

SANSKRITI INTERNATIONAL SCHOOL

MONTHLY

NEWSLETTER

OCTOBER 2025



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MESSAGE FROM THE PRINCIPAL

Dear Parents,
Greetings and Namaste!

Welcome back after the Dashain and Tihar break! We hope you had a wonderful and meaningful time with your families. As we return refreshed and renewed, we begin the third semester of our school year — a period full of opportunities for learning, reflection, and growth.

October was a meaningful time in our school community, as the celebrations of Dashain and Tihar brought learning and culture together, shining a light on the values that shape who we are. These festive occasions gave our learners the chance to reconnect with their peers, immerse themselves in tradition, and nurture a sense of identity grounded in experience and appreciation.

During the Tihar celebration in school, our students joyfully commemorated the festival of lights — designing vibrant rangolis, preparing sel roti, performing sacred rituals such as Mha Puja and Laxmi Puja, and singing and dancing to Deusi-Bhailo songs. The atmosphere was sprightly and filled with laughter, togetherness, and gratitude. Each activity reflected respect, balance, and belonging — lessons deeply rooted in these enduring traditions.

It is heartening to see our students embrace culture with such thoughtfulness, recognising it as an essential part of who they are and who they are becoming. I am sincerely grateful to our teachers and parents for walking alongside us, supporting our learners, and helping weave together home, school, tradition, and growth.

May the spirit of Dashain and Tihar continue to guide our school community, nurturing connection, understanding, and purposeful action in the months ahead.

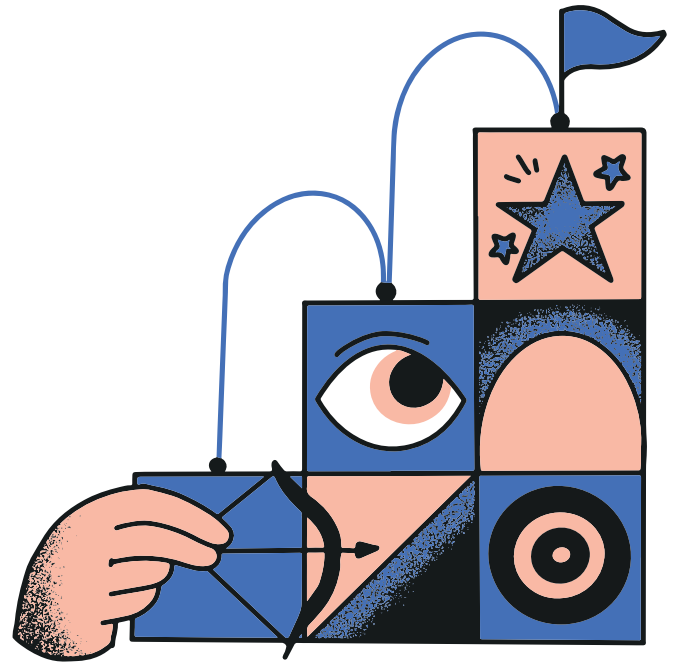
Warm Regards,
Timila Shrestha

MISSION

To enable a growing number of individuals to achieve balanced success in learning and life by consistently delivering innovative and quality education

VISION

Our shared vision is to provide a happy, caring and stimulating learning environment where learners can achieve their fullest potential by embracing respect and international mindedness to contribute to the ever changing world.

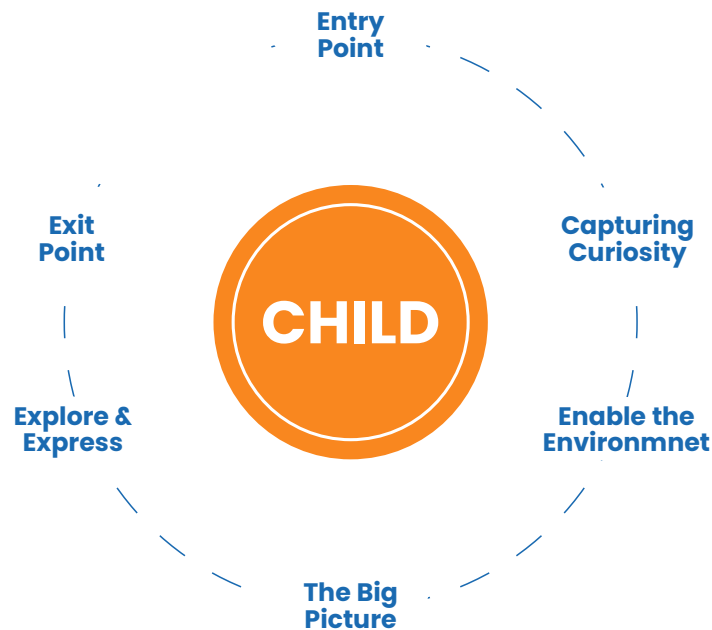


IPC GOALS



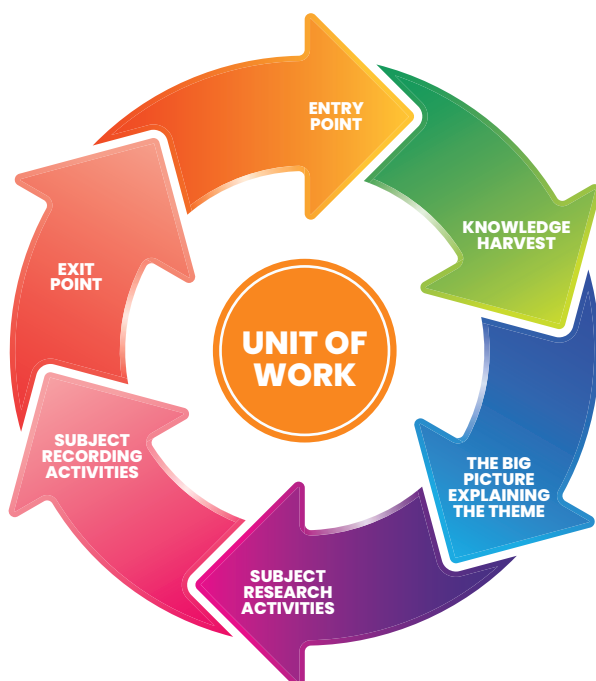
INTERNATIONAL EARLY YEARS CURRICULUM (IEYC)

The IEYC uses international best practices, holistic enquiry and play-based approaches that cover all curriculum areas including personal, social and emotional development for children aged 2 to 5 years old.



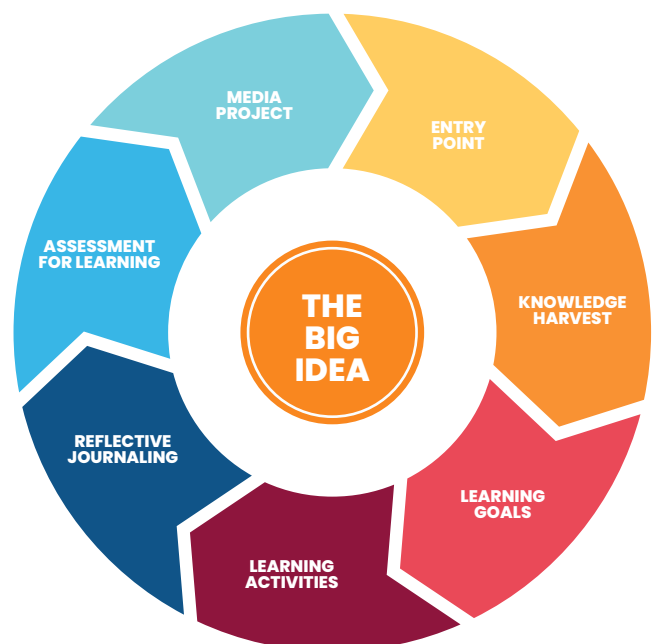
INTERNATIONAL PRIMARY CURRICULUM (IPC)

International Primary Curriculum is a comprehensive, thematic, creative curriculum for 3 to 11 year olds, with a clear process of learning and with specific learning goals for every subject, for international mindedness and for personal learning.



INTERNATIONAL MIDDLE YEARS CURRICULUM (IMYC)

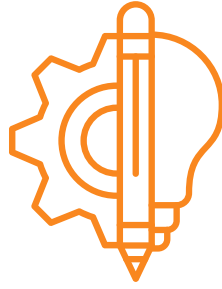
A challenging, engaging, internationally-minded, concept-focused curriculum designed specifically for the unique learning needs for 11 to 14 year olds in lower secondary.





KNOWLEDGE

Facts, information and skills acquired through experience or education. Information or awareness gained through experience or education. Information gathering.



SKILLS

Actions that we are able to do or perform. Skills can be developed over time.



UNDERSTANDING

Interpretation or view of a particular thing.
Having that knowledge and being able to think about the application of the knowledge



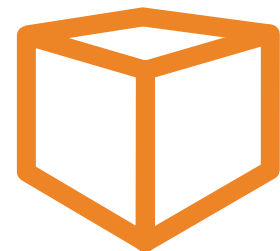
LEARNING

Learning is an ongoing process of acquiring knowledge, information and experience and transferring it into skills, understanding and attitude to apply in our daily life.



INTERNATIONAL MINDEDNESS

Learners in Sanskriti International School respect and accept ourselves and others by embracing diversity and respecting cultures around the world to become a truly globalized 21st century citizens of the intercon-nected world.



MULTIPLE PERSPECTIVES

Multiple Perspectives is when learners view an idea with different opinions and are able to look at the same theme in different ways to bring integration among the subjects so that their understanding is deepened.

8 PERSONAL GOALS



GOAL OF THE MONTH



THINKER

To reflect thinking about learning

विचारक



CELEBRATING THE FESTIVAL OF LIGHTS



Our Grade 1 learners joyfully celebrated Tihar, exploring its traditions and cultural significance through hands-on activities. They decorated oil lamps, symbolizing the triumph of light over darkness, and exchanged Bhai Masala to show love and respect. Sharing gifts with friends encouraged kindness and togetherness, making the festival both meaningful and memorable.

Through these celebrations, students learned about the five days of Tihar—Kag Tihar, Kukur Tihar, Laxmi Puja, Govardhan Puja, and Bhai Tika—gaining insight into Nepal's rich cultural heritage.

By combining creative activities with reflection on these traditions, the event gave learners a deeper understanding of Tihar's values, customs, and significance. It was a joyful and educational experience that left them with lasting appreciation for this beloved festival.



TIHAR THROUGH THE EYES OF GRADE 2



On October 16, 2025, our Grade 2 learners hosted a heartwarming assembly to celebrate Tihar, one of Nepal's most cherished festivals. They shared the cultural and spiritual significance of the festival, highlighting the values of light, love, and unity that bring families and communities together.

The assembly featured a charming poem recitation and a lively performance of the traditional Deusi-Bhailo song. Dressed in vibrant traditional attire, the students brought energy, confidence, and joy to the stage, showcasing their talents while honoring Nepalese traditions.

Through their words and performances, the learners reminded everyone of Tihar's true meaning—spreading happiness, fostering togetherness, and celebrating the triumph of light over darkness. It was a meaningful and joyful celebration that left the audience inspired and full of festive cheer.

DASHAIN REFLECTIONS BY GRADE 3B



The learners of Grade 3B presented a thoughtful assembly celebrating Dashain, one of Nepal's most cherished festivals. They shared personal stories and reflections about how their families observed the occasion—receiving tika and blessings from elders, enjoying festive meals, flying kites with friends, and spending meaningful time with loved ones.

Through their presentations, the young learners highlighted the cultural essence of Dashain as a time of renewal, gratitude, and family unity. They spoke about how the festival symbolizes the triumph of good over evil and reinforces the values that bring communities together.

The assembly beautifully captured the joy and significance of Dashain, reminding everyone of the importance of honouring Nepal's rich cultural traditions with pride and togetherness.

DIYOS, DANCE, AND DISCOVERY



Grade 4 learners at Sanskriti International School celebrated Tihar on Friday, October 17, 2025 with creativity, learning, and cultural appreciation. In preparation, learners crafted beautiful Tihar greeting cards and decorated oil lamps, expressing their understanding of the festival's message of light, love, and harmony.

As part of their presentation, students visited different classes to share the meaning of the five days of Tihar, highlighting themes of respect and connection among all living beings. The experience nurtured confidence, communication, and appreciation for Nepali traditions.

The celebration concluded with a vibrant dance performance, filling the school with festive energy. It was a meaningful reminder of how festivals bring people together in joy and understanding.



BEAT THE PLASTIC POLLUTION (PHASE 2)



As part of their SDG 12: Responsible Consumption and Production project, Grade 5 learners continued their “Beat the Plastic Pollution” journey on October 15, 2025 with a visit to Khalisisi, an organization dedicated to sustainable waste management across Nepal, including remote areas like Mt. Everest.

During the visit, students observed how waste is segregated, compressed, shredded, and recycled. They learned how coordinated efforts—from households to mountains—are necessary to reduce pollution and promote sustainable practices, gaining insight into the challenges and solutions involved.

The learners also took a pledge for the ‘Safa ra Sundar Nepal Abhiyan’, committing to small, practical actions such as reducing plastic use and encouraging recycling in their daily lives. The visit helped students see how systems, effort, and responsibility come together to tackle plastic pollution, and how their own actions can contribute to meaningful change.

KITE FLYING WITH GRADE 5



This Dashain, our Grade 5 learners at Sanskriti International School embraced a cherished tradition by flying kites on the school grounds. Kite flying during Dashain is more than a playful activity—it symbolizes freedom, hope, and the triumph of good over evil, connecting generations through shared cultural heritage.

As learners guided their kites and helped one another untangle strings or adjust tails, they practiced patience, teamwork, and problem-solving. Each careful maneuver became a small lesson in perseverance and cooperation, reflecting values that extend beyond the activity itself.

The day offered a chance to pause, appreciate tradition, and reflect on the deeper meaning behind festive customs. By combining cultural celebration with thoughtful engagement, learners not only enjoyed Dashain but also gained a lasting sense of connection—to their peers, their community, and their heritage.



A MORNING OF GARDENING



As part of their ongoing Green School journey, Grade 6 learners spent the morning of October 10, 2025 tending to the school garden with care and purpose. They watered their brinjal plants, removed dried leaves, cleared weeds, and even harvested a few vegetables—small yet rewarding signs of their steady effort over time.

Beyond the activity itself, the experience offered quiet lessons in consistency, observation, and respect for the environment. Each task, from watering to pruning, helped learners see how attention and patience sustain growth—whether in a garden or in life.

Through these simple, mindful practices, students deepened their connection to nature and to one another, celebrating both the process and the shared responsibility of nurturing something to life.



HONOURING LIGHT AND LEGACY



Sanskriti International School celebrated Tihar with color, music, and meaning on Friday, October 17, 2025. Each grade participated in activities such as making garlands, designing rangolis, preparing sel roti, crafting taparis, and performing Mha Puja and Laxmi Puja—bringing the festival's spirit to life across the school.

Grade 7 learners stood out with their thoughtful presentations on the five days of Tihar, complemented by a lively Bhailo dance and soulful Deusi-Bhailo songs. Their creativity, teamwork, and confidence reflected a deep appreciation for Nepal's traditions.

In preparation, students explored Tihar's significance by speaking with family members and teachers, gaining valuable cultural insights. The celebration not only strengthened their understanding of the festival's spiritual and social importance but also built their skills in research, collaboration, and public expression.

A day of learning, pride, and light—it truly embodied the essence of Tihar.

APPRECIATING SELF AND TRADITION

On October 17, 2025, Grade 8 learners observed Mha Puja, a Newari ritual focused on self-purification, gratitude, and spiritual renewal. As part of the Tihar festivities, students carefully prepared mandalas, decorating them with flowers, fruits, candles, and other traditional items.

Guided by their facilitators, learners explored the meaning behind each element of the puja and participated with mindfulness and respect. The ritual offered a moment of personal reflection, connecting them to their cultural roots in a meaningful way.

Sharing her experience, Shanvi Shrestha reflected, "It felt special to do something that connects us to our roots. I learned that Mha Puja is not just a ritual but a reminder to value ourselves and be thankful."

The celebration was a thoughtful blend of culture, learning, and self-awareness, leaving a lasting impression on all who took part.



A TASTE OF TRADITION: SEL ROTI MAKING WITH GRADE 9



On Friday, 17th October 2025, Grade 9 learners at Sanskriti International School brought the festive spirit of Tihar into the kitchen with a hands-on Selroti-making workshop. Under the guidance of the school's dedicated ancillary staff, students prepared the batter, shaped it carefully, and fried each Selroti to golden perfection.

For many learners, Selroti had previously been just a delicious treat during the festival. By engaging in the process themselves—the consistency of the batter, the precision in shaping, and the care in frying—they gained a deeper appreciation for the skill and effort involved.

The workshop also highlighted the cultural significance of Selroti as a symbol of sharing, family togetherness, and celebration during Tihar. Along the way, students practiced collaboration, responsibility, and respect, connecting their learning to core Personal Learning Goals while immersing themselves in Nepali traditions.



BUZZING WITH KNOWLEDGE: GRADE 10 AT MOUNTAIN BEE CONCERN



On 16th October, Grade 10 learners stepped out of the classroom and into the buzzing world of honey bees at Mountain Bee Concern in Dhapakhel. Observing the colonies up close, learners discovered the intricate teamwork that keeps bee societies thriving and pollination in motion.

“Seeing the bees in action brought science to life!” one student exclaimed. Guided by Science teacher Mr. Bijay Maharjan, learners explored how bees contribute to the ecosystem, economy, and even traditional medicine.

The visit left a lasting impression, combining curiosity, observation, and reflection. It was a wonderful hands-on lesson in nature, responsibility, and the importance of conserving our tiny but mighty pollinators.

THANK YOU

and hope you enjoyed reading



For More Information

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