

SANSKRITI INTERNATIONAL SCHOOL

MONTHLY

NEWSLETTER

MAY 2025



NOTE FROM THE PRINCIPAL



Dear Parents,
Namaste and warm greetings!

As the academic year progresses, May has brought a steady rhythm and renewed focus to our school community. The initial excitement of new beginnings has given way to thoughtful engagement—in classrooms, among peers, and across our wider community. We are now witnessing not only established routines but a deeper sense of purpose in our daily work.

The curriculum Nights for all the grades concluded with more than a review of plans and expectations. They were a meaningful opportunity for families and educators to connect and align on the values and intentions behind our teaching. When we come together early in the year with shared understanding, we lay a foundation of trust that supports our learners' growth. Already, this partnership is reflected in students showing greater confidence, investment, and

connection to their learning.

Our focus extends well beyond academics. May offered moments of reflection on the values that shape our school culture. Anti-Bullying Week and Diversity Week prompted thoughtful conversations around empathy, inclusion, and personal responsibility. These initiatives are essential to cultivating a school environment where every student feels seen, heard, and valued.

This month, we celebrated meaningful milestones in student growth and leadership, including the Grade 10 graduation ceremony. Congratulations to our graduates — I wish you all the best as you embark on this exciting new chapter, and I look forward to seeing all that you will accomplish in the opportunities ahead.

I would also like to extend my warm congratulations to our newly elected Student Council.

I hope you will embrace your roles with integrity, purpose, and a strong commitment to inclusive and effective leadership. Wishing you every success in the journey ahead!

At Sanskriti, our commitment remains clear: to create learning environments that are purposeful, reflective, and responsive to the world our students are growing into. This important work depends on the strength of our partnerships—with families, learners, and educators alike.

Thank you for your continued support and collaboration. Your involvement, encouragement, and trust make a meaningful difference every day, and we're grateful to have you as partners in this journey.

Warm regards,

Timila Shrestha
Principal

A Journey Through Time

Look Back Before Moving Forward: Understanding where we've been helps guide where we're going.

On May 13, 2025, our Early Years learners joyfully embarked on their new unit, "Moving Up, Moving On!" The day was infused with a thrilling time travel theme, igniting excitement as the children set off on a remarkable adventure. Their journey commenced with a guided tour of the Early Years building, where they eagerly explored a variety of interactive stations brimming with engaging activities alongside their friends. Each station was designed to foster collaboration and creativity, transforming the exploration into a delightful blend of fun and education.

In addition to their present-day escapades, the learners took a reflective journey into the past. They shared their thoughts and experiences while watching captivating videos that highlighted cherished moments from previous years. This reflective exercise not only sparked nostalgia but also deepened their understanding of their personal growth and development.

Overall, it was a day overflowing with joy, learning, and exploration, setting a vibrant tone for the exciting unit ahead. We eagerly anticipate witnessing how our young learners continue to flourish and thrive on this incredible journey!



Discovering the story of Swayambhu

On the auspicious occasion of Boudha Jayanti, Grade 1 learners embarked on their first educational trip on May 15, 2025, visiting the revered site of Swayambhunath. This outing marked a significant milestone as our young explorers stepped outside the classroom to immerse themselves in the rich tapestry of religion, culture, and tradition.

Filled with excitement, the learners eagerly ascended the steps of Swayambhu, surrounded by fluttering prayer flags and the soothing sound of temple bells. A highlight of the trip was the captivating story of Swayambhu, which left the children in awe as they learned about the hill rising from a lotus and the stupa that embodies centuries of history and spiritual wisdom.

This experience allowed learners to connect their classroom learning with the real world, deepening their understanding of history and culture. The joy on their faces reflected the success of this enriching adventure, as they embraced the beauty of their heritage.

It's easy to forget how much learners can absorb when we give them the space to explore. This trip was a small but meaningful reminder - real learning often begins when curiosity meets experience.



Exploring How We Learn

Metacognition: The awareness and regulation of one's own cognitive processes to enhance learning and problem-solving.

Guided by curiosity and enthusiasm, Grade 2 learners eagerly began their first IPC unit, Brainwave: Metacognition. Focused on understanding how we think, the classroom quickly turned into a space full of thoughtful activity and discovery.

To begin exploring their thinking processes, learners were engaged in a series of interactive tasks. "I Spy with My Eyes" sharpened observation skills, the Stroop game challenged focus and flexibility, and Kim's game tested memory. A matching activity promoted quick thinking and attention to detail.

These games led to a short but engaging discussion about the brain—its size, shape, color, and location. Their interest grew as they began to grasp how powerful their minds are. Excitement peaked when the unit title was revealed. As soon as "Metacognition" was introduced, learners eagerly asked questions and reflected on how they learn best.

We're proud to see our learners taking their first steps as metacognitive thinkers—more aware, focused, and reflective. We look forward to watching them grow in the weeks ahead.

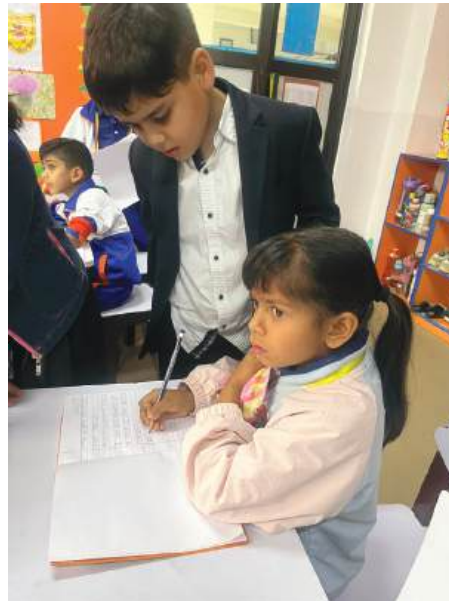


Learning, Investigated

Have you ever wondered how you learn best?

Grade 3 learners set out to find the answer by enthusiastically stepping into the roles of Learning Detectives as they began their Brainwave unit: Milepost 2 on May 14, 2025. Wearing imaginative detective attire, the learners reflected thoughtfully on their learning experiences from the first marking period, sparking rich group conversations.

At the heart of their exploration was the question, “What is learning?” Taking on their detective roles, the learners set out to investigate how learning happens across different classrooms in the school. Guided by genuine curiosity, they observed a variety of learning styles and approaches in action.



This meaningful start marks the beginning of an exciting journey as our learners grow in awareness about their own learning processes. We look forward to seeing how their discoveries will shape their thinking and approach throughout the unit.



Curious Collaborators

“Metacognition is the key to self-improvement.” – Stephen Fleming

Eager minds and a spirit of inquiry marked the start of Grade 4’s Brainwave – Metacognition unit on May 5, 2025. Their Entry Point was packed with engaging challenges—from solving puzzles and cracking math problems to answering general knowledge questions and decoding Nepali riddles—as they dived into each task with focus, enthusiasm, and curiosity.

A dynamic scavenger hunt prompted learners to actively apply personal development goals drawn from The 7 Habits of Highly Effective People. Throughout the activities, learners reflected specifically on Habit 1: Be Proactive, taking ownership of their learning, and Habit 6: Synergize, recognizing the power of collaboration. They observed how initiative and teamwork led to more effective and meaningful outcomes.

To wrap things up, learners took a quiet moment to journal about what they discovered—not just about the tasks, but about themselves as learners. A thoughtful start to what promises to be an eye-opening journey into how we think, learn, and grow.



Unlocking the Science of Thinking

Every great learning journey begins with curiosity. For Grade 5, it started with something small, familiar, and unexpectedly powerful: a walnut.

Grade 5 learners opened their unit, Brainwave: The Art and Science of Learning on May 5, 2025, by examining this humble nut—only to discover it mirrored something far more complex: the human brain. Its grooved surface and twin lobes prompted wide-eyed observations and thoughtful questions. During a think, pair, share session, learners connected this unexpected comparison to concepts like memory, cognition, and the role of healthy habits in brain function.

Building on this curiosity, the class turned their attention inward, reflecting on how they learn best. In a lively peer-to-peer exchange, learners took on the role of both teacher and learner—sharing skills such as sketching, dancing, and puzzle-solving. This collaborative exercise nurtured an appreciation for diverse strengths within the classroom, while encouraging learners to communicate clearly, take initiative, and support one another.

This hands-on, reflective beginning laid the groundwork for the rest of the unit, turning a moment of wonder into a lasting mindset. As they continue exploring how the brain learns, remembers, and grows, learners will uncover strategies to strengthen their thinking—one thoughtful discovery at a time.



Building Strong Roots: A Hands-On Journey into Compost and Soil

On May 9, 2025, our Grade 6 learners began their Green School journey with a hands-on dive into compost and soil preparation—an experience rooted in exploration and care for the earth.

This practical introduction laid the groundwork for understanding one of the most essential yet overlooked components of gardening and sustainability: healthy soil. Learners examined the process of composting and explored how organic matter transforms into nutrient-rich soil. They experimented with mixing compost, sand, perlite, and clay—learning how each element contributes to a well-balanced growing medium that supports robust plant life.

More than just a technical exercise, the session sparked important discussions about why soil health matters—not just for plants, but for the planet. Through observation and reflection, learners began to see how thoughtful soil preparation is an act of care that echoes far beyond the garden bed.

By the end of the session, learners weren't just equipped with knowledge—they were rooted in a deeper awareness of their role in supporting sustainable practices. With this first step, their Green School journey is off to a grounded and meaningful start.

Quick tip from our 6th grade learners: Remember, soil is alive. Treat it with care, and it will reward you with thriving plants and a healthier planet.



Transformations in the Lab: Understanding Sublimation with Grade 7

Sublimation is the process where a solid changes directly into gas without becoming liquid first—a fascinating phenomenon that Grade 7 learners explored firsthand in the science lab on May 13, 2025.

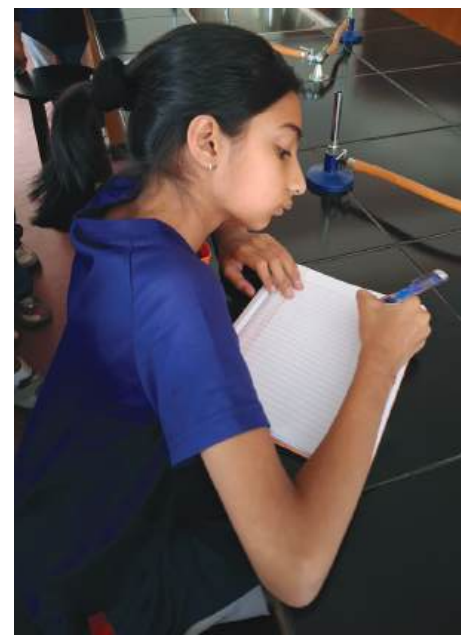
In this experiment, learners worked with a mixture of sand and camphor, carefully heating it to observe the camphor transform from solid to gas, producing visible vapor that later condensed back into solid form. This hands-on activity made the concept of sublimation tangible, helping learners grasp a process that can be tricky to understand through textbooks alone.

Alongside the scientific principles, learners practiced essential laboratory skills such as following safety protocols, handling equipment properly, and maintaining a clean workspace. Wearing safety goggles, managing hot apparatus with care, and adhering to precise instructions were key to ensuring both safety and successful results. These practices fostered a professional approach to scientific work.



Beyond observation, learners engaged their critical thinking by analyzing what they saw, drawing conclusions, and discussing the implications of their findings. This experiment not only deepened their understanding of sublimation but also sparked enthusiasm for further scientific exploration.

As the unit progresses, Grade 7 learners will build on this foundation to explore more complex scientific concepts, continuing to develop their skills as inquisitive and responsible learners.



Curiosity, Unleashed!

“Curiosity is, in great and generous minds, the first passion and the last.” – Samuel Johnson

It began with a hunt—clues tucked into colorful boxes, strange objects waiting to be examined, and riddles just begging to be solved. The school was buzzing with energy as learners set out on a mission that was equal parts challenge and curiosity.

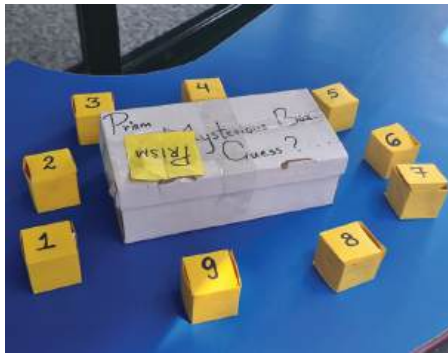
To launch their new IMYC unit, "Curiosity," on May 2, 2025, grade 7 learners took part in an interactive Entry Point activity built around the Big Idea: “The desire to know more drives exploration and aspiration.” Working in House groups—Prism, Cuboid, Ellipse, and Rhombus—they moved through a series of tasks drawn from across the curriculum, including Personal Goals, Leader in Me (LIM), Nepali, ELA, Science, and Health. Some boxes also contained unusual objects designed to prompt questions and invite exploration.



Notebooks in hand, learners navigated the school, solving riddles and collecting clues. The experience brought the abstract idea of curiosity into focus, showing how it can drive investigation, teamwork, and excitement in learning.

In the process, learners practiced essential skills like communication, resilience, and collaboration—core Personal Goals that support both academic and personal growth. Once the hunt was complete, they gathered to reflect and successfully guessed the theme of the unit: Curiosity.

This thoughtful and energetic beginning laid the groundwork for the weeks ahead, where learners will continue to ask questions, explore ideas, and follow their curiosity wherever it leads.



Embracing the Power of Challenge

Grade 8 learners began their new IMYC unit, "Challenge," on May 7, 2025 with a high-energy Entry Point that turned teamwork and problem-solving into meaningful exploration.

Based on the Big Idea—"Facing up to or overcoming barriers increases possibilities in our lives"—the Entry Point invited students to take part in a series of hands-on tasks that pushed them to think on their feet and support one another. From dribbling balls around cones and keeping balloons airborne, to transferring water with leaky buckets, each activity was designed to be more than just fun—it tested patience, collaboration, and creativity.

As the challenges unfolded, learners experienced firsthand what it means to confront obstacles. They adapted, encouraged one another, and learned to manage frustration in real time. What began as playful competition gradually revealed deeper insights about how growth often stems from struggle.



Reflection sessions that followed allowed learners to connect their physical challenges with the broader theme of the unit. Through discussion and journaling, they began identifying how barriers—whether academic, social, or personal—can become stepping stones when approached with the right mindset.

With this active and thoughtful beginning, learners are now prepared to dive deeper into the concept of challenge—not as something to avoid, but as a powerful catalyst for resilience, discovery, and possibility.

Reminder: Not every balloon stays afloat on the first try—just like not every challenge is meant to be easy. Keep bouncing back!



कक्षा १० का विद्यार्थीहरू नेपाली लोकबाजा सङ्ग्रहालयको शैक्षिक भ्रमणमा

सामाजिक अध्ययनको पाठ्यक्रमलाई अझ प्रभावकारी रूपमा बुझ्नका लागि संस्कृतिअन्तर्राष्ट्रिय विद्यालयका कक्षा १० का विद्यार्थीहरूले टेकुस्थित नेपाली लोकबाजा सङ्ग्रहालयको शैक्षिक भ्रमण गरे। यस भ्रमणको उद्देश्य विद्यार्थीहरूलाई नेपालमा प्रयोग हुने परम्परागत लोकबाजाहरूको ज्ञान कक्षाकोठाभन्दा बाहिर प्रत्यक्ष अनुभवबाट दिलाउनु थियो।

सङ्ग्रहालय भ्रमणका क्रममा विद्यार्थीहरूले विभिन्न जातजातिका मौलिक लोकबाजाहरूको अध्ययन गरे। उनीहरूले बाजाहरूको बनोट, प्रयोग, साङ्गीतिक विशेषता र ऐतिहासिक महत्वबारे विस्तृत जानकारी पाए। त्यहाँ बाजा समातेर हेर्न पाए, प्रयोग देखे र बाजा सम्बन्धी जिज्ञासाहरू विज्ञहरूसँग सोध्न पनि पाए—जसले उनीहरूको बुझाइ अझ स्पष्ट बनायो।

यस अवसरले विद्यार्थीहरूमा सांस्कृतिक विविधताको सम्मान गर्ने, सहकार्यमा काम गर्ने र अन्तरक्रियामार्फत सिक्ने सिपको विकास गऱ्यो। उनीहरूले आफ्ना धारणा साभेदारी गर्ने, अरुको विचार सुन्ने र सिकाइलाई समूहमा सुदृढ बनाउने अभ्यास गरे।

लोकबाजा जस्ता मौलिक सांस्कृतिक सम्पदाप्रति सरोकार र चासो बढाउन यस्तो शैक्षिक भ्रमणले ठूलो भूमिका खेल्दछ। पाठ्यपुस्तकमा सीमित नरही, प्रत्यक्ष अवलोकन र अनुभवबाट सिक्न पाउँदा विद्यार्थीहरूमा विषयप्रतिको चासो, जिज्ञासा र मूल्यबोध थप जाहिरिएको देखियो।



A Glimpse into Anti-Bullying Week

“No act of kindness, no matter how small, is ever wasted.” — Aesop

From April 25 to May 2, 2025, our school community united with one powerful goal: to champion kindness and foster a bully-free environment. Through meaningful activities and thoughtful reflection, learners across all grade levels explored how they can be champions of respect and inclusion. Here's a vibrant snapshot of the impactful moments that brought our anti-bullying initiatives to life!

Unit 2: Celebrating Friendship and Kindness

Our youngest learners in grades 1-4 embraced the true spirit of friendship and discovered how small acts of kindness can create big change. The highlight? The Buddy Bands activity—colorful wristbands crafted by learners symbolizing their pledge to support and stand up for each other. Through fun games and open conversations, learners practiced standing up for themselves and their friends. They also channeled their creativity into vibrant posters carrying messages of kindness and respect. These experiences empowered our learners to become inspiring role models in building a caring, bully-free community.



Unit 3: Building Empathy and Support

In grades 5-7, the focus shifted to nurturing empathy and understanding. Through heartfelt discussions, learners explored the impact of bullying and the importance of recognizing emotions—both their own and others'. They created meaningful posters reflecting their commitment to kindness and crafted personal notes to classmates, spreading warmth and encouragement throughout their classrooms. These thoughtful acts helped cultivate a culture of support where every learner feels heard and valued.

Unit 4: Taking a Stand for Kindness

Grades 8-10 took a bold and inspiring stance on kindness and inclusion. Learners signed Classroom Contracts—a promise to uphold respect and safety in their learning spaces. The Random Acts of Kindness campaign sparked simple yet powerful gestures that brightened the school environment. Working together on anti-bullying slogans, learners raised awareness and motivated their peers to take action. A moving Role Play on the Bystander Effect deepened their understanding of the courage it takes to speak up. The week reached a powerful crescendo with a Pledge Ceremony, where learners vowed to make kindness a guiding principle in their lives.

Such meaningful engagement reminds us that change is never accidental—it requires deliberate intention and the courage to stand up for what's right. Our school's Anti-Bullying Week went beyond mere activities and conversations; it was a challenge to every learner to acknowledge their role in shaping the culture they live in.

This mindset—choosing kindness over silence and inclusion over exclusion—is the foundation on which a truly safe and strong community is built. By embracing this, we don't just protect one another; we empower ourselves and each other to foster lasting respect and trust. This is the kind of change that endures, transforming not just our school, but the way we carry ourselves into the world.



Pushing Limits and Finding Peaks: The Langtang Expedition

Growth doesn't always come as a revelation—but sometimes, it hits harder on a mountain trail. From April 28 to May 4, 2025, 24 of our Duke of Edinburgh's International Award participants embarked on a transformative journey—one that was as physically grueling as it was profoundly rewarding. Their weeklong trek through the breathtaking Langtang Valley culminated at the remote, awe-inspiring Kyanjin Ghomba, perched high at 3,830 meters above sea level. This trek proved to be a transformative challenge on multiple levels.

This was far more than a hike. It was a true test of endurance, character, and teamwork. Facing steep ascents, unpredictable weather, and the challenges of high-altitude terrain, teams of five to six trekkers navigated independently, drawing on meticulous preparation, self-reliance, and deep mutual trust. Each step demanded adaptability, clear communication, and unwavering support as they pushed through fatigue and long days of relentless hiking.



In embracing these challenges, the expedition brought to life the very essence of the Duke of Edinburgh's International Award—building resilience, leadership, and confidence through meaningful adventure. While reaching Kyanjin Ghomba was a remarkable milestone, the greater triumph lies in the strength, skills, and growth forged throughout the journey.

We celebrate the courage and commitment of these young adventurers and look forward to seeing how the resilience and skills gained on this trek will shape their future journeys and adventures!

Fun fact from our participants: Yak cheese and tired legs were both local specialties in Langtang.



► Highlights from the Jay Memorial U-16 Tournament

The Sanskriti International School cricket team competed in the Jay Memorial U-16 Inter School Cricket Tournament 2082 – Session 2, on May 8 & 9, 2025, delivering a performance marked by discipline, intent, and steady growth.

Across a demanding set of matches, the players held their ground—not just by showcasing individual talent, but by adapting strategies, reading the game, and backing each other through pressure moments. The tournament offered exactly what a season opener should: a space to test strengths, identify gaps, and take ownership of their development as a team.

Their approach—measured, focused, and team-oriented—earned quiet respect on and off the field. Whether in tight finishes or tough losses, the group stayed connected, showing that resilience isn't always loud but consistently present.

We applaud the team for the effort they put in, the maturity they brought to each game, and the clarity with which they approached the sport.

Remember: Growth isn't always visible, but it's always happening.



Democracy in Action!

"Leadership is not about being in charge. It is about taking care of those in your charge." - Simon Sinek

On May 9, 2025, Sanskriti International School came together to celebrate a day that embodies the true spirit of leadership and responsibility—the Student Council Elections. This event was more than just voting; it was a meaningful exercise in democracy, vision, and community. The journey began quietly, with hopeful candidates submitting letters of intent and sharing their personal logos—symbols of their individual commitment. After thoughtful consideration and speeches before the School Director, a select group of finalists stood ready to present their hopes and promises to their peers.

When the entire school gathered to cast their votes, the excitement was palpable. From the youngest to the oldest, every student embraced their role in choosing leaders who will guide with empathy, integrity, and dedication. As results were announced, the room buzzed with pride—not only for those elected but for all who dared to step forward and lead. Their courage and commitment remind us that leadership is a promise to serve others, a shared responsibility that shapes the future. This election marked a new chapter—one filled with hope, collaboration, and the unwavering belief that together, we can build a stronger community.

Here's to democracy in action, and to the new leaders ready to shape our school's path forward!





► Caps Off to the Class of 2081!

On May 10, 2025 Sanskriti International School celebrated a momentous occasion—the Graduation Ceremony of its Grade 10 Batch 2081. The atmosphere was electric as the event kicked off with an inspiring address from the Principal, Ms. Timila Shrestha, who set a reflective and hopeful tone for the day. This gathering was not just a ceremony; it was a heartfelt celebration of achievement, growth, and the exciting new beginnings awaiting 59 bright learners.

The ceremony shone a spotlight on the remarkable accomplishments of the graduates, with awards presented for General Proficiency, Excellence, and Improvement across a variety of subjects. Special honors were also bestowed for long-term commitment and perfect attendance, recognizing the dedication and hard work of these young scholars.



As graduates took the stage, they shared their personal journeys at Sanskriti, recounting stories of perseverance, growth, and unforgettable experiences. Highlights included their participation in the Model United Nations in Japan and the transformative Duke of Edinburgh program, which left a lasting impact on their lives.

On behalf of the parents, Ms. Hasna Maharjan expressed heartfelt gratitude to the school for its role in nurturing confident and capable individuals. She praised the supportive guidance and global opportunities that have shaped the students into the leaders of tomorrow.

In a powerful moment, Chairperson Mr. Ranjit Acharya and School Director Ms. Diptee Acharya delivered inspiring messages that urged graduates to embrace future challenges with determination and purpose. Their words resonated deeply, motivating the young minds to forge ahead with courage and ambition, carrying forward the values instilled by Sanskriti as they embark on their next chapter.

This graduation ceremony was not just a rite of passage; it was a memorable blend of celebration and inspiration, marking a proud moment in the lives of the graduating class. As they step into the future, the spirit of Sanskriti will undoubtedly guide them on their journey ahead.



A Kaleidoscope of Cultures

This year's Diversity Week at our school unfolded as a vibrant celebration of cultures, traditions, and values from around the world, all connected by our shared home: Nepal. Each grade adopted two different countries alongside Nepal, immersing themselves in the rich tapestry of human life through engaging activities, creative projects, and collaborative performances. From the youngest learners in Grade 1 to the more advanced learners in Grades 9 and 10, the week was filled with opportunities to explore and appreciate the diversity that enriches our community.

In Grade 1, learners participated in the "Egg Diversity" activity, which illustrated the concept of internal sameness despite external differences. Focusing on Scotland and the UAE, they crafted national flags, watched videos, and engaged in discussions about inclusion. Grade 2 learners, exploring the UK and Pakistan, worked on jigsaw puzzles themed "We All Fit Together," symbolizing unity in diversity. Their



research on Nepal and their adopted countries culminated in group presentations that fostered critical thinking and cultural appreciation. Meanwhile, Grade 3 learners created travel brochures and cultural artifacts for a “museum” display, sparking discussions about heritage and empathy.

As the week progressed, Grade 4 learners delved into the cultures of Egypt and Japan, creating mini-booklets titled “My Culture, My Story” and contributing to a class diversity quilt. Grade 5 focused on Bhutan and Finland, engaging in country charade games and a cultural dress-up day that showcased traditional attire. The week culminated in performances that brought the spirit of Bhutanese and Finnish culture to life. Grades 6 through 8 continued the exploration, with learners crafting large mosaic flags, writing reflective pieces, and creating biodiversity posters, all while promoting sustainability and intercultural respect.

The final days of Diversity Week saw Grades 9 and 10 tackling deeper comparative themes with countries like Australia, Afghanistan, Brazil, and Canada. Their projects ranged from folktale booklets and translated poetry to economic charts and biodiversity posters, showcasing a nuanced understanding of global cultures. Throughout the week, every corridor and classroom resonated with languages, colors, music, and stories from around the globe. More than just a thematic celebration, Diversity Week served as a powerful reminder that our ability to understand, respect, and celebrate each other is what truly makes us global citizens.



Celebrating Growth, Effort & Community

Sanskriti International School celebrated its Annual Awards Day on May 22, honoring the diverse forms of success that marked our academic year. This event was more than just medals and certificates; it was a tribute to effort, progress, and the spirit of learning.

Students were recognized for their achievements, from academic excellence to personal growth, highlighting the importance of resilience and determination. A special moment was dedicated to those who met their individual learning goals, reflecting our commitment to fostering a growth mindset.

We also acknowledged the vital role of our ancillary staff, presenting long-service awards for 5, 10, and 15 years of dedicated support. Their efforts ensure a positive and efficient environment, reminding us that learning is a collective journey benefiting from every member's contribution.

Congratulations to all award recipients, and thank you to every learner for your commitment and curiosity throughout the year. Together, we celebrate not just outcomes, but the enriching process that shapes them.



Diplomathon Orientation

Sanskriti International School welcomed eager learners from Grades 5, 6, and 7 to an inspiring Diplomathon Orientation on May 23, 2025—an immersive introduction to the dynamic world of diplomacy, international relations, and global affairs.

Throughout the session, students delved into the role of a young delegate, gaining insight into how leadership, critical thinking, and effective public speaking combine to influence real-world issues. This engaging experience sparked a sense of curiosity and excitement, revealing new opportunities for meaningful global dialogue and teamwork.

Armed with fresh perspectives and growing confidence, our young delegates are now ready to embark on their Diplomathon journey—developing skills not only to speak persuasively but also to listen actively, empathize deeply, and lead thoughtfully in the sessions to come.

Next step: global leadership!



► Highlights from Our Curriculum Evenings

Throughout the month, we hosted Curriculum Evenings for Grades 2 through 9, offering parents meaningful insights into our educational vision, curricula, and key upcoming projects. These sessions fostered valuable connections between families and teachers, strengthening our shared commitment to student growth and success.

Early Years

At Early Years, parents engaged with the foundational philosophy guiding our youngest learners' development. Opening with the principal's reflection on the school's vision and mission, the session emphasized how early education lays the groundwork for lifelong learning. Parents met dedicated facilitators and toured thoughtfully designed classrooms—spaces crafted to encourage exploration, creativity, and social-emotional growth—setting the stage for a nurturing start to their children's educational journey.

Grades 2, 3 & 4

The Curriculum Evenings for Grades 2, 3, and 4 offered parents a closer look at how we blend academic rigor with holistic development. Teachers highlighted integrated projects and inquiry-based learning that cultivate critical thinking, collaboration, and curiosity. Discussions focused on personalized support systems that help each child build confidence and resilience, preparing them to navigate future challenges with enthusiasm and skill. Grades 5, 6 & 7



In sessions held on May 6th and 7th, Middle School parents explored the framework and goals of the International Primary Curriculum (IPC) and International Middle Years Curriculum (IMYC). They connected with subject teachers and learned how interdisciplinary learning fosters global awareness, creativity, and leadership. The evenings also spotlighted upcoming experiential events that enrich the academic journey, reinforcing our mission to develop active, engaged learners.

Grade 9

Grade 9 Curriculum Night provided families and educators with a comprehensive overview of our integrated approach, combining the IMYC with the National Curriculum. The evening included discussions on academic policies and interdisciplinary programs such as FAB, Art, and Robotics—designed to inspire innovation and global-mindedness. Parent representatives were selected to further strengthen the vital partnership between school and community in supporting learners' success.

We thank all parents for their ongoing engagement. Your collaboration is essential in creating a dynamic learning environment where every student can thrive. Together, we look forward to a purposeful and inspiring year ahead



Investiture Ceremony 2025: A Celebration of Leadership and Responsibility

"Everyone can rise above their circumstances and achieve success if they are dedicated to and passionate about what they do." - Mother Teresa

With this powerful quote resonating in the hearts of all present, the Investiture Ceremony of 2025 unfolded with grace and grandeur on Wednesday, May 27, 2025, at the School Auditorium. The occasion marked a significant milestone in the academic calendar, celebrating the spirit of leadership, dedication, and service.

The ceremony began with a poised and eloquent welcome by the EMCEE, Ms. Sheryl Shrestha, followed by an inspiring address by the Principal, Ms. Timila Shrestha, who emphasized the importance of student leadership in shaping the future.



A sense of pride and discipline filled the auditorium as students demonstrated their unity and coordination during the March Past and Squad Parade, symbolizing their readiness to take on new responsibilities.

The highlight of the event was the formal announcement and felicitation of the newly appointed Prefectorial Body. The Oath Ceremony was conducted by Mr. Amir Kumar Gurung, CC Coordinator. These students were entrusted with various leadership roles for the academic year, and each one stepped forward with pride as they pledged to uphold their duties with sincerity and excellence.

At the helm of this student body, Siddhartha SJB Rana and Anuva Shrestha were ceremoniously announced as the Head Boy and the Head Girl, representing the voice and vision of the student community. They were joined by a team of dedicated leaders, each chosen for their commitment, discipline, and potential to inspire their peers.



SENIOR CAPTAINS

Head Girl	Anuva Shrestha
Head Boy	Siddhartha SJB Rana
Sports Captain	Pranjan Sharma Devkota
Sports Vice Captain	Taanya Agrawal
House Captain Ellipse House	Ivan Pradhan
House Captain Cuboid House	Pratik Raj Shrestha
House Captain Rhombus House	Prajun Bajracharya
House Captain Prism House	Shreevani Shrestha
Vice Captain Ellipse House	Aarav Piya
Vice Captain Cuboid House	Devanshi Bansal
Vice Captain Rhombus House	Zuri Thapalia
Vice Captain Prism House	Priyal Singhal

JUNIOR CAPTAINS

Junior Sports Captain	Eric Pachhai
Junior Sports Vice Captain	Nirvighna Pratap Bom Malla
Ellipse House	Swara Singh Rathour
Junior Ellipse House	Vedika Pandey
Cuboid House	Naira Chhoden Ghale
Junior Cuboid House	Sara Pathak
Rhombus House	Kritarth Jajodia
Junior Rhombus House	Amani Adhikari
Prism House	Mhendoshree Neupane
Junior Prism House	Samyra Shrestha

CLASS AMBASSADORS 2025

Grade 1A	Shreeyans Rimal & Nayasha Shrestha
Grade 1B	Sabranth Maharjan & Rajvi Shahi
Grade 2A	Sameeran Shrestha & Navika Golchha
Grade 2B	Navasarena Rana & Shirish Mandal
Grade 3A	Aksha Lakhey & Samyak Agrawal
Grade 3B	Leo Singh & Asanya Basnet
Grade 4A	Vani Agrawal & Shivansh Krishna Malla
Grade 4B	Kiyansh Dabadi & Mishty Goenka
Grade 5A	Swornima Manandhar & Ekaaksh Agrawal
Grade 5B	Saimom Tamang & Samaira Basnyat
Grade 6A	Omisha Agrawal & Akshan Adhikari
Grade 6B	Suhani Jajodia & Kovid Sudedi
Grade 7A	Jayveer S.J.B. Rana & Rhedashree Thapa
Grade 7B	Rohan Baid & Prisha Shrestha
Grade 8A	Tribhuwan Bikram Shah & Aaria Sarda
Grade 8B	Aabha Regmi & Chirayu Regmi
Grade 9A	Pranjal Devkota & Riana Shakya
Grade 9B	Neevan Jajodiya & Malina Syangtan
Grade 10A	Gaurav Parajuli & Hritisha Shrestha
Grade 10B	Shiven Karmacharya & Dristi Tripathi

The ceremony concluded with a stirring and motivational speech by Ms. Diptee Acharya, who reminded the students that true leadership lies not in authority, but in service, empathy, and courage. Her words inspired every student in the auditorium to rise to their fullest potential and carry the torch of leadership with integrity.

As the newly invested leaders took their oaths, a new chapter began—one marked by vision, values, and a promise to uphold the proud legacy of the school.

Rising Star on the Pitch

We are delighted to announce a proud milestone for our school community—Debanish Jung Lamichhane has been selected to represent the Kathmandu Cricket Squad in the ACC Men's U-16 East Zone Cup 2025! This prestigious selection comes on the heels of Debanish's impressive performance during the highly competitive Closed Camp for the U-16 Asia East Zone Cup. With every delivery and innings, he demonstrated the skill, discipline, and resilience that define an exceptional athlete.

Debanish's journey to this moment has been shaped by unwavering dedication and countless hours of hard work on and off the pitch. His achievement is not just a personal triumph—it's a proud moment for his family, coaches, teammates, and the entire Sanskriti community. We celebrate his success and the values it reflects: determination, humility, and the spirit of sportsmanship.

As Debanish steps onto the regional stage, we know he carries the hopes of many and the lessons of teamwork, perseverance, and self-belief. Go get 'em, Debanish!



THANK YOU

and hope you enjoyed reading!



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