

SANSKRITI INTERNATIONAL SCHOOL

MONTHLY

NEWSLETTER

May 2023





▶ NOTE FROM THE PRINCIPAL

Dear Parents, Greetings and Namaste!

First and foremost, I would like to extend my heartfelt congratulations to our newly elected school prefects. These learners have undergone a rigorous selection process and have demonstrated outstanding leadership qualities. During a solemn oath-taking ceremony, they pledged their commitment to fulfilling their roles with great sincerity. I am confident that they will embrace their positions with integrity, compassion, and a vision to make a positive impact on our school. I would also like to extend my heartfelt gratitude to all the parents of the prefects and the parent representatives who graced the Investiture Ceremony with their presence.

Furthermore, the month of May witnessed a significant milestone in the lives of our Grade 10 and 12 learners - the graduation ceremony. It was a joyous occasion filled with pride, happiness, and nostalgia. Their unwavering resilience and determination have led them to this momentous achievement. We take pride in their accomplishments and wish them success in their future endeavors.

I am also thrilled to share with you that we recently held our Annual Award Day Ceremony. It was a truly special occasion where we acknowledged and celebrated the remarkable achievements of our learners in various academic and life skill areas. I take immense pride in each and every learner who has embraced the opportunities for learning, pushed beyond their comfort zones, and discovered their true potential. Congratulations to all the award recipients! Your accomplishments inspire us all. Along with the recognition of achievements, the month of May held a special significance for us as we celebrated Diversity Day. At Sanskriti, we believe that diversity is a strength and an asset that enriches our educational experience. It is in this safe and nurturing space that our learners can develop the skills necessary to navigate a globalized world with cultural competence and sensitivity.

Lastly, I extend my deepest appreciation to our parents and guardians for their ongoing support and partnership. Your involvement and encouragement play a vital role in the success of our learners. As we look forward to the coming months, let us carry the spirit of growth, connection, and achievement with achievement with us.

Best Regards,
Timila Shrestha

Brainwave: Exciting Learning Journey

On Wednesday, May 10, 2023, Grade 1 learners were excited to embark on their learning journey with the unit **"Brainwave: The Brain."** Their active participation and enthusiasm during the activities were amazing. To kick start their exploration, the learners had the opportunity to meet **Prof. Spark**, an Assistant who introduced them to the concept of the brain and its importance. Meeting this knowledgeable character thrilled them. The learners also got a chance to observe Prof. Spark's workstation, the science lab, where they saw various scientific tools and equipments.

During their art class, the learners engaged in a hands-on activity of creating a model of the brain. This activity allowed them to express their creativity while learning about the different parts and structures of the brain. Additionally, they observed a walnut to replicate the brain's shape and



Overall, the learners participated in a craft activity where they made a brain crown. This craft activity involved coloring, cutting, and pasting to create a wearable crown resembling the brain. This take-away craft not only served as a memento of their learning experience but also reinforced the concepts they explored during the unit. Grade 1 learners had fun actively participating in various activities, observing real-life examples, and engaging in artistic creations.

▶ Metacognitive Games Foster Learning

Learners of Grade 2 had a fantastic experience during the **"Entry Point"** of the IPC unit **"Brainwave: Metacognition"** on Monday, May 8, 2023. They actively engaged themselves in various interactive games and participated enthusiastically. It was a great way to enhance their metacognitive skills and promote critical thinking. They played a variety of games to contribute to their personal learning goals. One of the games they enjoyed was Kim's game, where they challenged their memory skills by recalling and writing down all the items they had seen on a piece of paper. The Arranging Words game, helped them develop their language skills, promoted logical thinking, and encouraged reflection on the structure and meaning of words.



In the game **"I Spy with My Little Eyes,"** they willingly accepted the challenge of observing detailed items and recalling them to make connections between the objects they observed and the provided clues. They also engaged in a memory-matching game, finding pairs of cards that had a connection or similarity. This game enhanced the learners' ability to categorize and classify information, as well as improve their concentration and focus. Lastly, they played the Stroop game, a cognitive challenge, where they had to read aloud the colors of the text and the words written. This game helped them develop their cognitive skills.

By incorporating these games into the **"Entry Point"** of the IPC unit **"Brainwave: Metacognition,"** the learners had the opportunity to actively engage in metacognitive activities while having fun. They practiced self-reflection, problem-solving, and goal setting while playing these games, which were all essential components of metacognition. Overall, this hands-on approach to learning has fostered a deeper understanding of metacognitive skills and their practical application in their everyday lives.

Learners' Marvelous Virtual Collaboration for Diversity Week Celebration

On Tuesday, May 16, 2023, Learners of Grade III had a marvelous time collaborating virtually with the learners of **Nexus International School** during the occasion of **Diversity Week celebration**. They were thrilled as they shared and learned about each other's cultures, embodying the spirit of international mindedness. With a keen focus on fostering international mindedness, the learners were genuinely curious about exploring the other culture. They eagerly absorbed knowledge and enthusiastically shared insights about their own culture with the learners from Nexus International School. This exchange of cultural information formed a strong connection between both groups, bridging gaps and promoting mutual understanding.



The virtual collaboration provided an excellent platform for Grade III learners to broaden their horizon and embrace the diverse world around them. By engaging with learners from a different cultural background, they cultivated empathy, respect, and appreciation for different perspectives. Through various activities and interactive sessions, the learners of Grade III and **Nexus International School** delved into the richness of their respective cultures. They discovered similarities, celebrated differences, and found common ground, fostering a deep sense of unity despite the physical distance. The collaborative effort between the learners of Grade III and Nexus International School was a resounding success, showcasing the power of cultural exchange and emphasizing the importance of diversity in today's interconnected world. This experience will undoubtedly leave a lasting impression on the learners, inspiring them to embrace diversity and nurture a global mindset in their future endeavors.

Brainwave Metacognition Health and Wellbeing Task 2

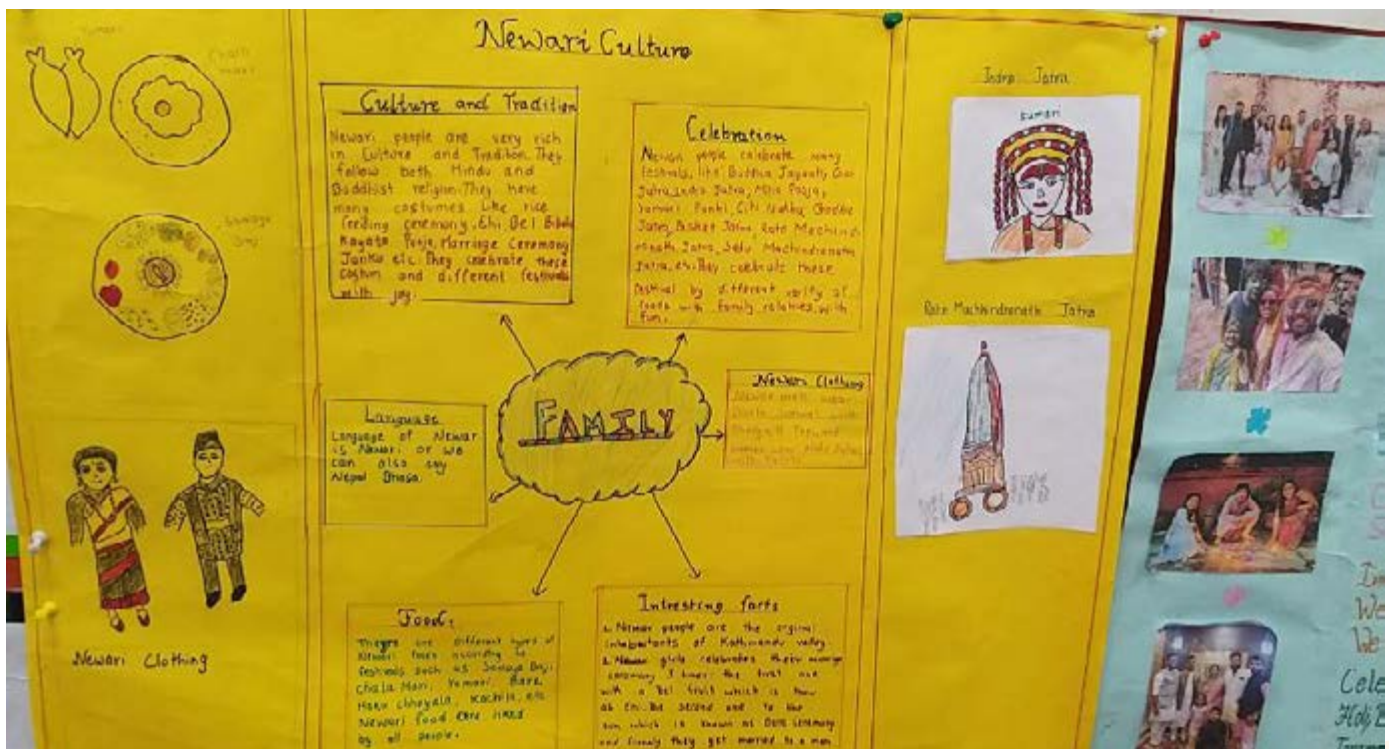
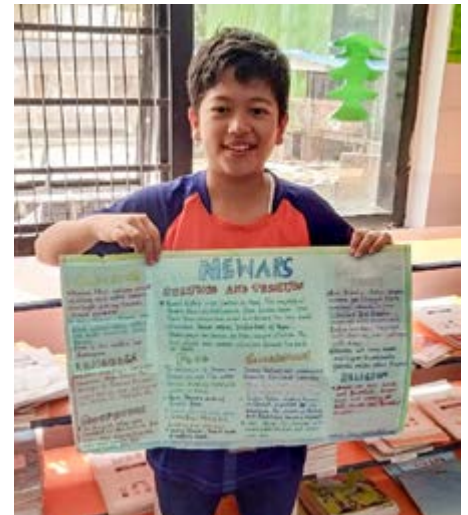
On Thursday, May 20, 2023, Tuesday, the learners of Grade 4 had an exciting experience during the IPC task on health and wellbeing - Personal Learning Goals and how they can help us learn the unit 'Brainwave'. They were able to select the most appropriate strategy for managing a range of social situations and apply metacognitive strategies, reflecting on their effectiveness. They also learned that in life, there won't always be an adult present to help solve their problems.



The learners were divided into five sub-groups, where they had to build a free-standing 30 cm tower using marshmallows and spaghetti within 20 minutes. Although it was challenging, this activity provided them with great opportunities to develop personal learning goals. During this activity, they also learned how to formulate effective learning strategies and follow steps such as planning, monitoring, and evaluating. After completing their tower, they recorded their ideas and visited another group for a 'give one and get one' sharing strategy. After 20 minutes, they evaluated what went well with the class, identified areas for improvement, and shared insights they had gained. This experience taught them resilience and how to speak respectfully about each other's work. Following this challenging task, they reflected on all eight Personal Learning Goals.

Grade 5's Vibrant Diversity Day

On Wednesday, May 19, 2023, Friday Grade 5 learners came together to commemorate the much-anticipated **Diversity Day!** With an aim to foster cultural understanding and appreciation, this event showcased the vibrant and diverse backgrounds of the learners. This year, the spotlight shone brightly on the adopted countries of Finland and Bangladesh, leading the young learners on a fascinating journey of discovery. Under the guidance of their dedicated teachers, the Grade 5 learners embarked on an immersive exploration of Finland and Bangladesh. They delved into the rich history, traditions, and customs of these captivating nations. Through research, classroom discussions, and interactive activities, the children gained a deeper understanding of the unique aspects that make each country special.



To kick off the festivities, the learners engaged in a wide range of activities. With great enthusiasm, they skillfully crafted flags representing Finland and Bangladesh, showcasing their artistic abilities while expressing their deep respect for these adopted countries. Those vibrant flags waved proudly throughout the school hallways, instantly infusing the atmosphere with a kaleidoscope of colors.

However, the celebration was not limited to visual representations alone. The learners took their learning a step further by exploring the culinary delights of Finland and Bangladesh. They eagerly prepared traditional dishes from each country, showcasing their cooking skills and immersing themselves in the flavors and aromas of these distant lands. The joy of sharing and tasting these delicacies brought smiles and laughter to the school, fostering a sense of unity and appreciation for diverse cuisines. Additionally, the learners embarked on a fascinating family history project, which allowed them to explore their own cultural heritage. They created captivating booklets, delving into their family's unique customs, traditions, and migration stories. Through this project, the learners not only learned about their own backgrounds but also gained a deeper respect for the diverse tapestry of cultures within their own classroom.

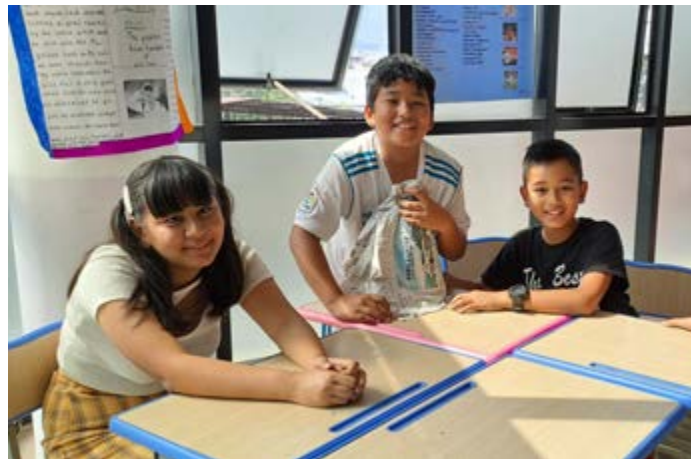


To celebrate the power of storytelling, Grade 5 learners also wrote and shared stories from around the world. With tales that spanned continents, they captivated their peers with narratives rich in cultural diversity. Dressed in the traditional ethnic clothes of their respective cultures, they truly embodied the spirit of their heritage, showcasing the beauty and vibrancy of their identities.

▶ Adaptability Entry Point

“All knowledge is connected to all other knowledge. The fun is in making the connections.” - Arthur Aufderheide.

On Wednesday, May 19, 2023, Friday Grade 6 learners enthusiastically embarked on their Entry Point for the **International Middle Years Curriculum (IMYC)** unit titled **'Adaptability'** during the vibrant celebration of Diversity Day. They eagerly engaged in a variety of captivating activities that exposed them to diverse situations. These thought-provoking activities not only captured their attention but also provided valuable lessons on the importance of embracing flexibility in different circumstances. The event proved to be an exceptional opportunity for the learners to forge meaningful connections between the concepts of diversity and adaptability.



At the end of the event, the Grade 6 learners reflected on their experiences and shared their newfound appreciation for adaptability. They recognized that adaptability is not just a skill to be learned but a mindset to be cultivated, enabling them to navigate the ever-changing world with confidence. The Entry Point on **'Adaptability'** and the celebration of Diversity Day left an indelible mark on the learners, empowering them to embrace diversity and thrive in an ever-evolving global society.

▶ Exploring Relationships and Ecosystems

"Pure mathematics is, in its way, the poetry of logical ideas." - Albert Einstein

On Thursday, May 25, 2023, based on the IMYC Unit, **'Relationship,'** learners of Grade 7, explored the evolving nature of relationships and the intricate workings of ecosystems. They watched captivating videos, engaged in dynamic discussions, and participated in interactive activities. Learners gained insights into the diverse forms of relationships, the importance of biodiversity, and the interconnectedness of nature. Role-playing and mind mapping activities aided in the development of their communication skills and understanding of the delicate balance of nature. This enlightening journey empowered learners to protect and preserve our precious ecosystems.



Furthermore, learners delved into the depths of human connections, unraveling the complexities of emotions and the power of empathy. They explored the significance of trust, respect, and effective communication in fostering healthy relationships. Through thought-provoking debates and real-life case studies, they acquired a deeper understanding of the impact of relationships on individuals and communities, inspiring them to cultivate compassion and promote harmony in their own lives. With newfound knowledge and empathy, these learners are poised to create a positive ripple effect in the world by nurturing relationships that, in turn, nurture our ecosystems.

▶ Embracing The Challenge

"Challenges are gift that force us to find a new center of gravity, don't fight them, just find a new place to stand" - Oprah Winfrey.

Immersed in a thrilling adventure that stirred their spirits, the bright young minds of Grade 8 embarked on a transformative journey to the majestic Astrek Climbing Wall, marking the perfect Entry Point to their exploration of the profound IMYC unit, **"Challenge,"** on Wednesday, May 24, 2023, Wednesday. With unwavering resilience and an indomitable spirit, these intrepid learners fearlessly confronted a towering 50-foot wall, scaling its formidable heights under the watchful guidance of a trained instructor. Their triumphant ascent to the pinnacle not only symbolized their physical prowess but also ignited a profound sense of inspiration within them, urging them to embrace challenges with open arms, persist in the face of adversity, and wholeheartedly grasp the profound Big Idea woven intricately within the fabric of the unit. In the wake of this awe-inspiring expedition, a newfound courage coursed through the veins of these remarkable individuals, fueling their determination to surmount every obstacle that dares to impede their path. The transformative power of this experience resonates deeply within their hearts, propelling them to approach life's challenges with an unyielding resolve, an unwavering belief in their abilities, and an unwavering commitment to their personal growth. As they return to the classroom armed with these invaluable lessons, the impact of their ascent at the Astrek Climbing Wall will undoubtedly reverberate through their academic pursuits and beyond, serving as a resplendent reminder that their potential knows no bounds.



May the learners' thrilling journey continue to embolden their spirits, empower their aspirations, and guide them towards a future adorned with remarkable triumphs.

Cultural Diversity Celebration

*"A gentle word, a kind look, a good natured smile can work wonders and accomplish miracles."
- William Hazlitt.*

On Wednesday, May 19, 2023, Friday Grade 9 learners at Sanskriti International School enthusiastically celebrated cultural diversity by delving into the enchanting realms of Australia, Afghanistan, and Nepal. The purpose of this event was to foster a sense of understanding and admiration for the unique geographical features, climates, occupations, cuisines, vegetation, biodiversity, and currencies of these three nations. The learners eagerly explored Australia's expansive landscapes, ranging from the breathtaking Great Barrier Reef to the vast expanse of the Outback. In contrast, they were captivated by Afghanistan's rugged mountains and rich cultural heritage. Nepal, with its majestic Himalayan peaks and diverse wildlife, offered a distinct contrast to the other two countries.



Through engaging presentations and interactive exhibits, the learners discovered the diverse occupations, traditional cuisines, distinct flora and fauna, and vibrant biodiversity that characterize each nation. Additionally, they gained insights into the Australian dollar, the Afghan afghani, and the Nepalese rupee, recognizing the role of currency in daily life. By embracing diversity and celebrating the richness of these nations, Grade 9 learners not only expanded their knowledge but also developed a profound appreciation for the diverse cultures that exist around the world. The event served as a catalyst for fostering a more inclusive and interconnected community within the school. While preparing for the final day, the learners honed their abilities to embrace different perspectives, enhance communication, foster collaboration, cultivate empathy, and refine their presentation skills.

विविधता दिवस

कक्षा १० का विद्यार्थीहरूले समावेशिता प्रवर्द्धन गर्ने र विश्वव्यापी संस्कृतिहरूको कदर गर्ने उद्देश्यले विभिन्न गतिविधिहरूका साथ विविधता दिवस मनाए। कार्यक्रमको सुरुवात विश्व विविधता दिवसको महत्त्वका बारेमा अभिमुखीकरण सत्रबाट भएको थियो, जसले विद्यार्थीहरूलाई बहुसांस्कृतिकता अँगाल्न प्रोत्साहित गरेको थियो। उनीहरूलाई ब्राजिल र क्यानडाका प्रख्यात लेखकहरूको बारेमा खोज गरी संक्षिप्त जीवनी तयार पार्न लगाइयो। विद्यार्थीहरूले उनीहरूको सांस्कृतिक क्षितिज विस्तार गर्दै त्यहाँका कविहरूका कविता नेपालीमा अनुवाद गरे। त्यसैगरी ती देशहरू र नेपालबीचको संस्कृति, भाषा, धर्म, परम्परा, पहिरन, खानाका परिकारमा भएका समानता र विविधता पत्ता लगाई आफ्नो बुझाइलाई पाइ चार्ट, बार ग्राफमा प्रस्तुत गरे। विद्यार्थीहरूले अनुसन्धान परियोजनाहरू मार्फत जातीय विविधता, धार्मिक सहिष्णुता प्रस्तुत गरे र जनसाङ्ख्यिक गतिशीलताको बुझाइ बढाउँदै नेपाल र ब्राजिल अनि क्यानडा बीचको खाद्य खपत र जनसंख्याका तथ्याङ्कहरू तुलना गरे। विविधता दिवसमा लेखन अभ्यास, प्रस्तुतीकरण र कक्षा छलफलहरूले रचनात्मक अभिव्यक्ति र विचारहरूको आदानप्रदानको लागि सुन्दर मञ्च प्रदान गर्‍यो भने विविधतामा एकताको अर्थ बुझ्न मद्दत पुऱ्यायो।



▶ Recognizing Achievement and Celebrating Dedication

The Annual Awards Day Program for learners in Grades 2 to 5 was successfully held on Thursday, May 25, 2023, in the presence of our School Director, Ms. Diptee Acharya, School Principal, Ms. Timila Shrestha, and School Vice Principal, Mr. Amit Mantri. The event aimed to recognize and appreciate the diligent efforts of our learners throughout the academic year 2021-22. Certificates were awarded to learners in various categories, including subject improvement, subject excellence, general proficiency, and personal learning goals.



In addition, the school staff members were also honored with certificates and tokens of appreciation for their dedicated and long-standing service to the school. By acknowledging their hard work, we aim to ignite their determination to continue striving for excellence. A little bit of belief is all they need to excel in their goals. Sanskriti International School extends heartfelt congratulations to each and every individual for their remarkable achievements.

▶ Triumph of Secondary Learners

Amidst an atmosphere charged with reverence and jubilation, the highly anticipated Annual Award Day Ceremony unfolded on the auspicious date of Thursday, May 25, 2023. It was an extraordinary occasion where the notable achievements of secondary learners in a multitude of academic disciplines and life skills were acknowledged and celebrated. As the ceremonious event unfolded, the air became saturated with admiration, and the recipients were bestowed with certificates that recognized their extraordinary progress in various subjects, their commendable excellence in specific areas of study, and their overall proficiency.



Overflowing with immense pride and sheer delight, Sanskriti International School extends its heartfelt felicitations to each and every learner who has adorned themselves with these prestigious accolades. Their remarkable accomplishments stand as a resounding testament to their unyielding commitment and unwavering dedication. May their resplendent triumphs serve as an eternal inspiration, propelling them towards even greater heights of achievement and fulfillment in the days that lie ahead.

Celebrating the Graduation Ceremony of Grade 10 and 12 - A Day of Pride!

The much-awaited graduation ceremony was held on Sunday, May 21, 2023, marking a significant milestone in the lives of our graduating learners. The event was filled with an abundance of emotions, pride, and accomplishments as we bid farewell to our wonderful learners and celebrated their academic and personal growth over the years. The ceremony commenced with a grand opening led by Senior School Coordinator, Ms. Shromona Shah Thapa, as she set the tone for the memorable evening that awaited everyone. Ms. Timila Shrestha, the School Principal, delivered a warm and heartfelt welcome speech, extending her congratulations to the graduating class. Her words of encouragement and admiration for their dedication resonated with everyone present, creating an atmosphere of unity and support. The stage was then set for a captivating musical performance by the talented learners of Grade 10. Their performance was a testament to the incredible talent nurtured within our school walls.



The highlight of the evening was the keynote speech delivered by Mr. Ranjit Acharya, School Chairperson. Mr. Acharya shared his invaluable insights and experiences, inspiring the graduates to pursue their dreams fearlessly and embrace the challenges that lay ahead. His words of wisdom left an indelible mark on the hearts and minds of the graduates. Nitisha Gurung, our recent graduate, gave a remarkable speech with grace and confidence as she expressed her gratitude for the transformative education she received at SIS. Nitisha's speech served as a reminder of the impact our institution has on shaping the lives and perspectives of its learners. The ceremony proceeded with the distribution of the prestigious Certificate of Merit to the accomplished learners of Grade 10. The Principal and Vice-Principal awarded the certificates, recognizing both academic excellence and personal growth. It was a proud moment for the recipients and their families, symbolizing the culmination of years of hard work and dedication.



Our School Director, Ms. Diptee Acharya, addressed the graduates, encouraging them to embrace change, pursue their passions, and contribute meaningfully to society. Her words served as a reminder of the responsibility and potential that the graduates hold within themselves. The much-awaited moment finally arrived as the graduates received their graduation certificates, symbolizing their successful completion of this important chapter in their lives. The applause and cheers echoed throughout the auditorium, celebrating their achievements and looking forward to the bright futures that await them. The evening ended on a high note with a vibrant dance performance by the learners of Grade 10. Their energetic and synchronized moves filled the room with joy and enthusiasm, serving as a perfect conclusion to the remarkable ceremony. As the curtains drew to a close, Ms. Shromona Shah Thapa returned to express heartfelt gratitude to all the individuals who made this event a resounding success. Her vote of thanks acknowledged the hard work and dedication of the faculty, staff, parents, and learners, without whom this memorable event would not have been possible.



Overall, the graduation ceremony was a testament to the ethical behavior and integrity consistently displayed by our graduates. They have consistently made ethical choices, demonstrating their commitment to honesty, fairness, and responsibility. Their strong moral compass and principled approach to their academic work and personal lives make them role models for their peers.

Investiture ceremony

With immense pride and excitement, a significant milestone in our school's journey was accomplished on Thursday, May 25, 2023. The Investiture Ceremony represented the school's dependence and faith in the newly invested office bearers. They took up the responsibility and promised to carry out their obligations to the best of their abilities. This event marks the beginning of a new chapter filled with leadership, responsibility, and growth. Following the welcome speech, the audience witnessed an awe-inspiring march past and squad parade by the dedicated learners. Their synchronized movements showcased discipline, teamwork, and a sense of pride for our school. Soon after, it was time to introduce the leaders who would play a crucial role in shaping our school's future.



With a sense of honor and responsibility, the exceptional individuals who have been entrusted with the esteemed positions of prefects are:

Head Boy: Aaron Pradhan
 Head Girl: Nishi Mahat
 Sports Captain: Sadak Maharjan
 Sports Vice Captain: Oliver Karki Stamfer
 Ellipse House Captain: Samriddhi Shah
 Cuboid House Captain: Riyanna Maharjan
 Rhombus House Captain: Saaswot Deep Joshi
 Prism House Captain: Sneha Nepal
 Ellipse House Vice Captain: Rithik Mainali
 Cuboid House Vice Captain: Devansh Baheti
 Rhombus House Vice Captain: Angel Maharjan
 Prism House Vice Captain: Vivaan Prasai
 Junior Sports Captain: Redhashree Thapa
 Junior Sports Vice Captain: Vivaan Raj Pandey
 Junior Ellipse House Captain: Aryan Ratna Tuladhar
 Junior Cuboid House Captain: Safu Karmacharya
 Junior Rhombus House Captain: Nidhee Shahi
 Junior Prism House Captain: Pavika Maharjan
 Junior Ellipse House Vice Captain: Orion Rijal
 Junior Cuboid House Vice Captain: Kovid Subedi
 Junior Rhombus House Vice Captain: Kaira Singhal
 Junior Prism House Vice Captain: Reynav Kansakar



To instill a sense of responsibility and commitment in our newly appointed prefects, EC Coordinator Mr. Amir Kumar Gurung, a respected figure in our community, conducted the oath ceremony. The School Principal, Ms. Timila Shrestha, was called upon to invest in the prefects and hand over the oath certificates, symbolizing their dedication to upholding the school's values. Recognizing the immense dedication and hard work of our prefects, it was a moment to honor them with well-deserved accolades. School Director, Ms. Diptee Acharya, presented the prefect badges, Vice-Principal, Mr. Amit Mantri, awarded the sashes, and School Principal, Ms. Timila Shrestha, placed the school badges.

The Class Representatives and Ambassadors were also announced, as they are vital in bridging the gap between the learners and the teachers. As each name resounded through the auditorium, a wave of applause and excitement filled the air. The audience erupted with joy and pride, recognizing the hard work, dedication, and leadership potential within each individual.

Diversity Day

Learners celebrated Diversity Day by curating captivating cultural exhibitions into different traditions, customs, and heritages. Every classroom embraced the opportunity to showcase the beauty of their respective cultures through exquisite costumes and authentic food. It symbolized their rich heritage and fostered a sense of pride among all. Learners marched through the school ground in their vibrant attires swaying in harmony. The parade served as a powerful symbol of inclusivity, respect, and acceptance, fostering a deeper understanding and appreciation for different backgrounds.



THANK YOU

and hope you enjoyed reading!



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