

SANSKRITI INTERNATIONAL SCHOOL

MONTHLY

NEWSLETTER

NOVEMBER 2025



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MESSAGE FROM THE PRINCIPAL

Dear Parents,
Greetings and Namaste!

As we move into the final stretch of the term, I would like to take a moment to reflect on the incredible energy and activity that filled our school this November. It has been a month rich with experiences that have strengthened our community and broadened our horizons.

This month, our learners have journeyed across Nepal. Our younger students explored the rich biodiversity of Chitwan and the historical significance of Gorkha and Nuwakot, while our senior students embraced the challenges of trails in Ghandruk/Landruk, Jiri, and Solukhumbu. The stories they have brought back—of teamwork on the trail, curiosity about our history, and awe for our natural environment—have been a joy to hear. These annual trips are a vital part of our commitment to providing a well-rounded education and to fostering a deep, personal appreciation and understanding of their own country.

The shared spirit of community at Sanskriti is deeply reflected in the partnership we cultivate with our parents. The insightful dialogue and thoughtful feedback you offered during our recent parent information sessions, alongside your participation in our exit point events, are central to our collaborative ethos at Sanskriti. We are deeply grateful for your contributions to these conversations; your perspectives are invaluable as we work together to nurture an ever-improving educational environment.

This shared spirit of community is powerfully reflected in the partnership with our parents. The insightful dialogue and thoughtful feedback you offered during our recent parent information sessions, alongside your participation in our exit point events, are central to our collaborative ethos at Sanskriti. We are deeply grateful for your contributions to these conversations; your perspectives are invaluable as we work together to nurture an ever-improving educational environment.

I extend my sincere thanks to our dedicated faculty and staff for their tireless efforts in bringing these experiences to life, and to you, our parents, for your unwavering support. It is a privilege to witness our learners growing and thriving in such a dynamic and supportive environment.

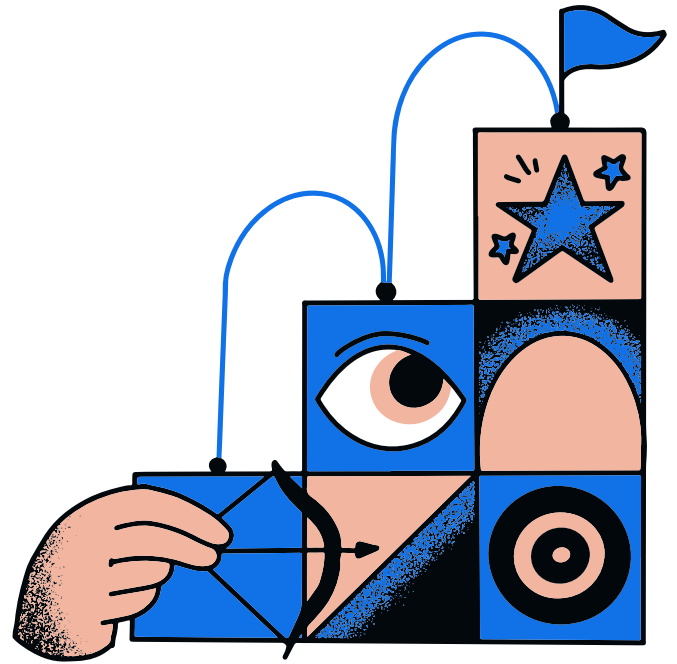
Sincerely,
Timila Shrestha

MISSION

To enable a growing number of individuals to achieve balanced success in learning and life by consistently delivering innovative and quality education

VISION

Our shared vision is to provide a happy, caring and stimulating learning environment where learners can achieve their fullest potential by embracing respect and international mindedness to contribute to the ever changing world.

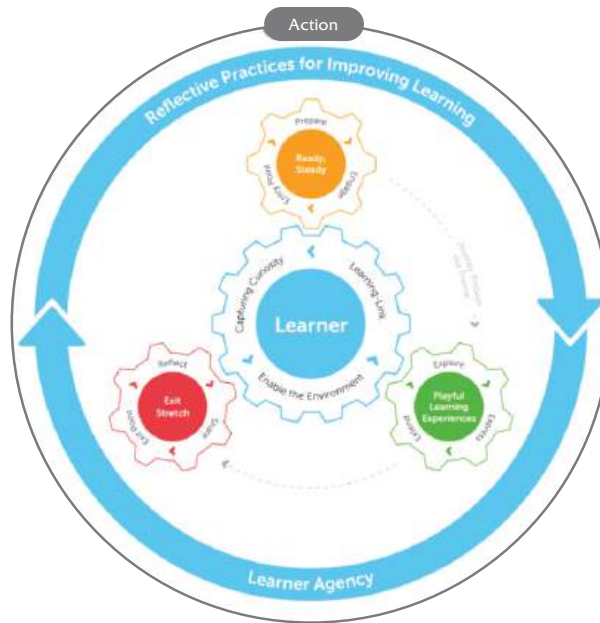


IPC GOALS



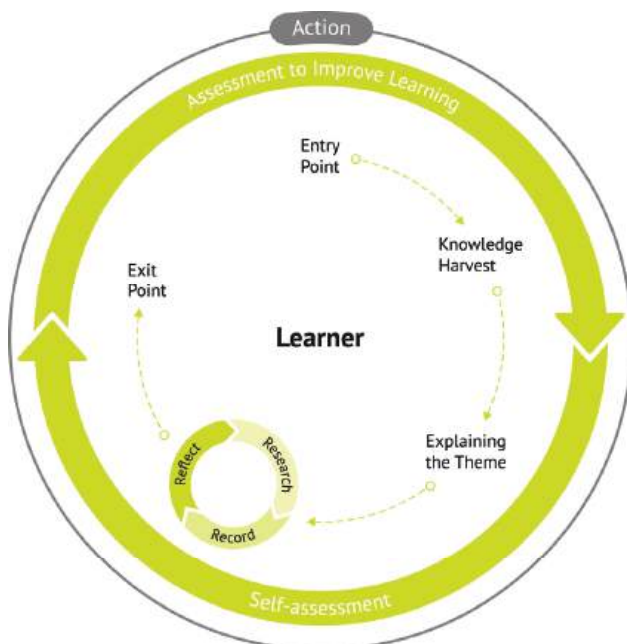
INTERNATIONAL EARLY YEARS CURRICULUM (IEYC) ieyc

The IEYC uses international best practices, holistic enquiry and play-based approaches that cover all curriculum areas including personal, social and emotional development for children aged 2 to 5 years old.



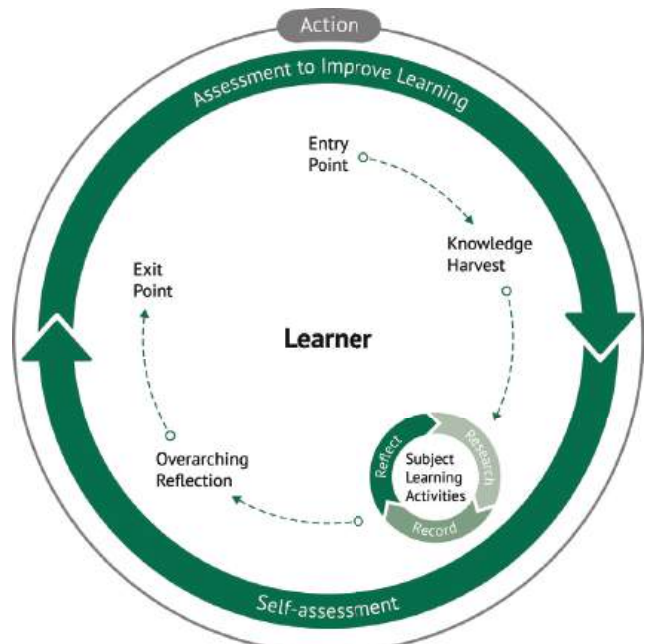
INTERNATIONAL PRIMARY CURRICULUM (IPC) ipc

International Primary Curriculum is a comprehensive, thematic, creative curriculum for 3 to 11 year olds, with a clear process of learning and with specific learning goals for every subject, for international mindedness and for personal learning.



INTERNATIONAL MIDDLE YEARS CURRICULUM (IMYC) imyc

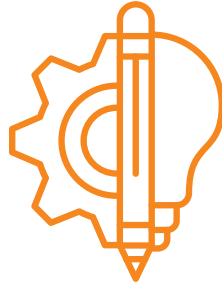
A challenging, engaging, internationally-minded, concept-focused curriculum designed specifically for the unique learning needs for 11 to 14 year olds in lower secondary.





KNOWLEDGE

Facts, information and skills acquired through experience or education. Information or awareness gained through experience or education. Information gathering.



SKILLS

Actions that we are able to do or perform. Skills can be developed over time.



UNDERSTANDING

Interpretation or view of a particular thing.

Having that knowledge and being able to think about the application of the knowledge



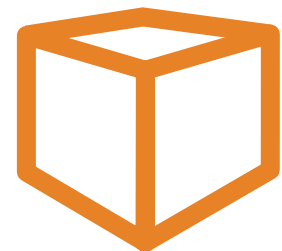
LEARNING

Learning is an ongoing process of acquiring knowledge, information and experience and transferring it into skills, understanding and attitude to apply in our daily life.



INTERNATIONAL MINDEDNESS

Learners in Sanskriti International School respect and accept ourselves and others by embracing diversity and respecting cultures around the world to become a truly globalized 21st century citizens of the intercon-nected world.



MULTIPLE PERSPECTIVES

Multiple Perspectives is when learners view an idea with different opinions and are able to look at the same theme in different ways to bring integration among the subjects so that their understanding is deepened.

8 PERSONAL GOALS



GOAL OF THE MONTH



ETHICAL

To do the right thing when no one is watching

नैतिकवान



AN EVENING WITH THE GRANDPARENTS



On November 20, Early Years marked Grandparents' Day, celebrating the important role grandparents and parents play in learners' lives. The children began by giving handmade cards, a simple gesture full of thought and care.

They then shared dance, drama, and song performances, confidently showing the skills and creativity they have been developing in class. Families watched, cheered, and enjoyed seeing the children's efforts come to life.

The event also created space for shared laughter, stories, and moments between generations, highlighting the everyday ways families support learning. The day ended with smiles, stories, and connections that lingered beyond the celebration, making it a meaningful occasion for both learners and their families.



CELEBRATING HAPPINESS



On Monday, November 17, 2025, Grade 1 learners celebrated the Exit Point of their unit, "If You Are Happy and You Know It." The event was filled with energy and creativity as students confidently shared what they had learned, starting with the action song, "If you are happy and you know it, clap your hands."

Learners displayed projects reflecting their understanding of emotions and happiness. Parents joined in hands-on activities, drawing expressive faces, using colors to show feelings, and writing ideas about what makes them happy, creating memorable moments together.

The celebration ended with a friendly Fika, a Swedish-style break with snacks and refreshments where families connected, relaxed, and celebrated the learners' achievements. The Grade 1 Exit Point was a joyful reminder of the value of creativity, expression, and togetherness.

A NIGHT AT HATTIBAN



Grade 2 learners participated in an overnight trip to Hattiban Himalayan Resort on November 7, designed to help them connect classroom learning with real outdoor experiences. Soon after arriving, the learners explored the natural surroundings, observing plants, insects, and different textures found in the hillside environment. Their curiosity drove thoughtful conversations and small-group investigations that highlighted how confidently they apply what they learn in science.

The afternoon also included outdoor games that encouraged teamwork and movement in a relaxed, open space. In the evening, learners gathered for a simple bonfire, where they enjoyed light activities and spent time together in a calm, friendly setting.

The next morning began with a guided nature walk. Learners identified features they had noted the previous day and made new observations along the trail. After breakfast, they completed short reflection tasks before lunch. The trip offered a balanced blend of exploration, learning, and time spent outdoors.

JUNGLE TRAILS AND THARU TALES AT CHITWAN



Grade 3 learners set off on an experiential trip to Chitwan, exploring nature and local culture from November 19–21, 2025. The jungle safari was a highlight, with students spotting a rhinoceros, deer, monkeys, and colourful birds, bringing the forest vividly to life.

Their visit to the Tharu community offered insights into local traditions and lifestyles, capped by an energetic Tharu cultural dance that filled the evening with rhythm and joy. Canoeing along the Rapti River combined serenity and excitement, with learners observing resting crocodiles while enjoying the calm waters.

Learners reflected on their experiences with pride. One said, "Seeing the rhino was the best part, I will never forget it!" Another shared, "I felt brave when we saw crocodiles during canoeing. I love nature so much now." The trip strengthened friendships, resilience, and a deeper appreciation for learning beyond the classroom.



A JOURNEY THROUGH GORKHA



Grade 4 learners went on a four-day, three-night educational trip to Gorkha on November 14, combining history, culture, and nature. They watched a beautiful sunrise from the camp, visited Bhimsen Park and Gorkha Palace to learn its history, hiked through the jungle, explored a local village, and concluded their visit at the Gorkha Museum.

The trip also included a visit to Tandrangkot, where learners explored the temple and Nepal's largest flag, and performed dances at a government school, sharing joy and learning with the community.

By the end of the journey, learners had experienced history and culture firsthand, navigated new challenges, and worked together in unfamiliar environments. From jungle trails to cultural performances, the trip left them with lasting memories, new perspectives, and a stronger sense of curiosity and connection to the world around them.

NUWAKOT ADVENTURES



Grade 5 learners set off on an enriching journey through the Nuwakot Circuit from October 29 to November 1, blending adventure, culture, and hands-on learning. They began with a nature walk along Shivapuri's scenic trails, observing geographical features and wildlife, sparking curiosity and a love for nature.

Learners showed resilience, adaptability, respect, and collaboration, supporting one another while achieving personal goals. A cultural presentation by local villagers offered insights into traditions, attire, food, and lifestyle, fostering appreciation for Nepal's heritage.

Highlights included exploring Nuwakot Durbar and reflecting on history by writing letters as Prithivi Narayan Shah. Evenings featured a barbecue, dancing, and preparing a drama for graduation. The trip concluded at Devi Ghat with a cleaning campaign, and Learners captured their observations and reflections in travel diaries, celebrating both the discoveries they made and the bonds they strengthened along the way.



INCREDIBLE INDIA



Our Grade 6 learners took on an unforgettable journey across India from November 1 to November 8, exploring the vibrant energy of Delhi, the royal charm of Jaipur, and the timeless beauty of Agra. In Delhi, they experienced bustling markets, historic sites, and the city's unique culture, while Jaipur offered a glimpse into India's regal heritage through majestic palaces and intricate architecture.

Agra left them awestruck with the Taj Mahal and the historic complex of Fatehpur Sikri. Beyond sightseeing, the trip brought history, art, and culture to life, connecting classroom learning with real-world experiences. This journey was both inspiring and memorable, leaving learners with stories, insights, and curiosity that will stay with them long after they return home.



PEAKS AND PERSEVERANCE ON THE ANNAPURNA TRAIL



From November 10-14, our Grade 7 learners explored the trails connecting Ghandruk, Landruk, and Dhampus. Their journey began with a visit to Pokhara's International Mountain Museum, learning about the Himalayan environment they would soon traverse.

They then navigated steep stone staircases to Ghandruk, their efforts rewarded with breathtaking vistas of Machhapuchhre and the Annapurna range. Evenings were spent in cultural immersion, sharing stories around a bonfire in Ghandruk and being welcomed into the community of Landruk for a vibrant evening of traditional dance.

Each sunrise over the Himalayas offered a moment of quiet reflection. The journey culminated with a final trek to Dhampus, where a sense of collective achievement was palpable. The students returned with a deeper appreciation for Nepal's natural beauty and rich culture, carrying with them the indelible memories of a challenge met together.

LEARNING, CREATING, COMMUNICATING

On November 21, 2025, Grade 7 learners presented their Exit Point for the IMYC Unit Communication, centered on the idea: "When information is shared accurately and clearly, the end result is more effective." Learners showcased charts, models, research, and creative displays across subjects including ELA, Nepali, Math, Social Studies, Science, FAB, Health, and Nepal Bhasa. They also produced a short video demonstrating basic First Aid techniques to raise awareness and share practical knowledge with the community.

Highlights included detailed models of Gurung and Landruk Villages, suspension bridges, stone trails, and artistic representations of Mount Annapurna and Machhapuchhre, inspired by their Pokhara, Ghandruk, and Landruk trip.

Learners reflected on their Personal Learning Goals and Leader in Me habits, demonstrating growth academically and personally. The Exit Point showed how clear, thoughtful communication leads to deeper understanding and meaningful outcomes.



INVESTIGATING DEVELOPMENT IN SWAYAMBHU



On November 6, 2025, Grade 8 learners visited the Sky Glass Swing Bridge in Swayambhu as part of their IMYC unit 'Development'. The visit gave learners the opportunity to link what they study with real-life examples and understand how communities evolve over time.

Learners explored local development projects that have enhanced tourism, improved infrastructure, and strengthened community life. They observed how sustainable progress takes time and effort, and engaged with local residents through interviews and questionnaires to see the impact of these initiatives. Many reflected on the balance between tradition and modernization.

The visit enriched both academic understanding and personal growth, helping learners develop as communicators, collaborators, and empathetic thinkers while experiencing development firsthand.



THE JIRI EXPEDITION

Grade 9 learners spent five days in Jiri, the Switzerland of Nepal from November 10-14, engaging with its landscapes, culture, and communities. The trip included scenic travel through Balefi and Kharidunga, a stop at Shiva Pokhari, and panoramic views from Hanumante Danda. Students explored Hanumante Mahadev, Khawa View Point, and Buddha Park, participated in a Sherpa dance evening, and engaged in community service at Shahid Smriti School.

They traced historic mountaineering routes through Kune Village, Meletar, Pompa Stone Park, and Jiri town, and concluded the expedition with a visit to Kuri and Kalinchok Temple. Activities were designed to encourage observation, reflection, collaboration, and appreciation for local culture and heritage.

The experience combined physical activity, cultural learning, and structured exploration, giving learners practical insights into the region's history, traditions, and natural environment while fostering teamwork and engagement



GRADE 10 TAKES ON THE HIMALAYAS



Grade 10 learners spent five transformative days at Khumbu Camp from November 7-11TH, immersing themselves in Nepal's stunning landscapes and vibrant culture. Along the serene Sunkoshi River, students explored sacred local sites, learned about sustainable energy and farming practices, and observed how communities live in harmony with nature.

Connection and cultural exchange were central. Learners interacted with the local community, experienced the vibrant Magar culture through traditional dances, and savoured authentic local cuisine, creating lasting memories through shared stories and joy.

The expedition strengthened teamwork, resilience, and appreciation for diverse cultures. Around campfires under starlit skies, friendships deepened and curiosity thrived. Congratulations to our Grade 10 learners for embracing every moment with spirit—they've made us proud.

SANSKRITI STUDENT OF THE YEAR: DEBATE ROUND



On November 24, the first round of the prestigious Sanskriti Student of the Year competition saw 22 learners from grade 10 showcasing sharp wit, strategic thinking, and eloquent public speaking. With just 30 minutes of preparation—and no notes or devices—participants relied entirely on their strategies to tackle complex motions.



The debate followed a structured format: all “For” speakers presented first, followed by the “Against” speakers, with adjudicators evaluating in silence to ensure fairness and precision. Topics challenged learners to think critically, from predicting the long-term impact of artificial intelligence in 2050, to balancing freedom of speech with misinformation, evaluating the reliability of scientific versus personal knowledge, and exploring whether moral decisions are guided more by logic or empathy.



Ms. Diptee Acharya, school director, concluded the session with words of encouragement, praising the learners’ intellectual commitment. The results were announced later, setting the stage for an exciting next round.

SUPPORTING EARLY LEARNING: EMOTIONS, READING, AND GROWTH



In November, Sanskriti hosted two insightful Parents' Information Sessions focused on nurturing young learners. On November 11, parents attended, "Helping Young Children Name and Understand Their Feelings," led by the Head of Early Years. The session highlighted practical strategies for fostering emotional awareness, including using simple emotional vocabulary, labelling feelings during daily routines, and modelling calm responses to strong emotions. Parents shared experiences and explored ways to support children's emotional growth at home.

On November 19, the Primary Parents' Information Session "Building Lifelong Learners" focused on how early reading develops language, imagination, critical thinking, and empathy. Parents participated in storytelling, games, and picture word play, and learned how to establish a calm daily reading routine that strengthens the parent-child bond while fostering curiosity and confidence.

Together, these sessions provided families with tools to support both emotional development and a lifelong love of learning.

SANSKRITI ANNUAL SPORTS DAY 2025



Sanskriti's Annual Sports Day on November 29, 2025, was filled with energy, competition, and teamwork. Students from all four Houses—Rhombus, Prism, Cuboid, and Ellipse—showcased their skills through march pasts, drill displays, pyramid formations, and karate demonstrations.

Throughout the week, learners competed in a variety of events, including sprint races, long jump, and shot put, giving their best in every challenge. The Parents vs. Teachers Tug of War added a fun twist, drawing cheers and laughter from the crowd.

Outstanding performances were recognized during the medal distribution, highlighting both effort and achievement. The day emphasized participation, collaboration, and friendly rivalry, with students supporting one another in every event.

With thrilling competitions and memorable moments, the 2025 Sports Day was an engaging and enjoyable experience for students, teachers, and families alike, celebrating skill, determination, and teamwork.



THANK YOU

and hope you enjoyed reading



For More Information

Visit Our Website



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