

SANSKRITI INTERNATIONAL SCHOOL

MONTHLY

NEWSLETTER

JULY 2026



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MESSAGE FROM THE PRINCIPAL

Dear Parents,

Greetings and Namaste!

With the first semester now behind us, it is an opportune moment to reflect on the experiences that have shaped our learning community. While this newsletter captures the many experiences that shaped the closing weeks of the first semester, I believe their true significance lies not in the activities themselves, but in the values they nurtured and the growth they inspired.

The first semester has been a time of building strong foundations. Beyond academic progress, it has been a period during which our teachers have come to know their learners more deeply—their strengths, interests, aspirations, and unique ways of learning. Meaningful education begins with meaningful relationships, and the trust built between teachers and learners has created an environment where every child feels supported to ask questions, embrace challenges, and grow with confidence.

Perhaps the clearest reflection of this growth could be seen in the many opportunities our learners embraced this month. Whether stepping onto the stage during the Primary School Poetry Recitation Programmes, representing the school in sporting competitions, or exploring new ideas through experiences such as the Infinity FAB Lab and the visit to the Khaalisiin Centre, our learners demonstrated a growing willingness to challenge themselves. Confidence is not built in a single moment; it is developed through opportunities to participate, persevere, and discover what one is capable of achieving.

This month also concluded on a particularly meaningful note with our Guru Purnima celebration, thoughtfully organised by the Student Council with the support of the wider student body. On behalf of all our teachers, I extend my sincere gratitude and appreciation to every learner who contributed to making the occasion so memorable. While educators take great pride in our learners' academic accomplishments, our greatest fulfilment comes from seeing them embody the values that define Sanskriti International School. The respect, gratitude, empathy, responsibility, integrity, and collaboration demonstrated throughout the celebration were a fitting reminder of the kind of individuals we strive to nurture.

The events of this month have reminded us that education is built upon relationships—between teachers and learners, between school and home, and among learners themselves. I am confident that these relationships, rooted in trust, respect, and shared purpose, will continue to guide our learners as they embrace the opportunities and challenges of the months ahead.

Warmest Regards,

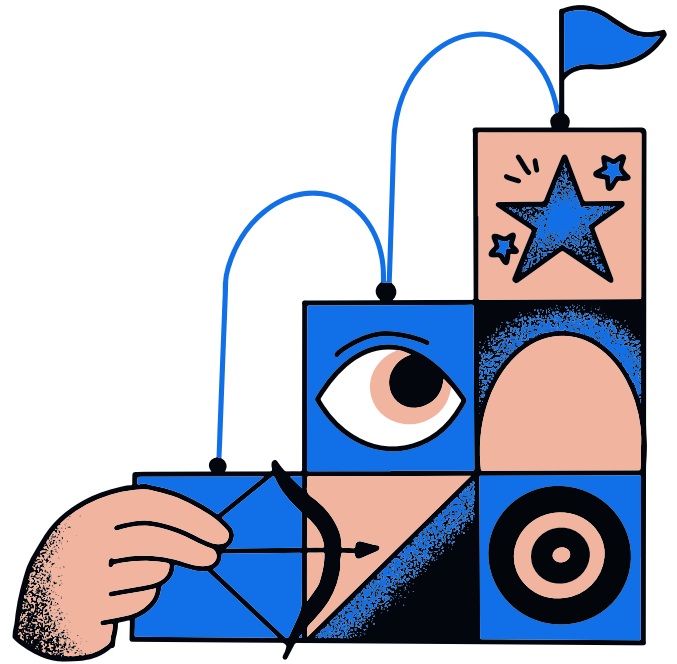
Timila Shrestha

MISSION

To enable a growing number of individuals to achieve balanced success in learning and life by consistently delivering innovative and quality education

VISION

Our shared vision is to provide a happy, caring and stimulating learning environment where learners can achieve their fullest potential by embracing respect and international mindedness to contribute to the ever changing world.



IPC GOALS



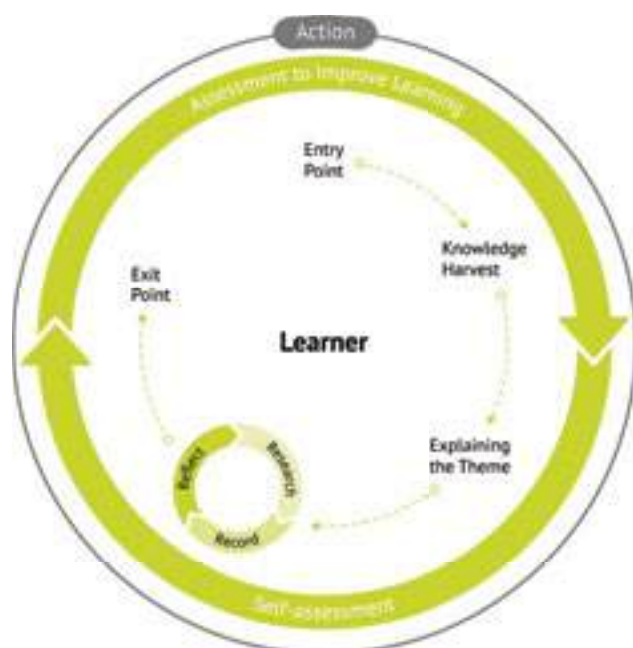
INTERNATIONAL EARLY YEARS CURRICULUM (IEYC)

The IEYC uses international best practices, holistic enquiry and play-based approaches that cover all curriculum areas including personal, social and emotional development for children aged 2 to 5 years old.



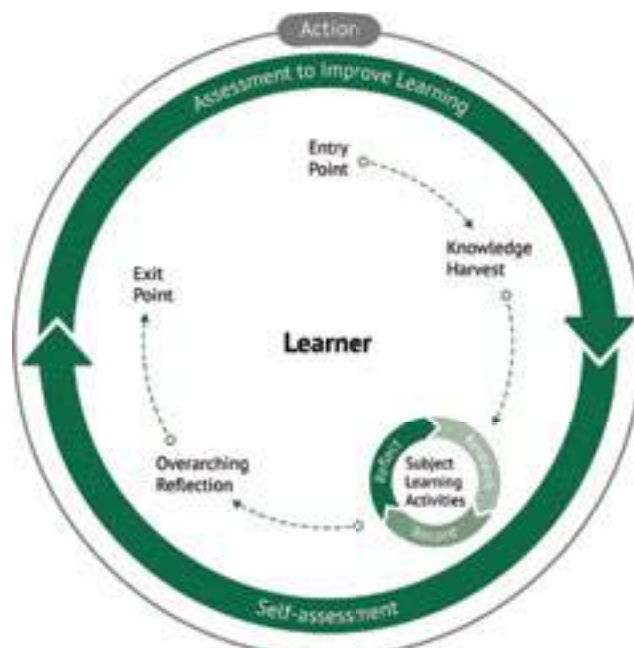
INTERNATIONAL PRIMARY CURRICULUM (IPC)

International Primary Curriculum is a comprehensive, thematic, creative curriculum for 3 to 11 year olds, with a clear process of learning and with specific learning goals for every subject, for international mindedness and for personal learning.



INTERNATIONAL MIDDLE YEARS CURRICULUM (IMYC)

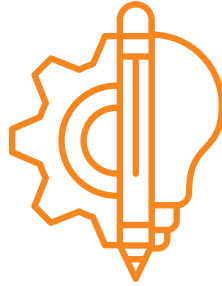
A challenging, engaging, internationally-minded, concept-focused curriculum designed specifically for the unique learning needs for 11 to 14 year olds in lower secondary.





KNOWLEDGE

Facts, information and skills acquired thorough experience or education. Information or awareness gained through experience or education.
Information gathering.



SKILLS

Actions that we are able to do or perform. Skills can be developed over time.



UNDERSTANDING

Interpretation or view of a particular thing.

Having that knowledge and being able to think about the application of the knowledge



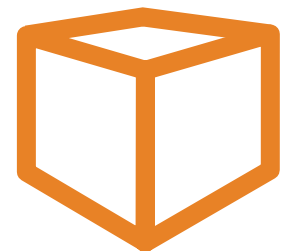
LEARNING

Learning is an ongoing process of acquiring knowledge, information and experience and transferring it into skills, understanding and attitude to apply in our daily life.



INTERNATIONAL MINDEDNESS

Learners in Sanskriti International School respect and accept ourselves and others by embracing diversity and respecting cultures around the world to become a truly globalized 21st century citizens of the intercon-nected world.



MULTIPLE PERSPECTIVES

Multiple Perspectives is when learners view an idea with different opinions and are able to look at the same theme in different ways to bring integration among the subjects so that their understanding is deepened.

8 PERSONAL GOALS



GOAL OF THE MONTH



COMMUNICATOR

To use a verbal and non-verbal medium that is appropriate to the situation, purpose and audience

संप्रेषक



A FANCY DRESS SHOWCASE



On Tuesday, July 21, 2026, our Early Years learners took to the stage for the Fancy Dress Program, delighting parents, teachers, and friends with their enthusiasm and imagination. Dressed as superheroes, animals, fruits and vegetables, favourite characters, and many other creative choices, each learner brought their own personality to the programme.

The evening featured a series of dances, songs, and poem recitations, with every learner enjoying a moment in the spotlight. It was wonderful to see them embrace their roles with such excitement and confidence, while the audience cheered them on throughout.

A special thank you goes to our parents and families, whose creativity, encouragement, and support helped bring each costume to life. Their involvement, together with the learners' enthusiasm, made the programme a memorable occasion for everyone.



THE POETRY RECITAL



On Wednesday, July 8, 2026, Grade 1 learners participated in the Annual Poem Recitation Competition, presenting a carefully curated selection of English and Nepali poems by both local and international poets. The programme featured individual recitations by representatives from each House, alongside group performances that brought learners together in a shared appreciation of poetry.

From Ralph Bergenghren's, 'The Worms' and Christina Rossetti's, 'The Rainbow' to नेपाली कविता such as "सबै हाम्रा साथी" and "आज हामी साना छौं", the competition reflected a rich variety of voices, themes, and styles. Each learner approached their poem with thoughtful expression, while the group recitations, "मृग" and Edward Lear's, 'The Duck and the Kangaroo', added a collaborative element to the programme.

Congratulations to all the participants, and thank you to our parents, teachers, and judges for their encouragement and support throughout the event.

THE ART OF RECITATION



Grade 2 learners welcomed July by taking part in the Annual Poem Recitation Competition on Friday, July 3, 2026. The event offered an opportunity to develop confidence in public speaking while exploring the expressive possibilities of language.

Reciting poems in both English and Nepali, learners demonstrated clear articulation, thoughtful pacing, expressive gestures, and strong stage presence. Their performances reflected careful preparation and an emerging understanding that poetry is not simply read but interpreted.

Beyond recognising individual performances, the competition highlighted the value of speaking with confidence, listening with attention, and engaging with language as a means of expression. It was encouraging to see our young learners approach the stage with composure, curiosity, and enthusiasm, making the event a meaningful celebration of both poetry and personal growth.

THINKING ABOUT THINKING



On Thursday, July 9, 2026, Grade 2 learners presented the Exit Point for their IPC unit, 'Brainwave: Metacognition', sharing what they had explored over the past several weeks. Through presentations, role plays, creative displays, and interactive demonstrations, they explained how different parts of the brain support thinking, memory, movement, decision-making, and emotions.

Learners also introduced the concept of metacognition, describing how reflecting on their own thinking helps them become more aware of the strategies they use to learn. They shared examples of setting goals, asking questions, solving problems, and learning from mistakes.

The Exit Point offered families and teachers a chance to engage with learners' understanding while marking the conclusion of a unit that encouraged them to think not only about what they learn, but also how they learn.

AN ASSEMBLY OF POEMS



On Tuesday, July 7, 2026, Grade 3 learners presented their Annual Poem Recitation featuring a lively mix of English and Nepali poetry. Alongside the reciters, learners also took on the role of announcers, introducing each performance and helping guide the programme from one poem to the next.

The selection ranged from the playful humour of Kenn Nesbitt, Shel Silverstein, and Jack Prelutsky to works by celebrated Nepali poets including Siddhicharan Shrestha, Lekhnath Paudyal, and Parashmani Pradhan. Individual recitations from each House were complemented by group performances of 'नैतिक दृष्टान्त' and 'A Creature in the Classroom', bringing together expression, timing, and teamwork.

Congratulations to all our Grade 3 learners for embracing both the spoken word and the responsibility of presenting it with confidence and care.



EXPLORING VANISHING RAINFORESTS



On July 16, 2026, Grade 3 learners began their IPC unit, 'Vanishing Rainforests', with an immersive Entry Point developed in collaboration with the Infinity FAB Lab. Their classroom was transformed into a rainforest environment, introducing the sights and atmosphere of one of the world's most diverse ecosystems.

The experience continued in the FAB Lab, where learners took part in a hands-on activity exploring the effects of deforestation. Working in teams, they examined how changes to forest habitats impact wildlife, ecosystems, and the environment.

The Entry Point concluded with a virtual reality (VR) experience that allowed learners to explore the rainforest from a new perspective. As they observed its rich biodiversity, they began asking questions about conservation, habitat loss, and the relationship between people and the natural world, laying the foundation for the inquiries they will pursue throughout the unit.

कविताले जोडिएका आवाजहरू



२०८३ असार १९ गते बुधबार, कक्षा ४ का दुवै सेक्सनका विद्यार्थीहरूले नेपाली तथा अङ्ग्रेजी समूह कविता वाचन कार्यक्रममा उत्साहपूर्वक सहभागिता जनाए। कार्यक्रममा विद्यालयका चारवटै सदनका विद्यार्थीहरूले आठ वटा नेपाली र आठ वटा अङ्ग्रेजी कविता प्रस्तुत गर्दै स्पष्ट उच्चारण, भावपूर्ण प्रस्तुति, आत्मविश्वास र उत्कृष्ट समूह समन्वय प्रदर्शन गरे।

यस कार्यक्रमले विद्यार्थीहरूलाई दुवै भाषाका कविताप्रति रुचि बढाउनुका साथै सार्वजनिक बोलाइ, शुद्ध उच्चारण, सृजनशीलता र आत्मविश्वास विकास गर्ने अवसर प्रदान गर्‍यो। नियमित अभ्यास र शिक्षकहरूको मार्गदर्शनले उनीहरूलाई मञ्चमा निर्धक्क प्रस्तुत हुन सहयोग पुगेको अनुभव विद्यार्थीहरूले साभामा गरे। साथै, साथीहरूको प्रस्तुति सुन्दै नयाँ कुरा सिक्ने र एकअर्काबाट प्रेरणा लिने अवसर पनि प्राप्त भयो।

कार्यक्रमले साहित्यप्रतिको रुचि, सहकार्य र स्वस्थ प्रतिस्पर्धाको भावना अभिवृद्धि गर्दै सहभागी सबै विद्यार्थीका लागि स्मरणीय सिकाइ अनुभव प्रदान गर्‍यो।



FOLLOWING THE JOURNEY OF WASTE



Waste rarely disappears when we throw it away, and Grade 5 learners saw exactly where it goes during their visit to the Khaalिसisi Centre in Kapan on July 15, 2026.

As they explored the facility, learners observed how recyclable materials are sorted, processed, and prepared for reuse, while discussing the importance of waste segregation at home and in school. They were particularly interested to learn that waste collected from Mount Everest is also managed at the centre, demonstrating how recycling efforts extend far beyond everyday household waste.

Walking through the different stages of the process gave learners a clearer picture of what happens after waste is collected and why proper segregation matters from the very beginning. The visit also elicited thoughtful discussions about individual responsibility, showing how everyday choices can support cleaner communities and reduce the amount of waste sent to landfill.



WORKING TOWARDS A COMMON GOAL



On Monday, 6th July 2026, Grade 6 learners concluded their IMYC unit, 'Collaboration', by presenting the learning they had developed around the unit's Big Idea, "When people work together, they can achieve a common goal."

The Exit Point featured PowerPoint presentations, three-dimensional models, charts, artwork, interactive quizzes, educational games, and hands-on activities. Working in groups, learners researched, planned, and designed their projects before presenting them to an audience.

Alongside their finished projects, learners explained how they planned tasks, divided responsibilities, and worked through challenges as a team from start to finish. The exhibition provided an opportunity to share both the outcomes of their learning and the process that shaped each project, reflecting the central idea explored throughout the unit.

THE CURIOSITY EXIT POINT

On July 2, 2026, Grade 7 learners concluded their IMYC unit, 'Curiosity', by presenting the questions, ideas, and investigations that shaped their learning throughout the unit. The Exit Point featured interactive presentations, creative displays, demonstrations, collaborative activities, and discussions that reflected how learners approached inquiry from different perspectives.

As they explored topics ranging from scientific discoveries to technological innovation and social progress, learners examined how curiosity drives new ideas and deeper understanding. They also considered how questioning, research, and open-mindedness connect to the Sustainable Development Goals, particularly in addressing real-world challenges.

Alongside their presentations, learners reflected on the process behind their work, explaining how asking questions, testing ideas, and working collaboratively influenced their learning. The Exit Point brought together the unit's central theme, showing how curiosity continues to shape the way learners explore, investigate, and make sense of the world around them.



BUILDING A KINDNESS CHAIN



Returning from the summer break, Grade 8 learners began the second semester on July 28 with a classroom Kindness Chain activity that encouraged them to reflect on how they could contribute to a supportive learning environment.

Each learner responded to the prompt, "This semester I will show empathy by..." using a coloured paper strip. Their responses took many forms, from short written commitments to drawings and stories, offering a personal perspective on what empathy means in everyday school life. Learners then shared their ideas with one another before linking the individual strips together to create a classroom Kindness Chain.

The completed chain, made up of every learner's contribution, will remain on display in the classroom as a reminder of the commitments they have made to support one another throughout the semester.

BACK TO SCHOOL: A FRESH START FOR GRADE 9!



After a well-deserved five-day break, our Grade 9 learners returned to school ready to reconnect, reflect, and recharge — and they did just that through a special Social & Emotional Learning (SEL) session designed to ease them back into the semester.

The session opened with a "One Word Check-In," where students captured their mood in a single word, followed by a lively, "Find Someone Who..." ice breaker that got learners mingling and reconnecting after the break. Learners then paused for an emotional check-in, identifying how they truly felt on their first day back.

Looking inward, learners reflected on the highlights and challenges of their break, celebrated their personal strengths, and practiced turning negative self-talk into growth-mindset thinking — transforming statements like, "I can't do this" into "I can't do this yet."

The session wrapped up with goal-setting across academic, personal, and social areas, along with positive affirmations students chose to carry into the semester. A closing circle activity had each student completing the sentence, "This semester, I will...", setting a hopeful, united tone for the term ahead.

New semester, new opportunities, new success!



भानु जयन्तीको अवसरमा कक्षा १० मा भानुभक्तको कृतित्वमाथि प्राशिक विमर्श

जुलाई १३ (आषाढ २९) मा आदिकवि भानुभक्त आचार्यको जन्मजयन्तीका अवसरमा विद्यालयको कक्षा १० मा विशेष साहित्यिक तथा प्राशिक कार्यक्रम आयोजना गरियो । कार्यक्रममा विद्यार्थीहरूले आदिकविको जीवनवृत्त, नेपाली भाषा-साहित्यमा उनको विशिष्ट योगदान तथा काव्यिक वैशिष्ट्यमाथि विचार प्रस्तुत गरे ।

कार्यक्रमको प्रारम्भमा भानुभक्त रचित कालजयी श्लोकहरूको छन्दो बद्ध वाचन गरियो भने एक विद्यार्थी आदिकविकै पारम्परिक भेषभूषामा उपस्थित भई कार्यक्रमको मुख्य आकर्षण बने । त्यसपछि भानुभक्तलाई नेपाली साहित्यमा “आदिकवि” को गरिमाय उपाधि किन प्रदान गरिएको हो भन्ने विषयमा सारगर्भित परिचर्चा गरियो ।

संस्कृत भाषाको प्रभुत्व रहेको समयमा नेपाली भाषामा रामायण को सरल भावानुवादमार्फत नेपाली भाषाको विकास, मानकीकरण तथा भाषिक एकीकरणमा उनले सेलेको युगान्तकारी भूमिकामाथि प्रकाश पारियो । साथै, मोतीराम भट्टाले भानुभक्तका कृतिहरूको संरक्षण, प्रकाशन र प्रवर्द्धनमा निर्वहण गरेको योगदान तथा रामायण, वधुशिक्षा, भक्तमाला र प्रश्नोत्तर जस्ता कृतिहरूको साहित्यिक एवं सामाजिक महत्वमाथि पनि समीक्षा गरियो ।

यस कार्यक्रमले विद्यार्थीहरूमा नेपाली भाषा, साहित्य, संस्कृति र इतिहासप्रतिको सम्मान तथा संरक्षणप्रतिको सचेतना अभिवृद्धि गर्ने विश्वास लिइएको छ ।



A VISIT FROM DR. CRAIG HANSEN



On July 8, 2026, Sanskriti International School welcomed Dr. Craig Hansen, Academic Director of 3DI School, New Zealand, for his first visit to the Infinity FAB Lab since its inauguration in 2023.

The visit included the presentation of STEAM Experiential Learning Certificates, received by the school's leadership team on behalf of learners in recognition of their work in the FAB Lab.

During his time in the lab, Dr. Hansen met with learners as they demonstrated projects developed through the programme. They explained the ideas behind their work, the design process, and the challenges they encountered, offering a first-hand look at how the lab supports inquiry and problem-solving. Reflecting on the presentations, Dr. Hansen praised the learners' confidence, creativity, and ability to communicate their thinking, noting the impact of sustained experiential learning on their development.

Sanskriti International School extends its gratitude to Dr. Hansen for his continued guidance and support of the Infinity FAB Lab. We look forward to building on this partnership as our learners continue to explore, design, and innovate.

A STEP FORWARD IN THE MARTIAL ARTS JOURNEY



Disciplined, focused, and determined, our young martial artists took center stage on Friday, July 10th, for the annual Karate Belt Upgrade Examination. Organized in close collaboration with the Nepal Karate Association, the event brought together aspiring karateka from Grades 2 through 10 to demonstrate their growth, skill, and dedication.

Throughout the session, official judges from the Nepal Karate Association evaluated the learners across a rigorous range of criteria, including fundamental stances, precision blocks, kata forms, and sparring techniques.

Following the evaluations, successful candidates were proudly awarded their upgraded karate belts alongside official certificates from the Nepal Karate Association. Congratulations to all our young martial artists for pushing their boundaries and achieving their next milestone on the floor!



EXPANDING ACCESS TO STEAM LEARNING

Sanskriti is pleased to announce a new collaboration with Shree Panchakanya Secondary School, providing learners from the community school with access to the Infinity FAB Lab and its specialised STEAM programmes.

Launched on July 12, 2026, the initiative began with an introductory session on laboratory safety, followed by hands-on digital design activities. Throughout the academic year, learners will attend fortnightly classes in 3D printing, coding and artificial intelligence, robotics, photography, visual effects (VFX), and STEAM, while also developing projects that respond to the needs of their communities.

Offered entirely free of charge as part of the school's commitment to community engagement, the programme provides access to the FAB Lab, learning materials, and expert facilitation, creating new opportunities for learners to develop practical skills through technology and innovation.

As the programme continues throughout the academic year, we look forward to working closely with Shree Panchakanya Secondary School and creating meaningful learning experiences together.



IN CELEBRATION OF CHINESE POETRY



On July 16, 2026, the Chinese Poem Recitation Competition 2026, organized by Phoenix Inspiration and hosted by Genius IB World School, brought together learners from 18 schools for a celebration of Chinese language, literature, and performance.

Representing Sanskriti International School, Aaisha Agrawal of Grade 4B impressed the judges with a confident and expressive recital, earning the Outstanding Recital Award in her category. Competing alongside participants from schools across the event, she demonstrated both composure and skill on stage, making this a proud achievement for our school community.

We congratulate Aaisha on her accomplishment and applaud her for representing Sanskriti so admirably.

CELEBRATING THE DUKE OF EDINBURGH'S INTERNATIONAL AWARD



On July 20, 2026, 27 learners from Grades 9 and 10 received their Duke of Edinburgh's International Award certificates during the Award Ceremony held at Alice Reception. The occasion was attended by the British Ambassador, together with school leaders and representatives from schools across Nepal.

The cohort included 24 Bronze Award recipients and 3 Silver Award recipients, each recognised for completing a programme that extends well beyond the classroom. Over several months, learners committed themselves to activities in Skills, Community Service, Physical Recreation, and the Adventurous Journey, building independence and perseverance through sustained participation.

Their journey culminated in an expedition to Poon Hill, where they navigated unfamiliar terrain, worked collectively, and adapted to the demands of the trek. Sanskriti International School congratulates all Award recipients and thanks the Award leaders, staff, and families whose encouragement supported them throughout the programme.

SAMBHAV PLACES THIRD AT TRIYOG CHESS COMPETITION



Two days of competitive play culminated in a podium finish for Grade 7B learner Sambhav Thulung at the 6th Triyog Inter-School Chess Competition 2026, organised by Triyog High School, Dhapasi.

Competing in the Super League category for boys from Grades VI and VII, Sambhav progressed to the finals after finishing among the top 20 participants on the opening day. He returned for the final round on July 24, where he secured third place overall.

The tournament featured 104 learners from a range of schools, offering a challenging field of competition. Sambhav's achievement is a testament to the time and commitment he has invested in the game, and the Sanskriti community warmly congratulates him on this milestone. We wish him every success as he continues to pursue his passion for chess.



A TRIBUTE TO OUR TEACHERS ON GURU PURNIMA



On July 29, 2026, the Student Council of Sanskriti International School organised a celebration on the occasion of Guru Purnima to honour and appreciate the teachers who guide the learners every day.

Council members worked tirelessly behind the scenes for two weeks, discussing and planning every detail to ensure a seamless programme. Every effort was made to ensure the faculty felt deeply cherished, respected, and entertained, with support from fellow learners.

The venue was thoughtfully decorated to create the perfect stage for a spectacular talent showcase dedicated to the mentors. Energetic dance routines and soulful musical performances by learners from Grades 6–10 brought warm smiles and enthusiastic applause from the audience.

To conclude the celebration, the Student Council presented each teacher with a gift as a token of gratitude for their endless dedication and patience. The event served as a heartfelt expression of appreciation and further strengthened the bond between learners and teachers.

THANK YOU

and hope you enjoyed reading



For More Information

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