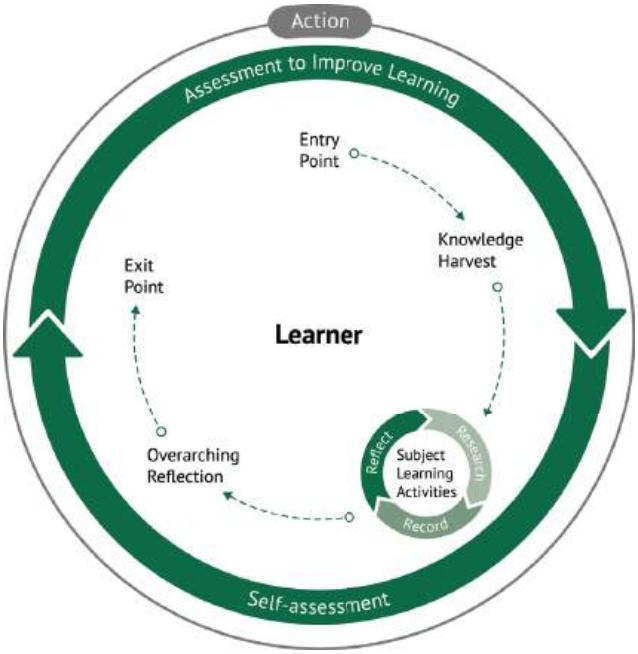
INTERNATIONAL PRIMARY CURRICULUM (IPC)

International Primary Curriculum is a comprehensive, thematic, creative curriculum for 3 to 11 year olds, with a clear process of learning and with specific learning goals for every subject, for international mindedness and for personal learning.



INTERNATIONAL MIDDLE YEARS CURRICULUM (IMYC)

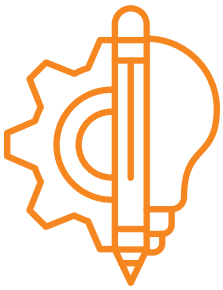
A challenging, engaging, internationally-minded, concept-focused curriculum designed specifically for the unique learning needs for 11 to 14 year olds in lower secondary.





KNOWLEDGE

Facts, information and skills acquired thorough experience or education. Information or awareness gained through experience or education. Information gathering.



SKILLS

Actions that we are able to do or perform. Skills can be developed over time.



UNDERSTANDING

Interpretation or view of a particular thing.

Having that knowledge and being able to think about the application of the knowledge

K **S** **U**



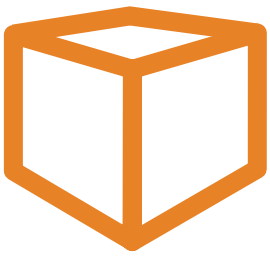
LEARNING

Learning is an ongoing process of acquiring knowledge, information and experience and transferring it into skills, understanding and attitude to apply in our daily life.



INTERNATIONAL MINDEDNESS

Learners in Sanskriti International School respect and accept ourselves and others by embracing diversity and respecting cultures around the world to become a truly globalized 21st century citizens of the intercon-nected world.



MULTIPLE PERSPECTIVES

Multiple Perspectives is when learners view an idea with different opinions and are able to look at the same theme in different ways to bring integration among the subjects so that their understanding is deepened.

8 PERSONAL GOALS



GOAL OF THE MONTH



ADAPTABLE

To Explore The World With An Open Mind

अनुकूलनीय



GRANDPARENTS' DAY AT SANSKRITI EARLY YEARS





Sanskriti Early Years celebrated Grandparents' Day on Wednesday, October 7, 2026, with a special gathering that brought families together to appreciate the love, experiences, and wisdom grandparents share with younger generations.

The celebration featured Nepali and English songs, lively dance performances, and a special play presented by our young learners. Having their loved ones in the audience made the occasion an opportunity for the children to share their learning, creativity, and enthusiasm beyond the classroom.

The performances were met with warm applause and encouraging smiles, as family members watched the children take the stage with confidence. The gathering offered a glimpse into the relationships that shape children's early experiences and the family traditions that connect generations.

It was a meaningful day at Sanskriti Early Years, centred on the children, the people who nurture them, and the shared moments that become treasured family memories.





GRADE 1 EXPLORES THE TRADITIONS OF DASHAIN







As Dashain approached, Grade 1 learners explored the festival through activities that connected classroom learning with their own family experiences. They planted Jamara and observed its growth, learning about its place in Dashain celebrations. The children also shared stories of flying kites, visiting cousins, shopping, and wearing new clothes during the festival.

Taking inspiration from Dashain skies, the learners designed and decorated their own colourful kites and created festive crafts to take home. They also made Dashain greeting cards for the school's support and ancillary staff, expressing their appreciation for the people who contribute to their daily school experience.

The learning extended to the school assembly, where the children presented the message "Celebrate, Share and Care." Through these activities, Dashain became an opportunity to explore Nepali traditions, reflect on family customs, and practise thoughtfulness towards others.

GRADE 2 TAKES LEARNING TO CENTRAL ZOO









On October 1, Grade 2 learners visited Central Zoo in Jawalakhel, Lalitpur, as part of their IPC Unit, "The Earth: Our Home."

The visit allowed learners to observe a variety of animals and explore their habitats firsthand. They looked at how different animals adapt to their surroundings and considered the role habitats play in their survival.

The experience also connected with Nepali language learning. Learners identified and named animals, described their physical features and habitats, and shared their observations in Nepali, putting their vocabulary into practice in a real-life setting.

Throughout the visit, learners were encouraged to observe closely, ask questions, and make connections with the concepts explored in class. The experience brought together science, language, and personal learning goals, while helping learners develop a better understanding of the relationship between animals and their environments.

LEARNING TO WORK TOGETHER



Grade 3 learners took part in a fun and meaningful Social-Emotional Learning (SEL) session on October 1, focused on the importance of teamwork and collaboration. Through engaging group activities and interactive games, they explored how listening to others, sharing ideas, offering help, and respecting different opinions contribute to successful teamwork.

Working in teams to complete a variety of challenges, learners experienced how cooperation and active participation make tasks easier, more enjoyable, and rewarding. They also discovered that every team member has a unique and important role to play, and that everyone's contribution makes a difference.

The session encouraged learners to value one another's strengths, practise kindness, and develop a spirit of mutual respect and support. It was a wonderful opportunity for them to learn that by working together, they can overcome challenges, build stronger relationships, and achieve much more as a team!





WATER AND OUR EVERYDAY LIVES









Grade 3 learners kicked off their new unit, 'Water, Water Everywhere,'on October 7, with a practical activity that invited them to experience the challenges of collecting and carrying water. By taking on this task themselves, they gained an insight into the time and effort involved in accessing a resource many use every day.

The experience prompted discussions about daily water consumption, unequal access to clean water and the importance of conservation. Learners considered how access to water shapes everyday life and reflected on how water can be used more responsibly.

The activity also raised questions about where our water comes from, how it reaches us and what we can do to protect it. It provided a meaningful starting point for further inquiry into the role of water in our lives.

FLYING HIGH WITH THE SPIRIT OF DASHAIN!





As part of the school's Dashain celebrations in October, Grade 5 learners participated in a kite-flying activity inspired by one of Nepal's well-known festive traditions. The outdoor session gave learners an opportunity to experience kite flying first-hand, from handling the kites to observing how changes in the wind affected their flight.

The activity was accompanied by conversations about the traditions associated with Dashain and the cultural significance of kite flying during the festival. It also allowed learners to engage with an aspect of Nepal's cultural heritage through direct participation rather than classroom discussion alone.

The celebration added a festive dimension to the school experience and provided a welcome opportunity for Grade 5 learners to take part in a tradition associated with the Dashain season.





A DAY IN THE SCHOOL GARDEN







Harvesting and planting were both on the agenda for Grade 6 on Friday, October 2, as learners returned to the school garden for another session under Sanskriti International School's Green School initiative.

The day's work involved picking mature okra and planting spinach seedlings in preparation for the next growing cycle. These activities gave learners a chance to work directly with the crops they have been tending and see the different stages of vegetable cultivation.

The school garden continues to serve as an extension of the classroom, bringing topics such as sustainable agriculture, food production and environmental care into a practical setting. Through these regular sessions, learners are becoming familiar with the work involved in growing and maintaining their own food.

CHINA REVISITED



From the historic Forbidden City in Beijing to the striking urban landscape of Chongqing, our Grade 6 and 7 learners had plenty to share following their educational journey through China. On October 29, they brought their experiences to life through an exhibition of photographs, creative models, presentations, charts and personal reflections.

The displays captured the many facets of their journey, from travelling on China's high-speed bullet train and exploring Shanghai Disneyland to visiting Chengdu Zoo and discovering the country's cultural landmarks and everyday life.

The exhibition also highlighted the learning that took place along the way. In keeping with the IMYC framework, learners demonstrated communication, collaboration, critical thinking and adaptability as they presented their observations and shared their discoveries.

The event gave learners an opportunity to revisit their experiences, articulate what they had learnt and share the perspectives they gained from exploring a different culture.









SANSKRITI STUDENT OF THE YEAR 2026: COLLABORATION ROUND





A good argument needs sound reasoning. A good team needs something more: the ability to listen, exchange ideas and find common ground. These were put to the test at the Collaboration Round of Sanskriti Student of the Year 2026, held on October 9.

Forty-two Grade 10 learners took part, divided by lottery into seven groups. Each team was handed a motion, drawn from subjects as varied as the environment and artificial intelligence, and given an hour to prepare its case.

With limited time and different perspectives to consider, the challenge lay as much in working together as in presenting a convincing argument. Participants had to share ideas, divide responsibilities and arrive at a common position.

The round marked the beginning of this year's search for a learner who embodies leadership, character and a spirit of service. We wish all participants the very best for the journey ahead!





FIRE SAFETY AND EMERGENCY RESPONSE TRAINING







A safe school environment depends, in part, on how well its staff are prepared to respond to emergencies. With this in mind, our staff participated in a fire safety and emergency response training session on October 4, conducted by officers from the Nepal Police Disaster Response and Training Center.

The session covered fire prevention, emergency response protocols, the different types of fire extinguishers and their appropriate use, as well as practical techniques for handling fire incidents. Staff also gained a clearer understanding of the procedures to follow in an emergency.

Such training is an important part of our ongoing efforts to protect the children and everyone else in our school community. Ensuring that staff have the knowledge and practical skills to respond appropriately is essential to maintaining a safe and secure learning environment.

We thank the Nepal Police team for conducting this valuable session.

A STEP TOWARDS NATIONAL BASKETBALL REPRESENTATION





A moment of pride for the Sanskriti family! Our Grade 10 learners, Avighna Shrestha and Shreyash Ram Shrestha, have been selected for the pathway to national basketball representation following their impressive performances at the NSBL Under-16 Basketball Tournament.

Jointly organised by the Nepal Basketball Association, Nepalaya International, and PABSON, the tournament brought together talented young basketball players from schools across the country.

This achievement marks an exciting milestone in their sporting journey and brings them one step closer to their dream of representing Nepal on the national stage. Their hard work, dedication, and passion for the game have truly paid off.

We are incredibly proud of Avighna and Shreyash and wish them the very best as they continue to grow, excel, and chase their basketball dreams!



THANK YOU

and hope you enjoyed reading

For More Information

Visit Our Website

Find us on FACEBOOK

Find us on INSTAGRAM

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