

SANSKRITI INTERNATIONAL SCHOOL

MONTHLY

NEWSLETTER

September 2023





NOTE FROM THE PRINCIPAL

Dear Parents, Greetings and Namaste!

As we bid farewell to the chapters of September, it's my pleasure to share with you some of the highlights from this month's activities.

Our Literacy Week Celebration was a resounding success. Our learners from Early Years to Grade 12 showcased an extraordinary depth of knowledge acquired throughout the Literacy Week in the presence of parents and some other school children from Kathmandu municipality. We were extremely pleased to welcome students from Annapurna School, Pragya Jyoti English School, Buddha Jyoti Academy, and Janasudhar School who joined us in commemorating our Literacy Day Celebration.

I would like to express my deepest gratitude to all the Guest Speakers - Mr. Karun Thapa, Ms. Anuradha, Mr. Bibek Dutta, Ms. Alfa Maiya Shakya, Ms. Sanjeevani Yonzon, Ms. Saktida R. L. Singh, Ms. Priti Agrawal, Mr. Nitesh Pradhan, Ms. Anuja Saraf Agrawal, and Mr. Madhav Khanal. Your presence added a meaningful dimension to the event, and your invaluable contributions are greatly appreciated. Thank you!

One of the highlights of Literacy Week was the special movie screening session of the film 'Pasang.' We were honored to have Ms. Dawa Futi Sherpa, the daughter of Ms. Pasang Lhamu, who joined us and engaged in deep conversation with our learners after the movie. This month also marked a moment of great pride as 35 learners from grades 9, 10, and 12 successfully completed their qualifying journey for the Duke of Edinburgh Award. Congratulations to the entire team for this remarkable accomplishment!

On a different note, I am delighted to share the achievements of our young athletes. Abir Pradhan and Saanvi Bajracharya, who recently participated in the 19th LA Inter-School Swimming Championship, emerged victorious. Their dedication to the sport is commendable, and their accomplishments reflect the values of discipline and perseverance, which extend beyond the pool.

I would also like to extend my heartfelt appreciation to all our parents, teachers, and staff. Your support and encouragement are invaluable, and I thank you for being an integral part of our school community.

We look forward to the exciting events and learning opportunities that lie ahead in the coming months.

Best Regards,
Timila Shrestha



► The World Around Us

On September 27, 2023, Early Years learners celebrated the Exit Point of the unit, "The World Around Us". The learners were very excited to come dressed in various national and international attires and share their understanding of the unit. They demonstrated various art and craft activities, performed action word songs, and engaged in sensorial activities with their parents. Throughout the unit, they learned and comprehended concepts related to exploring and caring for the environment, distinguishing between living and non-living things, understanding different countries, and embracing the principles of recycling, reusing, and reducing, all of which contributed to the enhancement of their international mindedness.



Plants

In our Grade 1 classroom, science came alive as our young learners embarked on a journey to explore the enchanting world of plants. Engaging all five senses, our learners smelled, touched, observed, and even tasted various herbs, deepening their understanding of these green wonders. The pinnacle of our science adventure was the eagerly awaited fair test conducted by our budding scientists. Guided by the question, "Why do plants need water and light to grow?" They meticulously followed the scientific process, setting up an experiment that left the room buzzing with anticipation. The results were nothing short of astonishing! As they observed, some plants, fortunate to receive both water and light, thrived, growing tall and robust, while others, deprived of these vital elements, struggled to flourish. This hands-on experiment provided an invaluable lesson, allowing our learners to witness the pivotal role that water and light play in the growth of plants. It's been a journey filled with wonder, exploration, and discovery, and we can't wait to see where our young learners venture next on their quest for knowledge.



▶ Seeing the Light

In a captivating journey of discovery, our second-grade learners recently immersed themselves in a hands-on exploration of the wonders of our planet. Guided by the International Primary Curriculum's *"Seeing the Light"* unit, they embarked on a fascinating Science Task that illustrated the concept of day and night using nothing more than a globe and a flashlight. This interactive experiment not only illuminated their minds but also brought to light the marvels of Earth's rotation and orbit.



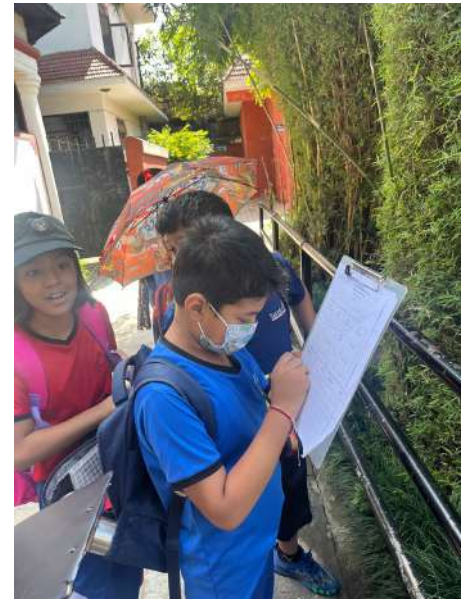
As our young explorers engaged in this experiment, they embarked on a captivating tour through the Earth's intricate dance with the sun, revealing the mesmerizing fact that different countries experience distinct times and seasons simultaneously. It was a moment of profound discovery as they grasped the scientific concepts behind the ever-changing patterns of day and night. Beyond the science, this activity also showcased our learners' talents as communicators, collaborators, and critical thinkers. They not only absorbed knowledge but actively shared their newfound understanding with enthusiasm, turning their exploration into a vibrant and interactive learning experience.

With each flicker of the flashlight and rotation of the globe, our second-grade learners illuminated not just the room but also their own path of curiosity and discovery. These young explorers have proven that, with a little creativity and a lot of wonder, there's no limit to the heights they can reach on their educational journey.



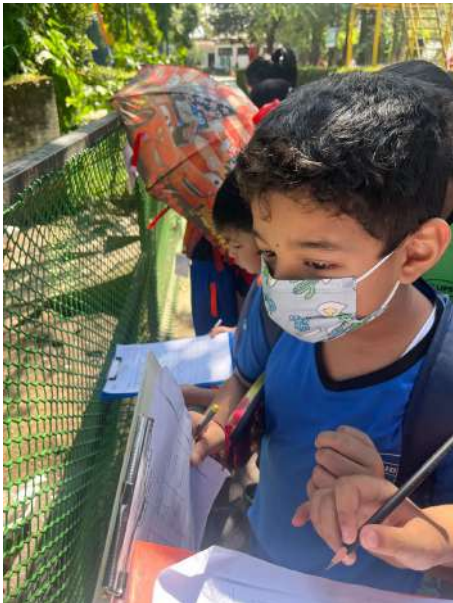
▶ A Zoo Adventure

As part of the International Primary Curriculum unit titled 'Vanishing Rainforests,' Grade 3 learners embarked on an educational journey on September 19, 2023 like no other—an exhilarating zoo adventure. This captivating excursion allowed our young explorers to delve deep into the heart of the animal kingdom, where they not only marveled at the diverse and exotic creatures but also gained profound insights into the delicate balance of life within rainforest ecosystems.



Our learners were fully immersed in the enchanting world of biodiversity, where they observed creatures of all shapes and sizes, from the tiniest insects to the majestic apex predators. It was a sensory-rich experience during which they learned about animal classification, behaviour and the intricate web of interdependence that sustains life in the rainforest. This hands-on encounter with the animal kingdom sparked their curiosity and ignited a passion for understanding the natural world.





However, this adventure was more than just a journey through the animal kingdom. It was a powerful lesson in the importance of conservation. Our Grade 3 learners discovered that many of the magnificent creatures they encountered are facing threats due to habitat destruction. This revelation instilled in them a sense of responsibility to protect and preserve these rainforest habitats and the incredible species that call them home. As they left the zoo, our young conservationists were not only armed with knowledge but also a determination to be stewards of our planet's irreplaceable rainforests.



▶ A Whirlwind of Words

During a captivating literacy-focused week, our Grade 4 learners delved into a world of enchanting stories in both Nepali and English. These sessions came to life through the dedication of our teachers, the active involvement of parents, and the narrative talents of our Grade 9 learners who shared the "Adventures of Tom Sawyer". The pinnacle of our literary journey was the presence of our special guest, Ms. Priti Agrawal, the talented author of *"Lila and her Pretty Amazing Explorers"*. She graced us with an engaging story session that not only sparked curiosity but also enhanced the storytelling skills of our young learners. We extend our heartfelt gratitude to both our enthusiastic parents and the ever-inspiring Ms. Priti Agrawal for generously sharing their time and passion during our literacy week activities.



Smart Traffic Light

In a spectacular display of innovation and collaboration, our Grade 4 learners have triumphed in their latest endeavor - 'The Smart Traffic Light' project, as part of their Internet of Things (IoT) exploration in the FAB LAB class.



These budding tech enthusiasts operated seamlessly and in specialized groups, each taking charge of a crucial aspect of the project, ranging from design and coding to the intricate assembly of the smart traffic lights. This project not only immersed our learners in the fascinating world of automation and technology but also sparked significant discussions about the vital importance of adhering to traffic light rules. Through hands-on experience and teamwork, our Grade 4 learners have not only delved into the marvels of the digital age but also heightened their awareness of the rules that ensure safe and efficient traffic flow.

▶ Empowering through Books

"Knowledge is power. Information is liberating. Education is the premise of progress, in every society, in every family." - Kofi Annan.

Grade 6 learners at our school have embarked on a commendable mission by organizing a book drive within our campus, resulting in the accumulation of a substantial number of books. This initiative is not just about collecting books; it's about nurturing literacy, advancing education at **Jana Sudhar School**, and enriching their library's collection.

As part of their celebration for the International Middle Years Curriculum (IMYC) unit and Literacy Week activities, our learners paid a heartwarming visit to Jana Sudhar School, engaging in collaborative reading sessions with their peers there. The atmosphere was filled with joy and enthusiasm, fostering a vibrant and enjoyable learning environment during this inspiring partnership.



▶ What's more, our learners generously contributed books and extended an invitation to their peers from Jana Sudhar School to visit our school for future activities. Kudos to the Grade 6 learners - your commitment and kindness make us truly proud! This initiative exemplifies the power of education to bridge communities and foster a love for learning.

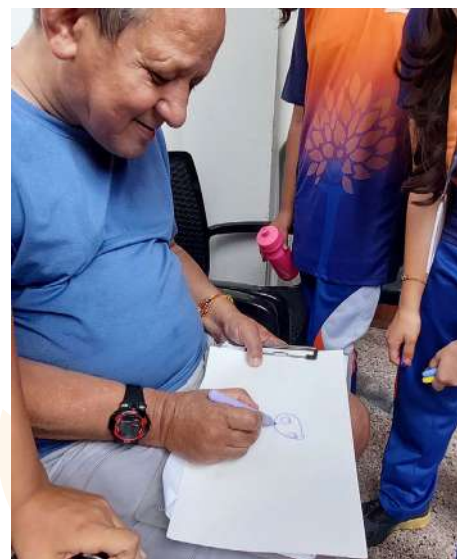


► Respect

We are delighted to share with you an inspiring update on the recent Grade 7 field trip that took place on Friday, September 22, 2023. As part of their exploration of the IMYC Unit "Respect," the Grade 7 learners embarked on a heartwarming journey to an **Old Age Home** located in Sanepa, Lalitpur. This experience left an indelible mark on their hearts, fostering a profound appreciation for the elderly and a deeper understanding of the significance of respect.



The visit to the Old Age Home was nothing short of memorable. The learners had the opportunity to engage with the elderly residents in a variety of meaningful ways. They shared stories, experiences, dance, and song, creating an atmosphere filled with laughter and joy. In a touching gesture, the Grade 7 learners offered the residents flowers and heartfelt greeting cards, which were received with smiles and gratitude.



Furthermore, it was heartwarming to witness the staff members of Sanskriti International School joining hands with the learners in their mission of respect. They provided the elderly residents with food, embodying the spirit of kindness and compassion that the Grade 7 learners had come to learn about and exemplify.



This visit served as a powerful reminder that respect is not merely a concept but a tangible force that can bridge generational gaps and cultivate a profound sense of unity and compassion within our community. The experiences and interactions shared on this day will undoubtedly leave lasting impressions on both the learners and the elderly residents.



► Sky Glass Swing Bridge

On September 13, 2023, Grade 8 learners embarked on a captivating journey to the **Sky Glass Swing Bridge**, a trip as part of their International Middle Years Curriculum unit on "Development." This remarkable adventure provided our learners with a unique opportunity to witness firsthand the gradual transformation that shapes communities over time, reinforcing the invaluable lesson that lasting changes unfold at their own deliberate pace. This outing was designed to offer our learners a tangible connection to the concepts they've been exploring in the classroom. And it certainly didn't disappoint! As they ventured to the Sky Glass Swing Bridge, our young explorers were transported into a world where development wasn't just a topic in their textbooks but a living, breathing reality.



Throughout the trip, our Grade 8 learners engaged in a diverse range of activities that brought the idea of development to life. They observed with awe how local development projects had a profound impact on boosting tourism, thereby igniting a newfound appreciation for the intricate connection between community growth and economic vitality.



► Empowering Minds by the Guest Scholar

In a riveting and eye-opening session during the Literacy Week, Ms. Saktida R.L. Singh, a distinguished guest speaker, captivated the hearts and minds of our eager grade 9 learners. On September 7, 2023, Ms. Singh, a former UNIFEM (now UN WOMEN) employee with over a decade of experience, took centre stage to shed light on the critical subject of gender equality and equity. The focus of her talk was crystal clear: to demystify the complexities of gender equality and equity. She engaged the audience by exploring the concept that true equality isn't about taking sides but striving to establish a level playing field for all genders. Ms. Singh's engaging approach fostered a stimulating environment where learners felt encouraged to raise their inquiries, further enriching the discussion. Throughout the session, she delved into topics such as gender stereotypes, the importance of inclusivity, and the impact of societal norms on gender roles. She encouraged learners to critically think about these issues and understand the significance of achieving true gender equality. By the end of the session, our grade 9 learners left with a newfound sense of purpose, armed with knowledge and an unwavering commitment to advocate for fairness and equity in the society.



▶ Sowing the seeds of knowledge in young minds

"The more that you read, the more things you will know. The more that you learn, the more places you'll go." - Dr. Seuss

In the realm of education, there is a timeless adage that underscores the importance of reading and learning. As we navigate the ever-evolving landscape of education, nurturing a culture of reading remains an essential component of English language learning. With this objective in mind, a group of motivated learners from grades 9 and 10 embarked on a mission to promote the joy of reading during Literacy Week.

The primary goal of Literacy Week was to instill a love for reading and ignite a passion for learning among students in grades 1-8. The students in grades 9 and 10 recognized the profound impact that reading aloud and sharing stories can have on younger learners. With this in mind, they enthusiastically engaged in reading aloud sessions, shared their stories, and introduced a wide array of books.

The older students from grades 9 and 10 assumed the roles of reading mentors. They prepared meticulously, selecting diverse and engaging materials that would captivate the imagination of their younger peers. Their objective was clear: to make reading an enjoyable experience and to inspire others to explore the world of literature.



In their efforts to make the reading sessions more effective, the students from grades 9 and 10 created their own lesson plans. These plans were designed to cater to the specific needs and interests of the younger learners, considering factors such as age-appropriate content, reading comprehension levels, and engaging activities to reinforce the themes of the stories. Through this process, the older learners not only honed their teaching skills but also developed a deeper appreciation for the complexities of effective communication. They encouraged their young listeners to ask questions, think critically, and draw their own conclusions from the stories. This imparted not only reading skills but also the ability to be inquisitive and analytical.



The literacy initiative proved to be a transformative learning experience for the students in grades 9 and 10. As they adapted to the role of mentors, they encountered diverse classroom situations and learned to adjust their approaches accordingly. This experience enabled them to embody personal dispositions such as respect, responsibility, empathy, and ethical thinking. They realized that imparting knowledge and fostering a culture of reading also meant demonstrating these values to the younger generation.

The efforts of the students in grades 9 and 10 during Literacy Week exemplify the profound impact that reading can have on young minds. By sharing stories, creating lesson plans, and emphasizing the importance of reading, they not only promoted a culture of reading but also developed essential life skills. Through their dedication, they opened the doors of opportunity for younger learners, guiding them toward a world of endless possibilities through the magic of books.



▶ Exploring Sustainability at ICIMOD

In an exciting and eye-opening educational outing, Grade 10 learners recently had the privilege of visiting the *International Centre for Integrated Mountain Development (ICIMOD)* on September 20, 2023. This visit proved to be a profound experience that opened their eyes to the diverse world of advancing sustainable initiatives.



At *ICIMOD*, our learners embarked on a journey of discovery as they were introduced to a wide array of sustainable practices and initiatives. One of the highlights of their visit was the exploration of medicinal herbs and their myriad applications.



In their quest for knowledge, our young learners also delved into innovative energy solutions. They learned about cutting-edge technologies that are shaping the future of clean and sustainable energy. It was an eye-opening experience as they grasped the significance of transitioning towards renewable energy sources for a greener planet.



Furthermore, our learners were enlightened about the expansion of beekeeping as a means to promote biodiversity and secure a more sustainable and prosperous future. Understanding the vital role that bees play in pollination and ecosystem health left them not only informed but also inspired to take action in support of our environment.



Perhaps one of the most striking moments of the visit was when our learners witnessed the vitality of wetlands. The importance of these ecosystems in maintaining water quality, supporting biodiversity, and mitigating climate change was vividly demonstrated. This experience left our learners buzzing with enthusiasm and a profound appreciation for the natural world.



Literacy Day Celebration

The Elementary School observed an amazing response of the hard work, passion, creativity, dedication and support from learners during the Literacy Week Celebration from Thursday, August 28 to Monday, September 8, 2023. The parents were an integral part of this global celebration as their participation in various read-aloud sessions was highly commendable. The learners learnt the significance of celebrating Literacy Week in the school and made connection with the SDG-4 Quality Education through various hands-on fun learning engagements exhibiting the Personal Goal of being Ethical, Respectful and Communicator. Literacy Week kickstarted with the visit of Book Bus. The learners were excited, engaged and involved in reading different kinds of books. In the rigorous two weeks the learners were involved in various activities such as focusing on *DEAR TIME (Drop Everything And Read)*, story creation through various fun learning engagements like Build a story, comic strip and illustrations where they developed and honed their reading and writing skill. They further had a Readathon to inculcate the joy of reading where the learners integrated it with Math and created Bar Graph, Pie Chart, Reading Logs. Learners continued to enjoy reading through Reading Menu and Reading Bingo activities where they had to post their book selfies and activities mentioned in it. After that they reflected their understanding collaboratively by creating Book Reports, Book Reviews, Lapbooks, Sandwich Book Review in Corn flakes box and created Blooms Ball. Learners enjoyed creating wonderful Acrostic, Rhyming, Diamante, Haiku, Quatrain and Tanaka poems. As a culmination of Literacy Week, the learners made their presence by dressing up as their favorite characters and enhanced their communication skill while showcasing and presenting their work to parents, learners and teachers. Elementary School learners were delighted to welcome learners from Annapurna School, Pragya Jyoti English School, Buddha Jyoti Academy and Janasudhar School who joined in commemorating this event.





► संस्कृति इन्टरनेसनल स्कुल, हल्चोकमा अन्तरक्रिया सम्पन्न

संस्कृति इन्टरनेसनल स्कुल, हल्चोकमा लेखन कार्यशाला, कविता प्रतियोगिता, कथा लेखन, बुक मार्क बनाउने, पुस्तक समीक्षा आदि जस्ता क्रियाकलाप सञ्चालन गरी साक्षरता सप्ताह चलि रहेको छ। यसै क्रममा सङ्क्रमणमा रहेको विश्वको लागि साक्षरता प्रवर्द्धनले नै दिगो र शान्तिपूर्ण समाजको आधार निर्माण गर्छ भन्ने सन् २०२३ को साक्षरता दिवसको विषयवस्तुमाथि अन्तरक्रिया कार्यक्रम १९ भदौ मङ्गलवार आयोजना भयो। साहित्यकार करुण थापा, बाल साहित्यकार अनुराधा र बाल उपन्यासकार माधव खनाल वक्ताका रूपमा अन्तरक्रियामा सहभागी हुनुहुन्थ्यो। पठन संस्कृति र यसको विकासमा देखिने समस्या, साक्षरता अभियानमा नेपालका चुनौती र सम्भावना, दिगो विकास अनि शान्ति स्थापनामा साक्षरताको भूमिका र परिवर्तनशील विश्वका चुनौतीहरूका लागि युवावर्गको भूमिका जस्ता समसामयिक विषयमाथि अन्तरक्रियाका वक्ताहरूले बोल्नुभएको थियो, जसको सहजीकरण विश्व सिग्देलले गरेका थिए। उक्त अन्तरक्रियामा वक्तालाई मायाको चिनो प्रधानाध्यापक तिमिला श्रेष्ठले प्रदान गर्नुभएको थियो भने स्वागत मन्तव्य श्रोमोना शाह र अतिथि वक्ताहरूलाई धन्यवाद ज्ञापन विद्यालयका सह-प्रधानाध्यापक अमित मन्त्रीले गर्नुभएको थियो।



► 19th LA Inter-School Swimming Championship 2023

In the world of competitive sports, Abir Pradhan and Saanvi Bajracharya have demonstrated what it takes to be true champions. Their recent triumph at the **19th LA Inter-School Swimming Championship** is a testament to their unwavering dedication, relentless discipline, and sheer perseverance. The entire Sanskriti International School community is beaming with pride as we celebrate their remarkable achievements. Beyond the medals and records, their success exemplifies the values we strive to instill in our learners – values that go far beyond the pool. Discipline, perseverance, and the pursuit of excellence are qualities that will serve Abir and Saanvi well in all aspects of their lives. We extend our heartfelt gratitude to the coaches who have guided and mentored these young athletes and the parents who have offered unwavering support.



As Abir and Saanvi shine in the pool, they not only make our school proud but inspire their fellow learners, showing them that with dedication and determination, the possibilities are boundless. Their accomplishments remind us of our commitment to nurturing well-rounded individuals who excel not only academically but also in their passions, whatever they may be.

Sanskriti Gavel Club

Sanskriti Gavel Club successfully conducted its 23rd meeting on Tuesday, September 19, 2023. The highlight of the gathering was the installation of the new Executive Members, which provided an invaluable opportunity for members to gain deeper insights into the diverse roles within a Gavel Club meeting. The newly elected Executive Committee members also delivered a captivating presentation on different roles in a Gavel club meeting.

We extend our heartfelt congratulations to the new Executive Members:

President: Gavelier Angel Maharjan

Vice President of Education: Gavelier Devansh Baheti

Vice President of Membership: Gavelier Rithik Mainali

Vice President of Public Relations: Gavelier Neha Shrestha

Secretary: Siyona Shrestha

Treasurer: Inesh Raj Maskey

Sergeant at Arms: Naavya Jajodiya

May their leadership and dedication continue to enrich the Sanskriti Gavel Club.



▶ Duke of Edinburgh Award Journey

From September 24-26, 2023 went to Dhaap, to embark on their concluding Duke of Edinburgh qualifying journey. Our school witnessed a moment of great pride as 35 outstanding learners from grade 9, 10, and 12 successfully completed their inspiring journey towards earning the prestigious Duke of Edinburgh Award. The dedication, perseverance, and resilience displayed by these young explorers throughout their adventure are truly commendable.

Over the course of two nights and three days, these determined participants undertook a series of challenges that included camping, route finding, cooking, and many more. Their unwavering commitment to personal growth and exploration was evident in every step of this remarkable journey.



The journey was not just about conquering the great outdoors; it was about conquering personal limits and building essential life skills. Teamwork, communication, and adaptability were on full display as these learners navigated through various tasks, often under challenging conditions. It was genuinely gratifying to observe the incredible growth and development of our learners as they faced these challenges head-on.

This incredible achievement wouldn't have been possible without the unwavering support of our dedicated supervisors, team leaders, and the parents who played pivotal roles in guiding, mentoring, and motivating our young adventurers. Their guidance and encouragement were instrumental in making this endeavor a resounding success.



► GEMS Basketball Tournament

On September 26, 27 and 29, 2023 learners from grade 9 and 10 participated in the **Senior Boys U-16 GEMS Basketball Tournament** in a thrilling display of phenomenal skills and impeccable teamwork, Sanskriti's Senior Boys Basketball Team left a lasting impression at the match. Their performance on the court was nothing short of extraordinary, and it's a testament to their dedication and hard work.

The team's journey through the tournament has been nothing short of remarkable. The players showcased their passion for the game, determination, and remarkable skills, capturing the hearts of both fans and competitors alike. The Semi Finals match was a fierce battle, and our team's remarkable performance left everyone in awe. We extend our heartfelt gratitude to the dedicated coaches who have been the guiding light for our young athletes. Their unwavering support and tireless efforts in honing the team's skills have undoubtedly played a crucial role in this incredible achievement.



THANK YOU

and hope you enjoyed reading!



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