

SANSKRITI INTERNATIONAL SCHOOL

MONTHLY

NEWSLETTER

JULY 2022





NOTE FROM THE PRINCIPAL

Dear Parents, Greetings and Namaste!

This time of the month, our learners enjoyed their learning activities both indoors and outdoors. What is a school without having fun? As part of our school curriculum, it was great to see our learners enjoying their outdoor trips and coming back with good memories. The pouring rain was definitely a concern while planning for the trips. However, we have been lucky to successfully manage all the trips for this semester. After all, happy kids make all of us happy too!

I would also like to extend my felicitation to the Elementary School for their Annual Poem Recitation Program. It was definitely an honor to be a part of it and to see the young participants performing, Well Done! Thank you parents for joining us and motivating our learners.

Thank you learners for all the love that you showered on all the teachers during Guru Purnima, "Teachers Day". On behalf of all the teachers, I would like to thank you from the bottom of my heart for appreciating our effort and making teaching and learning fun for all of us. We are there because of you, for you and with you- ALWAYS!

Wishing everyone a great summer break! May you and your family have a happy and healthy summer! Happy holidays!

Best Regards,
Timila Shrestha

► EY Fancy Dress - Gita Ma'am

"Clothes make a statement, Costumes tell a story."- Mason Cooley

Early Year learners showcased their Fancy Dress on Friday, July 22, 2022. Learners were flaunting their different attires during the Program. They were excited and happy to present themselves in different unique costumes. They shared the value about their costumes confidently and also performed their dances as well as sang songs which helped them develop their communication skills and confidence level.

The little learners were dressed uniquely and creatively. They were dressed as a police officer, army officer, doctor, nurse, a flower, a witch, a businessman, and some were highly creative with their dresses such as a dress made of balloons.



► Exit Point of Brainwave - Kabita Ma'am

Grade one learners did their Exit Point on 22nd July in the presence of our Principal, Ms. Timila Shrestha, Vice Principal Amit Mantri, Coordinators, teachers, and learners from senior Grades as well. They were very excited during their classroom activities and all the learners took full participation in their first IPC Unit "Brainwave". In this unit, they learned about the brain which is a vital part of our body. They also learned about the role of neurons which helps us to convey messages to our brain regarding different situations, emotions, and feelings. Learners learned how to incorporate healthy habits into their daily lives. Similarly, they became familiar with the ways of taking care of our brains. Learners took part in an obstacle course, read and wrote about their feelings regarding knowledge, skill, and understanding, made brain and neurons art, and labeled different parts of our brain like the cerebrum, cerebellum, and brainstem as well. Most importantly learners figured out ways of keeping our brains healthy.



During practice, learners of both Grade 1A and B completed an obstacle course in our Futsal arena. They talked about how they felt prior to the activity and how they felt after the activity and they knew the role of physical exercise to keep our brain healthy. On an Exit Point day, our learners performed different physical exercises like balancing, and dripping and asked our guests to do the same and evaluate themselves and give the smiley according to their level. Likewise, there was a food station where healthy foods like apples, carrots, bananas, and boiled eggs were kept. They also gave some fruits to our guests and gave the messages to avoid junk food and eat healthy food. Another section was with a plethora of information where various drawings of the brain and a healthy brain diary were kept. In this exhibition, visitors gained knowledge regarding the brain. To sum up, This exhibition helped learners to build up their confidence, and enhance their personal goals of communicators and collaborators very well.



► Our Learning Journey - Pramila Ma'am

The main objective of this task was to share their knowledge, understanding, and skills of the unit along with activities during Entry Point, Knowledge Harvest, and Explaining the Theme with connected learning. They connected their learning with subjects like Science, LA, International, PE, Art, Health and Wellbeing, Nepal Bhasa, and Nepali. They were creative and inquisitive to showcase their talent while sharing their learning journey. They articulated the functions of the brain, its parts, and all about the brain with their artistic displays and explained how learning is making them a better learner.



They aimed to be resilient, ethical, respectful, adaptable, communicators, collaborators, empathetic and good thinkers throughout the unit. They conducted the Exit Point with confidence and mesmerized the audience with their authentic performances both in English and in Nepali languages.

► Rainforest - Shreeti Ma'am

On July 17, 2022, for the entry point, Grade 3 learners worked together to transform their classroom into a rainforest setting using recycled and craft materials enforcing 4R. That was really exciting and fun! In Knowledge Harvest, they recorded what they already know about rainforests and displayed it in the classroom with illustrations. There was an excellent display of learners' sketches and watercolors. However, there was an unexpected turn the next day when they entered the class. The beautiful rainforest was cut down, animals were caged. This represents how the rainforest is being destroyed through the actions of humans. They wrote their reflection about their feelings and now have to save the rainforest. With each new piece of rainforest knowledge they discover, a part of their rainforest will be uncovered and restored to its original glory!



They again created their own photo booth where they demonstrated their artistic skill once more by drawing beautiful pictures of rainforest animals. They wanted to share their learning journey with other learners to celebrate. They used and applied various techniques and most importantly were able to explain them.

► Trip to Swayambhunath - Deeksha Ma'am

"A nation's culture resides in the hearts and in the soul of its people." - Mahatma Gandhi.

In relation to the local curriculum 'Swayambhunath', one of the world heritage sites of Nepal, learners of Grade 4 were fortunate to visit Swayambhunath on Monday, 27th June 2022. The main objective of visiting this heritage site was to observe the surroundings and explore the places. They were enthusiastic and focused on collecting the facts about Swayambhunath. It was an insightful learning experience as the learners interacted with the local people and interviewed them which enlightened them to know the fact that Swayambhunath is a stupa and not a temple. They were also excited to see the Eyes of Wisdom and after close observation of the stupa, the learners illustrated it beautifully. They also observed a number of small temples all around the Swayambhunath. The view from the top was amazing and the learners also noted a few landmarks from the top view. Learners showcased their personal learning goals as communicators and respectful as they interacted with the visitors and local vendors.



► Brainwave: Metacognition - Deeksha Ma'am

Learners of Grade 4 exhibited their learning journey in the exit point of Brainwave: Metacognition which was held on Friday, 1st July 2022. It was based on the theme "The art and science of learning". It was an interactive showcase where many parents visited and were excited to see their children showcasing the knowledge and understanding they had throughout the unit. Some of the learners demonstrated a small skit on how to solve the conflict. It was appreciated and was requested to showcase on the stage. Similarly, the group dance which was related to Nepali was performed twice. Most of the sections were divided subjects-wise where lots of interactive games were played by the visitors. In math, an international and Hindu Arabic number system game was conducted, and SS personal learning goal and fixed mindset quiz were asked to the parents. In Nepali, a memory game was played. It was interesting to see the confidence, presentation, and demonstration shown by the learners.

It was an amazing platform for the learners to develop personal learning goals such as being adaptable, collaborator, and communicator. It was the first exhibition done by grade 4 where they learned how to adapt to the situation although the plan was changed, to deal with the questions asked by visitors, to express their learning confidently in a big mass.





Visitors were happy to visit this exhibition and gave positive feedback to these outstanding learners. In a short period of time, a simple but interactive and effective exit point was showcased by grade 4 learners.

▶ Entry point on 'ROOTS SHOOTS AND FRUITS'

Learners of grade 5 were enthusiastic to learn and explore the new unit 'Roots shoots and Fruits' where they had made a short journey stick as their Entry Point. Before they made a journey stick they were given information about the journey sticks. The learners made a short walk around the school surrounding garden. They collected some natural items like leaves of different shapes and sizes, branches, flowers, etc in their journey sticks. They seemed to be enjoying the natural environment. They even came up with ideas of using recycled materials to plant the plants where they will be planting and recording the progress of a plant in an observation booklet. 'Roots, shoots, and fruits are an exciting IPC unit and they still have many experiments to carry out.



► First Semester Assessment - Grade 6 - Rita

Assessment drives learning ~ Phil A. Newton

Learners of Grade 6 had their First Semester Assessment from July 14 to 22, 2022.

The month of July for Grade 6 had been a focused month preparing for their Assessment where learners were good thinkers and focused on hard work, revision, enquiring, solving/practicing for challenging questions and working on the feedback they have received in their previous works for improvement.



► Tailored Tradition - Priti Ma'am

"If I belong to a tradition it is a tradition that makes the masterpiece tell the performer what he should do and not the performer telling the piece what it should be like, or the composer what he ought to have composed." - Alfred Brendal

Learners of Grade 7 had a spiritual experience during their trip to the Basantapur Durbar Square, as a part of their task for the IMYC unit "Tradition". They witnessed lots of traditional cultures, monuments, and beliefs. They were also lucky to experience the glimpse of Kumari who came to bless all of us at the window. They were taken to the museum at Hanumandhoka too, where they took notes and got an opportunity to see and know all the ancient things used by the Royal Family right from the Malla period to the Shah dynasty.

They interviewed the local people of the area and gathered information about Living Goddess Kumari, the significance of Kal Bhairav, Shwet Bhairav, and many more for a better understanding of the tradition.

The learners were all enthusiastic and active throughout the field trip. They were resilient and took a keen interest in exploring the history and tradition of the past. This trip encouraged the learners to conserve and preserve our culture, taking it forward for future generations to witness and experience.



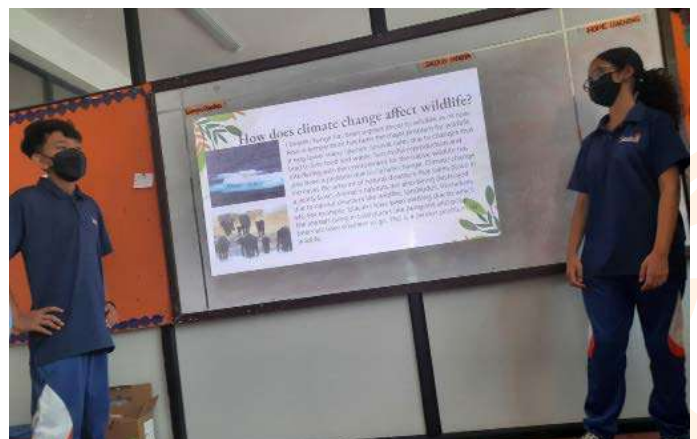
During the trip the learners implemented personal goals by showing respect to the people around them, they were good communicators as they were able to share their ideas and understanding during and after the field trip.



► Combating Challenges – Smriti Ma'am

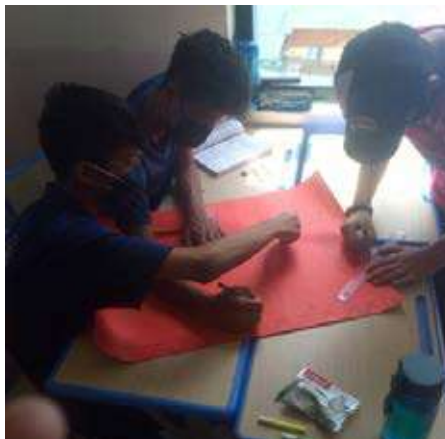
"Earth provides enough to satisfy every man's need, but not every man's greed- Mahatma Gandhi"~

Making a presentation and presenting it in the class is a beautiful way to celebrate our learners' understanding, as it enables them to delve into their personal interests and express themselves as individuals. It helps them to recall all their learnings. Our enthusiastic learners of Grade 8 reflected their understanding through a presentation on issues of Climate change as a part of their learning under Science subject through task 3 of the IMYC unit Challenge to come up with bigger ideas on combating Climate change to address the SDG goal number 13 as a part of awareness. Unlike the conventional ideas presented in the curriculum about weather and climate change, they took their understanding of the issues to a higher level by using different media projects. They also came up with ideas as to how to reduce the effect of climate change in developing countries and actions that can be taken to protect the environment. All in all the issues they addressed helped everyone in the class to rethink and use the resources wisely and to conserve them for future generations.



▶ Growing towards entrepreneurship - Min Sir

On July 22, 2022, the learners of grade 9 shared their presentations on the topics- of commission, dividend, and bonus. The learners shared their deep understanding while investing in the business and sharing their returns with their shareholders and employees. The examples they shared were based on real scenarios.



The learners analyzed the charges for buying securities in the Nepal Brokerage commission, divided policies, types of dividends, and bonus shares. While doing their presentations, the learners were well communicative, inquisitive, collaborative, and even respectful towards each other's views.

▶ थाङ्गा चित्रकला - Bishwa Sir

कक्षा १० का विद्यार्थीहरूले थाङ्गा चित्रकलाका विविध आयाम, यसको इतिहास र व्यावसायिक सम्भावनाका विषयमा कक्षामा छलफल गरेका थिए । बहु जातीय, बहु भाषिक, बहु धार्मिक, बहु सांस्कृतिक देश नेपाललाई समृद्ध बनाउने अनेक विषयमध्ये पौभा वा थाङ्गा चित्रकला पनि हो । बुद्ध दर्शन सिक्ने र सिकाउने महत्त्वपूर्ण सामग्री थाङ्गाले हाल बसेनि अरबौं रुपियाँ विदेशमा बिक्री गरेर भित्त्याएकोले यसले स्वदेशमा नै रोजगारी सिर्जना गर्ने, नेपालको मौलिक कलाको विकास हुने, नेपाललाई विश्व समक्ष चिनाउने काम गर्ने र प्रशस्त विदेशी मुद्रा आर्जन गर्ने सम्भावना रहेको कुरा छलफलबाट निचोड निकालिएको थियो । थाङ्गा कलाको उत्थानमा लाग्नु र यस्तै हाम्रा अन्य सांस्कृतिक तथा मौलिक कलालाई उजागर गर्दै जानु हामी सबैको कर्तव्य रहेको विषयका साथै नेपाली मौलिक कलाको विकास र उत्थानमा सचेतना अभिवृद्धि गर्दै सबैलाई आत्मनिर्भर र स्वावलम्बी बन्न उत्प्रेरित गर्नु नै वर्तमानको आवश्यकता रहेको कुरा विद्यार्थीले मनन गरेका थिए । अन्त्यमा विद्यार्थीहरूले समूहमा रहेर थाङ्गा चित्र कोरेका थिए ।



► School Events

POEM RECITATION COMBINED ARTICLE

“Poetry comes alive through recitation.” - Natalie Merchant

Poem Recitation is a creative means of enhancing linguistic and cognitive skills. It offers wonderful opportunities for developing language skills and gives the chance to expand the vocabulary, and practice pronunciation and fluency which makes learners more confident and competent. As a public speaking activity, it invites personal growth and oral proficiency.



Learners of Grade 1 to Grade 4 enthusiastically participated in the Poem Recitation Competition held on Tuesday, 12th July 2022, and Wednesday, 13th July 2022. The learners eloquently recited a variety of poems and thoroughly enjoyed the beauty of expression, thoughts, feelings, rhyme, action, and music of words. The recitation program inspired our young reciters to come forward and exhibit their recitation skills with confidence which captivated the attention of the audience and the judges.



Learners followed the Personal Learning Goal 'Resilience' with the aim of removing stage fear from their minds as well as enhancing their self-expression and pronunciation skills. While reciting the poem, they also acquired a deep understanding of the poem. Hence they were able to plunge into the deep meaning of poetry and recited their poems filled with emotions.



Our deepest gratitude to our esteemed Chief Judges Ms. Pratigya RL Rana, Ms. Shakila Chhetri, Ms. Alpha Maya Shakya, Mr. Krishna Dip Sigdel, and Mr. Pradip Bajracharya for their presence and valuable feedback. We also truly appreciate the presence of the parents' community and making the event successful.



► Inter-House Futsal Tournament - Prayag Sir

Games are an integral part of holistic development which directs one to be competitive while keeping the spirit of honesty and camaraderie alive. Keeping with the same, the first house competition of the year did not fail to disappoint both the spectators and players.



The 5A side futsal match demonstrated the next level of talent. It was a joy to watch the learners pass and shoot with such grace and style. During the month of July over 100 learners from Grades 3 to 10 took part in the fun-filled event.

Each game was very close and a roller coaster of emotions for everyone watching. In the end, the following houses emerged as winners.

Junior Boys (Grades 3, 4, and 5)
Middle Year Boys (Grades 6 and 7)
Middle-year Girls (Grades 6 and 7)
Senior Boys (Grades 8, 9, and 10)
Senior Girls (Grades 8, 9, and 10)

| | | |
|-------------------------|-------------------------|-------------------------|
| 1 st Ellipse | 2 nd Rhombus | 3 rd Prism |
| 1 st Cuboid | 2 nd Rhombus | 3 rd Prism |
| 1 st Prism | 2 nd Ellipse | 3 rd Rhombus |
| 1 st Ellipse | 2 nd Rhombus | 3 rd Cuboid |
| 1 st Prism | 2 nd Cuboid | 3 rd Ellipse |



All of the players should be very proud of their performances in the tournament.

► Sports Highlights

10th NSA Cup Swimming Championship

The dynamic Swimmers of Sanskriti participated in the 10th NSA Cup Swimming Championship from July 10 to 12, 2022. Wangyal Gurung (Grade 5), Sonam Gurung (Grade 5), Dolma Tsering Gurung (Grade 7), Saaswot Deep Joshi (Grade 9), and Mrinaal Deep Joshi (Grade 10) gave an outstanding performance during the competition. We would like to congratulate all the uprising swimmers for their fantastic achievements as follows:

Mrinaal Deep Joshi "U15-17" won Bronze for Backstroke and Butterfly stroke

Saaswot Deep Joshi "U 13-14" was the finalist for the Backstroke, Butterfly, and Breaststroke.

Sonam Gurung won Bronze for FreeStyle 50m, Backstroke 50m, and Breaststroke 50m

Wangyal Gurung won Silver for Freestyle 50m, Backstroke 50m, Silver- Butterfly 50m, and Breaststroke 50m

Dolma Tsering Gurung was the finalist for Breaststroke and Backstroke



► The Art of Speaking

To be able to come up on stage and speak is a challenging task for some, while for some it's like a walk in the park. Sanskriti provides "Gavel Club" as a platform where young learners can enhance their speaking skills along with writing and leadership skills.



Young Gaveliers of Sanskriti successfully conducted their 19th Gavel Club meeting with the theme “New Beginnings” on Friday, July 1, 2022. From the prepared speeches to impromptu speaking, our young Gaveliers were enthusiastic to speak. Our Senior Gaveliers while evaluating the prepared speeches were equally fantastic and kudos to all the Gaveliers who performed different roles confidently. Congratulations to our fabulous learners for their brilliant performance during the Gavel Club meeting.



THANK YOU
and hope you enjoyed reading!



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