

SANSKRITI INTERNATIONAL SCHOOL

MONTHLY

NEWSLETTER

JULY 2025



NOTE FROM THE PRINCIPAL



Dear Parents,
Namaste and warm greetings!

As the first semester comes to a close, I am reminded of a simple but powerful truth: true learning can't be forced—it flourishes when we cultivate an environment that sparks curiosity and supports growth. This has been our guiding intention these past months: to foster a space where curiosity is welcomed, challenges are met with courage, and learning extends naturally beyond textbooks and classroom walls.

We've focused on supporting every aspect of our learners' development—academically, emotionally, and socially—knowing that each plays a vital role in helping them thrive. It has been truly heartening to witness how our learners have responded to this environment with such resilience and growth.

Throughout the semester, events like quizzes, spelling bees, storytelling contests, poem recitations, and speech competitions gave learners wonderful chances to express themselves, think creatively, and step confidently into the spotlight. These activities were much more than academic challenges—they were opportunities to build courage, find their voice, and grow in self-confidence. Through them, learners strengthened skills in public speaking, presence, and resilience that will serve them well far beyond school.

This past month was marked by exciting opportunities such as the DANA Cup and the Nepal-China Youth Friendship Summer Camp—international tournaments and student exchange programs that immersed our learners in new environments. These experiences allowed them to engage with diverse cultures, collaborate with peers from around the world, and grow in adaptability, resilience, and grace.

All of these experiences, whether in the classroom, on stage, or abroad remind us of something we deeply believe in as a school community: the importance of giving our learners strong roots to belong, alongside the freedom and support to explore and grow. We have seen them take more and more ownership of their learning journey, facing challenges with empathy, flexibility, and purpose.

I would like to express my heartfelt thanks to our parents for their continued support, and to our dedicated teachers and staff, whose passion and commitment have made this semester truly meaningful. With so much still ahead, we step into August filled with excitement for new learning, fresh challenges, and moments that truly matter.

Warmest Regards,
Timila Shrestha

In Costume and Character

Sometimes, the smallest performers teach us the biggest lessons—about courage, imagination, and the simple joy of becoming someone else for a moment.

That spirit was on full display during the Early Years Fancy Dress Program, which brought the auditorium to life on July 16, 2025, with a burst of color, music, and personality. Our youngest learners, with wide eyes, bright costumes, and a surprising sense of stage presence, stepped into roles far beyond their years and delivered a performance that was anything but ordinary.

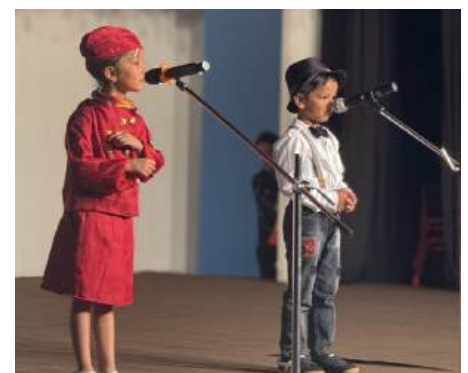
Children arrived dressed as doctors, firemen, superheroes, princesses, animals, favorite storybook characters and many more. Some marched in with stethoscopes and fire helmets, others twirled in glittering gowns or roared as lions and tigers. Each costume came with a story, and each child owned their role with pride and gleeful enthusiasm.



The program opened with a ribbon dance that painted the stage with motion and color. The umbrella dance that followed was full of playful gestures and perfectly-timed twirls, while the chair dance delighted the audience with its rhythm and unexpected flair.

Adding depth to the performance, learners recited poems—some whispered shyly, others delivered with confidence beyond their years. The musical segment, accompanied by our music teacher on guitar, was a wonderful highlight of the night. The children's voices rose and fell in cheerful unison, and the acoustic strings brought warmth and intimacy to the space. It wasn't just a performance—it was a shared moment of connection between the learners and the audience.

As the event drew to a close, the auditorium echoed with applause, laughter, and pride. It was, without a doubt, a day to remember—for the children who performed, the families who cheered them on, and all who witnessed the joyful magic of early childhood in full bloom.



The Brainwave Experience

“The brain is capable of incredible things, but it requires effort and dedication to unlock its full potential.” - Andrew Huberman

On Thursday, July 17, 2025, Grade 1 learners marked the culmination of their exciting unit, Brainwave, with their first ever Exit Point—a vibrant and engaging celebration of curiosity, learning, and discovery. With great enthusiasm, the learners confidently shared what they had learned about how the brain works and how we learn best. Their understanding was on full display as they explored and presented ideas such as: How do we keep our brains healthy? and What happens when we use knowledge and skills together?

The Exit Point was designed as an interactive experience, and the learners took the lead. They guided their parents through hands-on activities including puzzles, memory games, and mathematical challenges, actively involving them in the learning process. This collaboration not only showcased the children’s knowledge but also demonstrated their ability to apply their learning in meaningful ways. Adding a global dimension to the event, learners arrived in national and international attire, proudly representing cultures from Nepal, the United Arab Emirates, and Scotland. They shared their understanding of food, clothing, and customs from each country, fostering early reflections on cultural diversity and international mindedness.



The celebration also featured a walk through the class Art Gallery, where learners reflected on how different colors and shapes influence the way we see the world. This creative display helped reinforce the idea that our brains process visual information in unique and imaginative ways. A short skit performed by the students brought the concept of international mindedness to life, highlighting themes of respect, empathy, and global awareness. The performance added an expressive, collaborative layer to the day's activities.

From leading activities to sharing personal reflections, Grade 1 learners demonstrated not only what they learned—but how they’ve grown as thinkers and communicators. Their excitement was infectious, their confidence evident, and their pride well-earned. The Brainwave Exit Point served as a fitting conclusion to a rich learning journey—one that celebrated not just facts and figures, but the joy of understanding how we think, learn, and connect with the world.



Grade 2 Explores the Earth Beneath Their Feet

What do a cotton T-shirt, a seashell, and a chunk of granite have in common? Grade 2 learners set out to find the answer as they launched into their new International Primary Curriculum (IPC) unit, The Earth: Our Home, on Friday, July 4, 2025. With eyes wide and questions ready, they began a hands-on journey to uncover the natural origins of the everyday world around them.

The entry point activity was simple but powerful: sort real-life objects into three categories—plant-based, animal-based, and mineral-based. As learners picked up, examined, and puzzled over each item, they began to make meaningful connections between familiar things and their roots in nature. This sensory, investigative approach sparked not only curiosity, but also early appreciation for how deeply our lives are tied to Earth's resources.

As the unit progresses, students will dive deeper into concepts of sustainability and environmental impact. Through projects like creating mini habitats and exploring conservation efforts, they'll be challenged to think critically about their relationship with the planet and their role in protecting it.

With an engaging start grounded in touch and discovery, The Earth: Our Home promises to be more than just a science unit—it's a lesson in gratitude, responsibility, and the wonder of the world beneath our feet.

Reflection: Understanding begins with observation. By exploring where everyday things come from, children begin to see the world not as separate objects—but as a living, interconnected system they're a part of.



Celebrating Bhanu Jayanti: Grade 2's Heartfelt Poem Recitation

On July 9, 2025, Grade 2 learners took the spotlight with a heartwarming poem recitation event in celebration of Bhanu Jayanti, a day honoring the literary legacy of poet Bhanubhakta Acharya.

The auditorium was filled with anticipation as a distinguished panel of judges took their seats: Ms. Sheetal Rana, Chairperson of Excelsior School; Ms. Shova Dhakal, a practicing psychologist known for her warm and encouraging presence; and Ms. Manisha Sada Lepcha, Head of Early Years at Sanskriti International School. With parents, teachers, and school leaders gathered in support, the atmosphere was charged with excitement.

One by one, the young performers stepped forward, their voices clear, their expressions vivid. With gestures that matched their verses and a confidence beyond their years, they brought each poem to life—captivating the audience and earning waves of applause. Every performance reflected not just memorization, but a real connection to the rhythm and meaning of the words.



As certificates of participation were handed out, each child beamed with pride. The event wasn't just about performance—it was a celebration of culture, confidence, and community. Through poetry, learners found a voice, an audience, and a powerful reason to stand tall and speak out.

Bhanu Jayanti became more than a day of remembrance, it blossomed into a stage where tradition met young talent, and where the joy of expression was shared by all.



Poetry in the Air

"If my poetry aims to achieve anything, it's to deliver people from the limited ways in which they see and feel." — Jim Morrison

On Tuesday, July 8, the auditorium transformed into a vibrant space of expression and confidence, as grade 3 delivered heartfelt poems in both English and Nepali. The performers confidently took to the stage, each bringing their own voice and energy to the poems they had carefully prepared.

Each learner picked a poem they connected with, then spent weeks internalizing its rhythm and meaning. On competition day, they brought their words to life with clear diction, thoughtful inflection, and emotional resonance.



Evaluating these performances were three respected educators: Ms. Rohini Pradhan, Principal at Euro School; Mr. Nitesh Pradhan, Executive Director at FranklinCovey Nepal and Bhutan; and Mr. Chandra Bahadur Lama, Head of Department (Social Studies) at Sanskriti International School. They provided genuine encouragement, quick-witted observations, and notes of praise—calling attention to exceptional phrasing, expressive pauses, and overall stage presence.

With confidence and poise, learners brought both Nepali and English poems to life—capturing the dignity of Nepali verse and the playful rhythm of English rhyme. In doing so, they embodied growing mastery in both communication and cultural awareness.

Whether reciting a Nepali classic that pays tribute to the beauty of the Himalayas or an English poem exploring friendship and imagination, the Grade 3 participants shone as dedicated, expressive communicators. In every thoughtful pause, smile, or well-modulated phrase, their effort and personality were unmistakable.

The recitation highlighted each learner's



Stage, Spotlight, Stanzas!

Poetry came to life on July 2, 2025 as Grade 4 learners took the stage for the annual Poem Recitation Competition. With participation from all four houses—Rhombus, Cuboid, Prism, and Ellipse—the event was a vibrant showcase of confidence, creativity, and expressive talent.

The learners had spent weeks preparing for the event, and their dedication was evident in every performance. From the poised announcers to the enthusiastic reciters, each participant displayed remarkable stage presence, clarity, and emotion. The poems presented ranged from humorous and inspiring to deeply reflective, captivating the audience throughout the event.

What stood out most was the courage shown by all the participants—especially those who stepped out of their comfort zones to perform in front of a live audience. It was a proud moment for teachers, parents, and judges alike to witness such growth and resilience. The competition was closely contested,



with each poem carrying its own unique charm. Selecting the winners was no easy task for the judges, given the high calibre of performances and the spirit each learner brought to the stage.

The Poem Recitation Competition served as a platform for learners to build confidence, explore expression, and support one another. Events like these not only enrich the learning experience but also create lasting memories. Congratulations to all participants for their exceptional efforts and performances. You've truly made your voices heard—and celebrated the beauty of poetry in the most inspiring way.



An Immersive Journey into Space and Tech

As part of their IPC unit, Mission to Mars, Grade 5 learners recently launched into an unforgettable adventure—this time, beyond the classroom. Partnering with the Squad of Change Makers, learners explored the thrilling frontiers of space, astronomy, robotics, and flight, bringing their lessons to life in the most exciting way imaginable.

From observing real rockets and flying RC planes to peering through telescopes at distant stars, galaxies, and even the surface of the Moon, the day was packed with immersive experiences. Learners discovered the phases and features of the Moon, examined how satellites and rovers help us explore the solar system, and gained insight into the incredible technologies behind modern space exploration.

Learners explored the science of survival on Mars in depth, perfectly connecting to what they've been studying in class. Through interactive displays and hands-on activities, learners explored how humans might one day live on the Red Planet, fueling their imaginations with possibilities.

Adding to the fun was a space-themed quiz that tested their new knowledge and a surprise take-home gift: their very own mini RC planes.

We extend our warmest thanks to the inspiring Squad of Change Makers for making space feel just a little bit closer. This enriching experience not only strengthened the learners' understanding of space science but also ignited their curiosity, creativity, and dreams of reaching for the stars.

Terminology Spotlight: What's a Rover?

A rover is a robotic vehicle designed to move across the surface of a planet. On Mars, rovers like Perseverance explore terrain, collect samples, and send back photos!



The Power of Collaboration

Choreographed routines, interactive displays, and candid reflections filled the room as Grade 6 learners marked the conclusion of their IMYC unit, Collaboration on 7 July, 2025. But this wasn't just another school presentation—it was a vivid reminder of how learning comes alive when done together.

Over several weeks, learners had been delving into what it really means to collaborate—not just as a buzzword but as a live classroom reality. Group projects, paired tasks, and cross-curricular challenges stretched across Mathematics, Science, English, Nepali, ICT, and Social Studies. The Exit Point gave them a platform to share how that journey unfolded.

From slide decks and posters to performances and art, the room buzzed with energy. One group traced their teamwork through a joint art installation; another presented on group dynamics during their ICT project. Physical education routines showcased coordinated movement, while learners from



the music sessions spoke about harmony—both musical and interpersonal.

Perhaps the most striking moments came when learners spoke, unscripted, about their experiences. They reflected on awkward beginnings, clashing ideas, compromises made, and the surprising rewards of sticking it out.

The Exit Point brought together the academic and personal growth that occurred throughout the unit. It highlighted not only what learners had achieved, but how they had achieved it—through communication, cooperation, and shared effort. Well done, grade 6!



जिज्ञासा जागृत गर्दै: कक्षा ७ को IMYC Exit Point कार्यक्रम

कक्षा ७ का विद्यार्थीहरूले क्षुब्ध यूनिट Curiosity अन्तर्गत Exit Point कार्यक्रम सफलतापूर्वक सम्पन्न गरेका छन्। यो कार्यक्रम सिकाइको अन्तिम चरणको रूपमा आयोजना गरिएको थियो, जहाँ विद्यार्थीहरूले सिकेका विषयवस्तुहरूलाई रचनात्मक तरिकाले प्रस्तुत गर्ने मौका पाएका थिए।

कार्यक्रममा विद्यार्थीहरूले गणित, अङ्ग्रेजी, विज्ञान, सामाजिक अध्ययन र ICT लगायतका विभिन्न विषयहरूमा आधारित रोचक र शैक्षिक गतिविधिहरूमा सक्रिय रूपमा भाग लिएका थिए। गणितीय पहेली, शब्द खेल, विज्ञान प्रयोगशाला, डिजिटल प्रस्तुतीकरण जस्ता क्रियाकलापहरूले विद्यार्थीहरूको जिज्ञासा र सिर्जनात्मक क्षमताहरू प्रष्ट देखाउन सहयोग पुऱ्याएको थियो। यसले सिकाइलाई अझ जीवन्त र अर्थपूर्ण बनायो।

यस Exit Point कार्यक्रमले सहयोग, नेतृत्व, अन्तर्राष्ट्रिय सोच र समूहमा काम गर्ने कौशल जस्ता महत्वपूर्ण जीवन सीपहरूलाई पनि प्रवर्द्धन गरेको थियो। विद्यार्थीहरूले समूहमा मिलेर योजना बनाउने, काम बाँडफाँड गर्ने र प्रस्तुतिका क्रममा आत्मविश्वासका साथ संचार गर्ने अभ्यास गरेका थिए। यसले उनीहरूको सामाजिक र व्यवहारिक विकासमा पनि सकारात्मक प्रभाव पारेको छ।

कार्यक्रममा अभिभावकहरूको समेत ठूलो उपस्थिति रहेको थियो जसले विद्यार्थीहरूको उत्साह र आत्मविश्वासमा वृद्धि गर्‍यो। सबै पक्षको सहयोग र सक्रिय सहभागिताका कारण यो कार्यक्रम सफलतापूर्वक सम्पन्न भयो।

सामाजिक रूपमा, यो Exit Point कार्यक्रमले कक्षा ७ का विद्यार्थीहरूलाई आफ्नो ज्ञान प्रदर्शन गर्न, सोच्ने क्षमता विकास गर्न र आत्मविश्वासी बन्न मद्दत गरेको मात्र नभई, जिज्ञासा र सहकार्यको महत्वलाई पनि प्रभावकारी रूपमा प्रस्तुत गर्‍यो।



Newsroom Takeover!

On July 30, 2025, the Grade 7 learners of Sanskriti International School kicked off their IMYC unit, Communication with a dynamic and immersive Entry Point titled “Newsroom Takeover - Breaking News!” For one exciting day, their classroom transformed into a fully functioning newsroom, buzzing with anchors, field reporters, eyewitnesses, and fact-checkers all racing to deliver the scoop.

Working in small news teams, learners crafted and presented fictional stories ranging from “Strange Object Found in the Hallway” to “Grade 7 Sends Message to Outer Space!” Using props, scripts, and a whole lot of imagination, they brought these broadcasts to life in front of their peers.

This experience brought the unit’s big idea into sharp focus: “When information is shared accurately and clearly, the end result is more effective.” Through role-play, reflection, and discussion, learners explored how clarity, accuracy, and responsibility shape communication—whether in media or



everyday life—and how every communicator, from journalists to friends to global leaders, holds the power to influence understanding. The activity also fostered critical thinking, collaboration, media literacy, and creativity.

The session ended with an engaging twist. Learners were asked to guess the IMYC theme. Amid laughter and lightbulb moments, they nailed it—Communication. With their curiosity sparked and purpose clear, Grade 7 is now ready to dive deep into the unit, carrying forward the mindset of young truth-seekers and storytellers.

Behind the Broadcast

Did you know the most successful news teams aren't just good at speaking—they're great at listening? During this Entry Point, students learned that being a communicator starts with tuning in!



Embracing Challenges

“Challenges are gifts that force us to find a new center of gravity. Don’t fight them—just find a new place to stand.” – Oprah Winfrey

On August 20, 2025, Grade 8 learners celebrated their understanding of the IMYC Unit “Challenge” during a dynamic Exit Point presentation. The event provided a platform for students to explore how overcoming obstacles can foster personal growth and open up new possibilities. Learners reflected on the idea that challenges are not meant to break us, but to strengthen, elevate, and expand our potential—an inspiring message captured perfectly in Oprah Winfrey’s words.

The presentations were diverse, creative, and highly engaging, featuring a range of media including slideshows, videos, artwork, and models. Each project offered unique insights into how facing and navigating challenges can shape our lives. The innovative use of different media enabled learners to express their understanding in imaginative ways while offering a holistic view of the unit’s key themes.

Overall, the Exit Point highlighted the learners’ ability to connect theoretical concepts with practical experiences. Their thoughtful and creative projects demonstrated a deep understanding of resilience, growth, and the transformative power of challenges. The event was a true testament to the lessons they have learned: that challenges, when embraced, can become opportunities for development and self-discovery.



The Hydrogen Gas Experiment

Grade 9 learners recently brought chemistry to life in the laboratory through a fascinating demonstration of hydrogen gas preparation and testing. By combining zinc with hydrochloric acid, students successfully produced hydrogen gas—a process that showcased both precision and safety in experimental practice.

The highlight of the session was the much-anticipated “pop test,” a classic method of confirming the presence of hydrogen. When the collected gas was ignited, it produced a sharp popping sound, the hallmark of pure hydrogen. This simple yet powerful test connected theory to practice, turning abstract textbook concepts into memorable, hands-on learning.

Beyond the excitement of the reaction, the experiment emphasized the importance of careful laboratory technique and adherence to safety protocols—essential habits for all budding scientists. It was a session that not only deepened scientific understanding but also celebrated curiosity, experimentation, and the joy of discovery



The Power of Speech

“Speech is power: speech is to persuade, to convert, to compel.” — Ralph Waldo Emerson

The auditorium echoed with conviction as Grade 10 learners took the stage for Sanskriti’s annual Inter-House Speech Contest on July 1, 2025, delivering a masterclass in eloquence that left the audience captivated. With commanding presence and articulate brilliance, our young orators transformed words into powerful catalysts for reflection, showcasing exceptional research, rhetorical skill, and courage.

We applaud every participant for their outstanding performances—each speech a testament to meticulous preparation and bold ideas. Special congratulations to Prism House, crowned champions after a fiercely competitive display of persuasive artistry. Their victory celebrates the intellectual rigor and unity that define our house system.



We extend profound gratitude to our esteemed panel of judges, whose expertise elevated the competition: Chandrayan P. Shrestha (Principal, Chandbagh School), Moon Pradhan (Communication Specialist, Practical Action Nepal), and Sangita Ghotane (Communication Officer, Sanskriti International School and President of Bodhi Toastmasters). Their insightful feedback and encouragement not only honored our students' efforts but deepened their understanding of impactful storytelling.

In a world where words shape perspectives and drive change, our Grade 10 learners proved their readiness to lead with voice and vision. This event embodied Sanskriti's commitment to nurturing advocates who turn ideas into action—where every speech is a step toward tomorrow.



Nepal-China Youth Friendship Summer Camp 2025

In celebration of the 70th anniversary of the establishment of diplomatic relations between Nepal and China, Sanskriti International School, along with seven other prestigious schools from Kathmandu, had the honor of participating in the Nepal-China Youth Friendship Summer Camp 2025 – the largest student exchange program of the year. Hosted by Yinghua Academy in Tianjin, China, this immersive camp took place from June 28 to July 11, offering learners a once-in-a-lifetime opportunity to live, learn, and grow through cultural exchange.

Our journey began in Kunming, continued through the historic and vibrant cities of Beijing and Tianjin, and was filled with enriching activities, heartwarming connections, and unforgettable experiences. At Yinghua Academy, our learners stayed in the school hostel and were warmly welcomed into the heart of Chinese culture. Learners were engaged in a wide range of exciting activities:

- Traditional Chinese painting, calligraphy, and tie-dye
- Kung-fu and dance sessions that brought energy and discipline
- Learning Chinese songs and enjoying musical exchanges
- Discovering Chinese cuisine and making tea mats
- Participating in mask-making, paper cutting, and paper making
- Making new friends from various countries and forming deep bonds with Chinese peers



One of the most touching parts of the trip was spending a full day with a Chinese friend's family — cooking traditional meals together, exploring local markets, and shopping as a part of real-life cultural exchange.

The learners also had the chance to explore iconic landmarks such as the Great Wall of China, Forbidden City, and Tiananmen Square, ride the high-speed bullet trains, cruise scenic rivers, and visit the Nepal Embassy in Beijing. Each destination added a new layer of insight into China's rich history, rapid development, and deep-rooted traditions.

Throughout this transformative journey, our learners not only gained knowledge but also built bridges of friendship, respect, and mutual appreciation, becoming true ambassadors of peace and cooperation between Nepal and China.

The Nepal-China Youth Friendship Summer Camp 2025 was a celebration of unity, culture, and lifelong learning. We are proud of our learners for representing our school and country with pride and enthusiasm. May the bonds created during this journey continue to flourish in the years to come.

Did You Know?

Yinghua (迎华) means “Welcoming China” — a fitting name for a school that hosted such a meaningful exchange of cultures



6th QKS Art Exhibition Unites Young Artists

The Nepal Art Council buzzed with creative energy on Tuesday, July 22, 2025, as the 6th OKS Art Exhibition opened its doors at Madan Bhandari Road, Babar Mahal, Kathmandu. This vibrant showcase celebrates the extraordinary talent across the QKS fraternity, showcasing impressive artistic contributions that captivated attendees.

Sanskriti's Grade 8-10 artists impressed with bold, Picasso-inspired mixed media paintings, pushing boundaries in texture and form. Our Grade 6-7 learners brought Nepal's avian wonders to life through meticulous "Birds of Nepal" pieces, while the youngest talents in Grades 4-6 stole hearts with poignant renditions of "Nepal's Landscape," capturing our homeland's soul from peaks to villages. Amidst strong work from all QKS schools, Sanskriti's exceptional showcase stood out for its technical skill and creative vision.

A special note of profound appreciation and heartfelt congratulations goes to our gifted learners - their extraordinary artwork formed a defining highlight of this year's exhibition, drawing resounding praise from all visitors. The exhibition will be remembered for celebrating the heights young QKS artists can achieve!



► At the Dana Cup 2025! @Denmark

From July 21 to 26, 2025, our Under-14 football team took part in the prestigious Dana Cup in Hjørring, Denmark—one of the world's largest and most competitive youth football tournaments. This event brought together talented teams from across the globe, providing our players with a unique platform to test their skills and sportsmanship on an international stage.

Our team competed fiercely against strong opponents from Poland, Malta, and two Norwegian clubs, gaining invaluable experience against diverse playing styles. Sharing the pitch with teams from countries like Palestine and Mongolia, they demonstrated resilience and teamwork throughout the tournament.

Proudly representing Nepal, the players made a striking impression during the opening ceremony in traditional dress, showcasing their cultural heritage to an international audience. Beyond the matches,



the team embraced the spirit of the Dana Cup by connecting with peers worldwide and soaking in the vibrant atmosphere of this global sporting celebration.

The Dana Cup 2025 was more than just a competition—it was a powerful learning experience that strengthened our players' confidence, broadened their perspectives, and deepened their passion for the game. The lessons and memories gained will continue to inspire them as they grow both as athletes and global citizens.

Fun Fact:

The Dana Cup hosts more than 1,000 teams from over 45 countries each year. That means nearly 20,000 young athletes playing across 65 football fields during the week



Smashes and Serves: Sanskriti's Inter-House Table Tennis Competition

The thrill of competition filled the air as Sanskriti hosted its much-anticipated Inter-House Table Tennis Competition, the second major event of the year. With around 20 spirited participants, students competed across Middle and Senior School categories, with separate events for boys and girls, demonstrating skill, focus, and sportsmanship.

In the Middle School Boys' category, Rohan Baid from Ellipse House claimed the championship, while Hannah Gurbucharya triumphed in the Girls' division. The Senior School matches saw a repeat performance from Rohan Baid, who once again secured first place in the Boys' category, while Hritisha Shrestha emerged victorious in the Girls' division.

The competition highlighted the growing popularity of table tennis at Sanskriti, as well as the students' dedication and competitive spirit. Special thanks go to the school's head coach, Mr. Nabin Singh, whose guidance and commitment were instrumental in organizing a smooth and successful tournament. Congratulations to all participants for their enthusiasm and outstanding performance—each rally, smash, and serve reflected the energy and passion of Sanskriti learners.



Learners Battle It Out in Inter-House Chess

Sanskriti's competitive spirit came alive during the first Inter-House Chess Tournament of the year, where students from all four houses faced off in a battle of wits, strategy, and focus. Held in the Chess Room during the EC period, the event drew enthusiastic participation from both Middle and Senior School learners, turning the space into a hub of concentration and anticipation.

In the Middle School category, intense matches saw Sambhav Thulung of Rhombus House emerge as the champion, showcasing remarkable patience and tactical skill. Ruben Manandhar of Cuboid House earned the second spot with clever moves that kept his opponents on edge, while Savya Shakya of Ellipse House claimed third place, impressing with her sharp strategies and focus. Beyond the Middle School games, Senior School participants also demonstrated skill and determination, contributing to a lively and competitive atmosphere that reflected the growing passion for chess among students.

The tournament's success was made possible by the guidance of the school coach, whose support ensured smooth organization and inspired learners to give their best on every move. Congratulations to all participants and winners for their dedication and brilliant performance. What an exhilarating competition it was!



THANK YOU

and hope you enjoyed reading



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