

SANSKRITI INTERNATIONAL SCHOOL

MONTHLY

NEWSLETTER

JUNE 2024



INTERNATIONAL
CURRICULUM
ASSOCIATION
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THE DUKE OF EDINBURGH'S
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Halchowk, ThuloBharyang, Swayambhu, Kathmandu, Nepal | Tel: 977- 5370523, 5370573
Voice Mail:1618014033849 | Email: sanskritikt@gmail.com | Website: sanskritiinternationalschool.edu.np



NOTE FROM THE PRINCIPAL



Dear Parents, Greetings and Namaste!

I am thrilled to share the wonderful news about the **SEE (Secondary Education Exam)** results. The joy is palpable, and I am extremely proud of our learners for their hard work. Congratulations to everyone, and my best wishes for your future endeavours! Heartfelt appreciation goes to our teachers for their effort and guidance throughout this journey. Parents, as crucial members of this partnership, also deserve a huge Congratulations!

This achievement exemplifies our collective efforts towards our vision and mission of holistic development. Our goal is to create a stimulating environment that nurtures both academic excellence and balanced success in life. We prioritise a blend of extracurricular activities (EC) with academics to foster overall growth. I am pleased to see our learners expanding their horizons beyond textbooks and classrooms, engaging in activities such as school trips while maintaining high academic standards. This balanced approach reflects our commitment to providing quality education and preparing students for a dynamic world.

This month, we celebrated World Environment Day with a walkathon around the Swayambhu area, rallying for sustainable Climate Action, our motto for the year. It was heartening to witness learners, teachers, and parents join hands in our commitment to safeguarding our planet. Together, we are making a meaningful difference.

Another standout event was our unique celebration of World Music Day. This year, we partnered with the renowned band Kutumba for the "School to Schools" initiative. The event surpassed expectations, thanks to the generous support of parents who donated stationery items for underprivileged schools. We extend our heartfelt gratitude to our school community for their unwavering support. The captivating melodies and rhythms has certainly brought our community closer. Much gratitude to Kutumba!

We are immensely proud of the momentum of our school activities and remain dedicated to striving for excellence in all our endeavours.

Warmest Regards,
Timila Shrestha
The Principal

Early Years Environment Day Celebration

Learners at Sanskriti Early Years participated in various activities during Environment Week. During circle time, they discussed the environment, its components, and ways to protect the Earth. They engaged in playful learning experiences to deepen their understanding, including nature walks to observe the school's surroundings, sensory walks, planting fruit and vegetable saplings, and creating art projects related to the Earth, environment, and water cycle.



On June 5th, 2024, they celebrated World Environment Day. Dressed in green, blue, and brown to represent natural resources, the children participated in a walkathon with slogans promoting environmental conservation. They also enjoyed an educational puppet show titled "Save the Trees."



The week offered a valuable opportunity for young learners to explore, express, and expand their knowledge about the environment.



Environment Day Walkathon: A Step Towards Change

"The environment is where we all meet, where we all have a mutual interest; it is the one thing all of us share." -Lady Bird Johnson.

Environment Day is a global event dedicated to raising awareness and promoting action to protect our planet. This year, our school embraced this spirit with a vibrant walkathon, where participants carried impactful slogans and captivating pictures on placards.



The event began early morning, with learners from all grades gathering at the school compound. They held colourful placards adorned with creative slogans like "Save Our Planet," "Reduce, Reuse, Recycle," and "Plant Trees, Save Lives." These placards reminded everyone of the beauty we risk losing if we don't take action.



As the walkathon progressed, the streets filled with chants and cheers, drawing the attention of onlookers. The event concluded with a collective pledge to adopt more sustainable practices in daily life, ensuring the momentum would lead to a lasting impact.



The walkathon was more than a march; it celebrated our collective responsibility to protect and preserve the planet. Participants demonstrated that every step towards environmental conservation is towards a healthier, greener future for all.



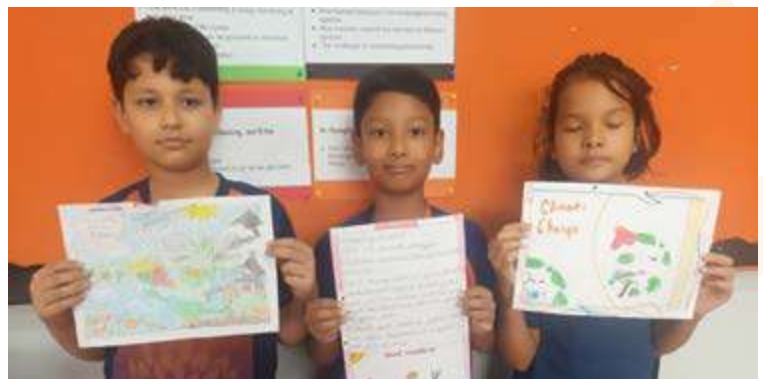
Sustainable Living

Learners from Grades (1-4) were thrilled to share their inspiring activities during the 'World Environment Day'. The special day, dedicated to celebrating and protecting the planet, was filled with creativity, learning, and a deep commitment to making a positive difference.

Our young environmentalists transformed their old t-shirts into stylish and functional recycle bags. With a little bit of cutting and knotting, their shirts got a new life as reusable bags, perfect for carrying books, toys, bottles, and swimsuits. This hands-on activity sparked their creativity and taught them the importance of reusing materials to reduce waste.



The learners showcased their ingenuity by repurposing old shoe boxes into first aid kits and colourful pencil holders. They decorated the boxes with eco-friendly materials, turning them into beautiful and functional items for their homes and classrooms. This activity highlighted the endless possibilities of reusing everyday objects. They acknowledged the difference between disposable items and their reusable alternatives in daily life and ways to save plants, energy, and water daily. They enjoyed the Walkathon from the school to Swayambhunath, holding their placards with the message "Save Mother Earth."



During the week, they were engaged in various class activities. Our learners were enthusiastic to share the concept of the 5Rs: Reuse, Reduce, Recycle, Rethink, Refuse and its importance. They participated in discussions and projects that emphasised each of these principles. By rethinking their consumption habits and refusing single-use plastics, they learned how their choices can impact the environment positively.



The World Environment Day celebrations aligned closely with the United Nations Sustainable Development Goals, particularly Goal 13: Climate Action. The activities aimed to empower our young learners to combat climate change actively. Through their projects and discussions, they better understood how small actions contribute to global sustainability. They were resilient, respectful, and collaborative throughout the environmental celebration project.



► Environmental Initiatives: A Beacon of Hope

During Environment Week, Grade 5 learners embraced the theme “Land Restoration, Desertification, and Drought Resilience” with the slogan “Our Land, Our Future.” They created posters, advocated for energy conservation, and repurposed recycled materials into displays. As “Energy Saving Superheroes,” they presented on energy conservation and promoted reusable bottles. They explored Sustainable Development Goals and planted saplings to symbolise their commitment to a greener future.



Grade 6 learners have been actively involved in various sustainability and environmental awareness activities. They have learned about the step-by-step composting process and collaborated on creating eco-friendly recipes using locally sourced ingredients as part of the Sustainable Food under Climate Action project. On Environment Day, they shared their knowledge of composting and its benefits and presented their recipes. Additionally, they pledged to protect and preserve the environment for themselves and future generations.



Grade 7 learners embarked on a comprehensive week-long program to raise awareness about the zero waste challenge. This initiative aimed to educate the learners about the importance of daily minimising waste and adopting sustainable practices. Throughout the week, the students engaged in various activities and discussions highlighting the significance of reducing, reusing, and recycling. After the walkathon, the students gathered to create charts for display. Working collaboratively in groups, they channelled their creativity and knowledge into producing visually appealing and informative charts. These charts featured a variety of elements, including powerful messages, catchy slogans, and detailed drawings, all centred on the theme of World Environment Day. These actions helped them highlight the significance of collective action in addressing environmental issues. This program deepened their understanding of environmental stewardship.



Grade 8 learners promoted environmental awareness through charts, placards, and posters about climate change. They delivered presentations on pollution, its impacts, and solutions, stressing the urgency of addressing these issues. Their artwork depicted community efforts to improve the environment, emphasising unity and action in tackling environmental challenges. Sticking to the theme of land restoration and drought resilience, the learners showcased their artistic talents by creating artwork that depicted how communities can work together to improve the environment. Their artwork emphasised collective efforts in making the world a better place to live, illustrating the importance of unity and action in tackling environmental challenges.

▶ Learners Lead the Way

In celebration of World Environment Day, Grade 9 and 10 learners participated in creative and awareness-raising activities. The event began with an orientation class where learners learned about the importance of environmental conservation.

Grade 6 learners engaged in a variety of activities centred around promoting kindness and respect. They created anti-bullying posters and reflected on the qualities of empathetic heroes. Taking a solemn pledge, they vowed to stand against bullying and support one another. They shared their posters the following day and passionately encouraged others to join their mission.

“In every walk with nature, one receives far more than he seeks.” – John Muir.

On Monday, 17th June, Grade 2 learners were delighted with their recent visit to the “Garden of Dreams”. This excursion was part of our “Brainwave: Metacognition” unit, providing an excellent opportunity for young learners to explore nature while reflecting on their thinking processes.



During their visit to the “Garden of Dreams”, the learners immersed themselves in the beauty and tranquillity of nature through meditation. They observed various plants, listened to the garden’s sounds, and took mindful moments to engage all their senses. They identified different things and plants through a scavenger hunt activity, explored their unique characteristics, and shared their thoughts and feelings about the garden’s environment. This hands-on experience helped them connect with nature and understand the importance of observing and reflecting on their surroundings.

After returning to school, the learners eagerly reflected on their trip. They revisited their pre-trip questions and discovered how much they had learned. Many shared their favourite moments, such as spotting a unique flower, wandering squirrels or enjoying the garden's peaceful atmosphere. They also discussed how they used their thinking strategies during the trip and what they learned about their learning processes. The trip concluded with another cherished memory with friends added to the young minds.

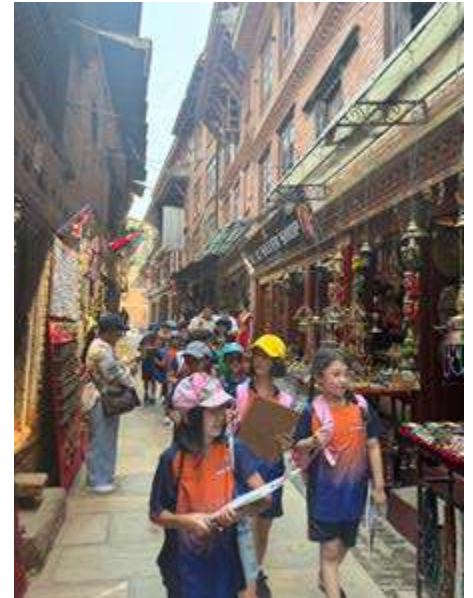


▶ Trip to Bhaktapur Durbar Square: Multiple perspectives

The best ideas emerge when different perspectives meet, a truth vividly experienced by grade III learners during their engaging field trip to Bhaktapur Durbar Square. The learners played various roles in this historic setting, allowing them to view the ancient city from multiple angles. As budding historians, they interviewed locals to learn about Bhaktapur's rich past, discovering stories and traditions that have shaped the community. Taking on the role of geographers, they explored maps collaboratively, seeking out significant locations and understanding the spatial relationships within the square. Each learner brought a unique viewpoint, enriching the collective learning experience.



The multiple-perspective approach continued as some learners became artists, delving into the exquisite paintings found in the area. They appreciated the intricate details and cultural significance of the artwork, gaining a deeper appreciation for the artistic heritage of Bhaktapur. Meanwhile, others transformed into designers, studying the architecture of the Nyatapola temple and other structures. They analysed the designs, understanding the principles behind the magnificent creations. The learners comprehensively understood the site by viewing Bhaktapur Durbar Square through these diverse lenses. They demonstrated how combining different perspectives can lead to more prosperous, more innovative ideas.



▶ “Grade 4 Learners Master Metacognition in Tower Building Challenge”

On June 7th, 2024, Grade 4 learners participated in an exciting Tower Building Challenge, an integral part of their International Primary Curriculum (IPC) unit on Brainwave Metacognition. This challenge was designed to emphasise the significance of the 8 Personal Learning Goals: Adaptable, Communicator, Collaborator, Resilient, Respectful, Ethical, Thinker and Empathetic.



During the challenge, students were tasked with constructing a tower at least 30 centimetres tall using Jenga blocks. This activity required them to engage in various stages of planning, monitoring, and evaluating their progress, thus enhancing their metacognitive skills. As they worked on their towers, students had to think critically and collaborate effectively, demonstrating and reflecting on how each Personal Learning Goal played a role in their success.



After the activity, the learners reflected on their experiences, discussing which Personal Learning Goals they found most straightforward to follow and which were more challenging. This reflection helped them understand the practical applications of these goals in a hands-on context.



The activity was a resounding success, with learners achieving the objective of building the tower and thoroughly enjoying the process. They gained valuable insights into their learning processes and the importance of personal development goals, making the Tower Building Challenge a memorable and educational experience.



Outdoor Learning, a visit to Girija Prasad Koirala Park

Grade 5 learners had an amazing outdoor learning trip to Girija Prasad Park, Budhanilkantha, where they enjoyed a fruitful and productive day brimming with educational experiences. They discovered pollinators' crucial role in our ecosystem, participated in a spirited cleaning campaign, and engaged in thoughtful discussions about our environment and climate action plans. The park's beautiful setting allowed the students to observe various leaves and explore different plant species and their unique characteristics. Throughout the trip, the learners demonstrated resilience, adaptability, and critical thinking, embracing challenges and enthusiastically adapting to new situations. They capped off their day with fun outdoor activities, which provided enjoyment and fostered camaraderie among them. Overall, the trip to Girija Prasad Park was a resounding success, offering our Grade 5 students invaluable learning experiences and creating beautiful memories that will last a lifetime.



▶ “Unleashing Potential: Embracing a Growth Mindset”

In a recent exploration of fixed and growth mindsets, Grade 5 learners embarked on skill-based tasks like Nepali story sequencing, solving puzzles, making shapes using tangrams and arranging sentences related to Growth and Fixed Mindsets under the appropriate heading. Some encountered easy challenges, while others faced more formidable hurdles. Despite the difficulties, these young learners showcased remarkable resilience, refusing to give up until their tasks were complete.



▶ The essence of fixed versus growth mindsets was vividly portrayed throughout the journey. Those with straightforward tasks chose growth over complacency, while those with complex challenges demonstrated unwavering determination.



This educational experience underscored the importance of resilience and the power of a growth mindset in overcoming obstacles. As educators, it reminds us of the profound impact of nurturing these qualities in our students, empowering them to navigate the complexities of learning with confidence and perseverance.



▶ Discovering the World of Mixtures

Our Grade 5 learners set off on an intriguing scientific adventure to investigate the realm of mixtures. After learning about mixtures, they began by learning about the two main kinds of mixtures: homogeneous and heterogeneous. A homogeneous mixture, like salt dissolved in water, has evenly distributed components that appear as a single substance. In contrast, a heterogeneous mixture, such as a salad, has unevenly distributed elements, allowing you to see the different parts. This foundational knowledge set the stage for hands-on experiments to separate various mixtures.



The highlight of their exploration was conducting experiments to separate mixtures using different methods. The learners began with hand-picking to separate different types of cereals, a simple yet effective technique for visibly distinct items. They then moved on to sedimentation and decantation, where they mixed sand and water, observed the sand settling at the bottom, and carefully poured out the water. This demonstrated how denser substances settle while lighter ones can be removed. Additionally, they used filtration to separate mixtures of liquids and insoluble solids, such as water and sand. By pouring the mixture through a funnel lined with filter paper, they observed the liquid passing through while the solid remained, illustrating the effectiveness of filtration.



Throughout these experiments, the learners also became acquainted with essential scientific tools. They used beakers to hold and mix liquids, funnels to guide substances into containers with small openings, and stirring rods to mix solutions evenly. These tools facilitated the experiments and introduced the students to the equipment commonly used in scientific investigations. The hands-on approach engaged the learning process and provided a practical understanding of how mixtures can be separated in real-life scenarios. The experience was both fun and educational, sparking a keen interest in scientific exploration among the students and leaving them eager for more scientific adventures in the future.



Celebrating Knowledge and Teamwork! 6th Grader's Inter House Quiz Contest 2024

The Grade 6 Inter-House Quiz Contest 2024 concluded with a resounding success on Tuesday, June 25, 2024. The event was a vibrant display of enthusiasm and competitive spirit among all participants.

Cuboid House emerged as the clear winner, securing 1st place in the Quiz Contest with an impressive score of 220 points. Following closely were Prism House in 2nd place, Rhombus House in 3rd place, and Ellipse House in 4th place. Throughout the competition, each team showcased outstanding knowledge and teamwork, fostering an atmosphere of spirited yet fair play.



We are immensely proud of all participants for their exceptional performance, dedication, and sportsmanship, which have genuinely reflected the core values of our school community.



The event received enthusiastic support from school leaders, teachers, learners, and parents, who cheered fervently for their respective houses. As we celebrate this achievement, we reaffirm its commitment to cultivating a love for learning and promoting friendly competition among our learners.



Congratulations once again to all participants for their hard work and commitment

राष्ट्रिय धान दिवस

जुन २८ मा, संस्कृति इन्टरनेशनल स्कूलका कक्षा ६ का विद्यार्थीहरूले कृषि स्टुडियोको क्षेत्रगत भ्रमण गरे जसको उद्देश्य कृषि र राष्ट्रिय धान दिवसको महत्वलाई अभि गहन तरिकाले बुझ्ने र अवलोकन गर्ने रहेको थियो। एग्रो स्टुडियोको भ्रमणबाट नेपाली समाजमा किसानहरूको भूमिकाको बारेमा विद्यार्थीहरूलाई प्रत्यक्ष अवलोकन मार्फत सिक्ने अवसर प्राप्त भएको थियो। राष्ट्रिय धान रोपण दिवस नेपालको मुख्य खाद्यवस्तु धान खेती गर्ने किसानहरूको कडा परिश्रमलाई सम्मान गर्न मनाइने गरिन्छ। यस दिनले हाम्रो दैनिक जीवनमा कृषिको महत्व र खाद्य सुरक्षा सुनिश्चित गर्न विभिन्न चुनौतीहरूको सामना गर्ने किसानहरूको अथक प्रयासलाई जोड दिन्छ। यस शैक्षिक भ्रमणको क्रममा विद्यार्थीहरूले धान खेतीमा संलग्न भएर प्रत्यक्ष रूपमा अनुभव गर्दै किसानहरूसँग सहकार्य गर्ने अनौठो अवसर पाएका थिए। एग्रो स्टुडियोका शिक्षकहरूले विद्यार्थीहरूलाई धान खेती गर्न मार्गदर्शन गर्नका साथै धान रोपणमा प्रयोग हुने प्रविधिहरू बुझाएका थिए। शिक्षार्थीहरूले कृषिमा प्रयोग हुने विभिन्न औजार र मेसिनरीहरूबारे जानकारी लिएका थिए। यसबाट सैद्धान्तिक ज्ञान र व्यावहारिक प्रयोग बीचको खाडललाई कम गर्न मद्दत पुग्नेछ। साथै शिक्षार्थीहरूले किसानहरूले सामना गर्ने परेको चुनौतीहरूमा केन्द्रित छलफल र गतिविधिहरूमा संलग्न भएर किसानहरूको समर्पणलाई नजिकबाट नियाल्ने अवसर प्राप्त गरेका थिए।



यसरी शिक्षार्थीहरू कृषि प्रक्रियाको गहिरो बुझाइ र किसानहरूप्रति उच्च सम्मानको भावनाका साथ उक्त शैक्षिक यात्राबाट फर्के जुन अनुभव शैक्षिक र प्रेरणादायी दुवै थियो । युवा शिक्षार्थीहरूलाई उनीहरूले उपभोग गर्ने खाना र यसलाई उत्पादन गर्न आवश्यक प्रयासहरूको बारेमा गहन रूपमा सोचन प्रोत्साहित गर्नेछ । राष्ट्रिय धान रोपण दिवसमा कृषि स्टुडियोको शैक्षिक भ्रमण निकै सफल र सार्थक रह्यो । यस अनुभवले पक्कै पनि उनीहरूलाई भविष्यमा कृषि समुदायको प्रशंसा र समर्थन गर्न प्रेरित गर्नेछ ।



Olympics Ceremony

The Olympic Opening Ceremony for Grades 1-5 occurred on 20th June 2024. The learners were divided into four countries: Nepal, Argentina, Australia, and South Africa, and began the event with an Olympic walk, proudly representing their assigned nations.



The ceremony started with the lighting of the torch and the singing of the national anthems of Nepal and France, with Paris as the host city. The learners of Grades 2 and 3 then performed an energetic Zumba dance, which brought excitement and energy to the event.



Learners from each country participated in relay races and obstacle courses, showcasing their skills and sportsmanship. Paralympic games such as blindfolded obstacle races and sitting volleyball were also introduced, fostering an appreciation for inclusivity.



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▶ “Celebrating Success: Inter-House Spelling Bee Contest 2024”

We are thrilled to share the triumphant success of the Inter-House Spelling Bee Contest on Friday, June 28, 2024. The event sparked with various talents and energies as our participants engaged in a riveting display of linguistic prowess.

The occasion commenced with an electric ambience as our participants embraced each round with unwavering enthusiasm, showcasing their finest efforts and an infectious spirit that resonated throughout. The results of this spirited contest unfurled as follows:

- Ellipse House triumphantly claimed the 1st position, a testament to their dedication and linguistic finesse.
- Rhombus House secured the 2nd position, demonstrating their exceptional grasp of language and commitment.
- Prism House achieved a notable 3rd position, reflecting their commendable mastery of words.
- Cuboid House secured the 4th position gracefully, adding their unique shine to the event.



▶ We extend our heartfelt congratulations to all the participating teams, whose outstanding achievements and exceptional performances have set new standards of excellence. Our learners' dedication, hard work, and tenacity have shone through. Furthermore, we sincerely thank the parents who graced the event with their presence and support. Your encouragement is invaluable in nurturing our learners' journey, and we genuinely appreciate your unwavering commitment.



The Inter-House Spelling Bee Contest of 2024 is a celebration of words and a testament to the indomitable spirit that drives our learners towards greatness. We look forward to more enriching events and applaud the collaborative effort that makes our school community exceptional.



► NYEF (Nepal Young Entrepreneur Forum) Junior Entrepreneurship Seminar

On June 15, 2024, the Grade 10 learners embarked on an exciting educational journey to the Imperial World School, where they attended the NYEF Junior Entrepreneurship Seminar organised by the Nepal Young Entrepreneurship Forum. This enriching seminar was structured into two insightful halves.



The first half of the seminar featured four distinguished speakers who are trailblazers in the Nepalese market. Arsyia Giri, the CEO of Marsyandi, a renowned Nepali clothing brand, kicked off the session. She was followed by Sushil Adhikari, the Managing Director and founder of Rupakot Resort and Rupa Café, who shared his entrepreneurial journey. The seminar continued with Santosh Pandey, CEO and co-founder of Oho Cakes, who captivated the audience with his story of building a thriving bakery business. The session concluded with an inspiring talk by Sanjog Koirala, the founder of the famous tea chain Chiya Adda. Each entrepreneur detailed their journeys, including the ups and downs, challenges faced, and triumphant success stories, inspiring the learners.

In the second half of the seminar, the focus shifted to a hands-on learning experience. The students were tasked with creating business plans using specific prompts, giving them a practical taste of entrepreneurial endeavours. This activity aimed to simulate the real-world business creation process and foster teamwork among the learners as they developed their business concepts.

▶ The NYEF Junior Entrepreneurship Seminar was a platform for learning from successful entrepreneurs and an opportunity for students to engage in practical business planning, equipping them with essential skills for their future endeavours.



विद्यार्थीहरूको संसद भवन अवलोकन भ्रमण

२०८१ साल असार ३१ गते, संस्कृति इन्टरनेसनल स्कूलका कक्षा १० का विद्यार्थीहरू अवलोकन भ्रमणका लागि संसद भवन पुगे । विद्यालयका केही शिक्षक र विद्यार्थी सहभागी भएको यो भ्रमणले विद्यार्थीहरूलाई कक्षाको चार पर्खाल भन्दा बाहिरको सिकाइको महत्वपूर्ण अवसर प्रदान गर्‍यो ।



विद्यार्थीहरूले संसद भवनमा नेपालको राजनीतिक प्रणाली, लोकतान्त्रिक प्रक्रिया र संसद सञ्चालन प्रक्रिया प्रत्यक्ष रूपमा अवलोकन गर्ने अवसर पाए । भ्रमणका क्रममा विद्यार्थीले संसद भवनका विभिन्न कार्यप्रणाली, सांसदहरूको भूमिका र संसदीय कार्यविधिहरूको बारेमा विस्तृत जानकारी पाए ।



यस प्रकारको भ्रमणले विद्यार्थीहरूको ज्ञानलाई किताबमा मात्र सीमित नगरी व्यवहारिक र चीर स्मरणीय बनाउन ठूलो भूमिका खेल्छ । विद्यार्थीहरू संसद भवनको वातावरणमा प्रत्यक्ष सहभागी हुँदै त्यहाँको कार्यशैली बुझ्न पाउँदा निकै उत्साहित देखिन्थे । यस भ्रमणले विद्यार्थीहरूको अध्ययनलाई अझ प्रभावकारी बनाउँदै, उनीहरूको सामाजिक तथा राजनीतिक चेतना बढाउन मद्दत पुर्याउने अपेक्षा गरिएको छ । कक्षाकोठामा सिकाइएका सैद्धान्तिक कुराहरूलाई व्यवहारिक रूपमा अवलोकन गर्न पाउँदा विद्यार्थीहरूले आफ्नो बुझाइ अझै गहन भएको महसुस गरेका छन् । विद्यालयले भविष्यमा पनि यस्ता शैक्षिक भ्रमणहरू आयोजना गरी विद्यार्थीहरूको समग्र विकासमा निरन्तर योगदान दिने योजना बनाएको छ ।



Award Ceremony

“Awards can provide significant motivation to improve continually, regardless of your age,” said Alan Alda.

During the Annual Award Day Ceremony on 6 June 2024, learners from the Elementary and Secondary levels were honoured with awards in various academic and life skill categories. Learners were awarded for their exceptional academic performance, personal learning goals, attendance, and extracurricular activities. They were recognised not only for showing improvement but also for demonstrating excellence across all subjects. Additionally, staff members received certificates and tokens of appreciation for their long-standing dedication to the school.



A small measure of belief can drive individuals to excel in their goals, and recognising their hard work can spark the determination to achieve even more. As we witnessed the smiles and pride on the faces of our learners, it was evident that their achievements were a testament to their hard work, perseverance, and unwavering dedication to learning. Sanskriti International School proudly congratulates everyone on their accomplishments.



World Music Day

Sanskriti celebrated World Music Day with unforgettable melodies and joyful rhythms, creating an atmosphere of pure musical delight.

This year, we had the honour of hosting Kutumba, a renowned ensemble celebrated for its enchanting performances blending traditional and contemporary music. Kutumba's mesmerising performance added an exceptional touch to our celebration, captivating everyone with their unique soundscapes. Their initiative, 'School to Schools,' also brought an extra layer of significance to the event. This noble cause aims to support underprivileged schools in Jajarkot, an area impacted by earthquakes. Our learners also contributed to this cause by donating stationery items, and the school further endorsed it with a donation of Rs 50,000/-.



The musical performance also fostered music education among schools, enriching the lives of young learners through the power of music. The event also showcased the impressive musical talents of our learners from Grade 1 to Grade 10, who performed various pieces that left the audience spellbound. Their dedication and passion for music shone through each note, creating an inspiring and memorable experience. This truly resonated with the essence of the day, demonstrating that music has no language and highlighting its importance in uniting people from different countries and backgrounds.



We extend our heartfelt thanks to Kutumba for gracing us with their presence and captivating performance, which made the day unforgettable. We also wish to express our special appreciation to our parent representatives. Their enthusiastic participation and support made the event even more grand and successful.



World Yoga Day

Yoga promotes physical health and nurtures mental well-being, making it essential for holistic development. On World Yoga Day, 21st June 2024, Sanskriti International School took immense pride in instilling these valuable principles in our young learners. The enthusiasm and joy displayed by the children during the yoga sessions were truly remarkable.



The yoga sessions were a perfect blend of tranquillity and fun. The learners from Early Years to Grade 12 were engaged in various yoga poses, ranging from soothing, calming postures to playful stretches that filled the atmosphere with laughter and mindfulness. Witnessing how all the learners embraced the practice with such eagerness and delight was heartening.



One of the day's highlights was the meditation session, where the tiny tots from Early Years participated with great focus. This was followed by the chanting of the Gayatri Mantra, a sacred hymn believed to enhance concentration and fortify both the mind and body, creating a serene and peaceful environment.



Learners also demonstrated various yoga postures in the futsal demonstrated by the PE teachers, such as the tree pose, where they balanced gracefully like trees standing tall and steady; the snake pose, mimicking the smooth, fluid movements of a serpent; the butterfly pose, flapping their legs like delicate wings; and the dog and cow poses, where they stretched and flexed their bodies, imitating these animals. These activities made the sessions enjoyable and helped the children connect with nature and their bodies.



Overall, celebrating World Yoga Day at Sanskriti was a resounding success, leaving a lasting impression on the young learners.



SEE Results

We at Sanskriti International School are immensely proud of the remarkable achievements of our dedicated learners of Grade 10 in the SEE (Secondary Education Exam). Their dedication, perseverance, and commitment to excellence have culminated in this outstanding success.

This milestone is an example of their resilience and determination. It signifies the countless hours of effort, the challenges our learners have overcome, and the sacrifices made to reach this pinnacle of success.

The results of SEE came out on Thursday, 27th June 2024, and details are as follows:

GPA No.	Grade	No. of Learners
3.60 - 4.0	(A+)	23
3.20 - 3.60	(A)	19
2.80 - 3.20	(B+)	4
2.40-2.80	(B)	1



This achievement is a springboard for future triumphs, opening doors to new opportunities and adventures. The journey ahead is filled with limitless possibilities, waiting for our learners to explore and conquer. A massive shout out to the parents and academic staff members for all the support and guidance to our learners.

Congratulations to all our learners, and best wishes for your future endeavours!

Parents Representative Session

On 26th June 2024, Wednesday, our first Parents Representative Meeting of the session was conducted by Ms. Timila Shrestha, the Principal, and Ms. Diptee Acharya, the School Director. The primary goal of the meeting was to reconnect with parents, discuss the successes of the previous academic year, and brainstorm ideas for improvements in the upcoming year.



▶ The meeting began with engaging in ice-breaking activities, where parents were divided into groups to discuss various essential categories. These discussions provided a platform for parents to share their thoughts and suggestions on several key areas:

Communication: The effectiveness of communication between the school and parents was evaluated. Parents shared their experiences and provided feedback on enhancing communication channels to ensure timely and precise information flow.

Extra-Curricular Activities: Extra-curricular activities' importance in students' holistic development was highlighted. Parents discussed the range of activities offered and expressed their satisfaction. They also suggested new ones that could be introduced to foster diverse talents and interests.

Academics: The core aspect of academics, including teaching methodologies and learning outcomes, was reviewed. Parents provided insights into how teaching strategies could be refined to better cater to students' varied learning needs.

Food and Transport: The quality of food provided and the efficiency of transport services were key discussion points. Parents shared their observations and recommendations for ensuring nutritious meals and safe, reliable student transportation.

Field Trips: The educational value of field trips was acknowledged, with discussions focusing on enhancing these experiences to provide meaningful learning opportunities outside the classroom.



The session's main objective was to reconnect with parents and ensure they understand the vital role of a parent representative. Parent representatives bridge the school and the parent community, ensuring effective communication and collaboration. Gratitude to all our parent representatives from Grades 1-10 who attended the meeting.

Overall, the meeting was productive, reinforcing the importance of parent involvement in their children's educational journey and setting the stage for continued improvement and success in the coming academic year.

► Inter School Tournaments

19th Annapurna Chess Tournament

Learners from Grades 6-10 participated in the inter-school chess tournament organised by Annapurna School. The tournament was held from June 7th to June 10th, during which our participants played against different schools, allowing them to analyse and improve their game strategies. Participating in tournaments will enable learners to understand different playing styles and techniques, broadening their understanding of the game. Saharsha Shrestha of Grade 8 won 3rd place in the U-13 category.



2nd RBS Inter-School 5-A-Side Futsal Championship-2024

The school futsal team from Grades 6-9 participated in the Inter School Futsal Championship held at Rato Bangla School. Of the five teams selected, four were boys' teams from Grades 6-9, and we also had a girls' team from Grade 7 participating. As important as winning, the participants experienced the value of teamwork and sportsmanship in such tournaments. All our participants played with intense competition and high energy.



Euro Cup Interschool Basketball Tournament

The senior girls' and boys' basketball teams participated in the week-long tournament organised by Euro School, starting on May 30th. Although the teams did not make it to the finals, they were not easy to beat and played hard. Participating in such tournaments is an opportunity for our learners to celebrate their love for basketball, and in the past, we have come back home with the winning trophy.



Organized By:
EURO SCHOOL
Euro School, New Colony, Ganesh Chowk, Hattigaunda, Kathmandu, Nepal
Ph : 01-4372494, 01-4372739, 01-4372670
www.euroschool.edu.np



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Fr. Watrin Memorial 3X3 basketball tournament

Our senior boys basketball team was invited to participate in the 3 X 3 basketball tournament organised by GAA. The boys played with remarkable energy, demonstrating excellent coordination and teamwork.



Intra-School Chinese Pop Dance Competition

Learners from grade 3 participated in the intra-school Chinese pop dance competition organised by Phoenix Inspiration at Premier International School. Mr. Chen Song graced the event—Ambassador of China in Nepal. The learners worked hard in training under the guidance of the school B Boying dance teachers, Mr. Sonu and Miss Jenisha.



THANK YOU

and hope you enjoyed reading!



www.sanskritiinternationalschool.edu.np

00977 1 4270523/573 | info@sanskritischool.edu.np

Thulobharyang, Halchowk, Swayambhu, Kathmandu, Nepal

