

SANSKRITI INTERNATIONAL SCHOOL

MONTHLY

NEWSLETTER

DECEMBER 2025



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MESSAGE FROM THE PRINCIPAL

Dear Parents,

Greetings and Namaste!

As we wrap up the third semester and approach the end of the year, I would like to extend my heartfelt greetings to our entire Sanskriti community—parents, students, and staff. December has been a busy and meaningful month, filled with moments to reflect, celebrate growth, and appreciate the journey of learning we share together.

One of the highlights of this month was our Leadership Day, an inspiring milestone in our Leader in Me journey. Seeing our children confidently embody the 7 Habits through thoughtful presentations, discussions, and interactions was truly heartening. Their ability to apply these principles reflects the growth of young leaders in our midst. This spirit continued during the Leadership Summit for Grades 6–10, where students displayed collaboration, vision, and maturity, leaving us proud of their progress and dedication. Congratulations to everyone!

We are equally grateful to the parents who participated in the panel discussion, sharing how they bring the 7 Habits into their professional lives. Your insights not only enriched the experience for our learners but also strengthened the bridge between school and home. Thank you!

With the third semester now concluded, our students have also completed their assessments—a valuable part of their learning journey. These assessments help us understand progress, identify areas for growth, and guide future learning. We are proud of the effort and perseverance our children have shown throughout the term, which truly reflects their dedication and commitment to learning.

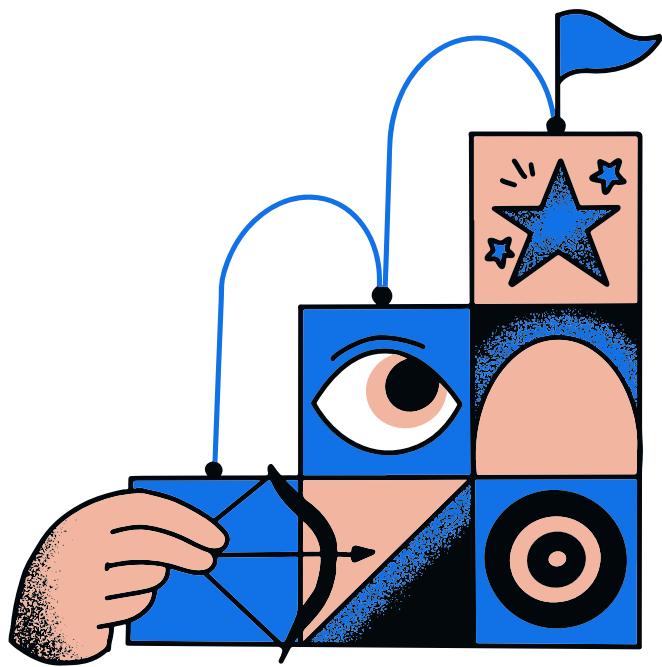
As we step into the winter vacation, I hope this break provides time to relax, reconnect, and enjoy precious family moments. May this season bring warmth, joy, and renewed energy for the year ahead.

Wishing you all a joyful holiday season and a very Happy New Year 2026!

Warm regards,
Timila Shrestha

MISSION

To enable a growing number of individuals to achieve balanced success in learning and life by consistently delivering innovative and quality education



VISION

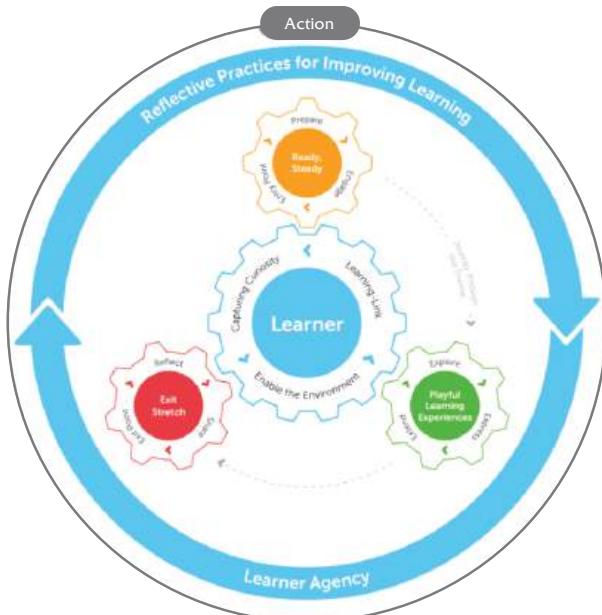
Our shared vision is to provide a happy, caring and stimulating learning environment where learners can achieve their fullest potential by embracing respect and international mindedness to contribute to the ever changing world.

IPC GOALS



INTERNATIONAL EARLY YEARS CURRICULUM (IEYC)

The IEYC uses international best practices, holistic enquiry and play-based approaches that cover all curriculum areas including personal, social and emotional development for children aged 2 to 5 years old.



INTERNATIONAL PRIMARY CURRICULUM (IPC)

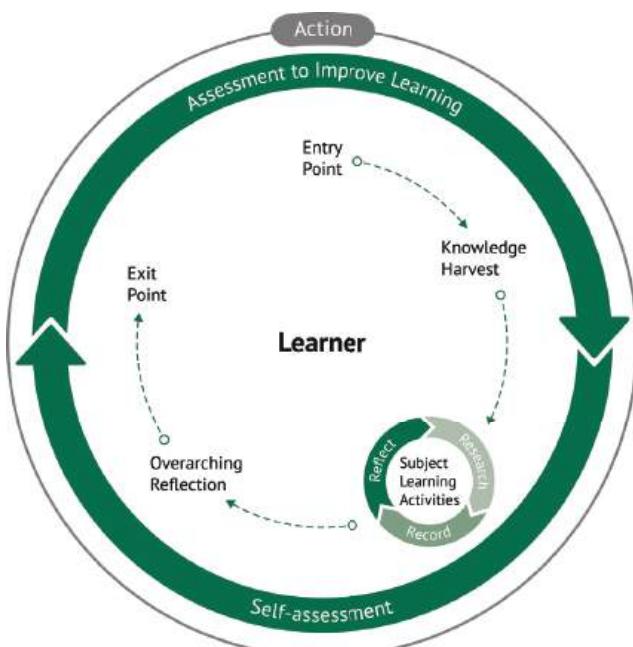
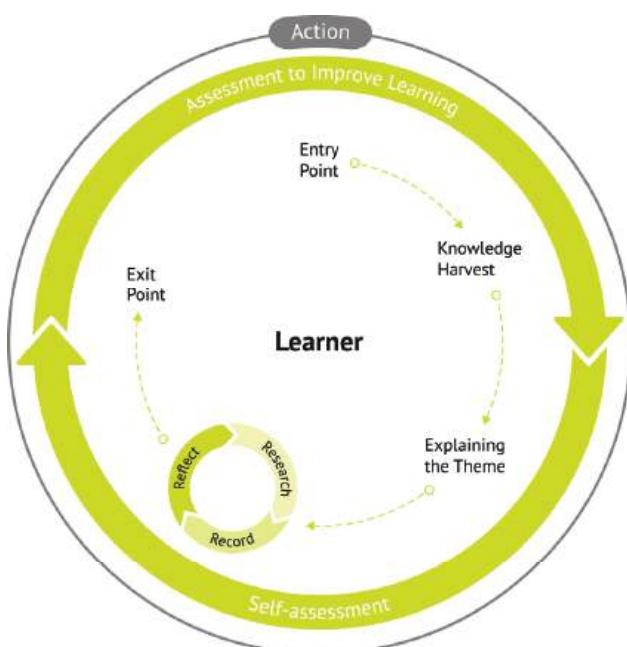


International Primary Curriculum is a comprehensive, thematic, creative curriculum for 3 to 11 year olds, with a clear process of learning and with specific learning goals for every subject, for international mindedness and for personal learning.

INTERNATIONAL MIDDLE YEARS CURRICULUM (IMYC)



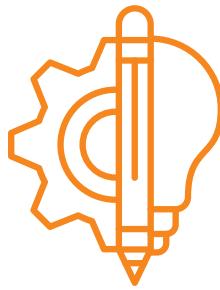
A challenging, engaging, internationally-minded, concept-focused curriculum designed specifically for the unique learning needs for 11 to 14 year olds in lower secondary.





KNOWLEDGE

Facts, information and skills acquired thorough experience or education. Information or awareness gained through experience or education.
Information gathering.



SKILLS

Actions that we are able to do or perform. Skills can be developed over time.



UNDERSTANDING

Interpretation or view of a particular thing.

Having that knowledge and being able to think about the application of the knowledge



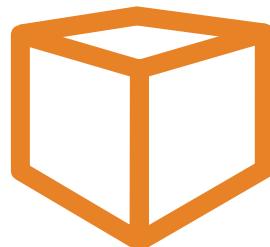
LEARNING

Learning is an ongoing process of acquiring knowledge, information and experience and transferring it into skills, understanding and attitude to apply in our daily life.



INTERNATIONAL MINDEDNESS

Learners in Sanskriti International School respect and accept ourselves and others by embracing diversity and respecting cultures around the world to become a truly globalized 21st century citizens of the interconnected world.



MULTIPLE PERSPECTIVES

Multiple Perspectives is when learners view an idea with different opinions and are able to look at the same theme in different ways to bring integration among the subjects so that their understanding is deepened.

8 PERSONAL GOALS



GOAL OF THE MONTH



RESILIENT
To Keep on trying
निरन्तर प्रयास गर्न



PRE-SCHOOL SPORTS DAY 2025



On Friday, December 19, 2025, the school held its Pre-School Sports Day. The programme began with a march past, where learners carried the national and school flags along with motivational slogans. KG learners presented a drill and yoga display, followed by a pom-pom dance by Prep II.

Learners took part in a range of age-appropriate games including races, sack race, spoon race, hunt the carrot, parkour relay, burst the balloon, and colour combination activities, focusing on participation, coordination, and teamwork. Parents also joined in through simple games, and a friendly football match was played between fathers and the teachers' team. The programme concluded with medal and certificate distribution.

Thank you to our learners, parents



SPREADING THE JOY OF CHRISTMAS



On December 24, 2025, Grade 1 learners visited Orchid Garden, a centre that supports children from vulnerable families in Nepal, to celebrate Christmas together.

The learners spent the day playing games, creating Christmas cards, and giving small gifts such as stationery to the children. They joined in activities that encouraged teamwork, cooperation, and connection, building friendships and meaningful moments along the way.

Through the visit, the children learned the true meaning of giving—how spending time with others and sharing even small gestures can bring joy. The day blended fun, learning, and the warmth of the season, leaving lasting memories for both the Grade 1 learners and the children at Orchid Garden.

EXPLORING SWOYAMBHU: A GEOGRAPHY LEARNING EXPERIENCE



On December 5, our Grade 2 learners visited Swoyambhu as part of their Geography task. Acting as young interviewers, they spoke with local residents to learn about the area's past and present and how the surroundings have changed over time.

During the interviews, the learners showed confidence, curiosity, and care. They asked questions politely, listened attentively, and thanked everyone who shared their experiences. Following their Personal Learning Goals and the 7 Habits, they remained respectful and responsible throughout the trip.

The visit offered a hands-on opportunity to understand how places grow and why community stories matter. It was wonderful to see our young Sanskritians represent themselves and the school thoughtfully.

Hats off to our learners for making the most of this enriching learning experience!

WATER WISE: LEARNING, SHARING & CARING



On December 19, 2025, Grade 3 learners showcased their IPC Exit Point, "Water, Water, Everywhere," in a lively presentation at the school auditorium, with parents attending to support their children. The event began with a fun guessing game, where parents identified different water-related sounds, setting an engaging tone.

Learners confidently shared their learning, explaining key concepts such as water availability, sources, pollution, and ways to conserve it. They reflected on a hands-on activity that highlighted the challenges of fetching water and connected their understanding to Sustainable Development Goal 6 – Clean Water and Sanitation. Insights from surveys on water leakage at home and school encouraged practical conservation efforts.

A creative skit following the journey of a water drop delighted the audience and showcased teamwork, creativity, and environmental awareness. The presentation celebrated learners' experience while inspiring meaningful action towards water conservation.



INTEGRATED LEARNING IN ACTION: MATH AT LIM DAY



On December 15, 2025, Grade 4 students shared their learning at the LIM Day Exhibition through two interactive math activities with parents. In the marble estimation game, students and parents estimated quantities, discussed their reasoning, and compared estimates with actual counts, practicing Habit #5: Seek First to Understand, Then to Be Understood.

In the DMAS (Division, Multiplication, Addition, Subtraction) word problem task, students created problems and guided parents through solving them, listening to different strategies before explaining their own.

These activities showed how listening first strengthens math reasoning, builds confidence, and improves communication. By valuing different approaches, students deepened understanding and demonstrated how this habit supports learning across subjects.

ARTIFACTS, QUESTIONS AND DISCOVERIES



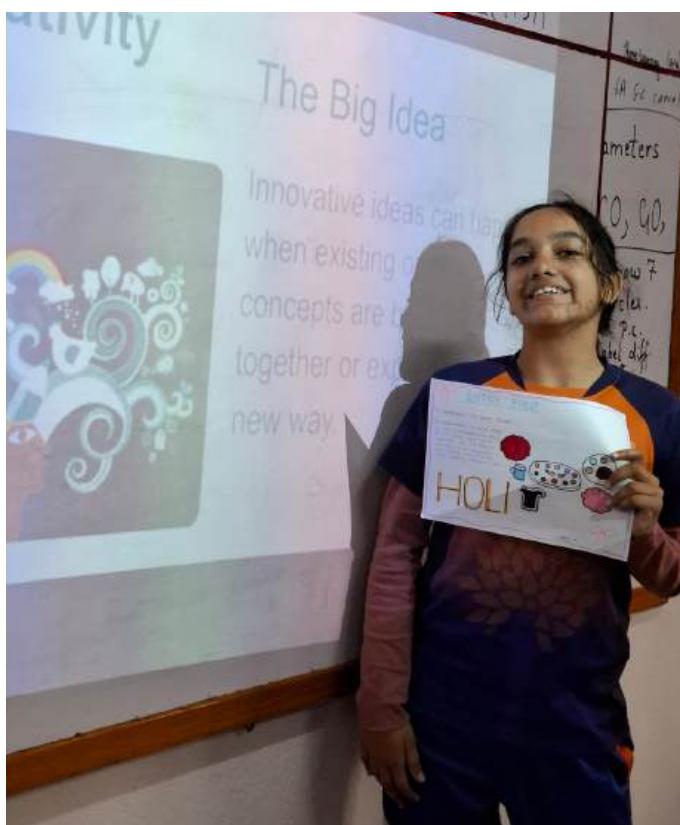
As part of the "Being a Historian" unit, Grade 5 learners visited the National Chhauni Museum on December 17, 2025 to study Nepal's history firsthand. The students explored artifacts, coins, pottery, weapons, and artworks from different periods, observing details and asking questions about how history is preserved.

Stepping into the role of mini historians, they examined objects connected to kings, daily life, and cultural traditions, learning how historians piece together the past from evidence. The visit offered a hands-on experience that extended learning beyond the classroom, encouraging curiosity and critical thinking.

By interacting with real historical objects, the learners gained a deeper understanding of Nepal's diverse cultural heritage and the work involved in preserving it. The trip was both educational and engaging, leaving students with new insights into the country's history and their role in exploring it.



सर्जनशीलताबाट जनिमएको उत्सवः बिना खर्च नयाँ पर्वको कल्पना



कक्षा ६ का विद्यार्थीहरूले आइ.एम.वाइ.सी अन्तर्गत “सर्जनशीलता” एकाइको सुरुवातसँगै आफ्नै कल्पनाबाट नयाँ पर्व रिञ्जना गर्ने गतिविधिमा सहभागिता जनाए । सर्जनशीलता भनेको नयाँ सौच, नयाँ कल्पना र आफूलाई फरक तरिकाले अभियन्तक गर्ने क्षमता हो । यस गतिविधिमा विद्यार्थीहरूले कस्तो पर्व बनाउने, कसरी मनाउने, कस्तो खाना, संगीत वा पहिरन राख्ने भन्ने निर्णय आफ्नै कल्पनाका आधारमा गरे । उत्सवलाई अर्थपूर्ण बनाउन उनीहरूले विभिन्न रीतिरिवाज, खेल, कथा, शुभकामना लेखन र परिवार वा साथीसँग समय बिताउने जस्ता क्रियाकलापहरू पनि समावेश गरे । पर्वको पहिचानका लागि प्रतीक वा लोगो डिजाइन गर्दा उनीहरूको दर्शन सर्जनशीलता अझ बढ्यो ।

यस एकाइले विधार्थीहरूलाई सिकायो-

उत्सव मनाउन पैसा होइन, सर्जनशीलता नै सबैभन्दा ठूलो झोत हो ।

DISCOVERING LIGLIGKOT AND ITS HERITAGE



From December 1 to 5, 2025, our Grade 8 learners set out on an unforgettable journey to Ligligkot, Gorkha, a historic hilltop where King Prithvi Narayan Shah began Nepal's unification and Gurkha legends were born. At 1,437 meters above sea level, the learners immersed themselves in breathtaking landscapes while exploring Ligligkot Fort and discovering the region's historical significance.

Beyond history, the trip offered hands-on lessons in life skills—pitching tents, managing kitchen duties, and working with limited resources nurtured resilience, teamwork, and problem-solving. Learners also connected with the local community through school visits, cultural exchanges, and traditional dances, gaining a deeper understanding of rural life.

It was a chance to step into history, test their limits, and discover a different side of Nepal, returning home with practical skills, fresh perspectives, and fond memories.

FIELD TRIP TO BAN JUNGLE: WHERE ADVENTURE MET ENTREPRENEURSHIP & LEADERSHIP

On 1 December 2025, Grade 9 learners embarked on an exciting and purposeful field trip to Ban Jungle, transforming the outdoors into a living classroom. The trip connected learners with nature while deepening their understanding of their IMYC unit, Entrepreneurship, personal learning goals, and sustainable development.

As students navigated zip lines, climbing walls, and obstacle courses, they built resilience, collaboration, problem-solving, and risk-taking skills—essential for 21st-century leaders and entrepreneurs. Each challenge mirrored real-world business scenarios, emphasizing adaptability and teamwork.

Aligned with The Leader in Me philosophy, learners practiced proactivity, beginning with the end in mind, and synergized to support one another. They also explored sustainable eco-tourism, generating ideas for environmentally responsible businesses.

Post-trip reflections and projects—brochures, journals, and advertisements—extended learning, fostering creativity, communication, and critical thinking. Ban Jungle offered a transformative experience, inspiring leadership, responsibility, and a vision of harmony between business and nature.



SANSKRITI STUDENT OF THE YEAR SECOND ROUND: SKILL DEMONSTRATION SHOWCASE



The Sanskriti Student of the Year journey reached an exciting milestone with the Second Round, the Skill Demonstration Showcase. On December 9, fourteen talented contestants from Grade 10 took the stage to highlight their unique abilities, creativity, and leadership qualities. This round went beyond academics, giving learners a platform to express themselves through a variety of talents, including magic, musical performances, art, chess, and Rubik's Cube challenges. The wide range of skills kept the audience engaged and inspired.

The performances were evaluated by a distinguished panel, including Entrepreneur and Former Miss Nepal Ms. Anushka Shrestha, Author Ms. Luja Mathema, and our School Director, Ms. Diptee Acharya, whose feedback offered encouragement and valuable insights.

The round highlighted courage, adaptability, and perseverance, showing that leadership is not only about success but also about confidence, creativity, and rising to challenges.

EXPLORING PARENTING STYLES FOR POSITIVE GROWTH



On December 3, our school held the Unit 3 Parents' Information Session, focusing on parenting styles and their impact on children's behaviour and development.

Parents explored different approaches, discussing how each shapes communication, discipline, and emotional growth. The interactive Real-Life Scenario Cards activity encouraged reflection, problem-solving, and sharing practical strategies for home.

The session fostered a supportive, collaborative environment, highlighting the importance of consistent, positive parenting. We thank all parents for their participation and look forward to continuing this partnership in nurturing our learners' growth.



PANEL INSIGHTS: GUIDING STUDENTS TOWARD LEADERSHIP



On December 9, 2025, as a prelude to Leadership Day, our learners attended a Leader in Me (LIM) panel discussion on "Effectively Living the 7 Habits and Their Practices." The session featured Dr. Pranaya Shrestha (Neurosurgeon), Ms. Anuja Agrawal (Entrepreneur), Ms. Sandhya Pandey (Engineer), and Mr. Prabin Dhungel (Banker).

The panel explored the "Paradigm Shift," adopting an abundance mindset, and applying the "See-Do-Get Cycle" to translate beliefs into action. Panelists shared examples from their careers—from medical emergencies to banking priorities—demonstrating how the 7 Habits guide real-world problem-solving.

Learners reflected on empathetic listening, teamwork, and continuous growth, learning that habits like synergy and "Sharpen the Saw" extend beyond the classroom. The discussion inspired and prepared students for Leadership Day, supporting their journey toward becoming resilient, thoughtful leaders.

ANFA LEADS FUTSAL SAFETY SESSION



On November 24, the first round of the prestigious Sanskruti Student of the Year competition saw 22 learners from grade 10 showcasing sharp wit, strategic thinking, and eloquent public speaking. With just 30 minutes of preparation—and no notes or devices—participants relied entirely on their strategies to tackle complex motions.

The debate followed a structured format: all “For” speakers presented first, followed by the “Against” speakers, with adjudicators evaluating in silence to ensure fairness and precision. Topics challenged learners to think critically, from predicting the long-term impact of artificial intelligence in 2050, to balancing freedom of speech with misinformation, evaluating the reliability of scientific versus personal knowledge, and exploring whether moral decisions are guided more by logic or empathy.

Ms. Diptee Acharya, school director, concluded the session with words of encouragement, praising the learners' intellectual commitment. The results were announced later, setting the stage for an exciting next round.

A CELEBRATION OF LEADERSHIP



On December 15, 2025, Leadership Day brought the school community together to explore the Leader in Me through the 7 Habits of Highly Effective People.

Grades 1 to 6 engaged in hands-on, student-led activities that fostered teamwork, reflection, and collaboration. Younger learners guided parents through games and challenges, while Grades 3 to 6 showcased presentations, skits, and interactive stalls highlighting leadership in action. Activities like problem-solving relays, win-win challenges, and the 7 Habits Human Dice Game encouraged joyful participation across grades, reinforcing self-care, synergy, and proactive habits.

Grades 7 to 10 participated in the Leadership Summit, redesigning a sustainable city while addressing real-world challenges using the 7 Habits. Students collaborated, debated, and reached consensus on solutions, demonstrating democratic leadership and practical application of leadership principles.

Leadership Day celebrated the belief that every child is a leader, and that leadership grows stronger when school and home learn together.

QKS ATHLETICS MEET 2082



On December 18, the QKS Athletics Meet 2082 brought together young athletes from various schools for an exciting display of talent, energy, and sportsmanship. Our learners represented the school with determination and confidence across numerous track and field events, returning home with well-earned trophies and a sense of pride for the entire school community.

Beyond the medals, the meet offered invaluable lessons. Participants learned the importance of discipline, teamwork, resilience, and consistent effort—skills that extend far beyond the sporting arena. Competing at an interschool level also helped learners build confidence, manage pressure, and appreciate that progress comes through dedication and hard work.

The QKS Athletics Meet 2082 was an opportunity for growth, learning, and developing a winning mindset—preparing our learners to face future challenges with focus and grit.



INSIGHTS FROM THE SEND PROFESSIONAL DEVELOPMENT SESSION



On Sunday, December 21, teachers participated in a Professional Development session on SEND (Special Educational Needs and Disability) led by the School Director, Ms. Dipatee Acharya. The session encouraged educators to look beyond visible behaviour and academic performance to better understand the deeper needs and strengths of learners.

Using the iceberg analogy, teachers reflected on how learning challenges are often shaped by factors beneath the surface. The discussion highlighted the importance of recognising individual differences, applying meaningful differentiation, and using flexible strategies to support all learners. Key ideas such as neurodiversity, multiple intelligences, and dual or multiple exceptionality were also explored.

Overall, the session offered practical, inclusive approaches for everyday classrooms and reinforced a simple but powerful message: when teachers see learners fully, every child has the opportunity to succeed.

COFFEE, CONVERSATIONS, AND CONFIDENT LEARNERS



On December 29, 2025, the Coffee Meeting and Information Session for Grades 8-10 brought parents and educators together to discuss Digital Safety and the responsible use of AI in learning. Parents engaged in interactive discussions on guiding students to use technology wisely, balancing screen time, and supporting overall well-being through healthy routines, nutrition, and rest.

The session also covered BEE & SEE preparations, sharing learner-specific strategies and exam readiness plans while emphasizing students' physical and mental health.

Heartfelt thanks to all parents for their thoughtful participation and valuable contributions, fostering a collaborative effort to support learners' growth, confidence, and success.



THANK YOU

and hope you enjoyed reading



For More Information

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