

SANSKRITI INTERNATIONAL SCHOOL

MONTHLY

NEWSLETTER

APRIL 2026

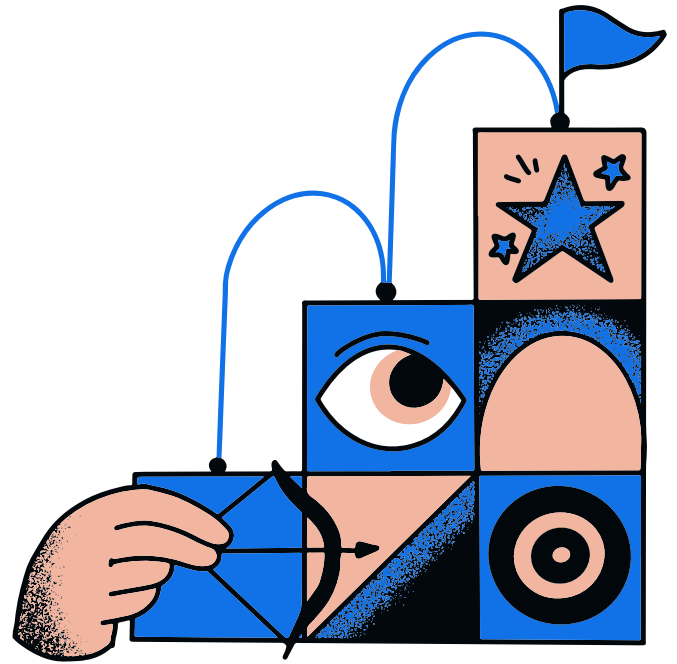


MISSION

To enable a growing number of individuals to achieve balanced success in learning and life by consistently delivering innovative and quality education

VISION

Our shared vision is to provide a happy, caring and stimulating learning environment where learners can achieve their fullest potential by embracing respect and international mindedness to contribute to the ever changing world.

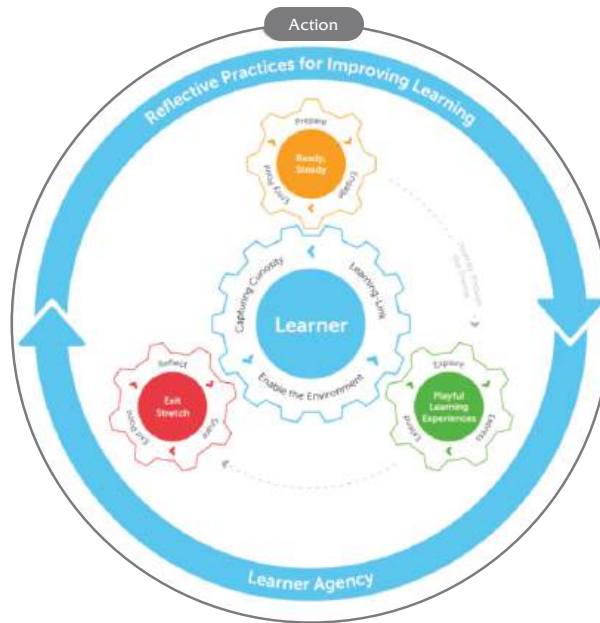


IPC GOALS



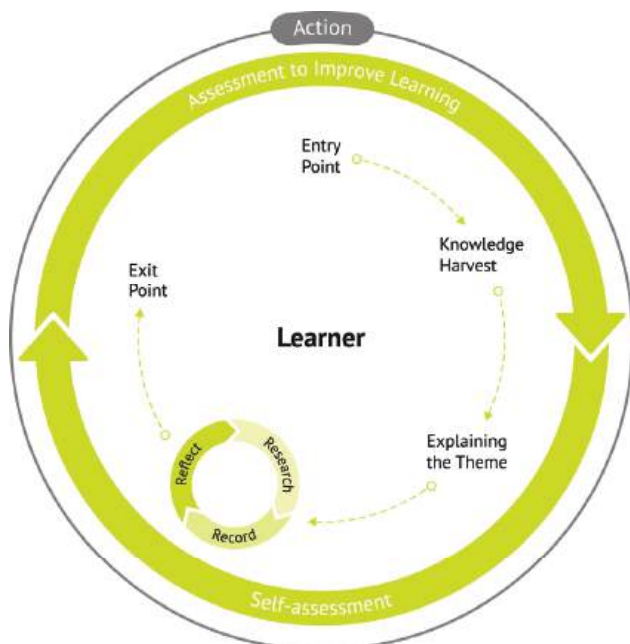
INTERNATIONAL EARLY YEARS CURRICULUM (IEYC)

The IEYC uses international best practices, holistic enquiry and play-based approaches that cover all curriculum areas including personal, social and emotional development for children aged 2 to 5 years old.



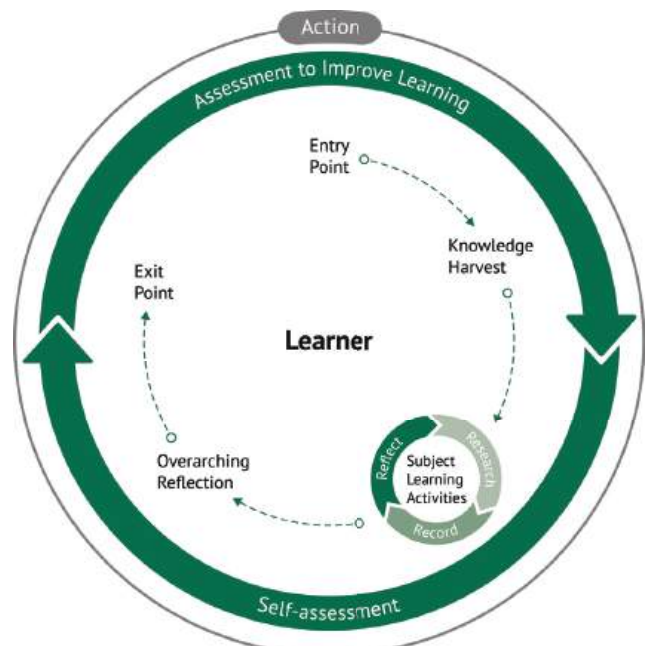
INTERNATIONAL PRIMARY CURRICULUM (IPC)

International Primary Curriculum is a comprehensive, thematic, creative curriculum for 3 to 11 year olds, with a clear process of learning and with specific learning goals for every subject, for international mindedness and for personal learning.



INTERNATIONAL MIDDLE YEARS CURRICULUM (IMYC)

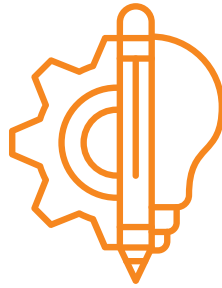
A challenging, engaging, internationally-minded, concept-focused curriculum designed specifically for the unique learning needs for 11 to 14 year olds in lower secondary.





KNOWLEDGE

Facts, information and skills acquired through experience or education. Information or awareness gained through experience or education. Information gathering.



SKILLS

Actions that we are able to do or perform. Skills can be developed over time.



UNDERSTANDING

Interpretation or view of a particular thing.

Having that knowledge and being able to think about the application of the knowledge



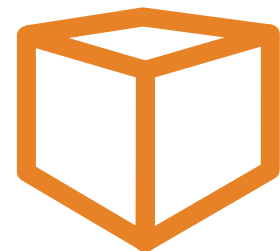
LEARNING

Learning is an ongoing process of acquiring knowledge, information and experience and transferring it into skills, understanding and attitude to apply in our daily life.



INTERNATIONAL MINDEDNESS

Learners in Sanskriti International School respect and accept ourselves and others by embracing diversity and respecting cultures around the world to become a truly globalized 21st century citizens of the intercon-nected world.



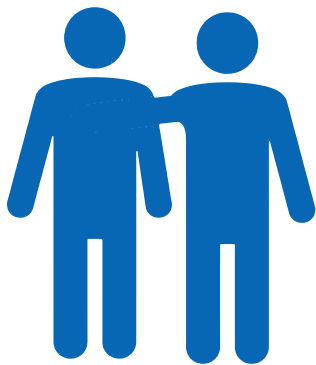
MULTIPLE PERSPECTIVES

Multiple Perspectives is when learners view an idea with different opinions and are able to look at the same theme in different ways to bring integration among the subjects so that their understanding is deepened.

8 PERSONAL GOALS



GOAL OF THE MONTH



EMPATHETIC

To Reflect Thinking About Learning

समानुभूति जनाउने



SWAYAMBHUNATH, EXPLORED



Learners from Grade 1 visited Swayambhunath Stupa on April 29 to commemorate Buddha Jayanti, marking the class's first educational excursion since the beginning of the school year.

The trip gave learners a meaningful first encounter with one of Kathmandu's most beloved cultural and religious landmarks. Climbing the stupa's steps together, learners were introduced to the site's rich history and mythology – including the legend that the Kathmandu Valley was once a lake, and that the hill on which the stupa stands emerged from a lotus flower at its centre.

For many, it was the first time the story had come to life in a place they could actually see and touch. The visit sparked plenty of curiosity, with learners returning full of questions about the valley's ancient past and the origins of this remarkable site.

The school sees trips like this as an important part of helping young learners connect with the world around them.

GRADE 2'S THOUGHTFUL FIRST DAY



Grade 2 began on Monday, April 28 with a calm and purposeful start, gently welcoming learners into the rhythm of school life. The day was thoughtfully designed to balance movement, reflection, and a sense of community—three foundations that will support them throughout the year.

The morning opened with Super Brain Yoga, a short and energizing routine to help learners focus and feel ready for the day ahead. This was followed by Circle Time, where students read the morning message together, shared their thoughts, and set personal intentions. They were also introduced to the school's mission and vision, helping them feel connected to a larger purpose.

A guided peer activity gave children the opportunity to express their feelings and listen to others, nurturing empathy and emotional awareness. The day ended with outdoor play and group games, offering a relaxed space for laughter, connection, and the beginnings of new friendships.

GRATITUDE, GOALS, AND KINDNESS



Grade 3 kicked off the new semester on April 28, 2026 with a day full of thoughtful and engaging activities that helped build connection, confidence, and a strong sense of community in the classroom. Learners began by creating gratitude cards, reflecting on the people, experiences, and moments they are thankful for, setting a positive and uplifting tone for the day.

This was followed by a goal-setting activity where each learner shared their hopes and intentions for the semester—academically, personally, and socially. A lively self-introduction session then gave everyone the chance to express their interests and personalities, helping classmates get to know one another better and feel more comfortable together.

The day ended with the creation of an Empathy Tree, where each learner added a leaf filled with kind words and promises to support one another. By the end of the day, the classroom was filled with a sense of warmth, excitement, and togetherness for the journey ahead.

A CLASSROOM TAKES SHAPE



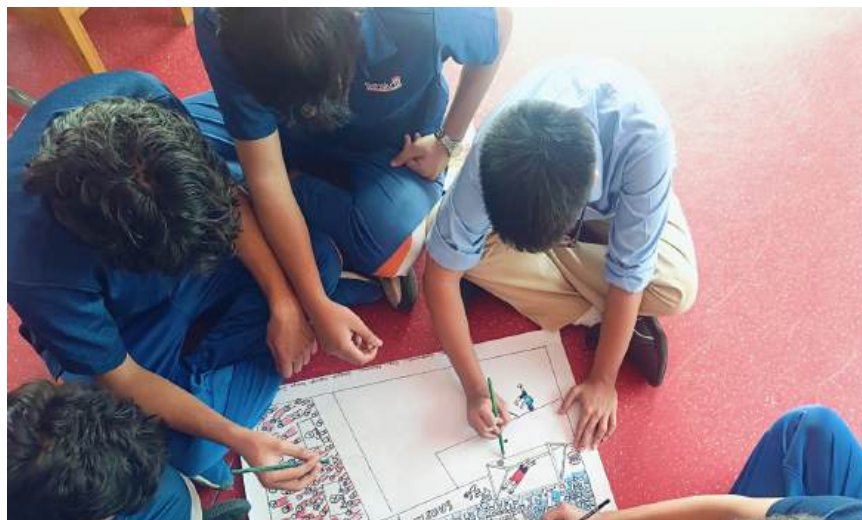
Grade 6 began the new academic year on April 28 with a sense of curiosity, connection, and shared purpose. The first days were dedicated to helping learners settle into their new environment and build meaningful relationships with one another. Through interactive conversations, reflection, and collaborative agreements, the class began shaping a respectful and supportive learning community. Learners were encouraged to think deeply about their own learning journeys and set personal goals that would guide them throughout the year.

As the week unfolded, they were introduced to the IMYC "Brainwave" unit, sparking interest in how the brain works and how emotions influence learning. Mindfulness practices, kindness-based activities, and early leadership opportunities helped strengthen both self-awareness and community spirit.

The week concluded with a focus on mindset and emotional growth, leaving learners grounded, motivated, and ready for the journey ahead.



LEADING WITH EMPATHY AND INTENTION



The first week back to school gave Grade 10 learners a purposeful start to the year, with sessions dedicated to empathy, leadership, and personal growth. Opening with an exploration of emotions and perspective-taking, learners crafted individual "Kindness Blueprints" — personal plans to support those around them — and committed to one act of kindness for a classmate or teacher before the day was out.

The following two days centred on the Leader in Me programme, challenging learners through activities like "The Riddle Challenge" and "Blind Navigation" to build teamwork and resilience under pressure. Alongside these, learners examined eight personal goals spanning respect, ethics, and communication, and developed practical approaches to time management and problem-solving. The session concluded with each student designing a "Character Shield" — a personal framework of values and goals to carry them through the year ahead.

PURPOSEFUL BEGINNINGS



The new academic year began on April 8 with two staff development sessions designed to set a clear and considered tone before learners returned. School Director Ms. Diptee Acharya opened with a session titled "Strategies for the Future Classroom," examining the distinct characteristics of Gen Alpha learners and how evolving learning behaviours are reshaping classroom dynamics. She invited teachers to reflect critically on their current approaches and adapt accordingly.

School Principal Ms. Timila Shrestha followed with a session on "Understanding the School Culture," underscoring the importance of a cohesive school identity and the role each staff member plays in upholding the institution's values and vision.

Together, the sessions offered staff a grounded and forward-looking start to the year – a reminder that thoughtful teaching begins long before the learners walk through the door.



A MILESTONE WORTH CELEBRATING



On April 13, 2026, 19 of our learners attended the Duke of Edinburgh's International Award ceremony, where they were recognised for completing the Bronze and Gold levels of the programme. It was a proud occasion – for the learners, their families, and the school as a whole.

The evening carried special significance with the recognition of Riza Gurung and Lakshyata Twanabasu as the school's first-ever Gold Award recipients. Earning a Gold Award is no small feat – it demands sustained commitment across volunteering, physical activity, skill development, and an expedition, and both learners rose to meet every part of it.

Bronze Award recipients: Kashvi Chand, Shayan Gauchan, Swornim Giri, Prayusha Gautam, Prasanna Malla, Yasheswi Malla, Atharv Thapa, Chirayu Regmi, Sahaj Shrestha, Labhans Agrawal, Prince Rajbhandari, Karma Kalsang Gurung, Saphala Shakya, Arsen Tuladhar, Ashora Pokharel, Angela Shrestha, and Aarshiya Shree Khadka.

Congratulations to every one of our learners!

A WEEKEND OF GROWTH: STAFF RETREAT AT BEST WESTERN PLUS, GODAWARI



From 18–20 April, our school's staff retreat at Best Western Plus, Godawari delivered an energising mix of learning, laughter, and genuine connection. Mr. Indra Gurung — Master Consciousness Coach and CEO of Visionary International — led staff through two days of thoughtful exploration into personal values and beliefs, weaving in mindfulness activities that encouraged real reflection. A morning nature hike and dedicated wellness sessions by BK Raman Bhattarai kept the energy balanced between the inward and the active.

Away from the sessions, our chairperson Mr. Ranjit Acharya treated everyone to a mentalism performance that had the room talking for the rest of the weekend. The evenings brought good food and even better conversation, wrapping up with a celebratory evening that felt like a fitting end to a weekend well spent.



THANK YOU

and hope you enjoyed reading



For More Information

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