

SANSKRITI INTERNATIONAL SCHOOL

MONTHLY

NEWSLETTER

JULY 2024



NOTE FROM THE PRINCIPAL



Dear Parents, Greetings and Namaste!

As we wrap up the First Semester, I am delighted to share the wonderful moments and achievements that defined July for us and the ways we are gearing up to support our students' overall growth and development.

We kicked off July with our Elementary Poem Recitation, honouring the great poet Bhanubhakta. Our young learners truly shone as they recited their poems with such passion and skill. It was heartwarming to see their dedication and to witness the support from all of you. A big thank you to the parents who cheered them on and to the judges who encouraged our students with their presence.

Another joyous occasion was our Alumni Meet, where we officially launched the Sanskriti International School Alumni Association. It was a special moment reconnecting with former students and celebrating the beginnings of this new chapter. We're excited about the future of this association and the opportunity it presents to stay connected with our alumni.

July also brought us the Inter-House Debate and Speech Competitions, where our students truly impressed us. Their arguments and speeches were not only thought-provoking but also showcased their ability to think critically and speak eloquently. It was a pleasure to see their hard work and preparation come to life in such a powerful way.

In addition to these events, we completed our First Semester Assessments. These assessments are crucial as they provide us with valuable insights into

each student's progress. The results will guide our teaching and learning practices, ensuring that we meet the individual needs of our students and help them achieve their full potential. It's worth noting that our Grade 4 students experienced formal examinations for the first time, a significant milestone in their academic journey. We are proud of how they handled this new experience and are committed to supporting them as they continue to grow.

Safety remains a top priority for us, and this month's Earthquake Drill was a reminder of our commitment to being prepared. The drill went smoothly, thanks to the enthusiastic participation from our students and staff. It is reassuring to know that we are ready to handle emergencies effectively, and it's all part of our ongoing dedication to keeping everyone safe.

These events show the wonderful teamwork and enthusiasm of our school community. I am so proud of everything we've accomplished together and look forward to all the exciting things yet to come.

Thank you, as always, for your support and for being an integral part of our school's journey. Together, we continue to make Sanskriti International School a place where excellence and safety are at the heart of everything we do.

Wishing everyone a joyful and relaxing summer vacation!

**Warmest regards,
Timila Shrestha**



Early Years Fancy Dress Programme

The first program of the Early Years for the year 2024-25, the 'Fancy Dress Program,' was held on 17th July 2024. This event embraced cultural diversity, exploring themes of Joint and Nuclear families and their favourite attires, connecting seamlessly with our first unit, 'This is Me.' It provided an excellent opportunity for learners to enhance their creativity, imagination, vocabulary, and language skills. Moreover, it helped build their confidence and encouraged them to perform independently.

The event was a delight, featuring children in glittering costumes participating in a ramp walk, singing songs, and enthusiastically dancing. Seeing the young ones showcase their talents with such zeal was heartwarming.

The program proved to be a significant learning experience for the learners, offering them a platform to explore their hidden talents. The event concluded with encouraging words of appreciation for the admirable performances of the children and the efforts taken by their parents.



▶ *“Light is not just something that illuminates; it is the source of life.”- Albert Einstein.*

Learners of Grade 2 had an exciting Entry Point on the IPC Unit “Seeing the Light” on Wednesday, 3rd July 2024. The class setup was transformed into a dark room so the learners could experience the absence of light and appreciate the darkness. This environment allowed them to understand how their eyes adapt to the darkness, setting the stage for engaging activities centred around the theme ‘Light and Dark.’

Throughout the Entry Point, the learners participated in various hands-on activities designed to deepen their understanding of light and its importance. They observed different types of light sources and evaluated their effectiveness in dispelling darkness. One of the highlights was a thrilling treasure hunt, where learners used light sources like a candle and a torch to find hidden objects, reinforcing their new vocabulary and concepts.



The learners were resilient, collaborators, adaptable, communicators, and thinkers during these activities. They worked together to find the words and share insights, demonstrating the true spirit of teamwork.

The learners experienced and realised how important light is when finding things in the dark. It was one of the fun activities for them.

By the end of the day, the learners shared their experiences and reflections in a journal, capturing their reflections on light and dark and their role in their lives.



Bhanu Jayanti-Poem Recitation Competition

“Poetry is the rhythmical creation of beauty in words.” -Edgar Allan Poe

On Saturday, July 13th, our school celebrated Bhanu Jayanti with a delightful poem recitation featuring learners from Grades 1 to 4. This annual event highlights our co-curricular activities, providing students a platform to showcase their talents and practically apply classroom learning.

The event began with enthusiastic performances from our 1st-grade learners, who recited their poems with impressive confidence, gestures, and voice modulation. Their excitement was palpable, and seeing such young learners express themselves so beautifully was heartwarming. Grade 2 reciters then captivated the audience with charming renditions of English and Nepali poems and group poems, reflecting their resilience and collaboration.



The excitement continued with learners of Grade 3, who showcased their growing skills and creativity in recitations. Their performances demonstrated their understanding of the poems and their ability to bring the words to life. Finally, fourth graders concluded the event with advanced and expressive performances, ending the day with poetic brilliance and enthusiasm.

We were honoured to have distinguished judges for the event: Miss Seema Golchha, Miss Tathata Manandhar, and Mr. Amir Kumar Gurung for Grades 1 and 2; and Miss Anita Gurung, Miss Samantha RL Shah, and Miss Sheryl Shrestha for Grades 3 and 4. Their expert evaluations added a special touch to the program.

The program ended with a round of hearty applause, marking a memorable day of learning and celebration. Congratulations to all our young reciters for their fantastic performances. We look forward to more such enriching experiences in the future. Special thanks to the judges for taking the time on a Saturday to grace their presence and support our learners.



भानु जयन्तीको अवसरमा कविता वाचन प्रतियोगिता सम्पन्न

मिति २०८१/०३/२८ गते सधैँका वर्षजस्तै भानु जयन्तीको पूर्व सन्ध्यामा कक्षा ५ का विद्यार्थीहरूले अङ्ग्रेजी र नेपाली छन्द कविता वाचन प्रतियोगिता सम्पन्न गरेका छन्। अतिथिहरू विनय वैद्य र विवेक वीर पाण्डे लगायत विद्यालय निर्देशक, विद्यालयका प्रधानाध्यापकले दीप प्रज्वलन गरी प्रतियोगिताको उद्घाटन गर्नुभएको थियो। विद्यालयकी प्राथमिक तह शिक्षक सञ्जिता आचार्यले भानुभक्तले अनुवाद गरेको रामायणको श्लोक वाचनबाट कार्यक्रम सुरु भएको थियो। यस विशेष अवसरमा कक्षा ५, क, ख, र ग का क्रमशः रातो सदन, नीलो सदन, पहेँलो सदन र हरियो सदन गरी चारै सदनका विद्यार्थीहरूले उत्साहका साथ भाग लिएका थिए। साथै उनीहरूले नेपाली र अङ्ग्रेजी दुवै भाषाका समूह कविता पनि वाचन गरे।

प्रतियोगितामा विद्यार्थीहरूले विभिन्न विषयवस्तुमा आधारित सुन्दर कविताहरू प्रस्तुत गरे, जसमा प्रकृति, देशभक्ति, बाल मनोविज्ञान, तथा अन्य विविध विषयहरू समेटिएका थिए। प्रतियोगितामा विद्यालयका तर्फबाट माध्यमिक तहका कोअर्डिनेटर श्रोमोना शाह र विद्यालय बाहिरबाट विनय वैद्य र विवेक वीर पाण्डे गरी तीनजना निर्णायकहरू हुनुहुन्थ्यो। उहाँहरूले विद्यार्थीहरूको प्रस्तुति, छन्द, र भाव अभिव्यक्तिलाई आधार मानी मूल्याङ्कन गर्नुभयो। निर्णय गर्न निकै चुनौतीपूर्ण भए पनि निर्णायकहरूले निष्पक्ष रूपमा आफ्नो निर्णय सुनाउनुभयो।

प्रतियोगिताको अन्त्यमा क्रमशः प्रथम, द्वितीय, तृतीय र चौथो स्थान प्राप्त गर्ने विद्यार्थीहरूलाई प्रमाणपत्र वितरण गरियो। यस प्रकारका कार्यक्रमहरूले विद्यार्थीहरूको भाषा तथा साहित्यिक क्षमता अभिवृद्धिमा महत्वपूर्ण योगदान पुऱ्याउँछ। साथै, यस्ता गतिविधिहरूले विद्यार्थीहरूको आत्मविश्वास बढाउने र उनीहरूलाई आफ्ना प्रतिभा प्रस्तुत गर्न प्रोत्साहित गर्ने उद्देश्य राख्दछ। यसरी, भानु जयन्तीको पूर्व सन्ध्यामा गरिएको यो कविता प्रतियोगिता विद्यार्थीहरूका लागि अत्यन्तै सफल र प्रेरणादायक रह्यो। प्रतियोगिताको समापनमा प्रमुख अतिथि विनय वैद्यज्यूले कार्यक्रमको प्रशंसा गर्दै विद्यार्थीहरू आफैँले उद्घोषण गरी सञ्चालन गरिएको यस किसिमको कार्यक्रम नमूनाका रूपमा लिएको बताउँदै बालबालिकाहरू सक्षम बनाउन विद्यालयका साथसाथै अभिभावकले पनि महत्त्वपूर्ण भूमिका खेल्नुभएकोमा अभिभावकप्रति धन्यवाद ज्ञापन गर्नुभयो।



Inter-House Debate Contest

On Wednesday, July 3, 2024, the Grade 7 Inter-House Debate Contest in English and Nepali captivated audiences with insightful discussions and impressive rhetoric. The event featured dynamic motions that sparked rigorous debate among participants.

In the English debate, Uwan Shrestha and Raniashree Rajyashwori KC advocated the motion "Is it more effective for individuals or the government to take action against Climate change?" Their opponents, Aabha Regmi and Tribhuwan Bikram Shah, presented compelling arguments against it. Meanwhile, in the Nepali segment, Chirayu Regmi and Kashvi Chand passionately defended the motion "सामाजिक सञ्जाल वरदान हो कि अभिशाप हो।" Swornim Giri and Samar Man Singh Basnyat countered with solid opposing viewpoints.



Throughout the contest, participants displayed unwavering passion and enthusiasm, supported by their remarkable presentation skills and the clarity of their arguments. Swornim Giri was awarded the title of Best Debater in recognition of his outstanding performance.

Notably, both teams opposing the motions emerged victorious, underscoring the contestants' depth of talent and diverse viewpoints. We extend heartfelt congratulations to all participants for their exemplary performance and dedication.

Special thanks go to the parents for their unwavering support and to our esteemed panel of judges: Mr. Binay Vaidya, Ms. Euden Koirala, and Mr. Bishwa Sigdel, whose expertise and steadfast commitment to fair assessment enriched the competition. This event exemplified the intellectual inquiry and collaborative learning spirit that defines our school community.



अन्तर सदन कथा वाचन प्रतियोगिता सम्पन्न

विक्रम सम्बत २०८१ असार १७ गते सोमवारका दिन यस संस्कृति इन्टरनेसनल स्कूलका कक्षा ९ का शिक्षार्थीहरूको अन्तर सदन स्तरीय अङ्ग्रेजी र नेपाली दुवै भाषामा कथावाचन प्रतियोगिता भएको थियो। उक्त कथा वाचनमा निम्न शिक्षार्थीहरूले सहभागिता जनाएका थिए।

Rhombus	“The Mystery Unraveled” Manariddhi Rana	हिमानी गोयल सचेत नहुँदा
Cuboid	Ariana Sthapit “58 Floors”	प्रतिक राज श्रेष्ठ मेरो सङ्घर्षको कथा
Ellipse	Bianca Gubaju “Shadowed Innocence”	प्रभासना मानन्धर पृथ्वी हल्लेको दिन
Prism	Gaurav Parajuli “Reaper’s Night”	ऋतिषा श्रेष्ठ स्वर पुष्पको जादु



माध्यमिक विद्यालय संयोजक श्रीमोना थापा शाहज्यूको संयोजकत्वमा आयोजना भएको उक्त प्रतियोगितामा विद्यालयका प्रधानाध्यापक, सहप्रधानाध्यापक साथै अभिभावक तथा सम्पूर्ण कक्षा ९ का शिक्षार्थीहरूको सहभागिता रहेको थियो। निर्णायक मण्डल मनिष जैन, अनुष्का पौडेल र चाँदनी घिमिरेको निर्णय अनुसार अंग्रेजी कथा वाचनतर्फ “Reaperus Night” शीर्षकको पहेंलो सदनबाट गौरव पराजुली प्रथम र “Shadowed Innocence” शीर्षकको हरियो सदनबाट विण्डका गुवाजुले द्वितीय स्थान हाँसिल गरेकी थिइन्। त्यसैगरी नेपालीतर्फ “स्वर पुष्पको जादु” शीर्षकमा पहेंलो सदनबाट ऋतिषा श्रेष्ठ प्रथम र “सचेत नहुँदा” शीर्षकमा रातो सदनबाट हिमानी गोयल, “पृथ्वी हल्लेको दिन” शीर्षकमा पहेंलो सदनबाट प्रभासना मानन्धर द्वय द्वितीय स्थान हाँसिल गरेका थिए। त्यसैगरी अंग्रेजी र नेपाली दुवै भाषाबाट उत्कृष्ट कथा वाचकको उपाधि ऋतिषा श्रेष्ठले प्राप्त गरेकी थिइन्।

पुस्तकहरूमा मात्र कथा पढेका विद्यार्थीहरूले स्वयं कथा रचना गरी वाचन गर्दा उनीहरू भित्र रहेको सिर्जनात्मक क्षमताको उजागर भएको देखिन्छ। यस्तै प्रतियोगिताहरू समय समयमा हुने गरेमा शिक्षार्थीहरूको सिर्जना कौशलको वृद्धि हुनेछ। साथै कार्यक्रम आयोजक, प्रधानाध्यापक, सहप्रधानाध्यापक, सहभागी शिक्षार्थीहरू र उपस्थित अभिभावकहरूमा आभार प्रकट गर्दछौं।



A Celebration of Words and Connections: Inter-House Speech Competition

Public speaking isn't just about delivering words; it's about forging connections, sharing compelling ideas, and leaving a lasting impression. Grade 10 of Sanskriti International School soared to new heights this year, weaving the power of quotes into their speeches and lessons with their unique flair. Witnessing them empower others with their words, giving us all goosebumps, was the heart and soul of the Grade 10 Inter-House Speech Competition. Held on the 5th of July, 2024, the competition featured learners showcasing their oratory skills in Nepali and English. The event highlighted the importance of bilingual proficiency and cultural pride, encouraging learners to effectively articulate their thoughts in both languages.



The competition was a testament to the learners' ability to deliver compelling ideas with confidence and passion. Their speeches, infused with powerful quotes, ranged from personal anecdotes to societal issues, resonating deeply with the audience. The learners' passionate delivery and heartfelt words demonstrated their mastery of public speaking and their potential to inspire and bring about change. The Grade 10 Inter-House Speech Competition was a celebration of the power of words and a reminder of the incredible impact young minds can have through eloquent and impactful communication. In the competition, Angel Maharjan from Rhombus House, Areena Bania from Prism House, and Avaani Kaya Gurung from Ellipse House stood in first, second, and third positions in the English Inter House Speech Competition. In contrast, in the Nepali Inter House Competition, Shreyashi Poudyal from Prism House, Rakshya Silwal from Cuboid House, and Bihani K.C. from Rhombus House stood in first, second, and third place, respectively. Angel Maharjan from Rhombus House also bagged the Best Speaker award in the competition, and the Best House winner was tied between Prism and Rhombus House.



Earthquake Drill

Sanskriti International School conducted a highly successful earthquake drill on Thursday, July 4, 2024, underscoring the importance of safety and preparedness within the school community. The drill was meticulously planned and executed, ensuring all safety protocols were followed.

The mock drill provided a realistic simulation of an earthquake scenario, allowing students and staff to practise their emergency response procedures in a controlled environment. Comprehensive planning and preparation were evident, as everyone knew their roles and responsibilities, contributing to the smooth execution of the drill.

From the youngest learners in the Early Years to the senior students in Grade 12, every school community member participated in the drill. At the sound of the alarm, learners and staff promptly evacuated their classrooms and gathered in the designated assembly area outside the school. Their orderly and efficient movement highlighted the effectiveness of the training they had received.



Academic administrative guided the learners, ensuring everyone remained calm and followed the established safety protocols. The drill also included a headcount to verify that all learners were accounted for, and all the respective teachers were seen holding the green card from the first aid box, which is present in every class. This reinforced the importance of thoroughness in emergencies.

The successful completion of the earthquake drill demonstrated Sanskriti International School's unwavering commitment to the safety and well-being of its students and staff (academic, administrative, and support staff). Such exercises are crucial in preparing the school community to respond swiftly and effectively in a real earthquake, thereby minimising risks and ensuring everyone's safety.



Learning crucial techniques in the world of Science

Learners from Grade 6 immersed themselves in the practical applications of filtration, magnetic separation, and chromatography—all essential techniques for science.

Learners began with filtration, which uses filter paper to separate solid particles from a liquid. They observed how different sizes of particles can be captured by the filter paper, leaving behind a clear liquid. Next, learners explored magnetic separation. Using magnets, learners could separate iron filings from a mixture of iron and non-magnetic substances. They witnessed how magnets selectively attract certain materials, making this method ideal for recycling and mining operations.



Lastly, learners engaged in chromatography, a technique that separates mixtures into individual components based on their ability to move through a medium. They used a fun activity from Karkhana to separate colours in ink, revealing the hidden pigments.

Throughout these experiments, all the learners demonstrated outstanding curiosity and teamwork. Their enthusiasm and insightful questions made exploration even more enriching!



Olympic Art Projects

As the world eagerly anticipates the 2024 Olympics, students from Sanskriti International School have been channelling their excitement into engaging art projects. These activities ignite their creativity and deepen their understanding of the Olympic Games.

Under the IPC Units, the themes explored were:

- Olympics: Bringing Home Bronze - Milepost 1
- Olympics: Success with Silver - Milepost 2
- Olympics: Going for Gold - Milepost 3

Grade II learners embarked on a fascinating journey by designing the Olympic torch. This project allowed them to explore different shapes and colours, fostering a deeper appreciation for the symbolic elements of the torch.



Grade III learners took on the challenge of designing the iconic Olympic logo. Through this activity, they learned about the significance of the five rings, each representing a different continent and the colours that unify them.

Grade IV learners delved into the world of lines and objects, gaining insights into the fundamental principles of geometry and visual representation. This hands-on experience helped them understand how these elements combine in artistic expression.

Grade V learners took a historical approach by drawing the Colosseum, the grand amphitheatre of ancient Rome. They learned about its architectural significance and role as a venue for sporting events, drawing parallels to the modern Olympic Games.

These creative projects have enriched the students' artistic skills and instilled in them a sense of global unity and the enduring spirit of the Olympics.



Guru Purnima Celebration

The Sanskriti Student Council organised the Guru Purnima (Teacher's Day) celebration, which was a truly memorable event! The day was filled with joy and appreciation as students expressed their gratitude towards their teachers in various heartfelt ways.

The event began with a warm welcome from the students, who presented thoughtful gifts to their teachers, symbolising their respect and admiration. The air was filled with excitement as students performed a series of fantastic dance and song performances, each one meticulously rehearsed and executed with enthusiasm and passion.



The celebration's highlight was a moving speech by the head of the Student Council, who eloquently spoke about the significant role teachers play in shaping their students' lives and futures. This sentiment resonated deeply with everyone present, creating a profound sense of community and appreciation.

A heartfelt thank you to all the students for creating such an exceptional program. Your gratitude and dedication made this day special and unforgettable! Your efforts deeply touched the teachers, and the event was a testament to the strong bond between the students and faculty at Sanskriti International School.

The Guru Purnima celebration honoured the teachers and strengthened the sense of unity and respect within the school community, leaving everyone with cherished memories and a renewed sense of purpose.



Sanskriti Alumni Meet

From the halls of our alma mater to the world beyond, we gather to reconnect and reminisce. What began as a belief in having it all figured out revealed more profound treasures over time. We cherish the memories and friends who shaped our journey. Though we've left school, it remains with us. Here's to the laughter, lessons, and lifelong friendships that bind us. Let's celebrate the incredible journey and the people who walked it with us.

On July 20, 2024, our cherished learners from various batches came together for a memorable Alumni Meet. The atmosphere was filled with joy and excitement as everyone gathered to reconnect with their teachers and old friends.



A highlight of the event was the launch of the alumni committee. We are thrilled to announce Samrat Acharya as the President and Mahidh as the Vice President. We're also calling on all our enthusiastic alumni to volunteer for other roles in the Executive Committee. Your participation will help us build a strong network and stay connected.

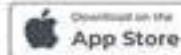
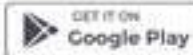
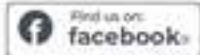
The purpose of this Alumni Meet was to foster connections and support among our community. After an engaging presentation, attendees could sign their memories on a unique canvas. Photos were taken, laughter was shared, and delicious food was enjoyed in the cafeteria.

As the event ended, everyone left with hearts full of happiness and new memories to cherish. Here's to many more reunions and continued support for one another!



THANK YOU

and hope you enjoyed reading!



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