

SANSKRITI INTERNATIONAL SCHOOL

MONTHLY

NEWSLETTER

Nov-Dec 2022



“With an enthusiastic team, you can achieve almost anything.”



NOTE FROM THE PRINCIPAL

Dear Parents,
Greetings and Namaste!

November and December have always been busy months for us with various events and completion of the third semester. The hustle and bustle have kept us on our toes and the learners engaged in their learning. The numerous activities our learners are involved in continue to inspire us to perform even better.

Our learners engaged exceptionally well in our educational trips/ activities that were carried out internationally, in-school, close to the school and out of the valley. The learners were at their best behaviors during the trips and showed immense respect to the locals as well as to their teachers and peers. After each excursion, our students produced reflections and presentations that demonstrated their understanding. I can simply say, it was all worthwhile!

No one could have resisted the performance of our little EY learners, as they demonstrated their energy and enthusiasm for their annual sports day and their affection for their grandparents during the open day program. We are all delighted to witness their content growth.

SMUN this year was also a great success. The involvement of our secondary school learners and our alumni taking the lead roles as the chairs of different committees, was exciting. During the conference, our learners showed leadership qualities and showcased their problem-solving abilities. A big shout-out to all!

With the onset of the new year, we wish you all a Happy and prosperous New Year 2023.

Best Regards,
Timila Shrestha

Early Years

▶ Grandparents Special

"With an enthusiastic team, you can achieve almost anything."

Early Years learners celebrated their Open Day on Wednesday, November 30, 2022. They worked on the theme - Grandparents. They made beautiful cards and dedicated their performances to their grandparents. Learners worked collaboratively and respectfully with their peers and facilitators. They displayed their resilience during the program by showcasing their skills through drama. The drama was performed in Nepali as well as in English. They also sang and danced confidently. They were exhilarated to perform on the stage. The program was conducted successfully. Parents were overwhelmed to observe the performance of their children.



Grade 1

► Field trip to the Central Zoo

Visiting the zoo is an enjoyable experience. It is joyful to see and spend time with the animals. On Friday the 25th of November, 2022, learners of grade 1 went on their second field trip to the Central Zoo. They were extremely thrilled to see the animals in real life about whom they had only read in class. They learnt about different animals and their habitats along with the role of animals in nature. They also learnt the significance of conserving animals. The activities conducted during the trip were connected to their science course. Learners were excited to look for various types of animals like omnivores, carnivores, herbivores, domestic, wild and many more. All of the learners were cooperative and respectful towards their classmates and teachers.



▶ Hiking to Mhepi Temple

Learners of grade 1 participated in the *Mhepi Ajima Temple* hike on December 8th, 2022. It was an easy and pleasant hike for our little learners. The hike gradually raised with the well-maintained trail with stone steps from the bank of the Bishnumati river. It was filled with a variety of plants and flowers. Learners got a chance to explore mother nature.

Nature always delivers a unique learning environment that is both stimulating and calming. Nature can provide a feeling of peace and tranquillity, while also delivering a stimulating environment for knowledge. By observing and interacting with nature, learners learnt to think critically and enhanced their problem-solving skills. At the top of the hill, learners explored the Mhepi Temple. The top of the hill is a sacred site where locals perform their rituals on auspicious days. From the top, everyone could see the panoramic view of Kathmandu valley.



Grade 2

▶ Trip to Namu Buddha

On Thursday, 10th November 2022, learners of grade 2 had their much-awaited trip to Namu Buddha Resort situated at Namu Buddha itself. The place was on a hilltop, not far from Kathmandu but away from pollution and the hustle and bustle. The learners were cheerful and excited to be a part of their 2-day and 1-night trips in the resort.



The journey started after having a light breakfast at school. Upon their arrival at the destination, the learners were stirred up by the view. It was a little plot of paradise with a traditional Newari-style cabin, surrounded by lush flowers, organic farmland, and forest. They were provided with a hearty meal prepared from the resort's organic vegetable garden. As soon as they got refreshed in their allocated rooms, they were given a few hours to have snacks, play games and to enjoy. In the evening, the learners sang and danced around the bonfire munching marshmallows. Then they video called their parents back home. The day ended with a mouth-smacking dinner, spaghetti with cheese.

▶ Hike to Ichangu Narayan

"To walk in nature is to witness a thousand miracles." - By Mary Davis

A wonderful adventure for Grade 2 learners began on Friday, 9th December 2022 from Swayambhu to Nagarjun, Ichangu Narayan Temple. It was a hike with 40 kids guided by teachers. They thoroughly enjoyed the outdoor experience and had an exhilarating learning opportunity. Our learners had a miraculous and adventurous journey while walking. They observed the semi-rural lifestyle of people living on the outskirts of the valley. The 4.8 km hike covered all the locations in and around the Nagarjun area. On the way, they got a chance to see the antique stone tap, beautiful flowers, serene green hills, and religious idol of Gods and Goddess where they stopped and worshipped by ringing the big bell in the temple. They enjoyed the day with the fresh fruits that were offered to them. All the learners were responsible, resilient, and collaborative during the hike.

▶ We Are What We Eat

"We are what we eat, not only physically but mentally and emotionally as well." - Derek Rydall

On Wednesday, 28th December 2022, the second-graders were thrilled to conduct their Exit Point of the IPC unit "We Are What We Eat". The primary objective was to share their knowledge and understanding of the unit along with some skills. It all began with identifying the activities done in each learning process. They also concentrated on, '**Connected Learning**' of each subject like *Science, Maths, English and Nepali Language Arts, Geography, History, ICT, Music, Arts, Technology, Health and Well-being.*



- ▶ They were pleased to learn about the scientific, historical and geographical factors that determine the availability of food. They were also introduced to famine and drought linked with Sustainable Development Goal 2 - 'Zero Hunger'. Learners shared their experiences on their visit to 'Mezze by Roadhouse' situated at Durbar Marg where they made their own pizzas based on the balanced diet. They enthusiastically participated in sharing their understanding of the unit through different games. The program concluded with everyone tasting authentic Newari food while the learners sang beautiful songs. They aimed to be resilient, ethical, respectful, adaptable, communicators, collaborators, empathetic and good thinkers throughout the unit.

Grade 3

▶ Chitwan Trip

"The best education you'll get is traveling. Nothing teaches you more than exploring the world and accumulating experiences." - Mark Patterson

Grade 3 learners had an adventurous and educational trip to Chitwan. They explored the culture and lifestyle of the Tharu community, as the community is one of the popular and reputable indigenous groups of Nepal. Learners watched the Tharu dance and joined them during the bonfire night. Machan Country Villa delivered a variety of activities allowing them to discover both the wildlife and the way of life of the Tharu villagers. At Machan, a group of expert naturalists shared their knowledge of the jungle's flora and fauna while taking everyone on a **Jeep Safari**. The learners were able to have a better understanding of the landscape and natural resources in Chitwan. During the nature walk, the learners also observed different kinds of birds and the village lifestyle. Their visit to Tharu Museum was enriching and educational.





They enjoyed various exciting activities within the villa. As a gesture of gratitude and appreciation, the third graders sang a Nepali song to the staff of Machan Country Villa. This trip was a golden opportunity for the learners to interact with their peers and teachers outside their classroom.

▶ Water is life

The third graders conducted a water survey as a part of their geography task of the IPC unit, 'Water, Water, Everywhere'. They performed this at the school and their homes to discover the usage and wastage of water.

The unit focuses on Sustainable Development Goal 6, Clean Water and Sanitation. Learners also made connections to other SDGs according to their knowledge and previous experiences. They learnt that water conservation is a practice of using water efficiently to reduce unnecessary water usage. According to Fresh Water Watch, water conservation is important because fresh clean water is a limited resource, as well as a costly one. They enthusiastically investigated various water sources in the school and their homes such as taps, toilets, sinks, and even water dispensers. Thereafter, they created a map to record the information and mark the water leakage areas. We discussed why it is important to conserve water. They were curious and learnt to read the water meter at home. They took readings every single day, over the course of a week. Water shortage is also a big problem in many cities and countries. Global warming can worsen water shortages in some places and create water shortages in other places. However, we can take steps to control our water consumption to avoid waste and shortage. Thus, the learners have made creative posters to spread awareness within the school.



Grade 4

▶ Trip to Gorkha

"Travel opens your heart, broadens your mind, and fills your life with stories to tell." - Mark Twain

On November 9th, 2022, learners of Grade 4 visited Gorkha for their 3-day annual educational trip. The trip was linked with the curriculum which allowed them to explore the birthplace of Prithvi Narayan Shah and the land of Gurkhas. Learners gathered in the school early in the morning with great spirit and enthusiasm for the trip. They were excited and ready with their backpacks. On the first day of the trip, learners got to experience the serene beauty of Gorkha through their adventurous hike around the village of Gorkha Garden Hotel. The village had a peaceful and clean environment. The day ended with delicious snacks, dinner, a dance, and an amazing bonfire.



On the second day, they were delighted to start the day with Yoga and exciting game sessions. After breakfast learners were busy recording their observations in the trip sheet followed by comparing and contrasting the lifestyle and geographical features of Kathmandu and Gorkha. They also had a short tour of the hotel property. In the afternoon, they visited Gorkha Durbar Palace and Museum for which they had to hike up to the top. They were thrilled to observe the whole district from the top of the hill. Unfortunately, Gorkha Durbar Palace was still under construction and was only partially open to the public but luckily, the tour guide helped the learners to collect the necessary information for the trip sheet. Learners interviewed him and gained new knowledge about Prithvi Narayan Shah and of Gorkha district. On the last day, learners reflected on their new learning and shared their experiences of the journey. Overall, it was a fun and meaningful journey where learners explored Gorkha and created memorable moments.

► Physical Education

"Intelligence and skill can only function at the peak of their capacity when the body is healthy and strong." - John F. Kennedy

Physical education is important for learners as it aims to develop students' physical competence and knowledge of movement and safety as well as their ability to use these to perform in a wide range of activities associated with the development of an active and healthy lifestyle. Learners of Grade 4 are always very excited and enthusiastic for their Physical Education class. They eagerly wait for the class and are getting better at it. They have improved their endurance, balance, strength and flexibility which has also helped them with their academic performance.



Coordination, communication and sportsmanship among classmates is improving every single day. Overall, physical education has a positive impact on learners' lives as they become physically literate with the knowledge, skills, and confidence to enjoy a lifetime of healthful physical activity.

Grade 5

▶ Nuwakot Circuit Trip

Grade 5 had a wonderful educational trip to Shivapuri-Nuwakot Circuit. Learners started the three days trip on 23rd March 2022 for a guided hike through the Shivapuri National Park. They spent the night at Shivapuri Village Resort. On the second day, they started their two-hour road trip from Shivapuri to Nuwakot. Everyone was very excited. They visited Nuwakot Durbar and learnt about its rich history. Learners were thrilled and fascinated to hear about Prithivi Narayan Shah. They presented their learning experiences in the form of letter writing, travel diary, reflection, art and presentation. On the third day, on their way back to the school, they visited Devighat. Devighat is the confluence of the Trishuli and Tadi rivers. The learners got an opportunity to learn about the riverine ecosystems, climate change and challenges. Learners were involved in the riverside cleaning campaign to spread awareness about keeping the environment clean. Overall, it was a great fun learning experience.



Grade 6

▶ India trip-Golden Triangle Dec2022

*"A gentle word, a kind look, a good natured smile can work wonders and accomplish miracles."
- William Hazlitt.*

Learners of Grade 6 went on an enriching trip to India from December 7th - 13th, 2022. Great enthusiasm, curiosity and energy were seen amongst the learners throughout the trip. Travelling to the **Golden Triangle of India**, which consists of the cities Delhi, Jaipur and Agra, the learners were exposed to different cultures and traditions. They gained a wider understanding of the world and learnt to appreciate other people's way of life. The highlight of the trip was the visit to Akshardham Temple where they witnessed The Sahaj Anand Water Show which was a breathtaking 24-minute presentation that portrayed a story from the Kena Upanishad. Multi-colour lasers, video projections, underwater flames, water jets and surround sound in a symphony with lights and live actors produced a captivating and inspiring presentation for all.



Grade 7

► Hike To Ichangu Narayan

On Monday, 7th November 2022 the learners of Sanskriti International School went on a hike to Ichangu Narayan as part of the outdoor learning program. Learners explored the natural beauty and religious significance with resilience and collaboration throughout the journey. This hike was an opportunity for learners to connect with mother nature.



Our hike to Ichangu Narayan was definitely a great experience. The trail itself was moderate, with a few uphill walks but no glaring obstacles, proving the walk to be relaxing for all of our learners. Learners got to see many astounding views such as hills, marigold farming, and Aadinath cave on their way. The weather seemed mild, with a nice blend of sunshine and shade from trees. Overall, the environment was very pleasant for a hike. Ichangu Narayan Temple itself has substantial importance in the Hindu religion, so we were all glad to behold the 5th-century historic temple. Moreover, the cleanliness and decoration of the temple were praiseworthy. Despite the short time, the Grade 7 learners found this hike quite enjoyable and productive. The learners could enjoy each other's company and catch up with each other, but they could also pay attention to and take care of the nature within the area. Through this hike, we were able to experience another successful event, and the pleasing views allowed this hike to be a more remarkable experience.

Grade 8

► Switzerland park

"To walk in nature is to witness a thousand miracles." - Marie Davis

Switzerland park hiking is one of the most popular hiking destinations around Kathmandu Valley. This hiking is a great combination of natural, historical, and religious significance. Indra Daha is a pond where *Lord Indra* took bath to get rid of the curse of *Gautam Rishi*. This place is also famous for the graveyard of chief commander Kalu Pandey. Kalu Pandey was the chief commander of Late king Prithivi Narayan Shah and died in the first invasion of Kirtipur. Switzerland Park is a famous picnic spot for many internal and external tourists.



As a part of the outdoor learning our learners of Grade 8 went on an adventurous hike to Switzerland Park on Friday, 11th November, 2022. For our learners, the fascinating and exciting real hike to Indra Daha Switzerland Park began at the main entrance gate of the park. After an hour of a hike, the learners reached Switzerland Park. Switzerland Park is beautifully made up of the steep slope and a fabulous green forest of Rhododendron, Pine, and Blackberries. The melodious chirping of various species of birds can be heard while walking through the trails. The park constructed around the cemetery of Kalu Pandey, chief commander of Late King Prithivi Narayan Shah, is also the main attraction of this place. The learners learnt about the historical significance of the place as they visited the Kalu Pandey memorial at the top of the hill. Overall, it was a fun learning experience for our young learners.

▶ TRIP TO LIGLIKOT

"We must teach our children to smell the earth, taste the rain, to touch the wind, to see things grow, to see the sunrise and nightfall." - John Cleal

Ligligkot is a hilltop located in Palungtar Municipality in Gorkha District. It is located at a height of 1437 meters at sea level. Gorkha District has a long and intriguing history. It's where a royal dynasty got its start and the famous Gurkha soldiers got their name. As a part of their local curriculum, our young learners of Grade 8 had an exceptional learning experience during their trip to Ligligkot from December 4th to 8th, 2022. During their visit to Ligligkot, they came to know about the history of the place and how the place relates closely to the unification of King Prithivi Narayan Shah. They also got an opportunity to learn basic life skills in an outdoor setting through different activities like pitching a tent, hiking, doing kitchen duties, and surviving on the minimal available resources out of their comfort zone.



▶ The outdoor camping trip for the learners was fun as well as an opportunity to enhance various attributes and skills like resilience, collaboration, and adaptation. This trip was a great learning experience for the young learners to have a first-hand experience of the local culture, and history and enhance their soft skills by collaborating with the local community school. Overall, the trip was fun-filled and entirely a new experience for them.



Grade 9

► Experiential Trip to Liglig Kot

"Some trips are just never forgettable because they were lived full-heartedly with the best ones... And the best thing is that when we come back, we have an extra suitcase FULL of all the memories gathered there, in our HEARTs."

Grade 9 learners enjoyed the fun-filled experiential trip to Liglig Kot, Gorkha from November 28th to December 2nd, 2022. This was an experiential trip where learners got an opportunity to learn basic life skills in an outdoor setting through different activities like pitching a tent, hiking, doing kitchen duties, and surviving on the minimal available resources out of their comfort zone. This trip was a great learning experience for the young learners to have a first-hand encounter with the local culture, and history and enhance their soft skills by collaborating with the local community school. The learners were seen involved in different activities throughout the day which helped them to know their own resistance and patience level which is definitely going to guide them to cope with the difficult situations in life. Along with a lot of adventure and fun games, they also had quality time with their friends. All in all, every learner was delighted to be with their friends somewhere far from their family, their regular routine, and in a remote village.



► Hike to Switzerland Park

“The world reveals itself to those who travel on foot.”- Werner Herzog

On November 16th, 2022, the learners of grade 9 went for a short hike to Switzerland Park, Nagarjuna with their teachers. They enjoyed the beauty around the park and were discussing the historical significance of the surrounding area. The learners were impressed to see the cleanliness of the park. When the learners were near *Kalu Pandey’s* tomb area, they began to read the historical scripts. All of them showed tremendous respect to the brave historical figures that saved the nation. After a short rest, the learners formed groups and walked back down. Then, the learners gathered on the picnic ground and sat for lunch. All of them enjoyed their food and discussed the amazing hike.

Grade 10

► Hike to Jamacho in Nature

On November 16th, 2022, the learners of Grade 10 enjoyed a peaceful hike to Jamacho through the woods of Nagarjun Hill. The learners set off in the morning after breakfast, and as they walked through the woods of Nagarjun Hill, they were surrounded by the freshness of nature. The sound of birds chirping, the rustling of leaves and the cool breeze blowing through the trees all added to the peaceful atmosphere. As the students walked, they had the opportunity to practice different personal dispositions such as adaptable, collaborator, resilient, and communicator. The hike required the learners to work together as a team and support each other along the way. The hike was not only an opportunity for the learners to enjoy the beauty of nature, but also to practice important life skills such as teamwork, leadership, and communication. The learners returned from the hike feeling refreshed and energized, with memories that will last a lifetime.





In conclusion, the hike to Jamacho through the woods of Nagarjun Hill was an incredible opportunity for the learners of Grade 10 to appreciate the beauty of nature, and also to practice different personal dispositions. It was a perfect blend of learning, fun, and adventure. It's an experience that will be cherished forever.

▶ Setting Goals for Success: A Guide for Learners

In today's fast-paced world, it's essential for learners to set goals for themselves. Not only do goals provide a sense of direction and purpose, but they also help to keep you motivated and focused on your long-term aspirations. Recently, **Ms. Binita Karka, Youth Program Coordinator, Unicef**, conducted a session for secondary-level learners on setting goals, both short-term and long-term, as well as discussing the importance of considering a career path.

One key takeaway from the session was the importance of setting both short-term and long-term goals. By setting both types of goals, learners can work towards their ultimate aspirations while also taking small steps to achieve them along the way.

Another important point that was discussed during the session was the importance of considering a career path early on. It's crucial for them to think about their future and the type of career they want to pursue. This can help to guide their course selection and extracurricular activities, as well as provide a sense of purpose as they work towards their long-term goals.

In conclusion, setting goals, both short-term and long-term, is crucial for success as a learner. By having a clear sense of direction, they will be better able to focus on their studies and extracurricular activities and stay motivated as they work towards their aspirations. Additionally, while making their career decision in the future, this can help them make important decisions about their education and provide a sense of purpose as they work towards their goals.

The session was a valuable opportunity for learners to learn about the importance of goal setting and career planning. With the right mindset, learners can achieve great things and set themselves up for a successful future.

Article (Grade XI and XII)

▶ Article of ETS session with Dr. Alek

On November 14th, 2022, ETS had an interactive and informative session with learners of Grade 11 and 12. **Dr. Alek Voninski, Director of Client Relations at ETS**, provided a thorough explanation of the TOEFL exam as well as information on alternative English proficiency tests. He also responded to the learners' queries. **Dr. Voninski** also gave an insight about the abroad learning and work experience. This information was informative for the learners. The learners were able to gain knowledge on the process of TOEFL examination. Dr. Voninski explained every procedure in the most simplest way so that every learner attending the session could comprehend him. The advice and tips shared in this session will be beneficial for the learners.



School Events

► Sanskriti Model United Nations

The two-day **SMUN 2022** took place on December 11th and 12th, 2022. Eight committees participated in the program. There are six primary UN bodies. During the sessions, delegates of the different committees came up with various motions during the moderated caucus. The Sanskriti Model United Nations '22 was a successful and interactive session where learners played the role of delegates of different countries and embarked upon a real UN meeting attempting to solve real world issues. This year, the Sanskriti Model United Nations introduced eight committees with different agendas for the delegates to debate and discuss upon through the perspective of their respective countries.

Committee: United Nations Security Council

Agenda: The situation in Ukraine

For this committee, the best position paper was handed to the delegate of the Kingdom of Norway - Tanisha Sinnya The best strategist was awarded to the delegate of the Republic of China - Prisha Malla and the delegate of the United Kingdom - Devan Rajouria, was awarded the best delegate of the committee.

Committee: ECOSOC

Agenda: Achieving financial prosperity in the least developed countries

Chair: Nitisha Gurung

Co-chair: Nayan Jung Thapa

Best Strategist: Shaurya Pratap Sen Thakuri, Delegate of UK

Best Delegate: Sushanka Adhikari, Delegate of USA

Best Position Paper: Arya Shakya, Delegate of Oman

Committee: UNEP

Agenda: Preventing the exploitation of natural resources in war and armed conflicts. For this committee, the chair was Sakchhyam Shakya and our co-chair was Nishi Mahat. Russia won the best delegate, Kenya won the best position paper, and Syria won the best strategist.

Committee: United Nations Human Rights Council

Agenda: For this committee, Ashraya Piya was the chair and Sneha Nepal was the co-chair of the committee of **UNHRC**.

There were three award winning delegates from this council. Delegate of Afghanistan- Elizabeth Lee was awarded with Best Delegate award. The award winner for Best Strategist was the delegate of Iran- Aadhya Shrestha and the award winner for Best Position Paper was delegate of Vietnam-Samridhi Khadka. Special mentions were given to the USA- Bipashna Tandukar, Iraq- Lakshyata Twanbasu, Ukraine- Paridhi Pradhan, United Kingdom- Pratisha Shrestha, and Russia- Diya Manandhar.



▶ Committee- UNICEF

Agenda- 'Children's Right in the Arab World'

The delegate of Saudi Arabia, Saaswot Deep Joshi was able to achieve the Best Position Paper. The Best Strategist and the Best Delegate positions were taken by the Delegate of China, Aavya Pradhan and the Delegate of Germany, Tanush Dhakal. Also, the UNICEF committee was not complete without the assistance of the co-chair, Riyanna Maharjan.

Committee: WHO

Agenda: Ensuring mental health in children.

Vaccination issue during a pandemic situation.

The awardees of WHO committee are as follows:

Best delegate: Kirtan Yagol who was the delegate of France

Best strategist: Sadhak Maharjan who was the delegate of Singapore.

Best position paper: Priyanka Mansukh Gangadia who was the delegate of Japan.

▶ MUN Experience as a chair and the committee regulation of SOCHUM

My co-chair and I entered the first day with unexplainable enthusiasm. We set up the vibe so that everyone could brighten up their mood and be energetic. The agenda for our committee was, *"Increasing female representation in leadership roles and addressing the gender wage gap"*. All the delegates started off the committee strong by including their name in the general speakers list. Two thirds of the delegates spoke wise fully on the agenda, clearing the stance of their countries. On the first day, about 4 to 5 moderated cocas were raised which is quite commendable. Second day was an interactive session with people speaking up and there were heated discussions. All the arguments and pints made by the delegates were well researched. Even the introverts were getting comfortable and spoke up extremely well. Many young faces were present in our committee and despite their age, they stood their ground and expressed their arguments respectfully. I am glad to say that the delegates were very responsible, respectful and obedient. The delegates were cooperative and listened to one another. They learnt to be collaborative and to communicate respectfully. The delegates did not hesitate to raise their doubts with the chair. Overall, the committee regulated smoothly and was able to come up with two resolution papers. Out of the two papers, one passed making the committee a success.

▶ FAO Reflection

The chair of FAO started the committee by going through the roll call where the large majority of delegates voted for Present and Voting. After the roll call, they went into a **GSL** session. The chair was satisfied with the well-written and thought out speeches given by the delegates. The delegate of China started the first moderated caucus. Two additional **MOD** caucuses were prior to the **UNMOD** so that they could work on the resolution draft. They had two more **MOD** caucuses before an **UNMOD** so that they could start working on a draft resolution. By lunch time, the delegates were half way through the draft resolution. The draft resolution paper was done after the **UNMOD** session. Then, they ended with the motion of entertainment and adjourned the committee for the day. Day 2 started with additional **GSL** sessions as the delegates spoke and debated more with each other. They raised a few motions on several topics then they agreed to head into **UNMODS** so that they could work on the final resolution paper. However, while writing resolutions, there was a divide between two blocs of nations so they ended up writing two resolutions papers. The committee had to vote to pass one resolution. The resolution made by The United Kingdom, United States, and China was passed. The best strategist was awarded to *Angel Maharjan*, best position paper was awarded to *Devansh Baheti* and the best delegate was awarded for *Ojas Acharya*.

▶ Early Years Sports Day

Early years' Annual Sports Day was held on 27th December 2022, Tuesday in the school premises with fervor. Little learners thrilled everyone with their synchronization in the Olympic walk, different yoga poses, drill, and march past. The event was conducted with various activities like a running race, chair game, bursting the balloons, stacking the glasses, balls, and buckets games. The atmosphere was electric when the parents and teachers had a friendly football match against each other. It was a fun day focusing on promoting physical activities and healthy competition among learners. With a favorable climate, enthusiastic children, and parents, the Early years' sports day was a wonderful event.



▶ Elementary Sports Day

If there is one field of life that teaches us the most valuable lessons about perseverance, patience in fact what constitutes a perfect character, it's sports. Thus, on 17th December, 2022 Sanskriti International School organized the sports meet for the year 2022-23. After a hiatus of almost three years due to the lingering fear of the COVID- 19 pandemic, the school organized one of its most significant events. The Sports Day embodies the zeal, talents, and spirit of sportsmanship of the students of Sanskriti Int'l School. The most anticipated event of the year commenced with the arrival of the highly distinguished chief guest, **Mr. Paras Khadka**. The program began formally with our **School Principal, Ms. Timila Shrestha** welcoming the esteemed guests, the school **Chairperson Mr. Ranjit Acharya, Founder/Director, Ms. Diptee Acharya, Chief Guests, Mr. Paras Khadka** and our **Board of Director Mr. Pashupati Murarka, Awardee Ms. Santoshi Shrestha**, and **U-19 Cricket scholarship recipient Mr. Krishna Bhatta** from the **Pulsar Cricket Excellence Academy**.



The first highlight of the day was when the School presented Ms. Santoshi Shrestha with the “Sanskriti Sports Samman” Award during the program for her significant contribution as an athlete in the Nepali Sports field. The program was followed by the inter-house March past where students displayed excellent coordination and discipline. After the hosting of the house flags and the national anthem, the oath-taking ceremony took place with the EC coordinator Mr. Amir Gurung pledging to uphold the honor and the spirit of true sportsmanship. The audiences were in for a visual treat as the four houses’ learners then displayed drills after the oath taking ceremony. This was quickly taken over by the track events, the 50m, 100m and 200m running race for all divisions. This next event titled “The Karate Kids and Gymnastics Performance” was yet another compelling display of talent and skills with their coordinated rhythmic performances by our learners. The participants produced excellent performance; this was followed by the 200 meters Relay Race which was succeeded by the prize distribution for Relays, Shot-put and Long jump. The March past and overall sports championship was presented to the PRISM house for accumulating the highest number of points. The event ended with fun events like teachers’ parent’s Tug of War and 100 meters dash amongst teachers, fathers, and mothers.

THANK YOU

and hope you enjoyed reading!



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