

SANSKRITI INTERNATIONAL SCHOOL

MONTHLY

# NEWSLETTER

Dec 2023





# NOTE FROM THE PRINCIPAL

## Dear Parents, Greetings and Namaste!

As we approach the festive season, I extend warm seasonal greetings to you, our learners, and staff. It has been a remarkable month filled with exciting events and accomplishments that truly reflect the spirit of our Sanskriti community.

Our commitment to outdoor learning was further exemplified through a series of engaging trips, both internationally and domestically. These experiences broadened our learners' perspectives, allowing them to immerse themselves in diverse cultures and gain a deeper understanding of the world around them.

I am proud to announce that our students participated in a prestigious Math debate organized by the UN Math School, showcasing their analytical and problem-solving skills. Such opportunities for intellectual growth are vital in nurturing well-rounded individuals.

Furthermore, the energy and spirit of sportsmanship took center stage during the Secondary Sports Day, where our learners exhibited exemplary teamwork and athletic talents. The Primary Science & Math Exhibition was outstanding, and it's heartening to witness the passion for the innovative scientific projects presented by our young minds.

Additionally, in our commitment to continuous improvement, our School Drivers participated in a workshop organized by Sipradi, focusing on personality development. Additionally, our Nepali teachers engaged in a specialized workshop, and our teaching staff participated in training sessions with the school director, further enhancing their skills.

As we conclude this year, let us celebrate the achievements of our learners and the collaborative efforts of our dedicated staff. Wishing you all a joyful festive season and a wonderful start to the upcoming year.

**Best Regards,**  
Timila Shrestha  
Principal

## Early Years - Once Upon A Time

"Storytelling is the most powerful way to put ideas in today's world."

In our vibrant story telling session for the unit *Once Upon A Time* learners immersed themselves in an imaginary and creative world. Before the unit starts, learners prepare, engage and start off with an enthusiastic shout-out and expressing their feelings, thoughts and ideas regarding their favorite stories.

Learners seemed busy creating their own story along with different characters. They used pebble's storyboards to create the stories. They also narrated their stories through different drawings and paintings. Learners develop their *communication skill, imaginary skill, creativity and thinking skill* from this session.



## ▶ Early Years - Christmas Celebration

In a heartwarming display of talent and festive spirit, the young stars of Early Years illuminated the stage with enchanting dances and sweet melodies, adorned in their adorable *Santa outfits*. The performance not only showcased their artistic prowess but also radiated an infectious joy that permeated the entire audience. Adding a personal touch to the celebrations, the budding artists crafted charming greeting cards for their loved ones, further spreading warmth and cheer. The highlight of the event was the unexpected appearance of *Santa* himself, whose magical presence heightened the excitement in the room. The learners' faces lit up with beaming smiles as they joyfully received gifts, creating lasting memories of a truly enchanting and delightful celebration.



## ▶ Enthusiastic Triumphs: Early Years Annual Sports Day

In acknowledgment of the pivotal role of activities and play in a child's development, Sanskriti International School celebrated its *Annual Sports Day* for Early Years Learners on December 29, 2023, with immense enthusiasm.



The day commenced with the traditional Olympic walk, accompanied by the lighting of the torch. Against the backdrop of a cold winter afternoon, the tiny tots captivated the audience with a delightful yoga and drill show. Eager participants from Early Years engaged in a variety of engaging and innovative sports, including the *Obstacle Race*, *Chair Game*, *Hula Hoops Race*, *Stacking the Balls and Glasses*, *Ball and Bucket Race*, and *Balloon Bursting Race*.



The vibrant cheers from parents and the contagious enthusiasm of the young learners heightened the atmosphere. The day concluded with an exhilarating futsal match between Parents and Teachers, providing a fantastic spectacle.



*Congratulations to all the learners for their astonishing participation in every activity.*



## ► Trip to Boudhanath Stupa

On December 22, our first-grade adventurers embarked on a captivating journey to **Boudhanath Stupa**, a UNESCO-recognized site, as part of their exploration into 'Our Country' from the unit, "Who am I?". This hands-on experience heightened their thinking skills, fostering a deeper understanding and respect for diverse cultures and religions. The learners actively participated in discussions, posing numerous questions to both their peers and teachers. Engaging in creative activities like drawing and coloring, they even successfully traced the map from school to Boudhanath Stupa. The trip offered an authentic glimpse into Buddhist culture, making it an enjoyable and educational experience. For these young learners, it wasn't just about reading in books; they truly lived and experienced it!



## Pizza Makers

*"A recipe has no soul. You, as the cook, must bring soul to the recipe." -Thomas Keller*

On Tuesday, December 5, Grade 2 learners had an opportunity to visit **"Mezze by Roadhouse"** located in Durbarmarg, Kathmandu. It was a day filled with fun, laughter and delicious moments. Our young chefs had the opportunity to visit the venue and become pizza makers for the day. With colourful aprons and chef hats, they learned the art of tossing dough, spreading sauce and adding their favourite toppings. The joy on their faces as they were creating their unique pizzas was truly heartwarming. The trip wasn't just about pizza; it also provided valuable learning experiences. The children learned about the different ingredients that go into making the pizza and the importance of having patience while their pizzas were being cooked. The best part of the day was when the pizzas were ready to be devoured! Our little chef enjoyed savouring their creations, relishing the flavours of their handmade masterpieces. They were resilient, respectful and thinkers during the workshop.



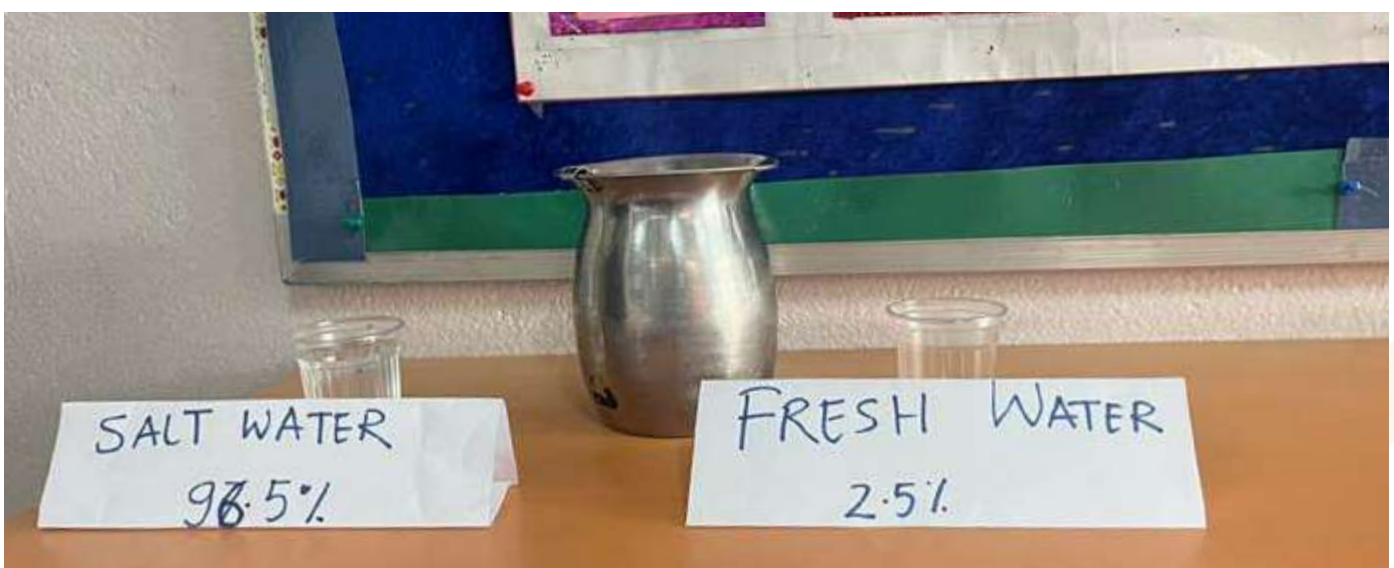


## Water, Water, Everywhere!

Learners of grade 3 commenced their new unit, "Water, Water, Everywhere," exploring into the realm of water with both excitement and enlightenment. They began with an engaging activity where they learned the significance of safe water transportation by carrying buckets, when they faced many intriguing experiences. Likewise, understanding the scarcity of fresh and potable water on our planet was an eye-opener for them as they came to know that only a small fraction of Earth's water is suitable for drinking and other purposes, emphasizing more on the critical need for its preservation.



Similarly, the learners also played the role of detective and assessed the water condition of school and their home giving solutions to the problems. Championing the cause of conservation, the learners came up with inventive measures to save water in their daily lives, and tried becoming heroes for the planet. Moreover, the learners didn't just limit themselves to local surroundings but also studied about the globe, realizing disparities in access to clean water worldwide. They studied about the water condition of their adopted countries *South Africa* and *Maldives* and learned about how the rise of sea level has been a major hazard in Maldives. As the insight fueled the determination to advocate for universal access to safe drinking water for the learners, they were able to connect the new unit with the **UN SDG Goal 6: Clean Water and Sanitation**.



## ► Incredible Gorkha

The Grade 4 learners' excursion to Gorkha proved to be a truly enriching and unforgettable experience. The trip was meticulously designed to encompass a holistic approach, incorporating elements of fun, adventure, experiential learning, skill-building, and educational activities at the 3Di Camp Studio.



Commencing with the first day, the learners embarked on an adventurous hike around the village of Gorkha, immersing themselves in the serene beauty of the Gorkha Mountain range. The village, with its peaceful and pristine environment, set the stage for a day filled with exploration. As the day drew to a close, the learners enjoyed delectable snacks and a delightful dinner.

The second day unfolded with sheer joy of witnessing a sunrise and engaging in captivating sketch sessions. Following a hearty breakfast, the learners were guided through *Bhimsen Park*, where a knowledgeable tour guide shared insights into the history of the first Prime Minister, *Bhimsen Thapa*. The learners also had the pleasure of experiencing a local swing. After a satisfying lunch, they paid homage to the Standing Ganesh statue, visited the **Gorkha Durbar Palace**, the **Gorakhnath temple**, a 500-year-old flame, and a museum, requiring a hike to the hilltop. The panoramic view from the summit thrilled the learners, even though the Gorkha Durbar Palace was still under construction and only partially open to the public. Undeterred, the tour guide facilitated the collection of information for the learners, who conducted interviews and gained valuable insights into **Prithvi Narayan Shah** and the significance of Gorkha district. The day concluded with snacks, a mesmerizing Lakhe dance, a bonfire, and a delicious dinner.

- ▶ The third day commenced with a hike towards *Tandrangkot*, *Siddhakali Mandir*, and the statue of **Durlav Rishi**. The learners captured the breathtaking views from Tandrangkot through their sketches. Post-lunch, they witnessed a captivating ox fight, a local tradition organized by the community. Sporting activities at a local school provided an opportunity for communication and friendship-building. The day concluded with an evening barbecue dinner accompanied by a bonfire and dance.



On the final day, the learners took time to reflect on their newfound knowledge and shared their journey's experiences. Overall, it was a journey that seamlessly blended fun and meaning, allowing the learners to explore Gorkha and create cherished memories.



Throughout these days, the learners not only engaged in hands-on education but also cultivated independence, honed self management and time management skills, and experienced personal growth. The excursion fostered a sense of respect and being ethical. Most importantly they exhibited the Personal Goal of being Resilient as they embarked on their first ever camp experience at Gorkha. They were observed embracing change and challenge of minimalist lifestyle while displaying the Personal Goal of being Adaptable leaving an indelible mark on each participant.



## ▶ Habeli Outdoor Learning

We are delighted to recount the extraordinary day our Grade 5 learners recently experienced on December 8, 2023, at **Habeli Outdoor Learning** in *Kakani*—a day that seamlessly blended education, exploration, and the enchantment of nature. From the moment they set foot in this outdoor classroom, the learners were immersed in a world of hands-on learning and interactive engagement. The activities ranged from the scientific fascination of plant collection and classification to the artistic endeavor of crafting natural color pigmentation cards. Each activity was not just an educational endeavor but a celebration of the symbiosis between science and creativity, all under the vast canopy of the open sky.



The adventure continued with an invigorating hike along the scenic trails, transforming the natural landscape into an extension of the classroom. The beauty of the environment became an active participant in the learning process, fostering a deep connection between our learners and the world around them.

Along the way, challenges presented themselves, prompting our learners to exhibit remarkable resilience and adaptability—qualities that go beyond the curriculum and become invaluable life skills. This outdoor learning experience was not just a departure from traditional classroom settings; it was a transformative journey that left an indelible mark on our learners' minds and hearts. As they navigated through the activities, the trail, and the challenges, they not only absorbed knowledge but also cultivated a profound appreciation for the wonders of the natural world. Looking ahead, we are excited about the continued growth and development of our learners as they carry the lessons learned during this expedition into future academic pursuits and real-world challenges. Stay tuned for more updates as we share further insights into the ongoing adventures of our Grade 5 learners. Thank you for your unwavering support in fostering a holistic and enriching learning environment for our young explorers.



## ► Exhibition: The Golden Triangle

Grade 6 learners, filled with enthusiasm and excitement, brought the vivid tapestry of their Indian adventure to life during the much-anticipated "The Golden Triangle" exhibition held on Thursday, December 7, 2023. Transforming their classroom into a cultural hub, the young learners embarked on a creative journey, meticulously crafting charming models that mirrored the awe-inspiring historical wonders they had recently explored.



The event unfolded as a kaleidoscope of vibrant colors, energetic performances, and cultural immersion. The lively showcase commenced with the rhythmic beats of diverse Indian tunes, setting the stage for an unforgettable experience. The air was filled with the infectious energy of the learners as they danced with exuberance, showcasing the traditional moves they had learned during their Indian adventure.



- ▶ The crowning moment of the exhibition resonated with patriotic fervor, as the gathering joined in harmony to the stirring notes of the *Indian National Anthem*. Following this proud moment, a group of talented girls took center stage, delivering a heartfelt rendition of a patriotic song that echoed the spirit of unity and pride.



Adding a delectable layer to the cultural extravaganza, the learners, donned in vibrant traditional attire, undertook the role of culinary ambassadors. The aroma of authentic Indian dishes wafted through the air as they skillfully prepared and presented a gastronomic feast, ensuring that everyone in attendance got a genuine taste of India. From fragrant biryanis to flavorful curries, the culinary delights served as a sensory voyage, transporting everyone to the heart of Indian cuisine.





- ▶ The exhibition not only showcased the learners' artistic prowess and cultural understanding but also fostered a sense of camaraderie and appreciation for the rich tapestry of India. The "Golden Triangle" exhibition stood as a testament to the power of experiential learning, leaving an indelible mark on the minds and hearts of all those who had the privilege of being part of this immersive cultural celebration.



## ► Respect: Exit Point

In a spectacular display of understanding and appreciation, Grade 7 learners at Sanskriti International School recently concluded their 'Respect' unit with an impressive exit point event. The learners not only demonstrated their comprehension of the concept but also showcased their respect for cultural diversity through a series of collaborative performances.



During the event, the young talents engaged in spirited performances, singing songs of friendship, and presenting cultural dances that celebrated the rich tapestry of cultures within our school community. The program highlighted the learners' genuine appreciation for the values of respect, understanding, and unity.



- ▶ The showcase was not limited to performances alone; learners also explored various aspects of respect, including admiration for influential figures like *Jhamak Ghimire* and *Pasang Lhamu Sherpa*. Beyond individuals, the learners delved into topics such as respect for *food, art, culture, health habits, and the significance of aligning with sustainable development goals*.



The event not only served as an educational experience for the learners but also emphasized the importance of cultivating a respectful and inclusive environment within the school community. The commitment to international-mindedness and holistic learning was evident throughout the showcase. This remarkable exhibition of talent and understanding was made possible through the collaborative efforts of both learners and educators, showcasing the school's dedication to providing a well-rounded education that goes beyond traditional classroom boundaries.



**Event Highlights:**

- Spirited performances celebrating friendship and cultural diversity
- Recognition and respect for influential figures
- Exploration of diverse topics related to respect
- Emphasis on sustainable development goals



## Exit Point- “Showcasing Development”

In a spectacular showcase on December 6, 2023, Grade 8 learners exhibited their mastery of the *International Middle Years Curriculum’s Development* unit. The exit point featured an array of presentations, including models, skits, slides, artwork, and chart paper displays, all intricately woven to illustrate the profound understanding of Big Idea that “*Long-lasting changes take place slowly over time.*” Notably, the learners collaborated with Karkhana, seamlessly integrating their Karkhana kits into presentations that demonstrated a hands-on application of Science National Curriculum Projects. The versatility of the Grade 8 learners shone through as they confidently navigated diverse presentation formats. Models brought developmental processes to life, skits added a dramatic narrative, slideshows showcased digital proficiency, and artwork contributed an artistic touch. Each element contributed to a holistic understanding of the unit’s Big Idea. Central to the showcase was the acknowledgment that patient, incremental changes lead to lasting impacts, emphasizing the importance of perseverance and patience in the face of transformation.



▶ A resounding applause is owed to these Grade 8 learners for their exceptional efforts. Beyond academic growth, the showcase underscored their personal and interpersonal development. By seamlessly blending traditional and innovative methods of presentation, the day exemplified the school's commitment to fostering a holistic educational environment. The Exit Point of the unit, 'Development' serves not just as an academic milestone but as a testament to the school's dedication to nurturing well-rounded individuals equipped for the challenges ahead.



## ► Intellectual battleground

On December 17, the mathematical prowess of Grade 6, 7 and 9 learners from our school took center stage at the Math Debate Inter Round organized by the **UN Math School**. The event, hosted at *Hotel Crown Plaza* in Naxal, brought together schools from the valley, creating an intellectual battleground where learners had to defend the mathematical significance of everyday objects. The event featured two distinct groups: the Beta Group commenced their mathematical debates at 9:00 am, while the Alpha Group followed suit at 11:30 am. The heart of the Math Debate Inter Round lay in the unique topics that challenged the participants' ability to demonstrate the mathematical principles embedded in everyday objects. The topics ranged from cutting-edge technology to household appliances, with each item requiring a deep understanding of mathematical concepts for effective defense.



The list of topics included: *Rockets, Satellites, Robots, Drones, Television, Microwave, Refrigerator, Air Conditioner, Water Purifier, Mobile Phone, Laptop, Smartwatches, and Camera*. The participants were tasked with presenting compelling arguments on how their chosen topics inherently utilized more mathematical principles compared to the others. The debates were not merely a showcase of knowledge but a demonstration of critical thinking, logical reasoning, and the ability to connect mathematical concepts to real-world applications. Each round was a clash of ideas, with learners articulating how mathematical principles were intricately woven into the fabric of their chosen subjects. From the algorithms guiding drones to the complex calculations behind satellite orbits, every aspect was dissected, analyzed and defended with fervor.



The culmination of the Math Debate Inter Round was marked by the triumph of our learners. By emerging victorious in their respective rounds, the participating learners have secured their places in the coveted International Round. This recognition not only celebrates their dedication and intellect but also positions them as ambassadors of mathematical excellence from our school. As our talented learners prepare for the International Round, the Math Debate Inter Round serves as a testament to the school's commitment to nurturing a generation of critical thinkers. It highlights the seamless integration of mathematics into various facets of our daily lives, showcasing that mathematical principles are not confined to textbooks but are omnipresent in the world around us. We extend our heartfelt congratulations to the participants, teachers, and organizers who made the Math Debate Inter Round a resounding success. As our learners gear up for the international stage, we anticipate a showcase of not only mathematical brilliance but also the indomitable spirit of intellectual curiosity and exploration.





## ▶ Exploring Jiri: A Journey of Outdoor Learning and Personal Growth

**Jiri** is a wonderful town in the heart of Nepal, where nature reveals its breathtaking beauty and life takes on a different rhythm. Grade 9 recently embarked on a transformative journey to Jiri from December 2 to December 6, not just for sightseeing, but a unique blend of outdoor education, life skills development and community engagement.



One of the highlights of the trip was a visit to the **Sahid Memorial School**, an institution that goes beyond traditional education. **Sanskritians** had the opportunity to interact with the learners in school, which led to empathy and understanding. These sessions taught our learners valuable life lessons about appreciating the diversity and challenges others face.

▶ The breathtaking scenery of the Himalayas served as an inspiring backdrop for outdoor learning activities. As learners walked the trails and acknowledged the wonders of nature around them, they learned the importance of teamwork, communication and cooperation. These outdoor experiences not only enhanced their academic skills but also developed important life skills. Playing with local school learners proved to be a special moment for the visiting learners. Through these interactions, the importance of collaboration, communication, and respect for individuals was identified. The community school experience served as a hands-on learning experience in cultural exchange, breaking down barriers and fostering a sense of unity among learners.



The trip to Jiri was not just about sightseeing and educational tours; it was about personal growth and character development. Learners faced challenges that required flexibility and adaptability. Unpredictable weather, rugged terrain and cultural differences encouraged them to embrace change, adapt quickly and emerge stronger. *Furthermore*, exposure to new lifestyles forced learners to critically reflect on their values and opinions. The trip served as a catalyst for their own thinking, encouraging them to become more reflective individuals. Experiences in Jiri were learning beyond the classroom as it was in the mountains, and in warm neighborhoods. In essence, Jiri's trip was not just a physical journey but a whole experience that nourished the minds and hearts of the learners. It went beyond textbooks and classrooms and instilled the importance of empathy, collaboration, resilience and flexibility.



When they returned home, the learners took away not only wonderful memories but also a new understanding of themselves and the world around them through its breathtaking beauty and rich cultural fabric. All in all, Jiri became the canvas on which these learners painted their own educational achievements.



## ▶ तल्लो खुम्बु क्षेत्रको शैक्षिक भ्रमण

संस्कृति इन्टरनेसनल स्कूलका कक्षा १०, ११ र १२ का विद्यार्थीहरूले नोभेम्बर २६ देखि ३० सम्म नेपालको पूर्वी क्षेत्रमा रहेको पर्यटकीय स्थल तल्लो खुम्बु क्षेत्रमा शैक्षिक भ्रमण गरे। उक्त पाँच दिने भ्रमणमा विद्यार्थीहरूले तल्लो खुम्बु क्षेत्रको सांस्कृतिक, सामाजिक, प्राकृतिक र आध्यात्मिक पर्यावरणमा रम्दै, खेल्दै र विचरण गर्दै विद्यालयको नियमित दैनिकीभन्दा फरक वातावरणमा सिकने अवसर पाए। सुन्दै र पढ्दै आएको पूर्वी नेपालका ठाउँहरू सिन्धुली, उदयपुर, ओखलढुङ्गा, सुनकोशी र दुधकोशी हुँदै खुम्बु पुगेका विद्यार्थीहरूले त्यहाँको परम्परागत जीवन, इतिहास, संस्कृति, कला र सिपलाई प्रत्यक्ष रूपमा अवलोकन र अनुभव गरेका थिए। यात्रा अवधिभर विद्यार्थीहरूले सञ्चार सिप, नैतिकता, आदर, निरन्तर प्रयास गरिरहने र सहानुभूति जस्ता व्यक्तिगत लक्ष्यहरू अभ्यास गरेका थिए।



## ▶ Insightful Session with Nitisha Gurung

Nitisha Gurung's visit and session with learners from Grades 9 to 12 was truly impactful and inspiring. As a former learner of Sanskriti from the SEE batch 2019, Gurung has achieved notable success by winning the first position in a prestigious competition hosted by **Buckmore Education** and **ICA**, themed '**No Ambition Is Too Much.**' This accomplishment speaks volumes about her dedication, skills, and ability to stand out in a competitive environment.

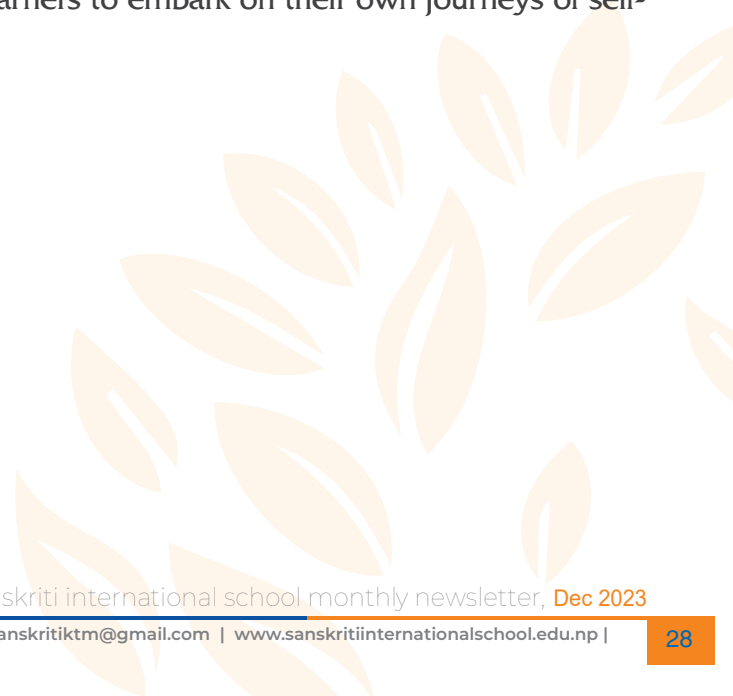


The fact that she secured the top spot in a competition with such a bold theme underscores her commitment to pushing boundaries and challenging conventional notions. Winning this competition not only brought her recognition but also earned her a remarkable prize—a fully funded two-week summer program in the UK. This kind of achievement is not only a personal triumph for Gurung but also a source of pride and inspiration for the entire Sanskriti School family.

During the session, Gurung shared her journey, experiences, and the lessons she learned along the way. Her status as a pioneer in her own right would have added weight to her words, making her an ideal role model for the learners. The encouragement she provided, urging learners to carve their unique paths, nurture aspirations, and refine their skills, is particularly valuable in an educational context. Gurung's emphasis on daring to dream big and charting one's own course rather than following the herd was a powerful message. It encouraged learners to think independently, identify their passions, and pursue them with determination. Her presence likely served as a beacon of inspiration, motivating learners to elevate their spirits and aim for ambitious goals.



Overall, Nitisha Gurung's success story and her enlightening session have likely left a lasting impact on the learners. Her achievements showcase the possibilities that come with dedication and hard work, and her guidance serves as a catalyst for the learners to embark on their own journeys of self-discovery and achievement.



## Senior Sports Day 2023

The atmosphere was charged with excitement as Sanskriti International School hosted its **Senior Sports Day** on Saturday, December 16, bringing together learners, teachers and parents for a day of thrilling competitions, team spirit and fun.



The event officially began with an opening speech delivered by our **School Principal, Ms. Timila Shrestha**. Continuing our annual tradition, we acknowledged an individual from the sports arena for their exceptional efforts in their respective field. This year, we proudly presented **Mr. Kushal Malla**, a distinguished member of the **National Cricket Team**, with the prestigious **"Sanskriti Sports Samma"** award. In recognition of his remarkable contribution, Mr. Malla was presented with a cheque worth Rs. 1,01,000/-. Additionally, as part of our commitment to nurturing talent, the school awarded a scholarship of Rs. 50,000/- to players who have demonstrated outstanding performances in cricket and exhibit tremendous potential to excel on the field. This year's deserving recipient of the scholarship was **Miss. Soni Pakharin**.

The Sports Day events then kicked off with the school march past where learners from grades 6-10 were seen representing their respective houses with pride. The torch ceremony was carried by the house captains, symbolizing the spirit of unity and sportsmanship. Events like the shot put and long jump had taken place in school and the track and field events like 100m, 200m and relay took place during the final day. Along with the track and field events, our karate team performed their kata drill and some wood breaking skills. The pyramid drill performance was a delight to watch. It was a joy to witness the learner's physical prowess and the life skills developed through participation in sports.









At the end everyone left with a sense of accomplishment and camaraderie. The Senior Sports Day of Sanskriti International School was not just a competition; it was a celebration of unity, resilience, and the indomitable spirit of youth. Rhombus house was declared the winning house followed by *Prism*, *Cuboid* and *Ellipse* respectively.



## ► Interdisciplinary Collaboration to Enrich Learning at School through “Science Math Exhibition”

As Marie Curie declared, 'Nothing in life is to be feared; it is only to be understood.' We embraced understanding through the lens of Science and Math."

The primary Mathematics and Science exhibition took place on Tuesday, December 19, 2023 with an objective of using Math in real life while integrating with Science.

The main purpose of such exhibitions is to educate and engage learners by showcasing and explaining concepts, discoveries, innovations, and experiments. The aim is to enhance learners' understanding of the world and the scientific method while sparking curiosity and promoting math science literacy.



Learners from grade one to five showcased their innovative projects and games to their parents, teachers as well as other visitors from the school reflecting their understanding of the Math and Science done in the classroom. The exhibition featured displays from grades 1-5, including models, written reports, and interactive games.

The parents' involvement in the school's science exhibition was an evidence to the dynamic and engaging educational environment fostered in the school. Their excitement was seen as they navigated through various stalls, actively participating in games and interactive sessions. This approach not only allowed parents to witness firsthand the progress and learning of their children, but also offered them an opportunity to learn alongside them.

In each stall, parents engaged with the learners, asking insightful questions that not only demonstrated their interest but also encouraged the learners to think more deeply about their projects. This interaction served as a valuable learning experience for both parents and children, bridging the gap between home and school learning environments.



The collaborative efforts with the school's FAB Lab for the science exhibition brought an innovative and practical aspect to the learning. It allowed learners to explore and present scientific concepts in a hands-on manner, utilizing the resources and expertise of the FAB Lab. This collaboration likely enhanced the learners' understanding and application of scientific principles in a real-world context.

Furthermore, the integration of Green Math in the exhibition emphasized on the school's commitment to interdisciplinary learning. By combining math with environmental awareness and sustainability (as the term *"Green Math"* suggests), the school promoted a holistic understanding of mathematics in relation to ecological issues. This not only enriched the learners' mathematical skills but also fostered a greater sense of environmental responsibility.



Overall, the parents' involvement and the collaborative nature of the event with the FAB Lab and Green Math initiatives exemplify the school's innovative approach to education. It highlights the importance of hands-on learning, interdisciplinary connections, and the vital role of parental engagement in enhancing the educational experience of learners.

## ▶ Empowering Minds Through Shared Wisdom

On December 20, 2023, Sanskriti International School hosted a profound Open Table Discussion centered around the theme of 'Fostering Creativity and Critical Thinking in Early Childhood Education.' The visionary leader, Ms. Diptee Acharya, Founder/Director of the school, spearheaded the event, drawing in Preschool Leaders and representatives from 31 diverse schools across Kathmandu and Pokhara Valley. The gathering aimed to catalyze a transformative journey in Early Childhood Education through a dynamic exchange of insights and interactive sessions.



Commencing with an enlightening introductory session about Sanskriti International School, Ms. Acharya delved into the core presentation on cultivating creativity and critical thinking in early childhood education. *Ms. Manisha Lepcha*, Early Years Coordinator, also shared valuable experiences on fostering creativity through play and free thinking. The session unfolded into a series of engaging question and answer sessions, facilitating a rich exchange of ideas and experiences among the gathered educators. The event proved to be both eventful and fruitful, as participants left with a wealth of information and a renewed commitment to enhancing creativity and critical thinking in the formative years of education.

## ▶ Embracing the Magic of Christmas: A Celebration of Joy and Togetherness

Christmas has arrived, and on December 24, 2023, Sanskriti Staff Members gathered to partake in the celebration of joy, love and *the spirit of togetherness* that transcends cultural boundaries.



Upon entering the main lobby area, staff members were greeted with Christmas songs and a plethora of gifts neatly arranged under the beautifully adorned *Christmas tree*. The festivities commence with a heartwarming message from our School Founder/Director, Ms. Diptee Acharya. The celebration unfolded with lively musical performances and the cherished annual tradition of exchanging gifts, where the true essence lies not in the material aspects but in the thoughtfulness behind each gesture.



The Christmas feast that followed was nothing short of a gourmandizing adventure, bringing everyone together to savor the delights of the season and further enhancing the joy of the celebration.

Amidst the merriment, Christmas also served as a poignant reminder of the significance of community and connection. Whether participating in singing events or helping each, the season encouraged everyone to reach out and support one another, reinforcing the spirit of unity.



As we reflect on this festive occasion, we hope the memories of shared laughter, heartwarming messages, and the joy of giving continues to resonate throughout the Sanskriti community.



## Scaffolding Knowledge

On Sunday, December 3, 2023, Sanskriti School Drivers were indulged in a workshop organized by Sipradi. The day included conversions that revolved around how to manage the vehicle in case of emergencies. The training consisted of information on how to minimize fuel consumptions and ways of handling minor maintenance issues. The drivers were also presented with the opportunity to enhance their knowledge about the various parts of the vehicle as well as terminologies such as **Automatic Braking system (ABS)** and how it functions. It was a highly informative session for our school drivers.



## नेपाली विषयका शैक्षणिक सामग्री प्रदर्शन र कार्यशाला

नेपाली विषय पढ्नु र पढाउनु दुवै चुनौती बनिरहेको अवस्थामा हामी नेपालीलाई दैनिक जीवनमा नेपाली विषय बारे जान्नु अत्यन्तै महत्वपूर्ण छ। यही विषयलाई मध्यनजर गरी मिति २०८० पुस १ गते आइतबार अक्षरा स्कुलमा आयोजना भएको नेपाली शैक्षणिक सामग्री प्रदर्शनी एवम् कार्यशालामा धेरै कुराहरू सिक्ने अवसर मिल्यो। १२ विद्यालयबाट गरी जम्मा २९ जना उपस्थित उक्त कार्यशाला बिहान ९ बजेबाट सुरु भएर दिउँसो ४:१५ मा समाप्त भएको थियो।



कार्यशालामा सहभागी हुँदै गर्दा हामी हताशका साथै केही उत्साहित पनि थियौं। तातो आलु साटासाटबाट सुरु भएको उक्त कार्यशालाको सुरुवात नै चाखलाग्दो भएको थियो। बुक टकमा कथाका पात्र बनेर अर्को पात्रलाई त्यही कथाभित्रकै सन्दर्भ राखी सिर्जनात्मक किसिमका प्रश्न बनाई अरू पात्रलाई सोध्दा र आफूले पनि अरू पात्रका प्रश्नको उत्तर दिँदा भनै रमाइलो अनुभव गर्थ्यौं। साथै उक्त बुक टक क्रियाकलाप आगामी सेमेस्टरमा कक्षाका विद्यार्थीलाई पनि गराउँदा उपयोगी हुनेछ। हामीले हाम्रा कक्षामा गराइरहेका क्रियाकलापहरू नयाँ ढङ्गले गराएको देख्यौं। जस्तै: जीवनी पठन, कथा चक्र, जीवनी लेखन, बुकलेट आदि। हामीले पनि यस्ता धेरै क्रियाकलाप सकेसम्म आफूले पनि गराउने र आगामी दिनमा नेपाली कक्षा केही रमाइलो ढङ्गले सञ्चालन गर्ने सोच सिर्जना भएको छ। उक्त कार्यशालामा भाग लिन पाउँदा धेरै नै खुसी लाग्यो। आगामी दिनमा पनि यस्ता अवसरहरूमा सहभागी हुन पाऊँ भन्ने आशा राख्दै उक्त अवसरका लागि संस्कृति स्कुललाई धेरै धेरै धन्यवाद।



## ▶ Connection Through Integration: A session by Ms. Diptee Acharya

The International Early Years Curriculum (IEYC), International Primary Curriculum (IPC), and International Middle Years Curriculum (IMYC) play important roles in fostering connected learning. This approach, emphasized in a recent workshop titled **"Connecting Learning Through Integration"** led by Director Ms. Diptee Acharya on December 24, 2023, emphasized on the interdependence of learning.



The workshop facilitated the intertwining of ideas within and between subjects, reinforcing neural connections in the brain. Sanskriti's educational strategy involves constructing subjects independently yet interdependently within thematic units. This design encourages learners to engage in meaningful dialogue from diverse perspectives, allowing them to grasp the broader context of their education.

By integrating subjects and learning objectives of national and international curriculum seamlessly, learners can establish connections not only within a specific subject but also across various disciplines, enhancing their overall comprehension and critical thinking skills. Learning is interdependent through connecting ideas to and between subjects and to prior learning to current learning so that the connections in the brain are reinforced.

▶ The session provided an invaluable platform for educators to introspect and enhance their teaching methodologies in the path of connected learning. This reflective practice centered around fundamental questions crucial for the development of a holistic educational environment:

### Connecting to Previous Learning:

Teachers examined strategies to help learners build bridges to prior knowledge within and beyond their current studies. This involves creating a learning environment where past lessons are consistently

### Displaying Inter-Subject Links:

Educators discussed the importance of visual and thematic displays in the classroom that illustrate the interconnectedness of different subjects. This might include concept maps, mind maps, project showcases, or thematic units that demonstrate how various subjects converge around a common theme or idea.



### Interdisciplinary Exploration of Themes:

Teachers reflected on methods to guide learners in synthesizing knowledge from different subjects to fully investigate themes. This can be achieved through integrated projects, thematic units, or inquiry-based learning where learners apply concepts from multiple disciplines to explore a central theme comprehensively.

### Developing Diverse Viewpoints through Independent Subjects:

The session also emphasized on how learning in distinct subjects helps in cultivating varied perspectives among learners. This aspect is crucial in teaching learners to appreciate different angles and approaches within a thematic context, fostering critical thinking and problem-solving skills.



### Articulation of Learning Connections:

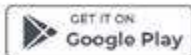
A key focus was on enabling learners to articulate the subject they are studying and its interconnections with other areas of learning. This skill is vital for learners to understand the relevance and application of their learning in a broader context. Teachers discussed strategies to encourage learners to express these connections, such as reflective journals, discussions, or presentations.



Overall, the session aimed at empowering teachers of Sanskriti to create a more integrated and reflective learning environment, where learners can see the relevance of their studies in a wider, interconnected academic landscape. Gratitude to our director Ms. Diptee Acharya.

# THANK YOU

and hope you enjoyed reading!



[www.sanskritiinternationalschool.edu.np](http://www.sanskritiinternationalschool.edu.np)

00977 1 4270523/573 | [info@sanskritischool.edu.np](mailto:info@sanskritischool.edu.np)

Thulobharyang, Halchowk, Swayambhu, Kathmandu, Nepal

