

SANSKRITI INTERNATIONAL SCHOOL

MONTHLY

NEWSLETTER

March 2023



"A nation's culture resides in the heart and the soul of its people." -Mahatma Gandhi



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▶ NOTE FROM THE PRINCIPAL

Dear Parents, Greetings and Namaste!

March has been a busy and exciting month at our school, filled with a range of events and activities that have kept our young learners engaged and motivated.

We celebrated our School's Founders Day on March 4, 2023, which reminded us of our School's rich history and the vision of our founders in establishing an institution that would provide a quality education to learners from all walks of life. The School Magazine, "Sanskriti Manjari" was also launched along with the award distribution for Sanskriti Student of the Year and the Ski Training Course that our young learners accomplished in Kashmir.

We are also proud to announce that the learners of Grade 10, Nitisha Gurung and Reyan Raja Pun secured the First and Runner-up position respectively at the, "No Ambition Is Too Much" competition held by the International Curriculum Association (ICA), UK, in collaboration with Bucksmore Education, UK.

It is with great pleasure that I extend my heartfelt congratulations to our KG learners on their Graduation Day. The little ones have accomplished a significant milestone in their lives, and we are all incredibly proud of them. They have grown in confidence, made new friends, and developed skills that will serve them well in the years to come. The foundation they have built this year will be essential for their future academic and personal growth. On behalf of the entire school, I would like to wish our young graduates all the best as they begin a new chapter in their academic journey. We have no doubt that they will continue to thrive and make us proud and we welcome them to Grade 1!

We also recently held our Open Day programs, which provided an opportunity for the learners' families to get a glimpse into their children's talents and experience their strength of teamwork. We appreciate the ongoing support of our parents and guardians in their children's education.

As we approach the end of the academic year, it is a significant landmark for our SEE learners, and I would like to take this opportunity to wish you all the very best. You have worked hard throughout the year, and I am confident that your efforts will pay off in these exams. I want you to know that the entire school is behind you and rooting for your success. We are proud of you and believe in your abilities to achieve greater heights.

Lastly, we look forward to continuing to provide our learners with a nurturing and stimulating learning environment, and thank you for entrusting us with their education.

Best Regards,
Timila Shrestha

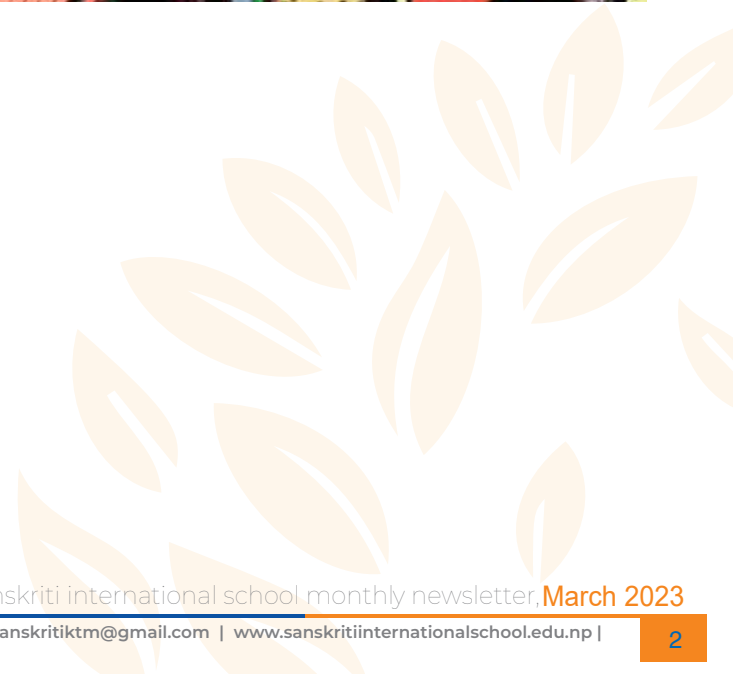
▶ Celebrating a Milestone Moment for Young Children

Graduating from Early Years is a major milestone moment. It marks the end of one chapter and the beginning of another as children move on to lower elementary school. The ceremony was filled with excitement and joy. The little ones displayed brilliant speaking skills as presenters, looking adorable as they sang and danced during the program. Everyone was overwhelmed as the KG learners were wearing their graduation gowns and hats, and walked happily across the stage to receive their certificates of completion. It was a proud moment for parents as well as the facilitators since they witnessed the children complete their first milestone. A moment of festivity where the achievements of young learners was highlighted, the ceremony also helped children build confidence and self-esteem.





A special thank you to **Mr. Kamal Jung Thapa**, father of **Saishree Rajya Laxmi Thapa**, for sharing his experience as a parent. Gratitude to all the parents for their continued support throughout the years. It was indeed a moment of celebration, reflection, and recognition.



▶ Visit to the Ghongar Carpet factory

Grade 1 learners were exhilarated to visit **Ghongar Carpet Factory**, Swoyambhu on Thursday, March 16th, 2022. They explored the materials used to make different products. The visit was an eye-opener and provided them with insights into the production process of carpets, rugs, and other textile products. As learners stepped into the factory, they were greeted by a bustling production floor filled with rows of machines and busy workers. The first thing that caught their attention was the huge piles of wool, cotton, and silk fibres. The factory employees explained that these natural fibres are the primary materials used to make carpets and rugs.



They were astonished by the intricate weaving process used to create the patterns and designs on the carpets. The workers showed them how the fibres are sorted, dyed, and then woven into intricate patterns. They were impressed by the different textures and finishes that can be achieved using these materials. As they walked around the factory, they witnessed different stages of production, from spinning the yarn to finishing the carpets. They were fascinated by the range of colours and designs that could be created by combining diverse fibres and dyeing techniques.

In conclusion, this visit to the carpet factory was an informative experience that provided Grade 1 learners with a deeper appreciation for the craftsmanship and skills required to create beautiful and functional carpets.

▶ “What’s it made of?”

Everything we touch is made up of materials. We use various materials to make different objects. Through research, our learners were able to develop skills of observing, describing, comparing, and communicating. Learners of Grade 1 blew us away with their knowledge and understanding of the IPC unit “What’s It Made Of ?” during their Exit Point on Wednesday, March 29th, 2023. The unit delivered opportunities for learners to explore through hands-on activities like - the things that make up the school environment and the materials used in making them. Learners utilised their senses to observe, describe and draw objects using everyday language to describe shape, size, colour, and touch. By observing properties and communicating ideas about their observations, learners are now able to be more aware of the materials that make up the surroundings.



▶ A day in the life

"A flower does not think of competing with the flower next to it. It just blooms."- Zen Shin

Grade 2 learners were thrilled to share the success of their recent celebration of the IPC unit "A Day in the Life" on March 24th, 2023. They demonstrated their willingness to showcase their learning journey in various forms, highlighting their creativity and enthusiasm toward learning.



The learners expressed their understanding of the unit in unique and exciting ways like drama, songs, imaginary community maps, games, chart works, and booklets. They demonstrated a remarkable connection between different subjects, articulating how their learning experiences intersect and complement each other. Throughout the unit, our learners aimed to embody the Personal Learning Goals by being a respectful communicator, collaborator, thinker, and resilient learner. They have shown these attributes in their preparations for the celebration of their learning, and working tirelessly to ensure its success. Their engagement and enthusiasm for this unit will help them grow and flourish in their academic journeys.



► Progress and achievements

Grade 3 learners organised an assembly to display their progress and achievements throughout their learning journey on 30th March 2023. They expressed their emotions and imparted valuable educational lessons as they communicated their feelings and shared insightful teachings. Highlights from their vacations, hikes, and academic success were highlighted in their presentation. Their eyes showed their pleasure and passion. They also demonstrated how they had worked to achieve their own learning objectives of cooperation, resilience, and adaptability. The students reflected on their fantastic year-long experiences together and remarked how much they would miss those times. They discussed their journey to Chitwan, where they studied animal behaviour and the diversity of cultures. They exhibited their resiliency while hiking and overcoming obstacles. The assembly featured guest speakers who shared their experiences and joy of learning, which the students absorbed in their journey. The play that they presented depicted the transition from virtual classes during the **COVID pandemic** to in-person settings. Their final act was a skillful display of dance where they performed as cheerleaders and included impressive gymnastic moves that left the audience in awe.



► The Kathmandu Valley Exhibition

The Kathmandu Valley is a vast treasure trove, brimming with a plethora of cultures, traditions, customs, languages, religions, and rituals, all intertwined like a garland made up of diverse flowers. Over the past 1000 years, the history, origin, and culture of the Kathmandu Valley have been preserved. Each temple, monument, locality, and festival holds a story or myth that has been passed down from generation to generation. It is also well-known that the city is home to several **UNESCO** World Heritage sites that showcases its ancient temples, palaces, and monuments.



To safeguard the future of The Kathmandu Valley, every Nepalese must understand its history along with its significance. For the same purpose, Grade 4 learners were engaged in several activities to understand that the responsibility of preserving the cultural richness and natural beauty of the Kathmandu Valley now lies with us, and we must take action towards its conservation. Learners became aware of the fact that the people of Kathmandu have been able to maintain their customs and traditions, keeping the city imbued with its rich history and culture, even amidst modernization and urban development.



As part of the national curriculum, Grade 4 learners enthusiastically showcased their knowledge, skills and understanding of the link between the past, present, and future at "The Kathmandu Valley Exhibition" on March 17th, 2023. Their presentation and performances highlighted the valley's rich culture, origin, and history, emphasising the importance of preserving the diverse cultures and traditions found in the Kathmandu Valley. The learners confidently demonstrated that, despite their different cultures, traditions, ethnic groups, and backgrounds, all Nepalese embrace diversity, creating a beautiful and unique community.

The learners deserve applause for showcasing the rich culture and beauty of Kathmandu Valley with great enthusiasm.

Gunla Parva

"A nation's culture resides in the heart and the soul of its people." Mahatma Gandhi

Grade 5 celebrated the Gunla procession with full excitement on March 16th, 2023. It was a splendid opportunity for the learners to present their learning and understanding of the major festival "Gunla Parva." It was a forum for the learners to showcase their understanding of the essence of our rich culture and tradition. Culture enables us to comprehend our ancestral values and offers us the deeper meaning of life. It also makes us distinctive from other parts of the world. Tradition provides a sense of belongingness and helps us feel rooted. Learners made informative booklets, wore traditional Newari clothes, and researched about the Gunla Parva. They also played the Gunla baja. It was a hands-on learning experience for the learners and they were resilient and collaborated together during the celebration.





Learners learnt and compared different festivals from the adopted countries, Finland and Bangladesh to our festival of Nepal, Gunla Parva and made different Venn diagrams. They learnt about SDG Goal 11- and related it to Gunla Parva. Learners also learnt to strengthen and put an effort to protect and safeguard Nepal's cultural and natural heritage which relates to protecting and safeguarding the world's heritage- SDG Goal 11. All in all, it was a wonderful opportunity for the learners to learn about the rich culture of Nepal.

▶ Open Day

"If everyone is moving forward together, success takes care of itself." - Henry Ford

Learners of Grade 6 performed amazingly in the **Open Day Program** on Tuesday, the 7th of March, 2023. The program started with a beautiful Maruni dance performance, followed by an English drama. Learners also sang a soothing song called *"Talking to the Moon"*, and then they performed a humorous Nepali drama giving a good message about being responsible for our own actions. The program ended with another beautiful musical performance of the famous Nepali song *"Kalo Kesh Ma Relimai"*. It was a wonderful opportunity for our learners to showcase their talents and experience the strength of teamwork for achieving a common goal.





▶ Open Day

The Open Day of Grade 7 was a spectacular event that took place on March 10th, 2023. It was an opportunity for students to showcase their talents in dance, music, and drama. The event was held in the school auditorium and was attended by parents, teachers, and fellow students.

The event began with a drama performance. The astonishing acting skill of the learners was a perfect fit on the day with the touch of hysterical history of the *Trojan War* and the great poet of our Nepal - *Aadhikavi, Bhanubhakta Acharya*. The heart-touching performance of dancers with the message of peace made all of us emotional and the musical team made our evening melodious and pleasing.

The event was a great opportunity for parents and teachers to appreciate the students' abilities and hard work. It was a day filled with joy, laughter, and celebration. Overall, the Open Day was a resounding success, showcasing the talent and creativity of the students. The audience left the event feeling inspired and impressed by the dedication and determination of the learners.



▶ National and International days that were celebrated in the month of March

“All growth depends upon activity. There is no development physically or intellectually without effort, the effort means work.” - Calvin Coolidge

It was exhilarating to watch our Grade 8 learners present during the Secondary Assembly. Our learners confidently showed information about various National and International Days that are celebrated in the month of March. They also gave an exclusive presentation on the festival *"Holi"*.

Through PowerPoint slides and speeches, our learners expressed with confidence and poise the origins and significance of the festival. They constructed a beautiful ambience with a musical performance that added to the charm of their presentation. We are proud to have witnessed a brilliant display of presentation and speaking skills by our learners.



At our school, we believe in nurturing well-rounded individuals who excel in all aspects of life. It is heartening to see our learners showcase their talents and abilities with such enthusiasm and confidence. We are confident that our learners will continue to thrive and excel in all their endeavours. We extend our heartfelt congratulations to our Grade 8 learners and their teachers for putting up such an impressive performance. We are proud of each and every one of them and look forward to many more such accomplishments in the future.

गोस्ट स्पिकर सेसन

गोस्ट स्पिकर सेसन मार्च ३, २०२३ मा संस्कृति इन्टरनेसनल स्कूल कक्षा नौका विद्यार्थीहरूको लेखक कृष्णप्रसाद सिग्देलसँग कथा लेखन सम्बन्धी प्रशिक्षण कार्यक्रम भएको थियो । सेकुवा उपन्यासका लेखक कृष्णप्रसादले विद्यार्थीहरूलाई कथालेखन सम्बन्धी आधारभूत प्रशिक्षण दिएका थिए । उनले कथाको परिभाषा, कथाका तत्वहरू र कथाले प्रदान गर्ने नैतिक शिक्षाका विषयमा जानकारी दिएका थिए भने उनले दिएका निर्देशनका आधारमा कार्यक्रमको बिचमा नै विद्यार्थीहरूले कथा पनि लेखेका थिए । परीक्षा प्रयोजनका लागि नेपाली भाषामा गद्य लेख्दा कति समयमा लेख्न सकिन्छ र कति अनुच्छेदमा लेख्न सकिन्छ भन्ने कुराको जानकारी दिनुका साथै समयको व्यवस्थापनका विषयमा पनि जानकारी उपलब्ध गराएका थिए ।

Open Day

“When you’re educated, it allows you to be more worldly. It’s more than just what happens in a classroom.” – Jalen Rose

Grade 9 learners showcased their talents during the Open Day held on March 14th, 2023. The Open Day was a complete package with musical performances, and dances along with English and Nepali Plays. The learners who performed in an English play named **“A Play That Goes Wrong”**, displayed their acting ability and their sense of humour in a marvellous way which without a doubt made the audience enjoy. Similarly, the Nepali Play **“Guruaama Nepalki”** depicted Nepali History which included a short part of the Unification Campaign by the great King Prithvi Narayan Shah. All the actors gave their best performances and made the play a great success. The audiences were spellbound to hear the astounding poem recited by our own Bardaan Shrestha.

It was wonderful to see all the audience and guests captivated by all the exhilarating performances.





▶ SEE Examination

The SEE exam is a crucial step in the academic journey as it serves as a gateway to higher secondary education. It is a high-stakes test that can have a significant impact on the future academic and career prospects of our learners. It requires careful preparation, hard work, and dedication. The examination starts on the 31st of March, 2023 and this year's grade 10 learners are our 5th batch giving the SEE examination. Grade 10 learners were encouraged to prioritize their exam preparation in the coming weeks. Learners should revise their syllabus thoroughly, practice past papers, and seek help from teachers whenever needed. It is also important to take care of their health and well-being during this period by getting enough sleep, eating healthily, and engaging in physical activities. We wish all Grade 10 learners the best of luck in their upcoming SEE exams. We are confident that they will do their best and make us proud.



▶ Practical Examination

The grade 12 practical examinations for Chemistry, Biology, Physics, and Computer were held on March 27th, 28th, and 29th. This exam is an essential part of the board examination and helps to evaluate the student's practical knowledge and understanding of the respective subjects. The External Examiner, who came from the **National Examination Board (NEB)**, was responsible for supervising the examination. NEB is the main examination board in Nepal and is responsible for conducting board exams at the secondary and higher secondary levels.



During the practical examination, the students were required to perform experiments and demonstrate their theoretical knowledge of the subject. The External Examiner checked their notebooks, which contained their practical work and observations and the theoretical concepts they had learned throughout the academic year. In addition to checking their notebooks, a viva or an oral examination was held for each respective subject. The viva allowed the External Examiner to assess the student's understanding of the subjects and the ability to articulate their knowledge. Based on the experiments the students performed, their notebooks, and the viva examination, the External Examiner will provide the students with their final Practical marks in the board exam. These marks will contribute significantly to their overall score in the respective subject. The practical examination is an important component of the board examination as it helps to assess the student's practical knowledge and understanding of the subject. We wish all the students who appeared for the practical examination the best of luck for their upcoming board exams.

▶ “No Ambition is too Much”

The International Curriculum Association (ICA), UK, in collaboration with Bucksmore Education, UK, recently offered an exciting and unique opportunity for young learners through the “No Ambition Is Too Much” competition. This sponsored competition provided a platform for young, ambitious minds to pitch their creative ideas that promoted positive action related to any one of the 17 Sustainable Development Goals (SDGS).

Two participants from Sanskriti International School, Nitisha Gurung, and Reyan Rajan Pun, from Grade 10, dived into the competition with well-thought-out and structured project presentations. We are proud to announce that Nitisha Gurung’s aspiring presentation, which focused on the SDG4 “Quality Education,” secured first place, while Reyan Rajan Pun secured the runner-up position in this competition.



As a reward, Nitisha has been offered an all-expenses-paid, two-week placement on the Bucksmore Young Leaders summer course held at the Tonbridge School, England, which also includes travel costs, transportation, accommodation, and tuition fees. Meanwhile, Reyan has been offered an exclusive 10% discount off any of the academic short courses provided by Bucksmore Education.

This is an amazing opportunity for both Nitisha and Reyan to develop confidence and leadership skills, expand their knowledge and experience, and also make new friends from around the world. The courses that they will be taking will surely aid in pursuing and exploring their passions on a deeper level.

Nitisha and Reyan have already started crafting their own path toward an incredible future, and this experience will be both inspiring and empowering for the two dynamic learners. We extend our best wishes and applaud them for their achievements.

► SIS Golden Z Club: Featured Fractured Stories

"Creativity is intelligence having fun." - Albert Einstein

Starting with a 'What if ?,' Grade 9 learners had a session on Fractured Stories with Zontanian, Ms Meekha Mathema which was organised by SIS Golden Z Club in partnership with Zonta Nepal on March 17th, 2023, in Sanskriti. The session's major goal was to combat stereotypes while injecting a dash of imagination to drastically alter the fiction they read as children. It was fun to watch them imagine their own prince and princess in their own ways. As they were eager to express their creativity by developing their own characters and fusing them with their fancies, this exercise encouraged critical thinking in our learners.



This served as a great critical thinking activity for our learners since they were excited to spill their creativity by creating their own characters and mixing it up by modifying traditional stories and adding their own unique twists. It's also a great way to challenge assumptions and stereotypes that may be embedded in traditional stories. Overall, the Fractured Stories session was a great success in terms of promoting creativity, critical thinking, and challenging stereotypes. The learners had fun and continued to explore their creativity in new and exciting ways as they work on their stories.



▶ Founder's Day

Sanskriti International School celebrated 'Founders Day' - the 13th Anniversary on Saturday, March 4th, 2023, with great enthusiasm and fun. The formal program went smoothly, with the launching of the School Magazine "Sanskriti Manjari". The award distributions for the Sanskriti Student of the Year and the Ski Training Course that the young learners went through at Kashmir were conducted wonderfully. With live musical performance by our learners and staff members, mesmerising dance performance, exhilarating game stalls, delicious food, and a raffle ticket draw, it was a fantastic day to see the entire school community of learners, teachers, staff, parents and well-wishers come together and create a festive atmosphere. Sanskriti also made a charitable donation of one lakh rupees to Hospice, Nepal as Hospice Nepal is doing an excellent job in providing palliative care and support to terminally ill patients. The school is honoured to be able to contribute to its cause. Heartfelt gratitude to our Chief Guest *Dr. Rajesh Gongal*, Vice Chancellor at the Patan Academy of Health Sciences, Lalitpur.





► Sports: White to Orange (Shito-ryu)

Our learners from grades 1-7 received their orange belts as they had trained hard and practised. The belt denotes a system that ranks martial artists based on their skill level, experience, and competence. On the 28th of February, 2023, they were assessed by former national coaches, players and referees for their grading from white to orange belt. They were required to showcase different kata - detailed choreographed patterns of martial arts movements. All the learners were rhythmic, confident and excited to showcase their techniques and skills.



THANK YOU

and hope you enjoyed reading!



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