



SANSKRITI INTERNATIONAL SCHOOL

MONTHLY

NEWSLETTER

August 2023



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▶ NOTE FROM THE PRINCIPAL

Dear Parents, Greetings and Namaste!

I hope this message finds you in good health and high spirits. Throughout August, our school experienced a phase of learning, growth, and inspiration through a series of exceptional activities and events. It has been a busy month with lots of accomplishments.

We had our first Student-led Parent-Teacher meeting (SPTC) for this year and it was a great opportunity for teachers and parents to discuss each child's progress and the best ways possible to help further.

The Senior and Junior Inter-House Swimming Gala 2023 was fantastic, and I extend my heartfelt congratulations to all the swimmers who participated. Well done to all!

In addition to the gala, we hosted the Grade 7 Inter-House Debate Contest, where learners engaged in thought-provoking debates in both English and Nepali. Furthermore, the Grade 9 Inter-House Storytelling Contest was also a success. Our Grade 8 learners achieved success in the Inter-House Spelling Bee Contest, and Grade 10 learners took center stage in the Inter-House English and Nepali Speech Competition, showcasing their outstanding public speaking skills.

Beyond these annual competitions, our learners extended their involvement in various classroom activities. Moreover, Grade 9 had the privilege of an unforgettable encounter with a true visionary in the fields of technology and community development, Mr. Mahabir Pun. His insights into recent innovations, upcoming projects, and the power of determination left our learners inspired and motivated.

Additionally, our +2 learners began their journey into higher secondary education with an informative and enjoyable orientation session at Park Village Resort. I hope they will have a memorable time in Sanskriti and a productive one as well.

As always, our parents have been integral to our school community. We will continue to work collaboratively together to create a supportive learning environment for our learners. Thank you!

Best Regards,
Timila Shrestha

► Visit to the Zoo

On Friday, July 28th, our Early Years learners visited Central Zoo as part of their new unit in the International Early Years Curriculum, titled "The World Around Us," to enhance their study of various birds and animals. Despite challenging rainy weather, the learners had an educational and enjoyable experience. They were delighted to encounter eight bears and sang a song titled "Going on a Bear Hunt." The visit also piqued the curiosity of the learners towards big cats, rhinos, monkeys, and apes. In a heartwarming gesture, KG learners took the initiative to introduce different animals and birds to their junior peers, eagerly sharing their knowledge with friends and facilitators. It was a highly rewarding and memorable day for all involved.



Green Fingers

We are excited to share the wonderful activities and discoveries our Grade 1 learners have made in their science task under the International Primary Curriculum unit, "Green Fingers," this month. It has been an exciting journey of exploration and learning for our young scientists! Our learners have been busy nurturing their very own plants in the classroom. They have been caring for them by watering them and closely observing their growth. It has been a delightful experience for them to witness the miraculous transformation of their tiny seeds into flourishing plants. The excitement on their faces when they saw their plants grow was truly heartwarming.



▶ To deepen their understanding of plants, our Grade 1 learners engaged their five senses in exploring various herbs. They smelled, touched, looked at, and even tasted different herbs. One of the most exciting moments in our science journey was the fair test our young scientists conducted. They designed an experiment to answer the question: ***"Why do plants need water and light to grow?"*** The anticipation in the room was palpable as they meticulously followed the scientific process. Our learners were genuinely amazed by the results of the fair test. They observed how some plants that received both water and light grew tall and healthy, while others without these essential elements struggled to grow. This hands-on experiment allowed them to see firsthand the importance of water and light in plant growth.



Throughout these activities, our learners diligently recorded their observations and findings in their science worksheets. They used words and illustrations to document their discoveries, and some even added creative touches to make their work stand out.



▶ Grade 2's Unforgettable Day at Tiger Lily Petting Farm

"Discover the magic of farm life and create memories that will warm your heart at our enchanting petting farm." - Anonymous.



The Grade 2 learners had a delightful and instructive experience at the 'Tiger Lily Petting Farm - Do it Yourself Hands-on Museum' on Wednesday, August 2, 2023. This excursion provided them with a fantastic opportunity to fully immerse themselves in farm life and gain firsthand insights into food production. Participating in a variety of enjoyable activities such as archery, horseback riding, tractor riding, and playing in the sand surely heightened their enthusiasm throughout the day.





These activities not only entertained them but also fostered teamwork and coordination skills. The opportunity to closely interact with a diverse array of farm animals during the petting sessions brought immense joy and wonder to the learners. This hands-on encounter allowed them to form connections with the animals and cultivate a sense of empathy and gratitude for farm animals, highlighting the importance of treating them with kindness and consideration.

Overall, the field trip to the Tiger Lily Petting Farm undoubtedly left a lasting impact on the learners, providing a blend of entertainment, education, and exposure to farm life.



▶ Exploring Plant

On August 22, 2023, Grade 3 learners were brimming with enthusiasm as they participated in an experiment designed to emphasize the value of hands-on learning and the importance of embracing experimentation as a means of gaining knowledge and understanding about transpiration. To understand how plants release excess water, they gathered in the school garden and covered a leaf with a clear bag on one of the plants. With the leaf covered, these young scientists made predictions about what might happen next. Excitement and curiosity filled the air as they pondered the possible outcomes. The following day, they eagerly checked their plant, and to their astonishment, they discovered water droplets clinging to the inside of the transparent bag.



This hands-on experience taught them that plants release water through tiny openings called stomata found on their leaves. The water droplets they observed served as evidence that plants, much like humans, breathe through their leaves. This experiment not only enriched our learners' knowledge but also ignited curiosity about plant biology, leaving an indelible mark on the young minds involved.

► Science Project

“A healthy outside starts from the inside.” – Robert Urich

The fourth-grade students conducted a series of experiments to explore the changes food undergoes over time and the role of decomposers in natural processes. As part of their Science project within the IPC unit **“What’s on the Menu?”** they created a food pyramid model that encompassed a variety of nutrient-rich foods necessary for a well-rounded diet.



Throughout the project, learners gained insight into the significance of food, its production, and preparation methods. They delved into researching the functions of different nutrients within the body and grasped the interconnectedness of all living organisms. Additionally, they comprehended the importance of decomposers in the ecosystem and learned practical ways to initiate decomposition at home to promote plant growth.



By conducting experiments involving milk and bread, the students observed how temperature and bacteria influence food spoilage. These hands-on experiences provided them with valuable knowledge about proper food storage techniques. Given the daily relevance of food, the students exhibited remarkable enthusiasm and engagement during this unit. They effectively demonstrated personal goals such as collaboration and critical thinking.



Wonderful World

As part of the *@InternationalPrimaryCurriculum* unit 'What A Wonderful World,' Grade 5 learners have enthusiastically immersed themselves in a hands-on exploration of soil and its fascinating properties. This engaging journey began with the learners making predictions and embarking on a soil-sampling expedition throughout our school garden.



▶ With curiosity as their compass, these young scientists meticulously collected soil samples from various locations, eager to uncover the secrets hidden beneath the earth's surface. Armed with these samples, they embarked on a series of captivating pH level tests using indicator papers. This involved not only the examination of soil but also the investigation of everyday substances like lemon, vinegar, and baking soda, creating a dynamic contrast between natural elements and human-made chemicals. Currently, they are diving into the realm of plant research, seeking to identify species that thrive in different soil types. This exploration extends beyond the classroom, as they explore how soil, this often-overlooked natural resource, impacts our daily lives. From agriculture to environmental sustainability, these young minds are gradually unraveling the profound significance of soil in our interconnected world.



Through this hands-on experience, the Grade 5 learners are not only nurturing their scientific curiosity but also developing a profound appreciation for the Earth's intricate ecosystems. As they dig deeper into the mysteries of soil, they are gaining a broader understanding of the delicate balance that sustains life on our planet. This journey through the wonders of the natural world is inspiring a generation of young thinkers who are primed to become stewards of our environment, armed with knowledge and a passion for preserving our 'Wonderful World.'

► Exploring the world of Art

On Tuesday, 1st August 2023, learners from Grade 6 embarked on an exciting visit to the Nepal Art Council in Babar Mahal, Kathmandu, where they attended the **4th QKS Annual Exhibition**. The learners' minds were filled with curiosity and contemplation as they explored the various art pieces on display, marveling at the creativity and skill of their fellow learners. The exhibition showcased a diverse array of artwork, each piece deserving of admiration and applause. The visit proved to be a memorable and enriching experience for the students, as they wholeheartedly appreciate the artistic talents of their peers. Among the many exceptional works, they were especially proud to see one of their friends' artwork featured in the exhibition. The occasion served as a beautiful demonstration of support and encouragement among the learners, fostering a sense of camaraderie and mutual appreciation.





Overall, the trip to the **Nepal Art Council** was a resounding success, leaving the students inspired and motivated to further explore and express their own artistic potential. It provided them with a platform to celebrate creativity and reaffirm the importance of art in enriching their lives.



► Grade 6 Inter-House Quiz Contest

This intellectual battle commenced on Tuesday, August 22, 2023, and from the very start, it was evident that the participants were brimming with enthusiasm and determination. The event, much like a journey of knowledge and discovery, unfolded with a series of challenging rounds that became progressively more intense. With each passing moment, the participants were pushed to give their very best, drawing upon their collective knowledge and teamwork to navigate through the questions and puzzles posed to them.

In the end, it was **Cuboid House** that emerged triumphant, capturing the **1st position** in the **Quiz Contest** with an impressive total of **210** points. The excitement among Cuboid House members must have been palpable as they celebrated their victory, and their achievement serves as a testament to their dedication and preparation. **Rhombus House**, **Prism House**, and **Ellipse House** secured the **2nd**, **3rd**, and **4th** positions, respectively, showcasing their commendable performance and sportsmanship throughout the competition.



▶ What was truly remarkable about this event was the atmosphere of healthy competition and camaraderie that prevailed among all the house members. A fantastic performance by Grade 6 students deserves special mention, and heartfelt congratulations are in order for all the participants. Your dedication to expanding your knowledge and your willingness to engage in healthy competition are truly commendable. We also extend our gratitude to all the parents who joined us and supported the learners during this event. Your encouragement and presence made the occasion even more special, emphasizing the importance of education and intellectual growth in our school community.

In the wise words of Will Durant, *"Knowledge is the eye of desire and can become the pilot of the soul."* The Grade 6 Inter-House Quiz Contest 2023 exemplified this sentiment, as it ignited the desire for knowledge among our students and served as a guiding light for their intellectual journey.



► Debate Contest

The Grade 7 Inter-House (English and Nepali) Debate Contest took place on Friday, August 18, 2023, where the learners showcased their debating skills. *Riana Shakya, Devanshi Bansal, Saharsha Shrestha,* and *Arnav Manandhar* presented their ideas and views for the motion "Is AI beneficial or challenging in Education," while *Aahana Goyal, Kelvin Bista, Priyal Singhal,* and *Zuri Thapaliya* argued against the motion.

Similarly, in the Nepali debate, the motion was "सन्तानलाई सम्पत्ति भन्दा शिक्षा दिनु बेस।" *Siyona Shrestha, Pranjali Devkota, Samikshya Giri,* and *Nirdosh Babu Bhatta* presented their ideas in favor of the motion, while *Riwaz Narsing Shakya, Adit Adhikari, Saanvi Joshi,* and *Inesh Raj Maskey* argued against it.



All the participants exhibited great passion throughout the contest and displayed equal enthusiasm to win. With convincing arguments and outstanding presentation skills, *Kelvin Bista* was named the best English debater, and *Siyona Shrestha* won the title of the best Nepali debater. Both affirmative teams secured the winning positions in the Debate Contest. Congratulations to all the participants for their outstanding performance. We would like to extend our special thanks to the parents and the panel of judges, *Mr. Binay Vaidya, Ms. Anita Shrestha,* and *Mr. Bishwa Sigdel.*

▶ Celebrating Success

We are thrilled to share the triumphant success of **Grade 8's Inter-House Spelling Bee Contest** held on Thursday, August 24, 2023. The event sparkled with an array of talents and energies as our participants engaged in a riveting display of linguistic prowess. The occasion commenced with an electric ambiance as our participants embraced each round with unwavering enthusiasm, showcasing their finest efforts and an infectious spirit that resonated throughout. The results of this spirited contest unfurled as follows:

- **Prism House** triumphantly claimed the *1st position*, a testament to their dedication and linguistic finesse.
- **Ellipse House** secured the *2nd position*, demonstrating their exceptional grasp of language and commitment.
- **Cuboid House** achieved a notable *3rd position*, reflecting their commendable mastery of words.
- **Rhombus House** secured the *4th position* with grace, adding their unique shine to the event.





We extend our heartfelt congratulations to all the participating teams, whose outstanding achievements and exceptional performances have set new standards of excellence. The dedication, hard work, and tenacity displayed by our learners have truly shone through.

Furthermore, we extend our sincere gratitude to the parents who graced the event with their presence and support. Your encouragement plays an invaluable role in nurturing our learners' journey, and we are truly appreciative of your unwavering commitment.

The **Inter-House Spelling Bee Contest of 2023** stands not only as a celebration of words but as a testament to the indomitable spirit that drives our learners towards greatness. We look forward to more such enriching events and applaud the collaborative effort that makes our school community truly exceptional.

► Horizons of Knowledge with Mahabir Pun: A Remarkable Learning Experience

When it comes to enriching our minds with invaluable experiences, August 28, 2023, marked an unforgettable day for the Grade 9 learners. On this day, the students had the honor of meeting and interacting with none other than Mahabir Pun, a true visionary and trailblazer in the realm of technology and community development. The interaction with Mahabir Pun was not just an ordinary event; it was a gateway to exploring a world of possibilities.

The learners were able to witness firsthand the transformative power of technology and its ability to bridge gaps and transcend boundaries. As a visionary leader, Mahabir Pun has dedicated his life to utilizing wireless technologies to connect remote communities, empowering them to thrive in the modern world while preserving their unique cultural identities. During the session, Mahabir Pun shared his journey, challenges, and triumphs with the learners. He vividly described the inception of the *Nepal Wireless Networking Project* and how it evolved over time to become a beacon of hope for those residing in the mountainous terrains. His tale was a testament to the fact that a single individual armed with determination, compassion, and a vision for change can bring about a monumental impact. The learners were captivated by Mahabir Pun's stories of perseverance in the face of adversity.





His dedication to ensuring that education and information are accessible to even the remotest corners of the Himalayas left an indelible mark on their minds. The session was not only an opportunity to learn about the technical aspects of wireless networking but also a lesson in empathy, resilience, and the boundless potential of the human spirit. As Mahabir Pun elaborated on the upcoming projects, the learners could feel the excitement and anticipation in the air. His plans for further expanding connectivity and driving socio-economic growth in these remote regions inspired a sense of optimism among the young minds present. The meeting was not just an event; it was a catalyst for igniting passion and fostering a commitment to making a positive difference in the world.

In conclusion, the meeting with Mahabir Pun was a transformative experience that extended beyond the classroom walls. It served as a reminder that technology, when harnessed with purpose and compassion, has the potential to uplift communities, break barriers, and pave the way for a brighter future. Mahabir Pun's journey, marked by his remarkable achievements and dedication, has left an indelible impression on the learners, motivating them to become agents of change in their own right.

▶ Grade 9 Interhouse Storytelling Contest

The Grade 9 Interhouse Storytelling Contest, held on Thursday, 24, August 2023, was an absolute marvel and left a lasting impression on everyone who had the privilege of attending. It was a showcase of the remarkable talent and creativity of our young writers and storytellers who, with their unwavering confidence and infectious enthusiasm, truly illuminated the stage. The event was a testament to the power of storytelling as a form of self-expression. The participants, who were not just competitors but also storytellers in their own right, deserve immense praise for their ability to transport the audience into different worlds through their narratives.



▶ Their words were like magic spells, weaving tales that effortlessly held the attention of every listener, young and old alike. It was evident that these talented learners had poured their hearts and souls into their craft. Their stories were more than just words on paper; they were windows into their imaginations, glimpses of their unique perspectives, and invitations to join them on a journey through the realms of their creativity.

We owe a debt of gratitude to our **Chief Judge, Mr. Kumar Thapa, Principal of Brihaspati Vidyasadan**, whose insightful evaluation added a touch of wisdom and perspective to the entire event.



▶ Prism House Dominates Inter-house Competition

Sanskriti School recently hosted a remarkable intellectual showdown as Grade 10 students took the spotlight in the **Inter-house English and Nepali Speech Competition** held on August 25, 2023. The participants skillfully transformed mere words into persuasive tools, captivating the hearts and minds of the audience with their eloquent speeches. We extend our pride and admiration to all participants who courageously pushed their boundaries to deliver truly awe-inspiring performances on this prestigious platform.



In both the Inter-house English and Nepali Speech Competitions, **Prism House** emerged as the overall winner, showcasing their exceptional oratory skills. Notably, *Ridishma Bogati* from **Prism House** secured the title of **Best Speaker** in the *Nepali Speech Competition*, while *Nayan Jung Thapa* from **Cuboid House** claimed the title of **Best Speaker** in the *English Speech Competition*. These young talents have undoubtedly left an indelible mark with their exceptional speaking abilities.

लोकबाजा सङ्ग्रहालयको भ्रमणमा कक्षा १० का विद्यार्थी

सामाजिक अध्ययनमा नेपाली लोकबाजाको अवधारणागत सिकाइको रूपमा कक्षा १० का विद्यार्थीहरूले त्रिपुरेश्वरस्थित नेपाली लोकबाजा सङ्ग्रहालयमा भ्रमण गरे। उनीहरूले नेपाली परम्परागत लोकबाजाका बारेमा प्रयोगात्मक र पाठसापेक्ष व्यावहारिक ज्ञान प्राप्त गर्ने र नेपालमा हाम्रा मौलिक बाजाहरूको अवस्था र तिनको संरक्षण कसरी गर्न सकिन्छ भन्ने कुरा थाहा पाउने उद्देश्यले यो भ्रमण गरेका थिए। यस भ्रमणमा विद्यार्थीहरूले नेपाली परम्परागत लोकबाजाहरूको प्रत्यक्ष अवलोकन गर्ने, भिडियो हेर्ने, सो सम्बन्धी अन्तरक्रिया गर्ने तथा धारणा तथा उत्पन्न जिज्ञासा स्पष्ट गर्ने मौका पाएका थिए। यसका साथै उनीहरूले आपसी समन्वय र सहकार्य गरी आफ्नो सिकाइ अनुभवलाई अझ सुदृढ बनाउने अवसर पाएका थिए।



► Soulful Sundays

"We know only too well that what we are doing is nothing more than a drop in the ocean. But if the drop were not there, the ocean would be missing something."- Mother Teresa.

Mother Teresa's quote beautifully encapsulates the essence of the efforts with the **SIS Golden Z Club**. While it's true that the impact of individual actions may seem small in the grand scheme of things, they are far from insignificant. SIS Golden Z Club has been dedicating their time by contributing to society by engaging in read-aloud sessions every Sunday since August 6, 2023. Members of the SIS Golden Z Club started their journey by conducting engaging read-aloud sessions at **Durbar High School** which constitutes two schools; **Bhanu Ma. Vi.** and **Sanskrit School**. By emphasizing essential qualities like empathy, they are not only fostering a love for literature but also nurturing compassion and understanding in them which is commendable. Such experiences have a lasting positive impact on both the givers and receivers of these efforts.





Their endeavors to bring joy and share knowledge with the children of **Bhanu Ma.Vi.** and **Sanskrit school** is a wonderful way to make a meaningful difference in the community. Each session they conduct is another drop in the ocean of positive change, and collectively, these drops can create a significant ripple effect that benefits society as a whole. *Keep up the great work!!*



► Orientation

The event began with the +2 coordinator, Mrs. Shromona Thapa, explaining the school's rules and regulations. Mr. Bishal Kumar Chettri, the Program and Operations Director for +2, then shared valuable words of wisdom and knowledge with the newly minted high school students.



Shortly after, Miss Dipashna Acharya delivered an insightful presentation focusing on positive values and future career choices. This session served as the main highlight of the orientation, and Miss Acharya engaged the students in dynamic activities that helped them bond with each other and overcome their inner critics. Following this, an exercise was conducted to help students effectively set and achieve their goals, providing them with valuable skills for their academic journey. The break allowed students to enjoy a meal and engage in conversations with each other, with the delicious food being highly appreciated. Subsequently, the +2 students showcased their talents and performed for the alumni as a farewell gesture. A heartfelt speech expressed the school's and students' appreciation, and the students entertained the audience with dances, songs, and piano performances. Both the performers and the audience thoroughly enjoyed these presentations.





The program concluded with everyone ascending the stage and dancing freely to their hearts' content, marking the end of a memorable event.

▶ Junior Inter House Swimming Gala 2023- Preschool-Grade 5

The Junior Inter-House Swimming Gala 2023, held on the 15th of August, 2023, proved to be an extraordinary showcase of talent and enthusiasm among our young learners. This eagerly anticipated event provided an ideal platform for students from Prep 2 to Grade 5 to demonstrate their exceptional swimming abilities, and it exceeded all expectations. The gala was a vibrant and colorful affair, as students from different houses came together with high spirits and a shared sense of camaraderie. The event, more than just a competition, served as a unifying occasion, bringing together the energetic house teams. It was a day filled with exhilaration, as young swimmers eagerly awaited their races, each one a testament to their dedication and hard work.

The poolside atmosphere was charged with excitement and anticipation. Spectators, including teachers, parents, and fellow students, cheered on the participants with unbridled enthusiasm. The races themselves were a display of proficient strokes, with young swimmers showcasing their skills with grace and precision. The gala not only highlighted their athletic prowess but also their unwavering resilience and commitment to excellence. As we watched the young swimmers give their all in the pool, it was evident that they had put in hours of practice and training, and their efforts paid off in spectacular fashion. Their participation was nothing short of fantastic, and they left everyone in awe with their remarkable performances.





To all the swimmers who took part in this year's **Junior Inter-House Swimming Gala**, we extend our heartfelt congratulations. Your dedication, sportsmanship, and the exemplary display of talent not only brought honor to your respective houses but also added to the overall vibrancy of the event. This gala was a true celebration of youth, athleticism, and unity, and we are immensely proud of each and every one of you. Your commitment to excellence is an inspiration to us all, and we eagerly anticipate witnessing your continued growth and success in the world of swimming and beyond.

► Inter-House Swimming Gala: A Celebration of Skill and Unity

The Senior Inter-House Swimming Gala 2023, held on August 17th, was a spectacular event that not only displayed the extraordinary swimming abilities of our senior students but also served as a cornerstone of our school's rich tradition. This annual gala has firmly established itself as a cherished tradition, symbolizing not only excellence in sports but also the strong sense of unity and camaraderie that binds our school's diverse houses. The gala featured a dazzling array of swimming races, each showcasing the remarkable skills of our senior swimmers. From the elegant grace of the butterfly stroke to the powerful precision of the freestyle, every race was a testament to the dedication and hard work of our athletes. The poolside atmosphere was electric, with spectators and participants alike fully immersed in the excitement of each competition.



As the races unfolded, it was evident that the swimmers had poured their hearts and souls into their training, pushing their limits to achieve outstanding results. Their dedication was truly commendable, and it was a joy to witness them in action. To all the swimmers who took part in this year's gala, we extend our heartfelt congratulations. Your fantastic participation and exemplary sportsmanship have not only showcase your talents but also contributed to the spirit of unity and cooperation that defines our school community. We are immensely proud of each and every one of you for your outstanding efforts, and we look forward to witnessing your continued success in the pool and beyond.

THANK YOU

and hope you enjoyed reading!



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