

SANSKRITI INTERNATIONAL SCHOOL

MONTHLY

NEWSLETTER

March 2024



NOTE FROM THE PRINCIPAL

**Dear Parents,
Greetings and Namaste!**



As we bid farewell to this academic year 2023-2024, I am filled with immense pride and gratitude for the remarkable journey we've shared together. The month of March was a whirlwind of activities, marked by significant milestones, unforgettable performances and heartfelt moments of celebration.

I am thrilled to congratulate our young learners from the Early Years program and Grade 5 on their momentous graduation. These bright minds have not only completed a chapter of their educational journey but have also laid a strong foundation for the exciting adventures that lie ahead. To our graduates, as you spread your wings and embark on new endeavours, remember that your Sanskriti family will always be cheering for you.

The recent Open Day of Grade 1- 4 was a showcase of talent, a culmination of their creativity and passion. From delightful dance performances to stirring theatrical display, melodious music recitation and harmonious choir presentations, our learners left us spellbound with their extraordinary skills and dedication. I extend my heartfelt thanks to all the parents and guardians who joined us in showing their support and enthusiasm. Your presence added immense joy to the occasion and we are truly grateful for it.

In the midst of these joyous celebrations, we also applaud our Grade 8 and Grade 10 students for exhibiting commendable dedication and resilience where they were engaged in rigorous preparation for Basic Education Examination (BEE) and Secondary Education Examination (SEE) respectively. All the Best! Hope your hard work and determination will bring you one step closer to realizing your dreams and aspirations.

All the learners from other grades have successfully completed their 4th semester assessments, marking another milestone to their educational journey. We are very proud of you!

None of these accomplishments would have been possible without the dedication and commitment of our exceptional academics and administrative staff members. I extend my deepest gratitude to each and every member of the team for their unwavering support, tireless efforts, and boundless passion for nurturing the minds and hearts of our students. Your hard work behind the scenes does not go unnoticed and it forms a bedrock of our school's success.

As we look forward to the next academic year, I offer a warm welcome to all the new and old students at Sanskriti International School and their families. Together, we will continue to nurture the culture of collaboration, continuous learning, embracing diversity that empowers every member of our Sanskritian family to thrive.

Thank you for your continued support, and here's to a bright and promising future ahead!
Happy Holidays!

Warmest Regards,
Timila Shrestha
Principal



▶ Godawari Trip

Our Early Years learners embarked on an enriching field trip to **Godawari Botanical Garden** on Wednesday, March 13, 2024. They explored the garden's diverse landscape, admired the blossoming fruit trees, gathered leaves and twigs, and climbed on rocky terrain. The highlight of their adventure was a visit to the tranquil fountain, where they paused to reflect and take in the serene surroundings. It was a perfect opportunity for the learners to spend quality time together while enjoying the delicious food they brought along. The young learners created precious memories of a beautiful day spent in the company of peers and facilitators.



► Graduation

Sanskriti International School joyously celebrated *Early Years' Graduation Day* on Thursday, March 28, 2024. The program commenced with a song, "*Swagatam*" by the talented learners of Prep II setting a vibrant tone for the day. Following this the programme featured various dances and a skit, all of which captivated and delighted the audience.

The highlight of the day was the Graduation Ceremony, which began with the smart tiny tots of KG elegantly dressed in graduation robes and caps, confidently walking the stage. The School Director, Ms. Diptee Acharya along with the Principal, Ms. Timila Shrestha felicitated the learners with certificates of Graduation. Children looked adorable in their graduation attire, radiating joy and accomplishment.



The programme culminated with the vote of thanks by the Early Years Coordinator, Ms. Manisha Sada Lepcha expressed gratitude to all involved in making the day a resounding success. It was indeed a joyous and memorable day for not only the little graduates but also a proud moment for the parents and the mentors as they witnessed their children's milestone achievements. Congratulations to all the KG Graduates and kudos to all the learners of Early Years for their brilliant performances.

Science Experiment on Air

We're thrilled to update the latest highlights from our Grade 1 science curriculum. Over the past few weeks, our young scientists have been diving into the fascinating world of scientific methods, with a particular focus on the properties of air.

In our exploration of scientific methods, Grade 1 learners have been introduced to the step-by-step process of conducting experiments and recording results. This hands-on approach has enabled them to grasp the fundamentals of scientific inquiry and develop critical thinking skills from an early age. Among the intriguing experiments undertaken by our students, one particularly captivating endeavour revolved around the topic, 'Air'.

In response to: Experiment- Air has weight



Through various fun learning engagements in-class and at-home, learners delved into the different properties of air. They discovered that air is essential for burning, has weight, and occupies space - concepts they observed firsthand through simple yet effective experiments. During these experiments, our young scientists were brimming with excitement as they witnessed the principles of air in action. Their enthusiasm was palpable as they observed how it influences and affects everyday phenomena. Through their observations and experimentation, students not only learned about the properties of air but also gained a deeper appreciation for its significance in our lives.

By actively engaging in hands-on experiments and embracing scientific methods, Grade 1 learners are building a solid foundation for future scientific exploration.

▶ Witnessing Incredible Talent

We are delighted to share the joyous highlights from our recent **Open Day Program**, held on March 15, 2024. It was an event brimming with talent, enthusiasm, and sheer brilliance, as our Grade 1 learners stole the spotlight with their captivating performances. From the moment the curtains rose, the audience was treated to a spectacular display of talent and dedication. Our young learners showcased their skills through captivating dramas, mesmerising dance moves, and beautiful singing, leaving everyone in awe of their abilities.



What truly stood out was the resilience and hard work displayed by each and every student. They dedicated themselves to perfecting their performances, and their efforts truly paid off as they dazzled the audience with their sheer brilliance. As parents filled the seats, their faces lit up with delight and pride as they watched their children take to the stage with confidence and grace. It was a heartwarming sight to see the joy and pride reflected in their eyes as they witnessed firsthand the incredible talents of their little ones. We extend our heartfelt gratitude to all the parents and guardians who joined us for this special event, and to our dedicated teachers and staff who worked tirelessly to make the Open Day Program a resounding success.

We are incredibly proud of our Grade 1 learners and the remarkable talents they displayed. Their performances were a true testament to their hard work, dedication, and love for the arts.

► Being Respectful

Grade 2 learners were thrilled to share one of their Personal Learning Goals this month which is 'Respectful'. They understood that respect is not merely a word, but a guiding principle essential in every learning endeavour. This month, our young learners embarked on a journey to explore the concept of respect as a personal learning goal, and the results were truly inspiring. To deepen their understanding of the essential value, learners were encouraged to articulate their own perspectives on respect. From sharing things like stationaries, books and toys during circle time to actively listening in class, they reflected on what respect means to them in their daily lives. The classroom buzzed with energy and enthusiasm as each learner poured their thoughts onto paper.



The true magic unfolded when our young learners had the opportunity to share their thoughts with each other and their teachers. Demonstrating respect, they took turns expressing their viewpoints, listened intently to their peers and embraced each other's perspectives with respect and admiration.



Memorable Occasion

The learners were thrilled to showcase their incredible success at the **Annual Open Day** event on March 14, 2024. It was truly a memorable occasion filled with enthusiasm, talent, and exceptional performances by the learners of Grade 2. The day was filled with joy, excitement, and abundant talent as the learners entered the stage to showcase their talent. The learners captivated the audience with their exceptional performances when the curtains were drawn. Throughout the program, the learners showcased their diverse talents through dialect, gestures, and various performances. They brought characters to life, sang beautiful melodies, and danced with grace and precision.



The enthusiastic participation and outstanding performances of the learners truly stole the show. The cheers and applause from the guests echoed through the hall, serving as a testament to the talent and commitment of the little artists. Their energy and dedication brought the event to life, leaving a lasting impression on everyone present.





Japanese music took centre stage next, with performances of “Tomorrow” embracing the ethos of International Mindedness. Similarly, the enchanting melodies and evocative lyrics of “Lemon Tree” captivated the listeners with their melodious tunes and evocative lyrics. The cultural journey continued with mesmerising folk dances, including the *Maruni Dance* and *Kirati Dance*, which celebrated the vibrant traditions of Nepal. Dazzling costumes, rhythmic drum beats, and graceful movements filled the air as performers showcased centuries-old cultural practices passed down through generations.



As we cherish the memories created, we eagerly anticipate future opportunities to come together and celebrate the richness of our shared humanity through the arts.

Exit Point

Grade 3 recently concluded their exploration of materials in their scientific learning journey with their final Exit Point held on Thursday, March 28, 2024. Learners engaged in hands-on activities such as making slime and conducting experiments to understand the properties of various materials. During the Exit Point, they demonstrated their understanding through portfolios and experiments. Throughout the unit, students acted as scientists, testing the properties of different materials and delving into topics like magnetism and electricity conductivity. Overall, it was a rewarding experience of active learning and knowledge sharing.



► Demonstration of Talent Unlimited

Open Day held on March 13, 2024, for Grade 4 learners was a vibrant showcase of their talents in music, drama, and dance. The event spotlighted their abilities in the English drama, **“Rumour Has it !”**, where the learners explored the impacts of gossiping and spreading rumours. In Nepali drama, **“Akbar Birbal**, they delved into the lesson that wit and wisdom can pave the way for success in life. Meanwhile in Nepal Bhasa drama, **“Nepal Sambat”**, learners gained insight into the significance of Newari Language. The performances featured captivating dances in Nepali and Newari styles, melodious songs in both Nepali and English and harmonious choir performances.



The learner performances were a harmonious blend of theatrical storytelling, expressive dance movements, and soulful singing, demonstrating their versatility and creativity across various art forms. Their dedication and teamwork were evident in the seamless coordination and synchronisation seen throughout the event.



Overall, the Open Day was a celebration of the diverse talents and cultural richness of Grade 4 learners, leaving a lasting impression on the audience with their remarkable performances.



▶ Habeli Trip

We are thrilled to share the latest highlights from our Grade 5 outdoor learning program at Habeli, where students have been immersing themselves in the wonders of nature and fostering a deep connection to the environment.

Throughout the year, our Grade 5 learners embarked on a journey of discovery, engaging in a wide range of hands-on activities designed to ignite their curiosity and appreciation for the natural world. From building DIY tents to stargazing and making pizza from scratch, our students have been actively exploring the beauty and diversity of the outdoors.

One of the program's highlights was the design thinking activities, where students had the opportunity to construct their own tents using low resources, fostering creativity, resilience, and resourcefulness. They also compared their creations to store-bought tents, prompting discussions on sustainability and eco-friendly design.



In addition to practical skills, our students have also been reflecting on their personal growth and connection to nature throughout the year. Through activities such as identifying constellations and reflecting on their experiences in the outdoors, they have gained a deeper understanding of the interconnectedness of ecosystems and the importance of sustainable living practices.

As educators, we are proud to see our students embracing nature and developing a strong sense of ecological-mindedness. By fostering a deep connection to the environment, we are equipping them with the knowledge, skills, and values needed to become responsible stewards of the planet. We look forward to continuing our outdoor learning journey and inspiring future generations to embrace the wonders of nature.



But amidst the splendour of the performances, there was a deeper narrative unfolding—a story of resilience, growth, and transformation. Our learners, like shining stars in the night sky, shone brightly, illuminating the path ahead with their boundless potential and unwavering determination.



As the echoes of applause filled the air and the final notes of instrumental music faded into the night, we couldn't help but reflect on the significance of this moment. Graduating from Primary to Middle School is not just a milestone; it's a testament to the hard work, dedication, and resilience of our learners.



Congratulations, graduates, on this incredible achievement! Your brilliance knows no bounds, and we can't wait to see the extraordinary heights you'll reach. As you take your next steps into the future, remember that the lessons you've learned and the memories you've created will forever be etched in the tapestry of your lives. Here's to new beginnings, endless possibilities, and a future filled with success and fulfilment!

▶ A Dive into History: Grade 6's Creative Expedition

Exploring the annals of history alongside Grade 6 at the National Museum of Chhauni, our budding historians embarked on a creative journey through time on March 13, 2024, discovering heritage in the most imaginative ways possible. From ancient artefacts to inspiring exhibits, every moment was a brushstroke on the canvas of their learning adventure. The excursion to the National Museum of Chhauni was more than a mere educational excursion; it was an exploration that emphasised the significance of witnessing, feeling and immersing oneself in history firsthand. This field trip has been a testament to the power of experiential learning and its impact on young minds, fostering a love for learning that transcends the boundaries of our classrooms.



► Exit Point: Reflecting on the Journey of Courage

Grade 7 learners recently concluded their **International Middle Years Curriculum (IMYC)** unit on '**Courage**' with an inspiring Exit Point on March 7, 2024, connecting their experiences from the exhilarating journey to Pokhara. This Exit Point wasn't merely a culmination of their adventure; it was a profound sharing of their learning outcomes and understanding with peers and parents.

Throughout their exploration, the learners engaged in diverse activities, aimed at delving into the various facets of Pokhara and its surroundings. One notable highlight was the meticulous preparation of presentations, where they showcased their findings through slides, chart work, models, quizzes, and even artistic performances like song and dance. These presentations were a testament to their dedication and the depth of their learning.



Their journey to Pokhara served as a rich academic exploration, allowing them to delve into topics such as population demographics, geographical features, and the lifestyle and culture of local communities. By gathering data and analysing it with finesse, they honed their analytical skills and gained valuable insights into the region's diversity.

Beyond academic pursuits, the learners reflected on the personal growth and development they experienced during the trip. They shared stories of courage exhibited while trying new foods or overcoming challenges during hiking expeditions. Through these experiences, they practised personal dispositions such as resilience, adaptability, and open-mindedness, integral aspects of the IMYC curriculum.



The Exit Point was not merely a presentation of facts; it was a heartfelt sharing of experiences and emotions. The learners sang songs resonating with the spirit of cooperation and collaboration they experienced during their journey. They also delighted everyone with a cultural performance, celebrating the rich heritage of the region. Grade 7 Exit Point was a celebration of courage, learning, and cultural appreciation. It showcased the transformative impact of their journey to Pokhara, reinforcing values that extend beyond the classroom. As they shared their experiences with their parents, the learners not only carried memories but also a deeper understanding of themselves and the world around them.

▶ Bringing You the Highlights of Grade 8 BEE

The Basic Education Examination (BEE) commenced on March 15 and concluded on March 26, 2024. Throughout the assessment period, learners exhibited commendable dedication and resilience. They approached each assessment with enthusiasm and determination, showcasing their preparedness and eagerness to excel. Teachers and invigilators reported a positive atmosphere in examination halls, reflecting the learners' focus and commitment. In the lead-up to the examination, learners, with the guidance of their teachers and support from parents, engaged in rigorous preparation. They diligently reviewed course materials, participated in revision sessions, and sought clarification on challenging topics. This proactive approach to learning significantly contributed to their confidence and readiness on exam days. Across all subjects, they tackled questions with poise and clarity, leveraging their analytical skills to provide well-structured responses. Additionally, the application-based questions allowed learners to demonstrate their practical knowledge and real-world problem-solving abilities. As we conclude this examination cycle, we encourage learners to maintain their enthusiasm for learning and continue to strive for academic excellence. Each challenge presents an opportunity for growth, and with perseverance and determination, there is no limit to what they can achieve. Thank you everyone for making the Grade 8 BEE a resounding success. We look forward to witnessing the continued growth and success of our learners in the days to come.



▶ The Sovereign Forest

“*The Sovereign Forest*” by Amar Kanwar is more than just an artwork; it’s a compelling story that explores the struggles faced by indigenous tribes in Odisha, India.

Learners of Grade 9 attended the exhibition titled, “*The Sovereign Forest*” on Thursday, March 14, 2024, and Friday March 15, 2024, to enhance their understanding of the intricate connections between Politics, Human Rights and Ecology.



Mr. Kanwar sheds light into their struggle for land rights against industrialization through films, photos and audio. Kanwar meticulously weaves together these elements to create an experience that invites viewers to question the impact of human actions on the natural world.

Sovereignty of the land and its people is the main theme of the installation. It challenges the idea that indigenous voices can be overlooked and their territories can be exploited. Kanwar is looking to boost these voices and initiate conversations regarding the preservation of indigenous sovereignty.

Learners were fully submerged in the landscapes and cultures that Kanwar portrays in his artwork through the use of sound and imagery. Every element, from the peaceful beauty of the forest to the noise of protest chants, works to bring out emotions. Kanwar’s work urges us to rethink our relationship with nature and to protect both the land and its people.

▶ Ultimately, *“The Sovereign Forest”* serves as a clarion call to action, leveraging art to evoke introspection and empathy. It serves as a poignant reminder of our collective duty to safeguard the Earth’s resources and uphold the dignity of all its inhabitants.



▶ Renowned Author Matrika Prasad Lamsal Shares Exam Tips for Social Studies Ahead of SEE

In preparation for the **Secondary Education Examination (SEE)**, Mr. Matrika Prasad Lamsal, the renowned author of Social Studies textbooks published by Readmore Publication, conducted a comprehensive session on the Social Studies specification grid and model questions. The primary objective of this event was to equip learners with effective strategies to excel in the imminent SEE examinations.



During the session, Mr. Lamsal emphasised various techniques for tackling very short answer questions, short answer questions, and long answer questions in Social Studies. Leveraging from his extensive experience in crafting Social Studies materials, he provided valuable insights on how learners can confidently and clearly approach each type of question.

The interactive nature of the session facilitated learners to actively participate by posing questions and seeking clarification on challenging aspects in Social Studies. Mr. Lamsal attentively addressed each query, ensuring that all learners gained a deeper understanding of the subject matter.



Highlighting about the significance of such sessions, Mr. Lamsal remarked, “As SEE approaches, it’s crucial for learners to not only possess knowledge of the subject but also understand how to effectively convey that knowledge in an exam setting. By mastering the techniques discussed today, learners can enhance their performance and achieve better results in the Social Studies examination.” With SEE fast round the corner, sessions like these serve as invaluable resources for learners seeking to excel in their examinations. Mr. Matrika Prasad Lamsal’s expertise and guidance continue to empower learners, instilling in them the confidence and competence needed to approach the Social Studies exam with assurance.



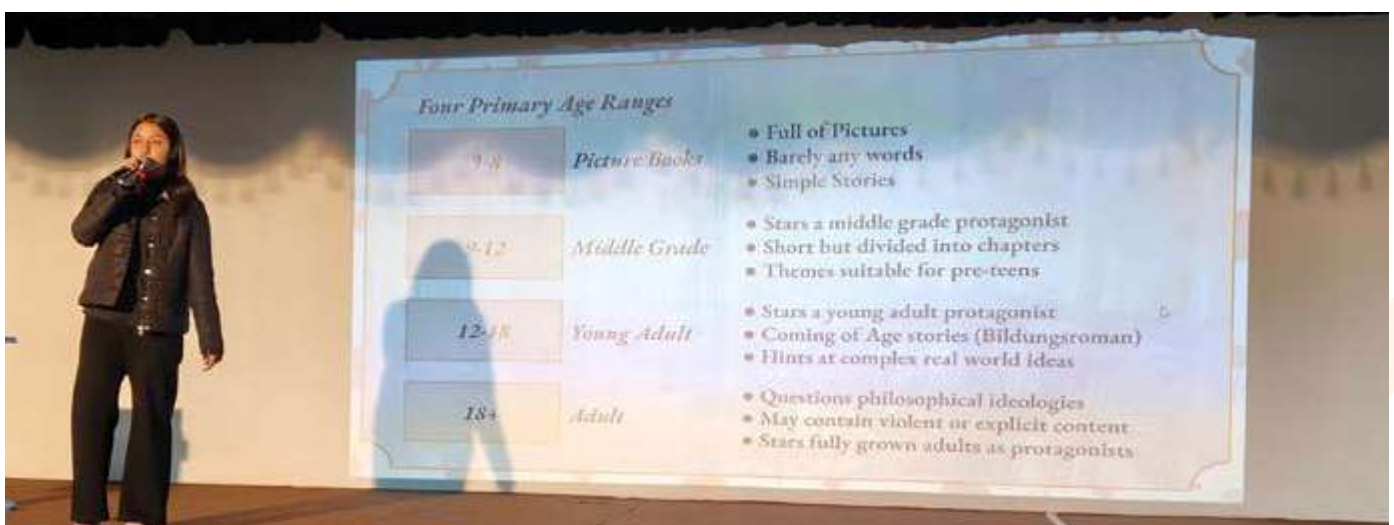
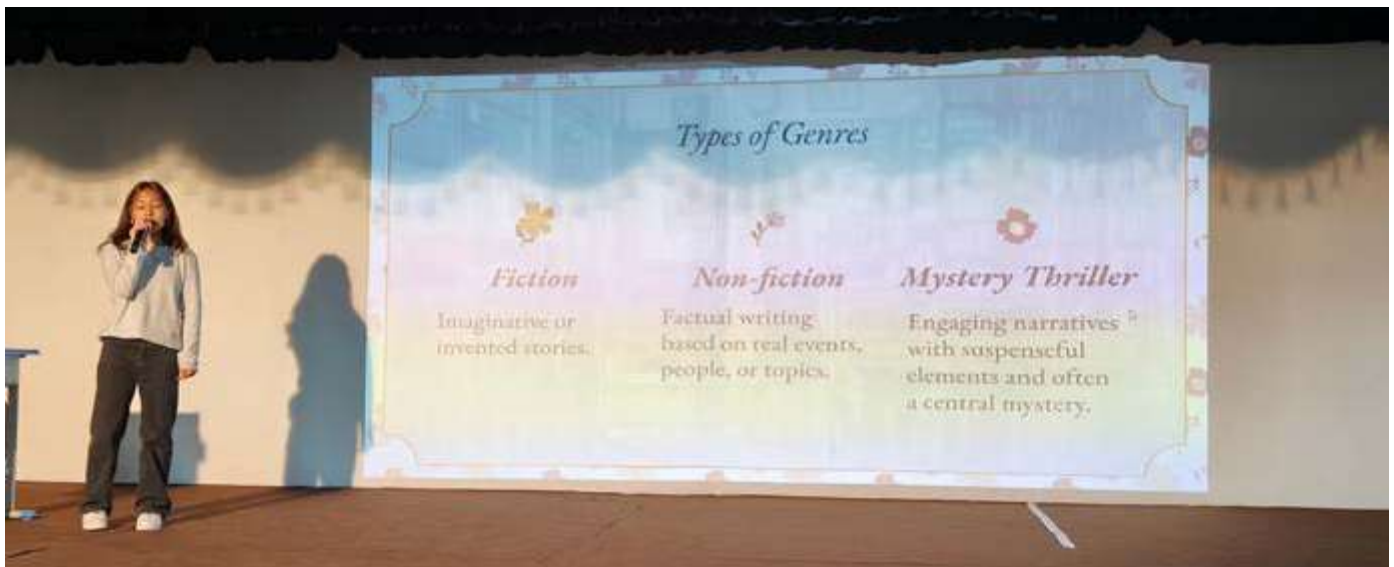
संक्षिप्त अध्ययन

कक्षा ११ का विद्यार्थीहरूले नेपालको राजतन्त्र र यस संग सम्बन्धित इतिहासको संक्षिप्त अध्ययन गर्न तथा देशको शाही सम्पदा र यसको महत्त्वबारे प्रत्यक्ष ज्ञान हासिल गर्न नारायणहिटी दरबार संग्रहालयको भ्रमण गरे। यस शैक्षिक भ्रमणमा विद्यार्थीहरूले ऐतिहासिक दरबारको लोभलाग्दो वास्तुकला र भव्य सजावटको अवलोकन गर्दै शाही वैभवको युग र सामाजिक अध्ययनमा पढेको नेपालको वर्तमान गणतन्त्रात्मक सङ्घीय लोकतान्त्रिक युगको तुलनात्मक अध्ययन पनि गरेका थिए। विद्यार्थीहरूलाई नेपालको विगतसँग अर्थपूर्ण रूपमा संलग्न हुने अवसर प्राप्त भएको यस शैक्षिक भ्रमणले निस्सन्देह उनीहरूको राजतन्त्र र इतिहासबारेको बुझाइ बढाएको छ।



▶ Amazing Assemblies- High School Learners

Grade 12 took centre stage on February 16th, with Sonam kicking off the show as the charismatic Emcee, setting the tone for an unforgettable event. Sambhavi, Kesang, and Shejali kept us on our toes with an exhilarating quiz covering diverse topics, showcasing their knowledge and flair for entertainment. Ved took us on a journey into the world of football as he shared intriguing anecdotes about the iconic Cristiano Ronaldo, leaving us all in awe of the legendary athlete. But the excitement didn't stop there! Deeya and Mamta treated us to a captivating video titled, *"A Day in the Life of High Schoolers"*, offering a delightful glimpse into our daily routines and adventures. And for all the bookworms, Shejali, Priyanka, and Paridhi presented an engaging session on *"How to choose a book"*, providing valuable insights that left us eager to explore new literary adventures. What an enriching and entertaining assembly it was!



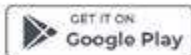
Not to be outdone, Grade 11 wowed us on March 15th with their stellar lineup of performances and presentations. Priyanka and Tenzin took charge as Emcees, seamlessly guiding us through the program with their infectious energy and charm. Shambhavi and Edward kept us informed and engaged with their segment on High School news, ensuring we were up to date with all the latest happenings. Kaveri and Paridhi then mesmerised us with a heartfelt rendition of Maya Angelou's empowering poem, *"Still I Rise"*, leaving us inspired and moved. The cultural extravaganza continued with Kesang and Sonam's electrifying Newari Dance, showcasing their talent and the rich tapestry of our school's cultural heritage. Ved, Thorong, and Prayog followed with a thought-provoking presentation on essential life skills, equipping us with invaluable tools for confidently navigating life's challenges. And let's not forget Mamta and Deeya, who took us on a virtual journey through their exciting endeavours in the FAB LAB, sparking our curiosity and creativity. Shejali brought the assembly to a close with her insightful speech on exam preparations, leaving us motivated and empowered to tackle our academic goals head-on. What a remarkable showcase of talent, diversity, and community spirit!



These assemblies were not mere events; they were reflections of the vibrant and dynamic spirit that defines our school community. Grades 11 and 12 have had a transformative learning journey this past year where they learned to brainstorm new ideas for the assembly.

THANK YOU

and hope you enjoyed reading!



www.sanskritiinternationalschool.edu.np

00977 1 4270523/573 | info@sanskritischool.edu.np

Thulobharyang, Halchowk, Swayambhu, Kathmandu, Nepal

